

**HERO'S JOURNEY AND SELF-ACTUALIZATION OF THE MAIN  
CHARACTER IN *THE INVISIBLE LIFE OF ADDIE LARUE* BY V. E.  
SCHWAB**

*A Thesis*

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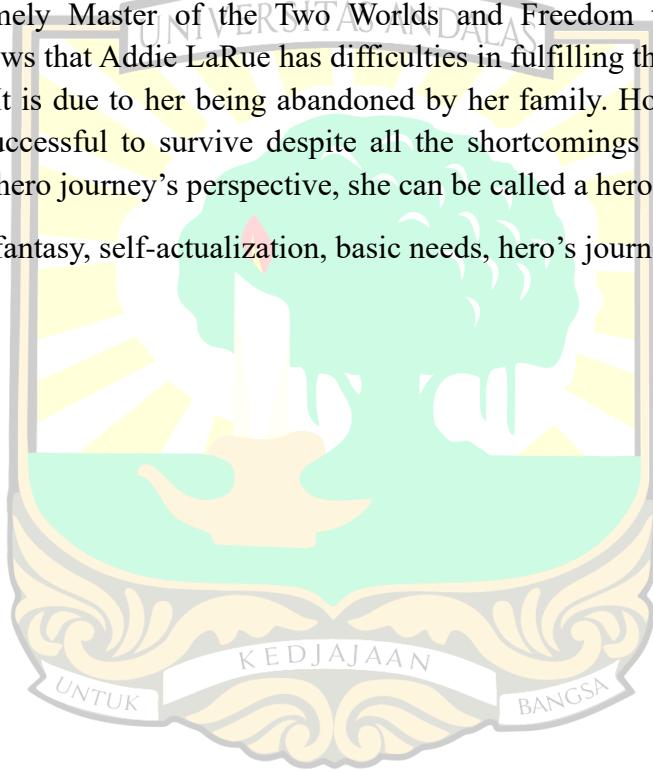
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## ABSTRACT

This thesis discusses the self-actualization and the hero's journey theory in V. E. Schwab's *The Invisible Life of Addie Larue*. I aim to reveal whether or not the main character of the novel, Addie LaRue, succeeds to achieve her self-actualization and can be called a heroin. Firstly, I apply the hierarchy of need theory by Abraham Maslow to analyze Addie's self-actualization process. Secondly, I apply the theory of hero's journey by Joseph Campbell and Addie Larue is going through three out of five steps in Departure, namely the Call to Adventure, Crossing the First Threshold, and The Belly of The Whale; two out of six steps in Initiation, namely Meeting with The Goddess and The Ultimate Boon; and two out of six steps in Return, namely Master of the Two Worlds and Freedom to Live. The analysis shows that Addie LaRue has difficulties in fulfilling the basic needs in her life. It is due to her being abandoned by her family. However, she is evidently successful to survive despite all the shortcomings of her needs. Thus, from hero journey's perspective, she can be called a hero.

Keywords: fantasy, self-actualization, basic needs, hero's journey.



## ABSTRAK

Skripsi ini membahas tentang aktualisasi diri dari pemeran utama yang bernama Addie LaRue melalui teori hero's journey pada novel *The Invisible Life of Addie Larue* karya V. E. Schwab. Saya ingin mengungkap apakah pemeran utama berhasil atau tidak dalam mencapai aktualisasi dirinya. Pertama, saya menggunakan teori Hierarchy of Needs dari Abraham Maslow untuk menganalisis aktualisasi diri dari Addie LaRue. Kedua, saya menggunakan teori Hero's Journey dari Joseph Campbell, dan Addie LaRue melewati tiga dari lima step, yaitu Call to Adventure, Crossing the First Threshold, dan The Belly of the Whale; dua dari enam step di Initiation, yaitu Meeting with The Goddess and The Ultimate Boon; dan dua dari enam step di Return, yaitu Master of the Two Worlds dan Freedom to Live. Analisis tersebut menggambarkan bahwa Addie LaRue mengalami kesulitan-kesulitan dalam memenuhi kebutuhan dasar di hidupnya. Hal itu dikarenakan ia ditinggalkan oleh keluarganya. Namun, ia terbukti berhasil untuk bertahan hidup meskipun dengan segala kekurangan dalam kebutuhannya. Maka, dari perspektif hero'e journey, ia bisa disebut sebagai seorang pahlawan.

Keywords: fantasy, self-actualization, basic needs, hero's journey.

