

## Daftar Pustaka

Aini, S.N. (2013) ‘Faktor Risiko yang Berhubungan dengan Kejadian Gizi Lebih pada Remaja di Perkotaan’, *Unnes Journal of Public Health*. [Preprint]. Available at: <https://doi.org/10.15294/ujph.v2i1.3042>.

Andegiorgish, A.K. *et al.* (2012) ‘Prevalence of overweight, obesity, and associated risk factors among school children and adolescents in Tianjin, China’, *European Journal of Pediatrics* [Preprint]. Available at: <https://doi.org/10.1007/s00431-011-1636-x>.

Anderson, B. *et al.* (2011) ‘Fast-food consumption and obesity among michigan adults’, *Preventing Chronic Disease* [Preprint].

Arikunto, S. (2006) ‘Prosedur Penelitian Suatu Tindakan Praktik’, *Jakarta: Rineka Cipta* [Preprint].

Arunachalam, S. and Kandasami, M. (2019) ‘Mother’s attitude on childhood obesity and its prevention’, *Current Pediatric Research* [Preprint].

Azwar, S. (2011) ‘Reliabilitas Dan Validitas’, *Yogyakarta: Pustaka Pelajar*.

Azwar, S. (2013) ‘Sikap Manusia: Teori dan Pengukurannya’, *Sikap Manusia: Teori dan Pengukurannya* [Preprint].

Balani, R. *et al.* (2019) ‘Nutrition knowledge, attitudes, and self-regulation as predictors of overweight and obesity’, *Journal of the American Association of Nurse Practitioners* [Preprint]. Available at: <https://doi.org/10.1097/JXX.0000000000000169>.

Banowati, L., Nugraheni, N. and Puruhita, N. (2011) ‘Risiko Konsumsi Western Fast Food dan Kebiasaan Tidak Makan Pagi Terhadap Obesitas Remaja Studi di SMAN 1 Cirebon’, *Media Medika Indonesiana* [Preprint].

Baron, K.G. *et al.* (2011) ‘Role of sleep timing in caloric intake and BMI’, *Obesity* [Preprint]. Available at: <https://doi.org/10.1038/oby.2011.100>.

Basu, S. *et al.* (2013) ‘Relationship of soft drink consumption to global overweight, obesity, and diabetes: A cross-national analysis of 75 countries’, *American Journal of Public Health* [Preprint]. Available at: <https://doi.org/10.2105/AJPH.2012.300974>.

Benton, D. and Parker, P.Y. (1998) ‘Breakfast, blood glucose, and cognition’, *American Journal of Clinical Nutrition* [Preprint]. Available at: <https://doi.org/10.1093/ajcn/67.4.772S>.

Bhurosy, T. and Jeewon, R. (2014) ‘Overweight and obesity epidemic in developing countries: A problem with diet, physical activity, or socioeconomic status?’, *Scientific World Journal* [Preprint]. Available at: <https://doi.org/10.1155/2014/964236>.

Boots, S.B. *et al.* (2015) ‘Managing young children’s snack food intake. The role of

parenting style and feeding strategies', *Appetite* [Preprint]. Available at: <https://doi.org/10.1016/j.appet.2015.05.012>.

Bray, G.A. and Popkin, B.M. (2014) 'Dietary Sugar and Body Weight: Have We Reached a Crisis in the Epidemic of Obesity and Diabetes? Health Be Damned! Pour on the Sugar', *Diabetes Care*, 37(April), pp. 950–956. Available at: <https://doi.org/10.2337/dc13-2085>.

Buanasita, A., Yanto, A. and Sulistyowati, I. (2015) 'Perbedaan Tingkat Konsumsi Energi, Lemak, Cairan, dan Status Hidrasi Mahasiswa Obesitas dan Non Obesitas', *Indonesian Journal of Human Nutrition* [Preprint]. Available at: <https://doi.org/10.21776/ub.ijhn.2015.002.01.2>.

Carbone, S. et al. (2017) 'Dietary Fat, Sugar Consumption, and Cardiorespiratory Fitness in Patients With Heart Failure With Preserved Ejection Fraction', *JACC: Basic to Translational Science* [Preprint]. Available at: <https://doi.org/10.1016/j.jacbt.2017.06.009>.

Castañeda-Márquez, A.C. et al. (2020) 'Lactobacillus paracasei as a protective factor of obesity induced by an unhealthy diet in children', *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2020.04.005>.

Christina, D. and Sartika, R.A.D. (2011) 'Obesitas pada Pekerja Minyak dan Gas', *Kesmas: National Public Health Journal* [Preprint]. Available at: <https://doi.org/10.21109/kesmas.v6i3.100>.

Christofaro, D.G.D. et al. (2016) 'Higher screen time is associated with overweight, poor dietary habits and physical inactivity in Brazilian adolescents, mainly among girls', *European Journal of Sport Science* [Preprint]. Available at: <https://doi.org/10.1080/17461391.2015.1068868>.

Craig, E., Reilly, J.J. and Bland, R. (2016) 'Risk factors for overweight and overfatness in rural South African children and adolescents', *Journal of Public Health (United Kingdom)* [Preprint]. Available at: <https://doi.org/10.1093/pubmed/fdv016>.

Van Dam, R.M. and Seidell, J.C. (2007) 'Carbohydrate intake and obesity', *European Journal of Clinical Nutrition* [Preprint]. Available at: <https://doi.org/10.1038/sj.ejcn.1602939>.

Deshmukh-Taskar, P.R. et al. (2010) 'The Relationship of Breakfast Skipping and Type of Breakfast Consumption with Nutrient Intake and Weight Status in Children and Adolescents: The National Health and Nutrition Examination Survey 1999-2006', *Journal of the American Dietetic Association* [Preprint]. Available at: <https://doi.org/10.1016/j.jada.2010.03.023>.

Djaeni Sediaoetama, A. (2006) *Ilmu Gizi, Ilmu Gizi*. Jakarta: Dian Rakyat.

Dutra, G.F. et al. (2015) 'Television viewing habits and their influence on physical activity and childhood overweight & , &&', *Jornal de Pediatria*, 91(4), pp. 346–351.

Available at: <https://doi.org/10.1016/j.jped.2014.11.002>.

El-Kassas, G. and Ziade, F. (2017) ‘Exploration of the Risk Factors of Generalized and Central Obesity among Adolescents in North Lebanon’, *Journal of Environmental and Public Health* [Preprint]. Available at: <https://doi.org/10.1155/2017/2879075>.

Eweis, D.S., Abed, F. and Stiban, J. (2017) ‘Carbon dioxide in carbonated beverages induces ghrelin release and increased food consumption in male rats: Implications on the onset of obesity’, *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2017.02.001>.

Fahmi, A.U. (2014) *Kesehatan Masyarakat Teori dan Aplikasi*. PT. Raja Grafindo Persada, Jakarta.

Falbe, J. et al. (2016) ‘Body mass index , new modes of TV viewing and active video games’, (10), pp. 1–8. Available at: <https://doi.org/10.1111/ijpo.12158>.

Fallah-Fini, S. et al. (2014) ‘Modeling US adult obesity trends: A system dynamics model for estimating energy imbalance gap’, *American Journal of Public Health* [Preprint]. Available at: <https://doi.org/10.2105/AJPH.2014.301882>.

Galobardes, B., Morabia, A. and Bernstein, M.S. (2000) ‘The differential effect of education and occupation on body mass and overweight in a sample of working people of the general population’, *Annals of Epidemiology* [Preprint]. Available at: [https://doi.org/10.1016/S1047-2797\(00\)00075-2](https://doi.org/10.1016/S1047-2797(00)00075-2).

Gibson, R.S. (1990) ‘Principles of Nutritional Assessment’. Available at: <https://doi.org/10.1086/416931>.

Gibson, R.S. (2005) *Principles of Nutritional Assessment - Rosalind S. Gibson - Google Books*, Oxford University Press.

Gibson, S.A. and Gunn, P. (2011) ‘What’s for breakfast? Nutritional implications of breakfast habits: Insights from the NDNS dietary records’, *Nutrition Bulletin* [Preprint]. Available at: <https://doi.org/10.1111/j.1467-3010.2010.01873.x>.

Goyal, J.P. et al. (2011) ‘Determinants of Overweight and Obesity in Affluent Adolescent in Surat City , South Gujarat’, 36(4), pp. 296–301. Available at: <https://doi.org/10.4103/0970-0218.91418>.

Guenther, P.M. et al. (2013) ‘Update of the Healthy Eating Index: HEI-2010’, *Journal of the Academy of Nutrition and Dietetics* [Preprint]. Available at: <https://doi.org/10.1016/j.jand.2012.12.016>.

Guo, X. et al. (2004) ‘Healthy eating index and obesity’, *European Journal of Clinical Nutrition* [Preprint]. Available at: <https://doi.org/10.1038/sj.ejcn.1601989>.

Guo, X. et al. (2013) ‘Prevalence and risk factors of being overweight or obese among children and adolescents in northeast China’, *Pediatric Research* [Preprint]. Available at: <https://doi.org/10.1038/pr.2013.116>.

Hardisman, H. (2020) *Kupas Tuntas dan Lugas Metodologi Penelitian Kualitatif*, PT Raja Grafindo Persada.

Hermina and Prihatini (2016) ‘Gambaran Konsumsi Sayur dan Buah Penduduk Indonesia dalam Konteks Gizi Seimbang: Analisis Lanjut Survei Konsumsi Makanan Individu (SKMI) 2014’, *Buletin Penelitian Kesehatan* [Preprint]. Available at: <https://doi.org/10.22435/bpk.v44i3.5505.205-218>.

Hidayanti, S.N. (2006) ‘Hubungan Asupan Zat Gizi dan Indeks Masa Tubuh dengan Hiperlipidemia pada Murid SLTP yang Obesitas di Yogyakarta’, *Sari Pediatri*, 8(1), pp. 25–31.

Hossain, M.S. *et al.* (2019) ‘Is childhood overweight/obesity perceived as a health problem by mothers of preschool aged children in Bangladesh? A community level cross-sectional study’, *International Journal of Environmental Research and Public Health* [Preprint]. Available at: <https://doi.org/10.3390/ijerph16020202>.

Hu, H. *et al.* (2023) ‘Consumption of Soft Drinks and Overweight and Obesity Among Adolescents in 107 Countries and Regions’, *JAMA network open*, 6(7), p. e2325158. Available at: <https://doi.org/10.1001/jamanetworkopen.2023.25158>.

Humairoh, C.D. and Nugroho, P.S. (2021) ‘Hubungan Tingkat Pendidikan Ibu Dan Pengetahuan Gizi Dengan Obesitas Pada Remaja Di SMPN 18 Samarinda’, *Borneo Studies and Research* [Preprint]. Available at: <https://journals.umkt.ac.id/index.php/bsr/article/download/1902/821>.

Ihmels, M.A. *et al.* (2009) ‘Prediction of BMI change in young children with the family nutrition and physical activity (FNPA) screening tool’, *Annals of Behavioral Medicine* [Preprint]. Available at: <https://doi.org/10.1007/s12160-009-9126-3>.

Irdianty, M.S., Sudargo, T. and Hakimi, M. (2016) ‘Aktivitas fisik dan konsumsi camilan pada remaja obesitas di pedesaan dan perkotaan Kabupaten Bantul’, pp. 217–222.

Isganaitis, E. and Lustig, R.H. (2005) ‘Fast food, central nervous system insulin resistance, and obesity’, *Arteriosclerosis, Thrombosis, and Vascular Biology* [Preprint]. Available at: <https://doi.org/10.1161/01.ATV.0000186208.06964.91>.

Iskandar, I., Hadi, A. and Alfridsyah, A. (2017) ‘Faktor Risiko Terjadinya Penyakit Jantung Koroner pada Pasien Rumah Sakit Umum Meuraxa Banda Aceh’, *Action: Aceh Nutrition Journal* [Preprint]. Available at: <https://doi.org/10.30867/action.v2i1.34>.

Ismail, M.N. *et al.* (2002) ‘Obesity in Malaysia’, *Obesity Reviews* [Preprint]. Available at: <https://doi.org/10.1046/j.1467-789X.2002.00074.x>.

Jelliffe, D.B. (1966) *Assessment of the Nutritional Status of the Community*, Wld Hlth Org Monogr Ser 53. World Health Organization, Geneva. Available at: <https://doi.org/10.1093/jaoac/50.4.989>.

Jones, A.M. *et al.* (2015) ‘Reliability and validity of nutrition knowledge questionnaire for adults’, *Journal of Nutrition Education and Behavior* [Preprint]. Available at: <https://doi.org/10.1016/j.jneb.2014.08.003>.

De Jong, E. *et al.* (2013) ‘Association between TV viewing, computer use and overweight, determinants and competing activities of screen time in 4- to 13-year-old children’, *International Journal of Obesity*, 37(1), pp. 47–53. Available at: <https://doi.org/10.1038/ijo.2011.244>.

Kasim, N.B. *et al.* (2016) ‘Genetic polymorphisms associated with overweight and obesity in uncontrolled Type 2 diabetes mellitus’, *Biomarkers in Medicine* [Preprint]. Available at: <https://doi.org/10.2217/bmm-2015-0037>.

Katzmarzyk, P.T. *et al.* (2016) ‘Relationship between soft drink consumption and obesity in 9-11 years old children in a multi-national study’, *Nutrients*, 8(12), pp. 1–13. Available at: <https://doi.org/10.3390/nu8120770>.

Kembuan, I.Y., Kandou, G. and Kaunang, W.P.J. (2016) ‘Hubungan Obesitas dengan Penyakit Hipertensi pada Pasien Poliklinik Puskesmas Touluaan Kabupaten Minahasa Tenggara’, *Jurnal Paradigma* [Preprint].

Kemenkes RI (2018) ‘Riset Kesehatan Dasar 2018’. Available at: <https://doi.org/10.1017/CBO9781107415324.004>

Kementerian Kesehatan Republik Indonesia (2014) *Pedoman Standar Nasional Pelayanan Kesehatan Peduli Remaja (PKPR)*, Kementerian Kesehatan RI. Available at: <https://doi.org/10.1017/CBO9781107415324.004>.

Kharismawati, R. and Sunarto (2010) ‘Hubungan Tingkat Asupan Energi, Protein, Lemak, Karbohidrat, Dan Serat Dengan Status Obesitas Pada Siswa SD’, *Universitas Diponegoro Semarang* [Preprint].

Kim, S. *et al.* (2003) ‘The Diet Quality Index-International (DQI-I) Provides an Effective Tool for Cross-National Comparison of Diet Quality as Illustrated by China and the United States’, in *Journal of Nutrition*. Available at: <https://doi.org/10.1093/jn/133.11.3476>.

Kirana, R. *et al.* (2014) *Pedoman Standar Nasional Pelayanan Kesehatan Peduli Remaja (PKPR)*, Kementerian Kesehatan RI. Available at: <https://doi.org/10.1017/CBO9781107415324.004>.

Kobayashi, F. *et al.* (2014) ‘Effect of breakfast skipping on diurnal variation of energy metabolism and blood glucose’, *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2013.01.001>.

Kurdanti, W. *et al.* (2015) ‘Faktor-faktor yang mempengaruhi kejadian obesitas pada remaja’, *Jurnal Gizi Klinik Indonesia* [Preprint]. Available at: <https://doi.org/10.22146/ijcn.22900>.

Lin, C.L. *et al.* (2018) ‘The association between sleep duration and overweight or

obesity in Taiwanese adults: A cross-sectional study', *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2016.07.005>.

Ma, X. *et al.* (2020) 'Skipping breakfast is associated with overweight and obesity: A systematic review and meta-analysis', *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2019.12.002>.

Mahardhani, Ardhana Januar (2018). Advokasi Kebijakan Publik. Calina Media, Ponorogo.

Mahoney, C.R. *et al.* (2005) 'Effect of breakfast composition on cognitive processes in elementary school children', *Physiology and Behavior* [Preprint]. Available at: <https://doi.org/10.1016/j.physbeh.2005.06.023>.

Mann, J. (2012) *Essentials of Human Nutrition, fourth edition*. Oxford University Press.

McLeod, E.R., Campbell, K.J. and Hesketh, K.D. (2011) 'Nutrition Knowledge: A Mediator between Socioeconomic Position and Diet Quality in Australian First-Time Mothers', *Journal of the American Dietetic Association* [Preprint]. Available at: <https://doi.org/10.1016/j.jada.2011.02.011>.

Menteri Pendidikan dan Kebudayaan (2020) *SE Mendikbud: Pelaksanaan Kebijakan Pendidikan dalam Masa Darurat Penyebaran Covid-19, Mendikbud RI*.

Morgan, P.J. *et al.* (2011) 'Engaging men in weight loss: Experiences of men who participated in the male only SHED-IT pilot study', in *Obesity Research and Clinical Practice*. Available at: <https://doi.org/10.1016/j.orcp.2011.03.002>.

Nakade, M. *et al.* (2007) 'Correlation between food intake change patterns and body weight loss in middle-aged women in Japan', *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2007.01.001>.

Nishitani, N., Sakakibara, H. and Akiyama, I. (2012) 'Characteristics of short sleeping time and eating behaviors related to obesity', *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2011.06.002>.

Notoadmodjo, S. (2010) *Promosi Kesehatan Teori dan Aplikasi*. PT. Rineka Cipta, Jakarta.

Notroatmodjo, S. (2012) *Promosi Kesehatan dan Perilaku Kesehatan (edisi revisi 2012)*, Jakarta: rineka cipta.

Oussaada, S.M. *et al.* (2019) 'The pathogenesis of obesity', *Metabolism: Clinical and Experimental* [Preprint]. Available at: <https://doi.org/10.1016/j.metabol.2018.12.012>.

Pan, H.J., Hung, L.J. and Chen, C.Y. (2020) 'Effect of class-based lifestyle intervention on the management of childhood obesity', *Obesity Research and Clinical Practice* [Preprint]. Available at: <https://doi.org/10.1016/j.orcp.2020.03.007>.

Pan, X.F., Wang, L. and Pan, A. (2021) ‘Epidemiology and determinants of obesity in China’, *The Lancet Diabetes and Endocrinology* [Preprint]. Available at: [https://doi.org/10.1016/S2213-8587\(21\)00045-0](https://doi.org/10.1016/S2213-8587(21)00045-0).

Pemerintah Republik Indonesia (2014) ‘Undang-Undang Republik Indonesia No 35 Tahun 2014 Tentang Perubahan Atas Undang-Undang Nomor 23 Tahun 2002 Tentang Perlindungan Anak’, *Undang-Undang Republik Indonesia* [Preprint].

Perdana, F. and Hardinsyah, H. (2013) ‘Analisis Jenis, Jumlah, Dan Mutu Gizi Konsumsi Sarapan Anak Indonesia’, *Jurnal Gizi dan Pangan* [Preprint]. Available at: <https://doi.org/10.25182/jgp.2013.8.1.39-46>.

Permenkes RI (2014) ‘Permenkes RI No 41 tentang Pedoman Gizi Seimbang’.

Permenkes RI (2020) ‘Permenkes RI No 2 Tahun 2020 Tentang Standar Antropometrik Anak’.

Petrovici, D.A. and Ritson, C. (2006) ‘Factors influencing consumer dietary health preventative behaviours’, *BMC Public Health* [Preprint]. Available at: <https://doi.org/10.1186/1471-2458-6-222>.

Piryani, S. et al. (2016) ‘Overweight and its associated risk factors among urban school adolescents in Nepal: A cross-sectional study’, *BMJ Open* [Preprint]. Available at: <https://doi.org/10.1136/bmjopen-2015-010335>.

Pradoko, S.A.. (2017) ‘Paradigma Metode Penelitian kualitatif’.

Pratiwi, A.A. and Nindya, T.S. (2017) ‘Hubungan Konsumsi Camilan dan Durasi Waktu Tidur dengan Obesitas di Permukiman Padat Kelurahan Simolawang, Surabaya’, *Amerta Nutrition* [Preprint]. Available at: <https://doi.org/10.20473/amnt.v1i3.6240>.

R.I, F. and Wirawanni, Y. (2014) ‘Hubungan Konsumsi Karbohidrat, Konsumsi Total Energi, Konsumsi Serat, Beban Glikemik dan Latihan Jasmani dengan Kadar Glukosa Darah Pada Pasien Diabetes Mellitus Tipe 2’, *Diponegoro Journal of Nutrition and Health* [Preprint]. Available at: <https://doi.org/10.14710/jnh.2.3.2014.%p>.

Rafiony, A., Purba, M.B. and Pramantara, I.D.P. (2015) ‘Konsumsi fast food dan soft drink sebagai faktor risiko obesitas pada remaja’, *Jurnal Gizi Klinik Indonesia* [Preprint]. Available at: <https://doi.org/10.22146/ijcn.23311>.

Al Rahmad, A.H. (2019) ‘Keterkaitan Asupan Makanan dan Sedentari dengan Kejadian Obesitas Pada Anak Sekolah Dasar di Kota Banda Aceh’, *Buletin Penelitian Kesehatan* [Preprint]. Available at: <https://doi.org/10.22435/bpk.v47i1.579>.

Ravindran Jaganathan et al. (2019) ‘Preclinical Students’ Knowledge, Attitude And Practice Towards Obesity And Overweight’, *Malaysian Journal of Public Health Medicine* [Preprint]. Available at: <https://doi.org/10.37268/mjphm/vol.19/no.1/art.35>.

Reedy, J. et al. (2018) ‘Evaluation of the Healthy Eating Index-2015’, *Journal of the*

*Academy of Nutrition and Dietetics* [Preprint]. Available at: <https://doi.org/10.1016/j.jand.2018.05.019>.

RI, K. (2013) ‘Riset Kesehatan Dasar tahun 2013’, *Kementerian Kesehatan Republik Indonesia* [Preprint]. Available at: <https://doi.org/10.1517/13543784.7.5.803>.

Sartika, R.A.D. (2011) ‘Faktor Risiko Obesitas pada Anak 5-15 Tahun di Indonesia’, *Makara, kesehatan* [Preprint].

Satia, J.A., Galanko, J.A. and Neuhouser, M.L. (2005) ‘Food nutrition label use is associated with demographic, behavioral, and psychosocial factors and dietary intake among African Americans in North Carolina’, *Journal of the American Dietetic Association* [Preprint]. Available at: <https://doi.org/10.1016/j.jada.2004.12.006>.

Septiani, R. and Raharjo, bBmbang B. (2017) ‘Pola Konsumsi Fast Food, Aktivitas Fisik dan Faktor Keturunan Terhadap Kejadian Obesitas’, *Public Health Perspective Journal* [Preprint].

Setyawati, V.A.V. and Rimawati, E. (2016) ‘Pola Konsumsi Fast Food Dan Serat Sebagai Faktor Gizi Lebih Pada Remaja’, *Unnes Journal of Public Health* [Preprint]. Available at: <https://doi.org/10.15294/ujph.v5i3.16792>.

Simbolon, D. (2013) ‘Model Prediksi Indeks Massa Tubuh Remaja Berdasarkan Riwayat Lahir dan Status Gizi Anak’, *Kesmas: National Public Health Journal* [Preprint]. Available at: <https://doi.org/10.21109/kesmas.v8i1.337>.

Sudirman, H. (2005) ‘Perbandingan Status Gizi Balita Dengan Indeks Antropometri Berdasar Baku Rujukan WHO-NCHS Baku WHO 2005’, *Buletin Penelitian Kesehatan* [Preprint].

Sulistyowati, L.S. *et al.* (2017) ‘Pedoman Umum Gentas Gerakan Berantas Obesitas’, in *Kementerian Kesehatan RI*.

Sundari, N., Dewi, F.S.T. and Ikhsan, M.R. (2016) ‘Perilaku gaya hidup dan obesitas sebagai faktor risiko kejadian diabetes melitus tipe 2 di RSUD. Aji Batara Agung Dewa Sakti Samboja Kabupaten Kutai Kartanegara’, *Berita Kedokteran Masyarakat* [Preprint]. Available at: <https://doi.org/10.22146/bkm.8337>.

Supariasa, I.D.N., Bakri, B. and Fajar, I. (2012) *Penilaian Status Gizi*. EGC. Jakarta.

Tanaka, C. *et al.* (2020) ‘Proportion of Japanese primary school children meeting recommendations for 24-h movement guidelines and associations with weight status’, in *Obesity Research and Clinical Practice*. Available at: <https://doi.org/10.1016/j.orcp.2020.05.003>.

Tande, D.L., Magel, R. and Strand, B.N. (2010) ‘Healthy eating index and abdominal obesity’, *Public Health Nutrition* [Preprint]. Available at: <https://doi.org/10.1017/S1368980009990723>.

Thibault, H. *et al.* (2010) ‘Risk factors for overweight and obesity in French

adolescents: Physical activity, sedentary behavior and parental characteristics', *Nutrition*, 26(2), pp. 192–200. Available at: <https://doi.org/10.1016/j.nut.2009.03.015>.

Wang, L. et al. (2014) 'Prevalence of and risk factors for adolescent obesity in Southern Appalachia, 2012', *Preventing Chronic Disease* [Preprint]. Available at: <https://doi.org/10.5888/pcd11.140348>.

Wardlaw, G. and Jeffrey, S.. (2007) *Perspective in Nutrition, seventh edition*. Graw Holl Companies Inc, New York.

Wardle, J., Parmenter, K. and Waller, J. (2000) 'Nutrition knowledge and food intake', *Appetite* [Preprint]. Available at: <https://doi.org/10.1006/appe.1999.0311>.

Who, W.H.O. (2007) 'WHO reference 2007, [Http://Www.Who.Int/Growthref/Who2007\\_Bmi\\_for\\_Age/En/](Http://Www.Who.Int/Growthref/Who2007_Bmi_for_Age/En/) [Preprint].

Who, W.H.O. (2010) 'Global recommendations on physical activity for health', Geneva: World Health Organization [Preprint]. Available at: <https://doi.org/10.1080/11026480410034349>.

Widiantini, W. and Tafal, Z. (2014) 'Aktivitas Fisik, Stres, dan Obesitas pada Pegawai Negeri Sipil', *Kesmas: National Public Health Journal* [Preprint]. Available at: <https://doi.org/10.21109/kesmas.v0i0.374>.

World Health Organization (2005) 'Nutrition in adolescence – Issues and Challenges for the Health Sector', *Nutrition in Adolescent* [Preprint].

World Health Organization (2014) 'World Health Organization - Health for the world's adolescents a second chance in the second decade', *World Health Organisation*, p. 14.

Yojanvia, E.G. (2019) 'Hubungan Antara Asupan Lemak Dan Obesitas Dengan Kejadian Kanker Payudara Di Rsud Kota Yogyakarta'.

You, J. and Choo, J. (2016) 'Adolescent overweight and obesity: Links to socioeconomic status and fruit and vegetable intakes', *International Journal of Environmental Research and Public Health* [Preprint]. Available at: <https://doi.org/10.3390/ijerph13030307>.