

**HUBUNGAN *PERCEIVED SOCIAL SUPPORT* DENGAN *CAREER DECISION MAKING SELF-EFFICACY* PADA MAHASISWA  
TINGKAT AKHIR UNIVERSITAS ANDALAS**

**SKRIPSI**

**Diajukan Untuk Memenuhi Salah Satu Syarat Untuk Mendapatkan  
Gelara Sarjana Psikologi**



**RAHMADINI ZANRI  
2010321032**

**DOSEN PEMBIMBING:  
Siska Oktari M.Psi., Psikolog  
Yantri Maputra, M.Ed., Ph.D**

**PROGRAM STUDI PSIKOLOGI PROGRAM SARJANA  
FAKULTAS KEDOKTERAN  
UNIVERSITAS ANDALAS  
PADANG  
2024**

**THE CORRELATION BETWEEN PERCEIVED SOCIAL SUPPORT AND  
CAREER DECISION MAKING SELF-EFFICACY IN FINAL YEAR  
STUDENTS OF ANDALAS UNIVERSITY**

Rahmadini Zanri<sup>1)</sup>, Siska Oktari<sup>2)</sup>, Yantri Maputra<sup>2)</sup>,  
Septi Mayang Sarry<sup>2)</sup>, Meria Susanti<sup>2)</sup>

<sup>1)</sup>Psychology Student, Faculty of Medicine, Universitas Andalas

<sup>2)</sup>Departemen of Psychology, Faculty of Medicine, Universitas Andalas

[rahmadinizanri@gmail.com](mailto:rahmadinizanri@gmail.com)

**ABSTRACT**

*Career decision-making self-efficacy refers to an individual's belief in their ability and skills to make career decisions. Perceived social support is importance for individuals to enhance their capabilities in making career decisions. This study aims to determine the association between perceived social support and career decision-making self-efficacy among final-year students at Andalas University. The research method in this study is quantitative correlational, utilizing Spearman Rank analysis. The respondents in this study consisted of 366 final-year students at Andalas University, with the sampling method being accidental sampling taken from each faculty. Data collection was conducted using adaptations of the Multidimensional Scale of Perceived Social Support (MSPSS) and the Career Decision-Making Self-Efficacy Scale – Short Form. The reliability of the perceived social support scale was .880, and the reliability of the career decision-making self-efficacy scale was .941. The results of this study indicate a significant correlation between perceived social support and career decision-making self-efficacy among final-year students at Andalas University ( $p=.000$  and  $r=.411$ ). This indicates that the higher the perceived social support received by students, the higher the career decision-making self-efficacy among final-year students at Andalas University.*

**Keywords:** *Career Decision Making Self-Efficacy, Perceived Social Support, Students*

## HUBUNGAN *PERCEIVED SOCIAL SUPPORT* DENGAN *CAREER DECISION MAKING SELF-EFFICACY* PADA MAHASISWA TINGKAT AKHIR UNIVERSITAS ANDALAS

Rahmadini Zanri<sup>1)</sup>, Siska Oktari<sup>2)</sup>, Yantri Maputra<sup>2)</sup>,  
Septi Mayang Sarry<sup>2)</sup>, Meria Susanti<sup>2)</sup>

<sup>1)</sup>Mahasiswa Psikologi, Fakultas Kedokteran, Universitas Andalas

<sup>2)</sup>Departemen Psikologi, Fakultas Kedokteran, Universitas Andalas

[rahmadinizanri@gmail.com](mailto:rahmadinizanri@gmail.com)

### ABSTRAK

*Career decision making self-efficacy* merupakan keyakinan individu terhadap kemampuan dan keterampilan yang dimilikinya dalam membuat keputusan karier. *Perceived social support* diperlukan agar individu mampu untuk meningkatkan kemampuan dalam membuat keputusan karier. Penelitian ini bertujuan untuk mengetahui hubungan *perceived social support* dengan *career decision making self-efficacy* pada mahasiswa tingkat akhir Universitas Andalas. Metode penelitian yang digunakan dalam penelitian ini adalah metode kuantitatif korelasional dengan teknik analisis *Spearman Rank*. Responden dalam penelitian ini berjumlah 366 mahasiswa tingkat akhir Universitas Andalas dengan metode pengambilan sampel adalah *accidental sampling* dari masing – masing fakultas. Pengumpulan data dilakukan menggunakan adaptasi alat ukur *Multidimensional Scale of Perceived Social Support (MSPSS)* dan *Career Decision Making Self-Efficacy Scale-Short Form*. Reliabilitas pada skala *perceived social support* sebesar .880 dan pada skala *career decision making self-efficacy* sebesar .941. Hasil penelitian ini menunjukkan bahwa terdapat hubungan yang signifikan antara *perceived social support* dengan *career decision making self – efficacy* pada mahasiswa tingkat akhir Universitas Andalas ( $p=.000$  dan  $r=.411$ ). Hal ini menunjukkan bahwa semakin tinggi *perceived social support* yang didapatkan oleh mahasiswa, maka semakin tinggi juga *career decision making self-efficacy* pada mahasiswa tingkat akhir Universitas Andalas.

**Keywords:** *Career Decision Making Self-Efficacy, Mahasiswa, Perceived Social Support*