

DAFTAR PUSTAKA

- A'yun, M. Q., Tentama, F., & Situmorang, N. Z. (2018). Gambaran subjective well-being pada remaja perempuan di pondok pesantren. Paper. Yogyakarta: Universitas Ahmad Dahlan. <https://doi.org/10.31227/osf.io/2ez8x>
- Adhiman, F., & Mugiarso, H. (2021). Hubungan penyesuaian diri terhadap resiliensi akademik pada siswa dalam menghadapi pembelajaran saat masa pandemi covid-19. *G-COUNS: Jurnal Bimbingan dan Konseling*, 5(2), 258-264
- Alva, S. A. (1991). Academic invulnerability among Mexican-American students: The importance of protective resources and appraisals. *Hispanic Journal of Behavioral Science*, 13(1), 18-34. <https://doi.org/10.1177/07399863910131002>
- Amelasasih, P., Aditama, S., & Wijaya, M. R. (2018). Resiliensi akademik dan subjective well-being pada mahasiswa. *Proceeding National Conference Psikologi UMG 2018*
- Anugra, M., Dharmayana, I. W., & Sholihah, A. (2020). Studi deskriptif tingkat subjective well being siswa SMA negeri dan swasta di Kota Bengkulu. *TRIADIK*, 19(2), 18-25. <https://doi.org/10.33369.v19i2.16456>
- Azwar, S. (2017). *Metode Penelitian Psikologi*. Pustaka Pelajar
- Azwar, S. (2020). *Penyusunan Skala Psikologi*, edisi 2. Pustaka Pelajar
- Begaghel, L., Chaisemartin, C. D., & Gurgand, M. (2017). Ready for boarding? The effects of boarding school for disadvantaged students. *American Economic Journal: Applied Academics*, 9(1), 140 – 164
- Carr, A. (2004). Positive Psychology: *The Science of Happiness and Human Strengths*. Brunner-Routledge
- Cassidy, S. (2016). The academic resilience scale (ARS-30): A new multidimensional construct measure. *Frontiers in Psychology*, 7, 1-12. <https://doi.org/10.3389/fpsyg.2016.01787>
- Cocorada, E., & Orzea, I. E. (2017). Relationships between wellbeing, resilience, and school climate. *Bulletin of the Transilvania University of Brasov*, 10(59), 191-200
- Coronado-Hijón, A. (2017). Academic resilience: a transcultural perspective. *Procedia - Social and Behavioral Science*, 237, 594-598. <https://doi.org/10.1016/j.sbspro.2017.02.013>
- Creswell, J. W., & Creswell, J. D. (2018). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*, 5th edition. SAGE Publications

- Dewi, L., & Nasywa, N. (2019). Faktor-faktor yang mempengaruhi subjective well-being. *Jurnal Psikologi Terapan dan Pendidikan*, 1(1), 54-62
- Diener, E. (2009). *The Science of Well-Being*. Springer
- Diener, E., & Ryan, K. (2009). Subjective well being: a general overview. *South African Journal of Psychology*, 39(4), 391-406
- Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49(1), 71-75. https://doi.org/10.1080/00223898509204901_13
- Diener, E., Oishi, S., & Lucas, R. E. (2012). Subjective well-being: The science of happiness and life satisfaction. *The Oxford Handbook of Positive Psychology* (2 ed.)
- Diener, E., Suh, E., & Oishi, S. (1997). Recent findings on subjective well-being. *Indian Journal of Clinical Psychology*; 1-24
- Diener, E., Wirtz, D., Tov, W., Kim-Prieto, C., Choi, D., Oishi, S., & Biswas-Diener, R. (2010). New well-being measures: Short scales to assess flourishing and positive and negative feelings. *Social Indicators Research*, 97, 143-156. <https://doi.org/10.1007/s11205-009-9493-y>
- Eryilmaz, A. (2011). Satisfaction of needs and determining of life goals: A model of subjective well-being for adolescents in high school. *Educational Sciences: Theory & Practice*, 11(4), 1757-1764
- Fathiyah, K. N. (2020). Afek positif di domain akademik: Aplikasi the broaden and build theory of emotion (review sistematis). *Prosiding Seminar Nasional dan Call Paper "Psikologi Positif Menuju Mental Wellness"*, 185-192
- Ginting, R. L. (2015). Program bimbingan belajar untuk mengembangkan resiliensi akademik siswa boarding school (Studi deskriptif terhadap siswa SMA). *Jurnal Psikologi Konseling*, 7(1), 45-58
- Harianti, W. S., & Fadlillah, D. F. (2021). Faktor protektif yang berkontribusi pada ketahanan akademik: sistematik reviu. *Proseding Konferensi Nasional Peneliti Muda Indonesia*, 5(5)
- Hasan, I. (2011). *Pokok-Pokok Materi Statistik 1 (Statistik Deskriptif)*. Bumi Aksara
- Hayati, S., Jannah, P. M., & Masyhuri. (2023). Hubungan resiliensi dengan subjective well-being pada mahasiswa selama pembelajaran online di masa pandemi covid-19. *Jurnal Sosial dan Teknologi (SOSTECH)*, 3(6), 530-536
- Henriques, L. D. T., Laka, L., & Hatmoko, T. L. (2023). Resiliensi akademik siswa sekolah menengah atas ditinjau dari dukungan teman sebaya dan pembinaan spiritualitas. *Jurnal Review Pendidikan dan Pengajaran*, 6(4), 3359-3372

- Hwang, E., & Shin, S. (2018). Characteristics of nursing students with high levels of academic resilience: A cross-sectional study. *Nurse Education Today*; 54-59
- Irawan, R., Renata, D., & Dachmiati, S. (2022). Resiliensi akademik siswa. *Cakrawala Ilmiah Mahasiswa*, 2(2), 135-140
- Iskandar, M. M. A. F., & Mastuti, E. (2022). Academic resilience, subjective well-being, online learning, dan covid-19. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, 2(1), 98-106
- Ismail, A. N., & Yudiana, W. (2020). Subjective well-being pada siswa pesantren modern dan siswa madrasah aliyah. *Jurnal Psikologi Islam dan Budaya*, 3(1), 13-22
- Jowkar, B., Kohoulat, N., & Zakeri, H. (2011). Family communication patterns and academic resilience. *Procedia - Social and Behavioral Science*, 29, 87-90. <https://doi.org/10.1016/j.sbspro.2011.11.210>
- Kehoe, J. (1995). Basic item analysis for multiple-choices tests. *Practical Assessment, Research & Evaluation*
- Kirmani, M. N., Sharma, P., Anas, M., & Sanam, R. (2015). Hope, resilience and subjective well-being among college going adolescent girls. *International Journal of Humanities & Social Science Studies (IJHSSS)*, 2(1), 262-270
- Kumalasari, D. (2022). Academic resilience among Indonesian college students during the covid-19 pandemic: The role of future orientation and peer support. *Electronic Journal of Research in Educational Psychology*, 21(3), 541-558
- Kutlu, Ö., & Yavuz, H. C. (2016). Factors that play a role in the academic resilience of academicians. *Journal of Educational Sciences Research*, 6(2), 131-150. <https://doi.org/10.12973/jesr.2016.62.8>
- Latif, S., & Amirullah, M. (2020). Student's academic resilience profiles based on gender and cohort. *Jurnal Kajian Bimbingan dan Konseling*, 5(4), 175-182. <https://doi.org/10.17977/um001v5i42020p175>
- Liu, H., & Han, X. (2022). Exploring senior high school students english academic resilience in the chinese context. *Chinese Journal of Applied Linguistics*, 45(1), 49-68
- Luthar, S. S., Cicchetti, D., & Becker, B. (2000). The construct of resilience: a critical evaluation and guidelines for future work. *Child Development*, 71(3), 543-562.
- Martin, A. J. (2013). Academic buoyancy and academic resilience: Exploring 'everyday' and 'classic' resilience in the face of academic adversity. *School Psychology International*, 34(5), 488-500. <https://doi.org/10.1177/0143034312472759>

- Martin, A. J., & Marsh, H. W. (2006). Academic resilience and its psychological and educational correlates: A construct validity approach. *Psychology in the Schools, 43*(3), 267-281. <https://doi.org/10.1002/pits.20149>
- Martono, N. (2011). *Metode Penelitian Kuantitatif: Analisis Isi dan Analisis Data Sekunder*. Jakarta: PT. Rajagrafindo Persada
- Misbahuddin, & Hasan, I. (2014). *Analisis Data Penelitian dengan Statistik*. Jakarta: Bumi Aksara
- Mus, S., & Mappincara, A. (2019). Manajemen pembelajaran boarding school. *PEMBELAJAR: Jurnal Ilmu Pendidikan, Keguruan, dan Pembelajaran, 3*(1), 24-27
- Mwangi, C. Y., & Ireri, A. M. (2017). Gender differences in academic resilience and academic achievement among secondary school students in Kiambu County, Kenya. *Psychology and Behavioral Science, 5*(5). <https://doi.org/10.19080/PBSIJ.2017.05.555673>
- Navarro, D., Montserrat, C., Malo, S., Gonzales, M., Casas, F., & Crous, G. (2015). Subjective well-being: What adolescents say?. *Child and Family Social Work*. <https://doi.org/10.1111/cfs.12215>
- Oktaningrum, A., & Santhoso, F, H. (2018). Efikasi diri akademik dan resiliensi pada siswa SMA berasrama di Magelang. *GADJAH MADA JOURNAL OF PSYCHOLOGY (GAMAJOP)*, 4(2), 127-134. <https://doi.org/10.22146/gamajop.46359>
- Papalia, D. E., Olds, S. W., & Feldman, R. D. (2009). *Human Development, 11th ed.* McGraw Hill
- Periantalo, J. (2019). *Penelitian kuantitatif untuk psikologi*. Pustaka Belajar
- Prasetyo, R. A. B. (2018). Perception on school climate and student's subjective well-being at school. *Jurnal Psikologi Teori dan Terapan, 8*(2), 133-144
- Purba, J. S. (2023). Ini Dia 7 SMA Terbaik di Sumatera Barat, Sekolah Kamu Termasuk Gak? Cek di Sini! [Online] dari: <https://www.harianhaluan.com/news/108222578/ini-dia-sma-terbaik-di-sumatera-barat-sekolah-kamu-termasuk-gak-cek-di-sini> [Diakses 22/07/23]
- Putri, M. A. (2020). Pengaruh gratitude terhadap subjective well-being pada guru honorer SLB di kota Padang". Skripsi. Universitas Andalas: Program Studi Psikologi Fakultas Kedokteran
- Qumairi, I., Putri, A. M., & Harkina, P. (2021). Pengaruh resiliensi dan status rantau terhadap college student subjective well-being pada mahasiswa. *Psikodinamika: Jurnal Psikologi dan Psikologi Islam, 18*(2), 317-329
- Ramadanti, G., & Sofah, R. (2020). Resiliensi akademik pada siswa berdasarkan prestasi belajar. *Prosiding Seminar Nasional Bimbingan dan Konseling*

Universitas Negeri Malang: Promosi Layanan Konseling Berbasis Kabar Gembira dalam Era Pluralisme

- Randi, P. O. (2021). Penyesuaian diri siswa sekolah berasrama (studi dekriptif komparatif terhadap siswa SMAN 1 Sumatera Barat). *Indonesian Counseling and Psychology*, 1(2), 73-85
- Rikumahu, M. C. E., & Rahayu, M. N. M. (2022). Resiliensi akademik pada mahasiswa: Bagaimana kaitannya dengan optimisme selama masa pembelajaran daring?. *Psikoborneo: Jurnal Ilmiah Psikologi*, 10(3), 574-584. <https://doi.org/10.30872/psikoborneo.v1o13>
- Rojas, L. F. (2015). Factors affecting academic resilience in middle school students: A case study. *Gist Education and Learning Research Journal*, 11, 63-78
- Safitri, N. A., & Nawangsih, R. A. (2022). Pengaruh optimisme dan resiliensi akademik untuk meningkatkan subjective well-being pada mahasiswa yang menjalani perkuliahan daring. *Jurnal Ilmiah Psikomuda Connectedness*, 1(2), 1-21
- Sardi, L. N., & Ayrisa, Y. (2020). Pengaruh dukungan sosial teman sebaya terhadap subjective well-being pada remaja yang tinggal di pondok pesantren. *Acta Psychologia*, 2(1), 41-48
- Sari, P. K. P., & Indrawati, E. S. (2016). Hubungan antara dukungan sosial teman sebaya dengan resiliensi akademik pada mahasiswa tingkat akhir jurusan x Fakultas Teknik Universitas Diponegoro. *Jurnal Empati*, 5(2), 177-182
- Sayu, J. A., Ibrahim, M. Y., & Budjang, G. (2013). Adaptasi sosial siswa kelas x pada boarding school SMA Taruna Bumi Khatulistiwa. *Jurnal Pendidikan dan Pembelajaran Khatulistiwa (JPPK)*
- Schoon, I. (2006). *Risk and Resilience: Adaptations in Changing Times, Chapter 1*. Cambridge University Press
- Schober, P., Boer, C., & Schwarte, L. A. (2018). Correlation coefficients: Appropriate use and interpretation. *Special Article*, 126(5), 1763-1768. <https://doi.org/10.1213/ANE.0000000000002864>
- Sembiring, M. & Tarigan, T. (2022). Hubungan regulasi emosi dengan resiliensi akademik siswa SMA seminar menengah Pematangsiantar. *JPPAK*, 2(2), 131-147. <https://doi.org/10.52110/jppak>
- Setiadi, S. C., & Indrawadi, J. (2020). Pelaksanaan program boarding school dalam pembentukan karakter siswa di SMA 3 Painan. *Journal of Civic Education*, 3(1), 83-91
- Shelma, Y., & Ridwan, A. (2018). Intensitas belajar dengan tingkat stres pada siswa pesantren. *JIM Fkep*, 3(3), 125-130
- Siregar, S. (2017). *Statistik Parametrik untuk Penelitian Kuantitatif*. Bumi Aksara

- SMAN 1 Padang Panjang. (2023). Sekolah Unggul Sumatera Barat SMA Negeri 1 Padang Panjang. [Online] dari: <https://sman1papa.sch.id/> [Diakses 10/08/23]
- Solikhah, A., & Widayastuti. (2021). Hubungan antara adversity quotient dengan stres akademik pada peserta didik SMP Muhammadiyah 9 boarding school. *Academia Open*, 5. <https://doi.org/10.21070/acopen.5.2021.1928>
- Somchit, S., & Sriyaporn, P. (2004). The relationship among resilience factors, perception of adversities, negative behavior, and academic achievement of 4th – to 6th-grade children in Thad-Thong, Chonburi, Thailand. *International Pediatric Nursing*, 19(4). <https://doi.org/10.1016/j.pedn.2004.02.004>
- Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Penerbit Alfabeta Bandung
- Sujatmoko, E. (2010). Hak warga negara dalam memperoleh pendidikan. *Jurnal Konstitusi*, 7(1), 181–211
- Supratiknya, A. (2014). *Pengukuran Psikologis*. Penerbit Universitas Sanata Dharma
- Wibowo, B. Y. (2023). Profil stres akademik pada siswa SMK Al-insan kelas XII. *PRIMER: Jurnal Ilmiah Multidisiplin*, 1(2), 72-79. <https://doi.org/10.55681/primer.v1i2.5>
- Yuliyanto, A., & Indartono, S. (2019). The influence of spiritual quotient toward subjective well-being of student of Muhammadiyah Boarding School Yogyakarta high school. *International Journal of Management and Humanistics (IJMH)*, 3(12), 49-54
- Yusuf, A. (2014). *Metode Penelitian: Kuantitatif, Kualitatif, dan Penelitian Gabungan*. Kencana
- Yıldırım, M., & Arslan, G. (2020). Exploring the associations between resilience, dispositional hope, preventive behaviours, subjective well-being, and psychological health among adults during early stage of COVID-19. *Current Psychology*. <https://doi.org/10.1007/s12144-020-01177-2>