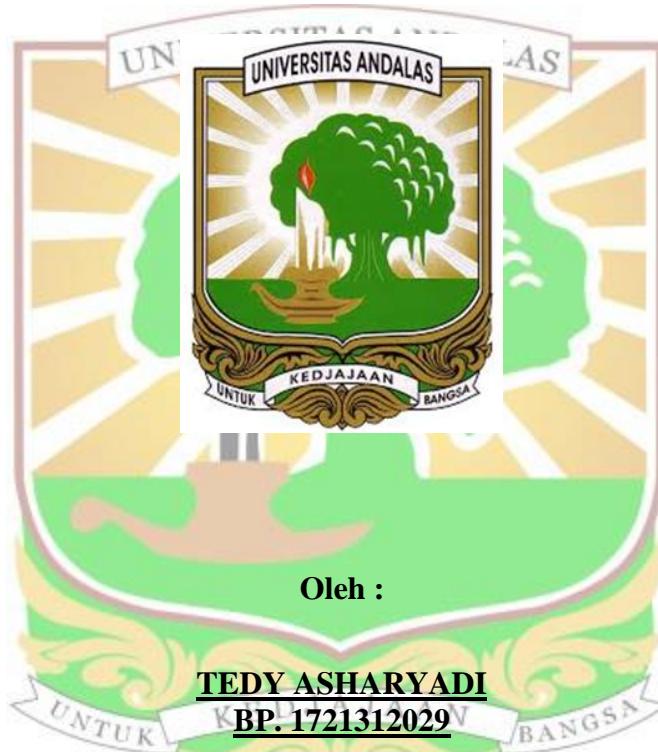


STUDI FENOMENOLOGI : PENGALAMAN EMOSIONAL LELAKI SEKS LELAKI (LSL) DENGAN HIV POST PEMBERITAHUAN SEROSTATUS POSITIF DI PUSKESMAS SIMPANG KAWAT KOTA JAMBI

TESIS



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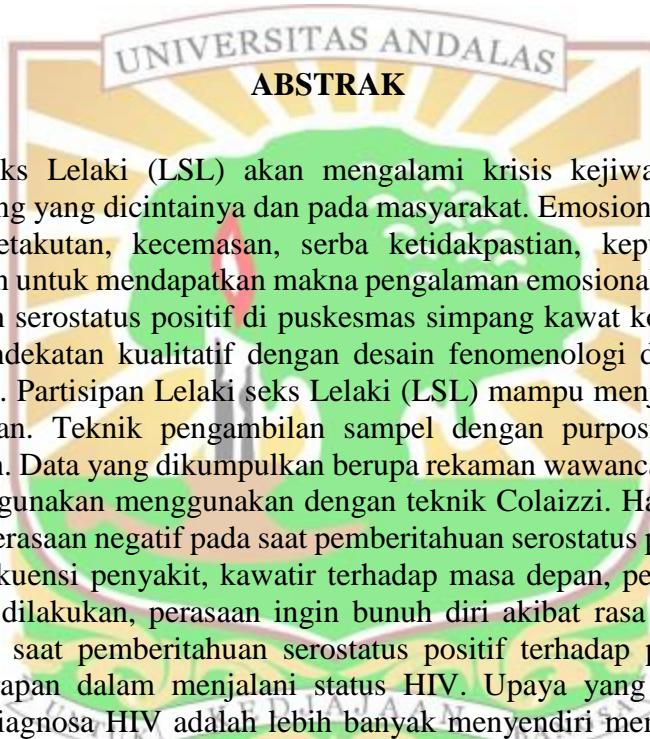
**PROGRAM STUDI S2 KEPERAWATAN
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PADANG 2019**

**PROGRAM STUDI S2 KEPERAWATAN
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FAKULTAS KEPERAWATAN UNIVERSITAS ANDALAS**

**Tesis, Juli 2019
Tedy Asharyadi**

Studi Fenomenologi : Pengalaman Emosional Lelaki Seks Lelaki (LSL dengan Hiv Post Pemberitahuan Serostatus Positif Di Puskesmas Simpang Kawat Tahun 2019

xvi+129 halaman + 1 bagan + 1 tabel + 12 Lampiran



Emosional Lelaki Seks Lelaki (LSL) akan mengalami krisis kejiwaan pada dirinya, pada keluarganya, pada orang yang dicintainya dan pada masyarakat. Emosional tersebut adalah dalam bentuk kepanikan, ketakutan, kecemasan, serba ketidakpastian, keputusasaan, dan stigma. Penelitian ini bertujuan untuk mendapatkan makna pengalaman emosional lelaki seks lelaki (LSL) dengan pemberitahuan serostatus positif di puskesmas simpang kawat kota Jambi. Penelitian ini dilakukan dengan pendekatan kualitatif dengan desain fenomenologi deskritif dengan metode wawancara mendalam. Partisipan Lelaki seks Lelaki (LSL) mampu menjelaskan fenomena yang dialami oleh partisipan. Teknik pengambilan sampel dengan purposive sampling sebanyak sebanyak 20 partisipan. Data yang dikumpulkan berupa rekaman wawancara dan catatan lapangan yang di analisis menggunakan menggunakan dengan teknik Colaizzi. Hasil penelitian penelitian ini mengidentifikasi perasaan negatif pada saat pemberitahuan serostatus positif adalah merasakan ketakutan akan konsekuensi penyakit, kawatir terhadap masa depan, perasan bersalah terhadap perbuatan yang telah dilakukan, perasaan ingin bunuh diri akibat rasa malu yang dialaminya. Perasaan positif pada saat pemberitahuan serostatus positif terhadap partisipan adalah ikhlas menerima resiko, harapan dalam menjalani status HIV. Upaya yang dilakukan menghadapi emosional setelah didiagnosa HIV adalah lebih banyak menyendiri menenangkan diri, mencari informasi untuk tindakan lanjut serta lebih mendekatkan diri kepada Tuhan agar merasa tenang. Diharapkan agar perawatan yang dilakukan terhadap HIV dengan Lelaki Seks Lelaki sangat membutuhkan sikap yang penuh empati. Oleh sebab itu Perawat Komunitas mempunyai bekal dalam pemberian edukasi dan empati terhadap emosional penderita.

**Kata Kunci : Pengalaman Emosional Lelaki Seks Lelaki Dengan HIV
PostPemberitahuan Serostatus Positif.**

DaftarPustaka : 116 (2010-2019)

**MAGISTER OF NURSING STUDY PROGRAMME
SPECIALIST OF COMMUNITY NURSING
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Thesis, Juli 2019

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Phenomenology Study: Emotional Experience of Men who have sex with men (MSM) having HIV of Post Notification of Positive Serostatus at Simpang Kawat Public Health Center in 2019

xix+129 pages + 1 scheme + 1 table + 12 annexes



Emotional feeling of Men who have Sex with Men (MSM) will go through some mental crisis within himself, his family, the people he loved, and the society. Such emotional feeling could express in the form of panic attack, fear, anxious, uncertainty, desperation, and stigma. The purpose of this study is to get the significance of emotional experience of Men who have Sex with Men (MSM) with disclosure of positive serostatus at Simpang Kawat Public Health Center Jambi City. This study has done by using qualitative approach with descriptive phenomenology design and using in depth interview method. Participants of Men who have Sex with Men (MSM) could explain the phenomenon they have experienced. Sampling technique that used in this research is purposive sampling within 20 people as participants. Collected data in this research such as interview recording and notes on field analyzed using Colaizzi technique. The result of this study is to identify the negative feeling when participants notified having positive serostatus, as likely fear of illness consequences, feeling anxious about the future, feeling guilty of their action that has been done, feeling suicidal due to shame they have experienced. Participants had positivity feeling when positive serostatus notified, such as accepting the risk sincerely, and having high hopes while keep living with HIV status. Participants do some efforts to face their emotional feeling after diagnosed with HIV, as likely secluding themselves, asking people who know about HIV and keep digging about treatment and also getting themselves closer to God so they feel more ease. It is hoped that the HIV treatment done to Men who have Sex with Men really needs full empathy behavior. Hence, Nurse of Community has guidance of giving education and empathy to patient's emotional feeling.

Keywords : Emotional experience of Men who have Sex with Men having HIV of post notification of positive serostatus.

References : 116 (2010-2019)