

DAFTAR PUSTAKA

- Antari, A. A. A. W. (2019). Stunting. Retrieved November 10, 2023, from [STUNTING - rsudmangusada.badungkab.go.id](http://STUNTING-rsudmangusada.badungkab.go.id).
- Annur, C. M. (2023). Daftar Prevalensi Balita Stunting di Indonesia pada 2022, Provinsi Mana Teratas?. Retrieved Juli 27, 2023, from [Daftar Prevalensi Balita Stunting di Indonesia pada 2022, Provinsi Mana Teratas? \(katadata.co.id\)](http://Daftar%20Prevalensi%20Balita%20Stunting%20di%20Indonesia%20pada%202022,%20Provinsi%20Mana%20Teratas%20(katadata.co.id)).
- Armanda, C. D., & Fithria, F. (2018). Psychological Well-being pada Remaja Laki-Laki di Sekolah Menengah Atas. *Jurnal Ilmiah Mahasiswa Fakultas Keperawatan*, 3(3).
- Argüelles F, D., Fernández Río, F. J., & Cecchini Estrada, J. A. (2022). Connections between body image and adolescents' health, psychological and social variables. *Journal of Sport and Health Research*, 14(3):485-502.
- Asari, A., Zulkarnaini, Z., Hartatik, H., Anam, A. C., Suparto, S., Litamahuputty, J. V., ... & Sukwika, T. (2023). *Pengantar statistika*. PT Mafy Media Literasi Indonesia.
- Azwar, S. (2012). *Reliabilitas dan validitas*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2015). *Penyusunan skala psikologi (edisi kedua)*. Pustaka Pelajar.
- Azwar, S. (2017). *Metode penelitian psikologi (edisi kedua)*. Pustaka Pelajar.
- Baker, J. H., Higgins Neyland, M. K., Thornton, L. M., Runfola, C. D., Larsson, H., Lichtenstein, P., & Bulik, C. (2019). Body dissatisfaction in adolescent boys. *Developmental psychology*, 55(7), 1566 – 1578. <https://doi.org/10.1037/dev0000724>
- Barcaccia, B., Couyoumdjian, A., Di Consiglio, M., Papa, C., Cancellieri, U. G., & Cervin, M. (2023). Purpose in life as an asset for well-being and a protective factor against depression in adolescents. *Frontiers in Psychology*, 14, 1250279. <https://doi.org/10.3389/fpsyg.2023.1250279>
- Beaton, D. E., Bombardier, C., Guillemin, F., & Ferraz, M. B. (2000). Guidelines for the process of cross-cultural adaptation of self-report measures. *SPINE*, 25(24), 3186—3191. <https://doi.org/10.1097/00007632-200012150-00014>.
- Black, M. M., Walker, S. P., Fernald, L. C., Andersen, C. T., DiGirolamo, A. M., Lu, C., ... & Grantham-McGregor, S. (2017). Early childhood development coming of age: science through the life course. *The Lancet*, 389(10064), 77-90. [https://doi.org/10.1016/s0140-6736\(16\)31389-7](https://doi.org/10.1016/s0140-6736(16)31389-7)
- Bandura, A. (1962). *Social learning through imitation*. In: Nebraska Symposium on Motivation (Volume 10). M.R. Jones, ed. Lincoln, NE: University of Nebraska Press.
- Bandura, A. *Social Learning Theory*. (1977). New York, NY: General Learning Press.
- Batubara, J. R. (2016). Adolescent development (perkembangan remaja). *Sari pediatri*, 12(1), 21-9. <http://dx.doi.org/10.14238/sp12.1.2010.21-9>
- Bosch, A. M., Baqui, A. H., & van Ginneken, J. K. (2008). Early-life determinants of stunted adolescent girls and boys in Matlab, Bangladesh. *Journal of health, population, and nutrition*, 26(2), 189.

- Cash, T. F. (2000). The multidimensional body-self relations questionnaire. *Unpublished test manual*, 2, 1-12.
- Cash, Thomas F. & Thomas Pruzinsky. 2002. *Body Image : A Hand Book of Theory, Research, and Clinical Practise*. New York : Guilford Press.
- Cash T.F., T.Pruzinski (1990) *Body Images: Development, Deviance, and Change*. Guilford, New York.
- Creswell, J. W. (2009). *Research design: Qualitative, quantitative, and mixes methods approaches* (3rd ed). SAGE Publications, Inc.
- Delima, D., Neviyarni, N., Marjohan, M., Ifdil, I., & Afdal, A. (2023). Psychological Impact on Stunting Adolescents: Literature Review Study. *REAL in Nursing Journal*, 6(1), 1-10. <http://dx.doi.org/10.32883/rnj.v6i1.2233.g925>
- Deviana, M., Umari, T., & Khadijah, K. (2023). Kesejahteraan Psikologis (Psychological Well-Being) Remaja. *Jurnal Pendidikan dan Konseling (JPDK)*, 5(1), 3463-3468. <https://doi.org/10.31004/jpdk.v5i1.11563>
- Denich, A. U., & Ifdil, I. (2015). Konsep body image remaja putri. *Jurnal Konseling dan Pendidikan*, 3(2), 55-61. <https://doi.org/10.29210/116500>
- Dotse, J. E., & Asumeng, M. (2015). Relationship between body image satisfaction and psychological well-being: The impact of Africentric values. *Journal of Social Science Studies*, 2(1), 320-342. <http://dx.doi.org/10.5296/jsss.v2i1.6843>
- Downie, A. B., Mulligan, J., Stratford, R. J., Betts, P. R., & Voss, L. D. (1997). Are short normal children at a disadvantage? The Wessex growth study. *Bmj*, 314(7074), 97. <https://doi.org/10.1136/bmj.314.7074.97>
- Eck, K. M., Quick, V., & Byrd-Bredbenner, C. (2022). Body dissatisfaction, eating styles, weight-related behaviors, and health among young women in the United States. *Nutrients*, 14(18), 3876. <https://doi.org/10.3390/nu14183876>
- Erfanti, D. O., Setiabudi, D., & Rusmil, K. (2016). The relationship of psychosocial dysfunction and stunting of adolescents in Suburban, Indonesia. *Open Journal of Medical Psychology*, 5(04), 57. <http://dx.doi.org/10.4236/ojmp.2016.54007>
- Ekvall, N., Bengtsson, L., Kelly, K. B., Mellander, L., & Zaman, S. (2003). Childhood Stunting in Relation to Adolescent Living Environment and Resilience: A Follow up Study in Lahore, Pakistan. *Journal of Ayub Medical College Abbottabad*, 15(1).
- Eiholzer, U. E., Haverkamp, F. E., & Voss, L. D. E. (1999). *Growth, stature, and psychosocial well-being*. Hogrefe & Huber Publishers.
- Fatmawaty, R. (2017). Memahami psikologi remaja. *Reforma: Jurnal Pendidikan Dan Pembelajaran*, 6(2). <https://doi.org/10.30736/rfma.v6i2.33>
- Flynn, J., Alkaff, F. F., Sukmajaya, W. P., & Salamah, S. (2020). Comparison of WHO growth standard and national Indonesian growth reference in determining prevalence and determinants of stunting and underweight in children under five: a cross-sectional study from Musi sub-district. *F1000Research*, 9. <https://doi.org/10.12688/f1000research.23156.4>
- Gillespie S, Flores R. 1999-2000 Annual report. Eradicating malnutrition. *Washington, DC: International Food Policy Research Institute*, 2000:3

- Gravetter, Frederick, J. dan Forzano, Lori-Ann. (2018). *Research Methods for the Behavioral. Sciences 6th Ed.* Stanford: Cengage Learning.
- Gravetter, F., & Wallanau, L. (2006). *Statistics for the behavioral sciences 10e.* Cengage Learning. USA.
- Haskas, Y. (2020). Gambaran stunting di Indonesia: literatur review. *Jurnal Ilmiah Kesehatan Diagnosis, 15*(2), 154-157.
- Hashmi, S. (2013). Adolescence: An age of storm and stress. *Review of Arts and Humanities, 2*(1), 19-33.
- Hatijar, H. (2023). Angka Kejadian Stunting pada Bayi dan Balita. *Jurnal Ilmiah, 12*(1), 224 – 229. <http://dx.doi.org/10.35816/jiskh.v12i1.1019>
- Hartman-Munick, S. M., Gordon, A. R., & Guss, C. (2020). Adolescent body image: influencing factors and the clinician's role. *Current Opinion in Pediatrics, 32*(4), 455-460. <https://doi.org/10.1097/mop.0000000000000910>
- Hidayati, E., Safitri, A., Rahayu, D. A., Mubin, M. F., Fitrikasari, A., & Ufthoni, G. (2023). The Impact of Bullying on Stunting Adolescents. *Health Science Journal of Indonesia, 14*(2). <https://doi.org/10.22435/hsji.v14i2.6502>
- Himaz, R. (2018). Stunting later in childhood and outcomes as a young adult: Evidence from India. *World Development, 104*, 344–357. <https://doi.org/10.1016/j.worlddev.2017.12.019>
- Hoffman, D. J., Sawaya, A. L., Verreschi, I., Tucker, K. L., & Roberts, S. B. (2000). Why are nutritionally stunted children at increased risk of obesity? Studies of metabolic rate and fat oxidation in shantytown children from Sao Paulo, Brazil. *The American journal of clinical nutrition, 72*(3), 702-707. <https://doi.org/10.1093/ajcn/72.3.702>.
- Hurlock, E. B. (1990). *Psikologi perkembangan edisi 5.* Jakarta: Erlangga.
- Jafari-Adli, S., Qorbani, M., Heshmat, R., Ranjbar, S. H., Taheri, E., Motlagh, M. E., ... & Kelishadi, R. (2016). Association of short stature with life satisfaction and self-rated health in children and adolescents: the CASPIAN-IV study. *Journal of Pediatric Endocrinology and Metabolism, 29*(11), 1299-1306. <http://dx.doi.org/10.1515/jpem-2016-0215>.
- Jain, N., Prasuna, J. G., & Khandekar, J. (2015). Self body image and perceived health in adolescents: a facility based study. *ADR Journals, 2*, 8-15. <https://doi.org/10.1093/her/cyl085>
- Karna, A., & Sivaraman, S. (2023). Association between Body Image and Psychological Well-being among College students. *Ijrasnet Journal for Research in Applied Science and Engineering Technology.* <https://doi.org/10.22214/ijrasnet.2023.50803>
- Kim, H. Y. (2013). Statistical notes for clinical researchers: assessing normal distribution (2) using skewness and kurtosis. *Restorative dentistry & endodontics, 38*(1), 52-54. <https://doi.org/10.5395%2Frde.2013.38.1.52>
- Khalid, S. H., Patimah, S., & Asrina, A. (2022). Persepsi Masyarakat mengenai Penyebab dan Dampak Stunting di Kabupaten Majene Sulawesi Barat Tahun 2020. *Journal of Muslim Community Health, 3*(4), 80-94. <https://doi.org/10.52103/jmch.v3i4.1177>
- Kementerian Kesehatan Republik Indonesia. (2018). Warta Kemas - Cegah Stunting Itu Penting. *Warta Kemas, 1*–27.

- Kebede Ashebir, W., & Yimer Ayele, B. (2021). Magnitude of stunting and associated factors among adolescent students in Legehida District, Northeast Ethiopia. *Journal of Nutrition and Metabolism*, 2021. <https://doi.org/10.1155%2F2021%2F2467883>
- Lemeshow, S., Hosmer, D W., Klar, J., Lwanga, S K. (1990). *Adequacy of Sample Size in Health Studies*. England: World Health Organization.
- Leone, J. E., Mullin, E. M., Maurer-Starks, S. S., & Rovito, M. J. (2014). The adolescent body image satisfaction scale for males: exploratory factor analysis and implications for strength and conditioning professionals. *The Journal of Strength & Conditioning Research*, 28(9), 2657-2668. <https://doi.org/10.1519/jsc.0000000000000439>
- Lestari, W., Kristiana, L., & Paramita, A. (2018). Stunting: Studi konstruksi sosial masyarakat perdesaan dan perkotaan terkait gizi dan pola pengasuhan balita di Kabupaten Jember. *Jurnal Aspirasi*, 9(1), 17-33. <http://dx.doi.org/10.22212/aspirasi.v9i1.985>
- Masrul, Lipoeto, N. I., Yanis, A., Purnakarya, I., Sudji, I. R., & Nindrea, R. D. (2021). Psychosocial Stress, Cortisol and Growth Hormone Levels among Stunting Adolescent of Minangkabau Ethnicity in West Sumatera Province, Indonesia: A School-Based Study. *Systematic Reviews in Pharmacy*, 12(1), 1561–1565. <https://dx.doi.org/10.31838/srp.2021.1.220>
- Marwoko, G. (2019). Psikologi Perkembangan Masa Remaja. *Tasyri: Jurnal Tarbiyah-Syariah-Islamiah*, 26(1), 60 – 75. <https://doi.org/10.29138/tasyri.v26i1.69>
- Maehara, M., Rah, J. H., Roshita, A., Suryantan, J., Rachmadewi, A., & Izwardy, D. (2019). Patterns and risk factors of double burden of malnutrition among adolescent girls and boys in Indonesia. *PloS one*, 14(8), 1 – 15. <https://doi.org/10.1371/journal.pone.0221273>
- Merino, M., Tornero-Aguilera, J. F., Rubio-Zarapuz, A., Villanueva-Tobaldo, C. V., Martín-Rodríguez, A., & Clemente-Suárez, V. J. (2024, July). Body Perceptions and Psychological Well-Being: A Review of the Impact of Social Media and Physical Measurements on Self-Esteem and Mental Health with a Focus on Body Image Satisfaction and Its Relationship with Cultural and Gender Factors. *In Healthcare*, 12(14), p. 1396. MDPI. <https://doi.org/10.3390/healthcare12141396>
- Muliadi, T., Khairunnas, K., & Syafiq, A. (2021). Tinjauan Literatur: pentingnya intervensi gizi anak usia di atas 24 bulan untuk pertumbuhan dan perkembangan kognitif (a systematic review). *Majalah Kesehatan*, 8(1), 54-63. <https://doi.org/10.21776/ub.majalahkesehatan.2021.008.01.7>
- Novina, N., Hermanussen, M., Scheffler, C., Pulungan, A. B., Ismiarto, Y. D., Andriyana, Y., ... & Setiabudiawan, B. (2020). Indonesian National growth reference charts better reflect height and weight of children in West Java, Indonesia, than WHO child growth standards. *Journal of Clinical Research in Pediatric Endocrinology*, 12(4), 410. <https://doi.org/10.4274%2Fjcrpe.galenos.2020.2020.0044>
- Pasalina, E., Devita, H., Sari, N., Amran, V. Y. A., Suryanis, I., & Sari, N. M. (2022). hubungan karakteristik keluarga dengan kejadian stunting pada remaja di

- sman 1 sumatera barat. *Jurnal Ilmiah PANNMED (Pharmacist, Analyst, Nurse, Nutrition, Midwivery, Environment, Dentist)*, 17(3), 460-464.
- Putri, A. M. H. (2023). Top! angka stunting Indonesia turun jadi 21,6%, Bali terendah. Retrieved Juli 27, 2023, from [Top! Angka Stunting Indonesia Turun Jadi 21,6%, Bali Terendah \(cnbcindonesia.com\)](https://www.cnbcindonesia.com).
- Pemde, H. K. (2015). Body image in adolescents—A clinical issue. *The Indian Journal of Pediatrics*, 82, 1086-1088. <https://doi.org/10.1007/s12098-015-1901-5>
- Ramanda, R., Akbar, Z., & Wirasti, R. M. K. (2019). Studi kepustakaan mengenai landasan teori body image bagi perkembangan remaja. *JURNAL EDUKASI: Jurnal Bimbingan Konseling*, 5(2), 121-135. <http://dx.doi.org/10.22373/je.v5i2.5019>
- Rahayu, A., Fahrini, Y., Andini, O. P., & Lia, A. (2018). *Buku Referensi Study Guide-Stunting dan Upaya Pencegahannya Bagi Mahasiswa Kesehatan Masyarakat*. Yogyakarta: CV. Mine.
- Rukhadze, M. (2018). Are Georgian adolescents satisfied with their body image?. *Journal of Advanced Research in Social Sciences and Humanities*, 3(6), 215-222. <http://dx.doi.org/10.26500/JARSSH-03-2018-0602>
- Ryff, C.D. (1989). Happiness is everything or is it? Exploration on the meaning of psychological well-being. *Journal of personality and social psychology*, Vol 57, 1069-1081. <http://dx.doi.org/10.1037/0022-3514.57.6.1069>
- Ryff, C. D., & Keyes, C. L. M. (1995). The structure of psychological wellbeing revisited. *Journal of Personality and Social Psychology*, 69, 719– 727. <http://dx.doi.org/10.1037/0022-3514.69.4.719>
- Ryff, C. D., & Singer, B. (1996). Psychological well-being: Meaning, measurement, and implications for psychotherapy research. *Psychotherapy and psychosomatics*, 65(1), 14-23. <http://dx.doi.org/10.1159/000289026>
- Ryff, C. D. (2013). Psychological well-being revisited: Advances in the science and practice of eudaimonia. *Psychotherapy and psychosomatics*, 83(1), 10-28. <https://doi.org/10.1159/000353263>
- Ricciardelli, L. A., & Yager, Z. (2015). *Adolescence and body image: From development to preventing dissatisfaction*. Routledge.
- Rizki, N. M. (2022). *Pengaruh Self-Compassion terhadap Psychological Well-Being pada Primary Caregiver Penderita Gangguan Skizofrenia* (Doctoral dissertation, Universitas Andalas, Fakultas Kedokteran).
- Rodliyah, L. (2021). *Pengantar Dasar Statistika*. LPPM UNHAS Y Tebuireng Jombang.
- Rogol, A. D., Roemmich, J. N., & Clark, P. A. (2002). Growth at puberty. *Journal of adolescent health*, 31(6), 192-200. [https://doi.org/10.1016/s1054-139x\(02\)00485-8](https://doi.org/10.1016/s1054-139x(02)00485-8)
- Safitra, A. A. (2023). Percepatan Laju Penurunan Stunting Sumbar, Wagub Audy Kumpulkan Seluruh Stakeholder. Retrieved Juli 27, 2023, from [Percepatan Laju Penurunan Stunting Sumbar, Wagub Audy Kumpulkan Seluruh Stakeholder \(sumbarprov.go.id\)](https://sumbarprov.go.id).

- Sandberg, D. E., Bukowski, W. M., Fung, C. M., & Noll, R. B. (2004). Height and social adjustment: are extremes a cause for concern and action?. *Pediatrics*, *114*(3), 744-750. <http://dx.doi.org/10.1542/peds.2003-1169-L>
- Sari, R. F., Sari, S. P., & Hernawaty, T. (2017). Resiliensi Remaja Stunting: Sebagian Merasa Sulit Bangkit dan Bertahan Menghadapi Permasalahan. *Jurnal Keperawatan BSI*, *5*(2). <https://doi.org/10.31311/v5i2.2639n>
- Satyanarayana, K., Naidu, A. N., & Narasinga Rao, B. S. (1980). Adolescent growth spurt among rural Indian boys in relation to their nutritional status in early childhood. *Annals of Human Biology*, *7*(4), 359-365. <https://doi.org/10.1080/03014468000004431>
- Sefrina, L. R., Elvandari, M., & Rahmatunisa, R. (2018). Faktor-faktor yang Berhubungan dengan Body Image pada Remaja di Karawang. *Nutrire Diaita*, *10*(2), 35-40. <https://doi.org/10.47007/nut.v10i02.2537>
- Serdiuk, L., Danyliuk, I., & Chaika, G. (2018). Personal autonomy as a key factor of human self-determination. *Social Welfare: Interdisciplinary Approach*, *8*(1), 85-93. <http://dx.doi.org/10.21277/sw.v1i8.357>
- Scheffler, C., & Hermanussen, M. (2022). What does stunting tell us?. *Human Biology and Public Health*, *3*(0), 1 – 15. <https://doi.org/10.52905/hbph2022.3.36>
- Steinberg, L. D. (2023). *Adolescence (Thirteenth Edition)*. McGraw-Hill.
- Syabana, A., & Ansyah, E. H. (2022). The Relationship Between Body Image And Psychological Well Being In Senior High School Students. *Academia Open*, *6*, 10-21070. <https://doi.org/10.21070/acopen.6.2022.2369>
- Tager, D., Good, G. E., & Morrison, J. B. (2006). Our bodies, ourselves revisited: male body image and psychological well-being. *International Journal of Men's Health*, *5*(3). <http://dx.doi.org/10.3149/jmh.0503.228>
- Taranger, J., & Hägg, U. (1980). The timing and duration of adolescent growth. *Acta Odontologica Scandinavica*, *38*(1), 57-67. <https://doi.org/10.3109/00016358008997719>
- Terati, T., Sartono, S., & Nazarena, Y. (2014). Studi Determinan Kejadian Stunted Pada Anak Balita Pengunjung Posyandu Wilayah Kerja Dinkes Kotapalembang Tahun 2013. *JPP (Jurnal Kesehatan Poltekkes Palembang)*, *1*(13). <https://jurnal.poltekkespalembang.ac.id/index.php/JPP/article/view/157>
- Trihono, T., Atmarita, A., Tjandrarini, D. H., Irawati, A., Nurlinawati, I., Utami, N. H., & Tejayanti, T. (2015). *Pendek (stunting) di Indonesia, masalah dan solusinya*. Lembaga Penerbit Badan Litbangkes.
- Tsutsui, T., Iizuka, S., Sakamaki, W., Maemichi, T., & Torii, S. (2022). Growth until peak height velocity occurs rapidly in early maturing adolescent boys. *Children*, *9*(10), 1 –7. <https://doi.org/10.3390%2Fchildren9101570>
- Turski, J., Głogowska, J., Wilczkiewicz, M., & Stupnicki, R. (2012). Body image of adolescent boys. *Biomedical Human Kinetics*, *4*(2012), 117-120. <https://doi.org/10.2478/v10101-012-0022-0>

- Voss, L. D. (1995). Short stature: does it matter? A review of the evidence. *Journal of Medical Screening*, 2(3), 130-132. <https://doi.org/10.1177/096914139500200306>
- World Health Organization. (2018). *Level and trend child nutrition key findings of the 2018 edition of the joint child malnutrition estimates*, Geneva.
- Wahyuni, M. (2020). *Statistik Deskriptif Untuk Penelitian Oleh Data Manual dan SPSS Versi 25*. Bintang Pustaka Madani.
- Wu, Y., & Qi, D. (2020). Material deprivation, parenting practices, and children's psychological health and wellbeing in China. *Journal of Community Psychology*, 48(8), 2644-2662. <https://doi.org/10.1002/jcop.22441>
- Yang, Y. (2024). Potential Influencing Factors of Adolescents' Well-Being. *Journal of Education, Humanities and Social Sciences*, 26, 686-690. <https://doi.org/10.54097/zpscvs22>

