

## DAFTAR PUSTAKA

- Adinda, R. (2022). *Memahami Self-efficacy atau Efikasi Diri*. Gramedia Blog.
- Alameddine, M., Bou-Karroum, K., Ghalayini, W., & Abiad, F. (2021). Resilience of nurses at the epicenter of the COVID-19 pandemic in Lebanon. *International Journal of Nursing Sciences*, 8(4), 432–438.  
<https://doi.org/10.1016/j.ijnss.2021.08.002>
- Ang, S. Y., Uthaman, T., Ayre, T. C., Mordiffi, S. Z., Ang, E., & Lopez, V. (2018). Association between demographics and resilience – a cross-sectional study among nurses in Singapore. *International Nursing Review*, 65(3), 459–466.  
<https://doi.org/10.1111/inr.12441>
- Antara. (2021). *Usai Fokus Layani Pasien Covid, RSUD Rasidin Padang kembali Terima Pasien Umum*.
- Apriannur. (2023). *HUBUNGAN SPIRITUALITAS DENGAN RESILIENSI PERAWAT DI RUANG RAWAT INAP RSUP DR. M. DJAMIL PADANG*.
- Aprilia, B. W., Bachrun, E., & Wibowo, P. A. (2023). Hubungan Self Efficacy Dengan Kinerja Perawat Di Rumah Sakit Islam Siti Aisyah Madiun. *Health Information : Jurnal Penelitian*, 15(3), 1–6.
- Ardilla Rahmawati, Dwijayanto, K. (2022). Hubungan Resiliensi terhadap Stres Kerja Perawat Rawat Inap di Rumah Sakit Umum Negara. *Indonesian Journal of Global Health Research*, 5(4), 24–37. <https://doi.org/10.37287/ijghr.v2i4.250>
- Arif, A. (2023). *WHO Menyatakan Darurat Covid-19 Berakhir, Apa Maknanya?*

Asih, O. R. (2019). *PENGARUH SELF-EFFICACY, DUKUNGAN SOSIAL DAN KEPEMIMPINAN OTENTIK KEPALA RUANGAN TERHADAP RESILIENSI PERAWAT PELAKSANA DI RSUD KOTA PADANG PANJANG TAHUN 2019*.

Asih, O. R., Fahmy, R., Novrianda, D., Lucida, H., Priscilla, V., & Putri, Z. M. (2019).

Cross Sectional: Dukungan Sosial dan Resiliensi Perawat. *Jurnal Ilmiah Universitas Batanghari Jambi*, 19(2), 421.  
<https://doi.org/10.33087/jiubj.v19i2.674>

Athifahsari, H., Ardani, M. H., Mu'in, M., Warsito, B. E., & Sulisno, M. (2022). Resiliensi Resiliensi Pada Perawat di Masa Pandemi Covid-19. *Jurnal Manajemen Asuhan Keperawatan*, 6(2), 68–75.  
<https://doi.org/10.33655/mak.v6i2.132>

Auralita, A. Y., Sundari, A. R., Susilarini, T., & Sovitriana, R. (2023). *Resiliensi Sebagai Mediator Pengaruh Efikasi Diri Terhadap Kualitas Hidup Perawat Pasien Beresiko Tinggi*. 3(2), 53–62.

Ayudia, N. P. C., Hidayat, A. C., & Setiawan, Z. (2020). Analisis Perbedaan Motivasi Kerja Perawat Pegawai Negeri Sipil (PNS), Perawat Badan Layanan Umum Daerah (BLUD) dan Perawat Tenaga Harian Lepas (THL) di RSUD Dr. Soedirman Kebumen Berdasarkan Teori Dua Faktor Herzberg. *Jurnal Ilmiah Ekonomi Global Masa Kini*, 11(2), 103–108.  
<https://doi.org/10.36982/jiegmk.v11i2.1191>

Aziznejadroshan P, Goliroshan S, Qalehsari MQ, Hosseini SJ, Geraili Z, Z. F. (2022). Analisis hubungan antara resiliensi dan kompetensi klinis pada perawat: Sebuah

- studi deskriptif-korelasi. *Jurnal Kristen Untuk Kesehatan Global*.  
<https://doi.org/https://doi.org/10.15566/cjgh.v9i1.547>
- Azwar S. (2016). *Metode Penelitian*.
- Bandura, A. (1998). Albert Bandura Self-Efficacy: The Exercise of Control. In *Contemporary Psychology* (Vol. 43, Issue 9, pp. 601–602).
- Burhani, M. V., & Yahya, Y. (2014). Pengaruh Self-Efficacy terhadap Resiliensi pada Anggota Resimen Mahasiswa. *Psikoislamika : Jurnal Psikologi Dan Psikologi Islam*, 11(2), 44–50. <https://doi.org/10.18860/psi.v11i2.6389>
- Cabrera-Aguilar, E., Zevallos-Francia, M., Morales-García, M., Ramírez-Coronel, A. A., Morales-García, S. B., Saeritupa-Sanchez, L. Z., & Morales-García, W. C. (2023). Resilience and stress as predictors of work engagement: the mediating role of self-efficacy in nurses. *Frontiers in Psychiatry*, 14(August), 1–11. <https://doi.org/10.3389/fpsyg.2023.1202048>
- Connor, K. M., & Davidson, J. R. T. (2003). Development of a new Resilience scale: The Connor-Davidson Resilience scale (CD-RISC). *Depression and Anxiety*, 18(2), 76–82. <https://doi.org/10.1002/da.10113>
- Dharma, K. K. (2019). *Metodologi Penelitian Keperawatan, Panduan Melaksanakan dan Menerapkan Hasil Penelitian*.
- Efendi, R. (2013). Self Efficacy: Studi Indigenous pada Guru Bersuku Jawa. *Journal of Social and Industrial Psychology*, Vol. 2(No. 2), 61–67.
- Erlina, L. (2020). *EFIKASI DIRI DALAM MENINGKATKAN KEMAMPUAN MOBILISASI PASIEN* (Vol. 1, Issue 2).

<https://doi.org/10.53491/porosonim.v1i2.33>

Falavarjani, M. F. (2019). *Optimism and distress tolerance in the social adjustment of nurses : examining resilience as a mediator and gender as a moderator.*

<https://doi.org/10.1177/1744987119839102>

Febriani, N. (2021). Self-Efficacy Dan Kinerja Perawat Dalam Memberikan Asuhan Keperawatan : Literature Review. *Jurnal Keperawatan Widya Gantari Indonesia*, 5(1), 37. <https://doi.org/10.52020/jkwgi.v5i1.2585>

Fitriyah, L. A., Wijayadi, A. W., Manasikana, O. A., & Hayati, N. (2019). *Diri, Menanamkan Efikasi Emosi, Kestabilan* (Issue 55).

Ghasempour, S., Abbasi, A., Basirinezhad, M. H., Dadgari, A., & Ebrahimi, H. (2024). Relationship between resilience and self-efficacy among Iranian nurses: a cross-sectional study during the post-Corona era. *BMC Nursing*, 23(1), 1–7. <https://doi.org/10.1186/s12912-024-01894-0>

Gustina, L., Yuwanda, T., & Bella, S. (2022). Bagaimana Kelelahan Emosional Mempengaruhi Komitmen Serta Dampaknya Terhadap Kinerja Pegawai Kesehatan di Masa Pasca Pandemi Covid-19. *Bulletin of Counseling and Psychotherapy*, 4(2), 322–328. <https://doi.org/10.51214/bocp.v4i2.209>

Habibi, A., Humairoh, S., Ahmad, S. N. A., Hasan, R., & Nurfadillah, N. (2021). Hubungan Reward Dengan Kinerja Perawat Di Rumah Sakit Dr. Sitanala Tahun 2020. *Jurnal JKFT*, 6(2), 73. <https://doi.org/10.31000/jkft.v6i2.5757>

Handoko. (2010). *Kategori Masa Kerja*.

Harfika, M., Liestyaningrum, W., Nurlela, L., & Watiningrum, L. (2020). Gambaran

- Self Efficacy dalam Keberhasilan Kesembuhan pada Pasien Tuberculosis Paru di Surabaya Utara. *Jurnal Untuk Masyarakat Sehat (JUKMAS)*, 4(1), 41–46.  
<https://doi.org/10.52643/jukmas.v4i1.791>
- Hartati Rismauli, N. U. (2022). Jurnal Pendidikan dan Konseling. *Jurnal Pendidikan Dan Konseling*, 4(2003), 1349–1358.
- Hasanah, L., Rahayuwati, L., & Yudianto, K. (2020). Sumber Stres Kerja Perawat Di Rumah Sakit. *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*, 3(3), 111.  
<https://doi.org/10.32419/jppni.v3i3.162>
- Hastono, S. P. (2007). *Analisis Data*.
- Helda, H., Rusti, S., Latifa, M. M., & Mahkota, R. (2022). Hubungan Tingkat Pendidikan dengan Resiliensi Keluarga Penderita Stroke Iskemik Serangan Pertama di RS Otak Dr. Drs. M. Hatta (RSOMH) Bukittinggi 2022. *Jurnal Epidemiologi Kesehatan Indonesia*, 6(1).  
<https://doi.org/10.7454/epidkes.v6i1.5876>
- Hendriani, W. (2018). *Resiliensi Psikologis: Sebuah Pengantar*.
- JDIH Kemaritiman & Investasi. (2022). *Penetapan Status Faktual Pandemi COVID-19 di Indonesia*.
- Jeong Min Lim, & Kim, J. K. (2020). 병원간호사의 간호일터영성, 회복탄력성이 전문직 삶의 질에 미치는 영향 The Influence of Nursing Workplace Spirituality and Resilience of Hospital Nurses on Professional Quality of Life. *Jurnal Masyarakat Konten Korea*, 20, 487–498.

Kabakoran, Rida Faradinsa , Haeruddin Ikhwan Maulana, M. I. (2023). *PENGARUH SELF-EFFICACY TERHADAP KINERJA The Effect Of Self-Efficacy On The Performance Of Labuang Baji Hospital.* 4, 50–58.

Kılınç, T., & Sis Çelik, A. (2021). Relationship between the social support and psychological resilience levels perceived by nurses during the COVID-19 pandemic: A study from Turkey. *Perspectives in Psychiatric Care*, 57(3), 1000–1008. <https://doi.org/10.1111/ppc.12648>

Kurniawan, Y., & Susilo, M. N. I. B. (2021). Bangkit Pascainfeksi: Dinamika Resiliensi pada Penyintas Covid-19. *PHILANTHROPY: Journal of Psychology*, 5(1), 131. <https://doi.org/10.26623/philanthropy.v5i1.3326>

Lau, R., Willetts, G., Hood, K., & Cross, W. (2015). Development of self-efficacy of newly graduated registered nurses in an aged care program. *Australasian Journal on Ageing*, 34(4), 224–228. <https://doi.org/10.1111/ajag.12156>

Lianto, L. (2019). Self-Efficacy: A Brief Literature Review. *Jurnal Manajemen Motivasi*, 15(2), 55. <https://doi.org/10.29406/jmm.v15i2.1409>

Maranden, A. A., Irjayanti, A., & Wayangkau, E. C. (2023). Faktor yang Berhubungan dengan Stres Kerja pada Perawat di Rumah Sakit Jiwa Daerah Abepura Kota Jayapura. *Jurnal Kesehatan Lingkungan Indonesia*, 22(2), 221–228. <https://doi.org/10.14710/jkli.22.2.221-228>

Mardlotillah, H. (2021). *Hubungan antara dukungan sosial dan nurses self efficacy dengan resiliensi perawat di tengah pandemi Covid-19.*

Martini, Diah eko , Nurul Hikmatul Qowi, K. (2021). *Self-efficacy sebagai Faktor*

- Resiliensi Perawat di Ruang Covid-19.* 12(November), 117–120.
- Missasi, V., & Izzati, I. D. C. (2019). Faktor – faktor yang Mempengaruhi Resiliensi. *Prosiding Seminar Nasional Magister Psikologi Universitas Ahmad Dahlan, 2009*, 433–441.  
<http://www.seminar.uad.ac.id/index.php/snmpuad/article/view/3455>
- Moisoglou, I., Katsiroumpa, A., Malliarou, M., Papathanasiou, I. V., & Gallos, P. (2024). *Social Support and Resilience Are Protective Factors against COVID-19 Pandemic Burnout and Job Burnout among Nurses in the Post-COVID-19 Era*. *against COVID-19 Pandemic Burnout and Job Burnout among Nurses in the Post-COVID-19 Era.* <https://doi.org/10.20944/preprints202402.0953.v1>
- Nashori, F., & Saputro, I. (2021). Psikologi Resiliensi. In *Universitas Islam Indonesia* (Issue 1).
- Nisa, M. K., & Muis, T. (2016). Studi tentang Daya Tangguh (Resiliensi) Anak di Panti Asuhan Sidoarjo. *Jurnal Bimbingan Konseling*, 6(3), 40–45.
- Notoatmodjo, S. (2018). *Metodologo Penelitian Kesehatan*. 144.
- Nugroho, C., & Kosasih, I. (2021). Analisis Self Efficacy Perawat Berdasarkan Data Demografi Di Tengah Pandemi Covid-19. *Jurnal Ilmiah Pamenang*, 3(2), 43–49.  
<https://doi.org/10.53599/jip.v3i2.86>
- Nuryanti, H. A., Kurniasih, Y., & ... (2023). Hubungan self-efficacy perawat dengan pelaksanaan discharge planning di ruang rawat inap. *Prosiding Seminar ...*, 1, 153–157.  
<https://proceeding.unisyayoga.ac.id/index.php/prosemnaslppm/article/download>

- Octaryani, M., & Baidun, A. (2018). Uji Validitas Konstruk Resiliensi. *Jurnal Pengukuran Psikologi Dan Pendidikan Indonesia (JP3I)*, 6(1), 43–52.  
<https://doi.org/10.15408/jp3i.v6i1.8150>
- Öksüz, E., Demiralp, M., Mersin, S., Tüzer, H., Aksu, M., & Sarikoc, G. (2019). Resilience in nurses in terms of perceived social support, job satisfaction and certain variables. *Journal of Nursing Management*, 27(2), 423–432.  
<https://doi.org/10.1111/jonm.12703>
- Özdemir, N., & Adıgüzel, V. (2021). The relationship between social intelligence, self-esteem and resilience in healthcare professionals and the affecting factors. *Journal of Psychiatric Nursing*, 12(1), 18–28.  
<https://doi.org/10.14744/phd.2020.96658>
- Paendong, M., Buanasari, A., & Mariana, D. (2022). Hubungan Peran Kekuatan Karakter Dengan Resiliensi Perawat Di Rumah Sakit Gunung Maria Tomohon. *Jurnal Keperawatan*, 10(1), 70. <https://doi.org/10.35790/jkp.v10i1.38060>
- Panambunan, A. E., Lupita, M., Meo, N., Bidjuni, H., Studi, P., Keperawatan, I., Kedokteran, F., Ratulangi, U. S., Perawat, K., & Keperawatan, A. (2023). *HUBUNGAN SELF EFFICACY DENGAN KINERJA PERAWAT PANCARAN KASIH MANADO*. 1(3), 10–15.
- Peñacoba, C., Catala, P., Velasco, L., Carmona-Monge, F. J., Garcia-Hedrera, F. J., & Gil-Almagro, F. (2021). Stress and quality of life of intensive care nurses during the COVID-19 pandemic: Self-efficacy and resilience as resources. *Nursing in*

- Critical Care*, 26(6), 493–500. <https://doi.org/10.1111/nicc.12690>
- PPNI. (2016). *Jenjang Pendidikan Keperawatan*.
- Pujiyanto, T. I., Elliya, N. P., & Kusyati, E. (2022). Kecerdasan Emosional Terhadap Tingkat Resiliensi Pada Perawat. *Jurnal Kepemimpinan Dan Manajemen Keperawatan*, 5(2), 94–103. <https://doi.org/10.32584/jkmk.v5i2.1905>
- Putra, Putu Surya Parama dan Susilawati, L. K. P. A. (2018). *HUBUNGAN ANTARA DUKUNGAN SOSIAL DAN SELF EFFICACY DENGAN TINGKAT STRES PADA PERAWAT DI RUMAH SAKIT UMUM PUSAT SANGLAH* Putu Surya Parama Putra dan Luh Kadek Pande Ary Susilawati. 5(1), 145–157.
- Putri, Z. M. (2023). *Upaya Meningkatkan Resiliensi Perawat untuk Mencegah Distres Psikologis dan Burnout di Tempat Kerja*.
- Rahayu, T. A., Pratik, H., & Suhadianto. (2021). Self compassion dan resiliensi pada perawat pasien Covid-19. *INNER: Journal of Psychological Research*, 1(3), 103–111.
- Ren, Y., Zhou, Y., Wang, S., Luo, T., Huang, M., & Zeng, Y. (2018). Exploratory study on resilience and its influencing factors among hospital nurses in Guangzhou, China. *International Journal of Nursing Sciences*, 5(1), 57–62. <https://doi.org/10.1016/j.ijnss.2017.11.001>
- Rode, K. O., Widyastuti, A. R., & Hariadi, L. (2022). Resiliensi Perawat Di Rsud Ade M. Djoen Sintang Ditinjau Dari Self Efficacy. *Image*, 02(2), 10–19. <https://unaki.ac.id/ejournal/index.php/image/article/view/516%0Ahttps://unaki.ac.id/ejournal/index.php/image/article/download/516/403>

RSUD dr. Rasidin Padang. (2017). *RSUD dr. Rasidin Padang*.

Rudiyanto, R., Purnamasari, A., & Barata, B. P. (2023). Studi Korelasional Self Efficacy dan Burnout Syndrome Perawat Ruang Kritis pada Masa Pandemi Covid-19. *JI-KES (Jurnal Ilmu Kesehatan)*, 6(2), 187–193.  
<https://doi.org/10.33006/jikes.v6i2.553>

Sagherian, K., Cho, H., & Steege, L. M. (2024). The insomnia, fatigue, and psychological well-being of hospital nurses 18 months after the COVID-19 pandemic began: A cross-sectional study. *Journal of Clinical Nursing*, 33(1), 273–287. <https://doi.org/10.1111/jocn.16451>

Salendu, Y. P., Jaata, J., Effendy, E., & Amir, S. (2022). Hubungan Self Eficacy Terhadap Aktivitas Hidup Pasien Diabetes Mellitus. *Nursing Inside Community*, 5(1), 23–29.

Santosa, W. R. B., & Gayatri, P. R. (2020). Pengaruh Jenis Kelamin dan Masa Kerja Terhadap Tingkat Ventilasi. *Judika (Jurnal Nusantara Medika)*, 4(2), 126–131.  
<https://doi.org/10.29407/judika.v4i2.15385>

Scholz, U., Doña, B. G., Sud, S., & Schwarzer, R. (2002). Is general self-efficacy a universal construct? Psychometric findings from 25 countries. *European Journal of Psychological Assessment*, 18(3), 242–251. <https://doi.org/10.1027//1015-5759.18.3.242>

Sejati, Y. M. (2019). Pengaruh resiliensi dan stres terhadap turnover intention. *Jurnal Mahasiswa Psikologi*, 1(3), 80–91.

Shanty, I. P. W., Uktutias, S. A. M., & Muhadi. (2020). Hubungan karakteristik

- perawat dan self-efficacy terhadap kepatuhan hand hygiene perawat rawat inap di rumah sakit jiwa menur. *Indonesian Journal of Hospital Administration*, 3(2), 61–67. <http://ejournal.almaata.ac.id/index.php/IJHAA>
- Sugiyono. (2022). *Metode Penelitian Kuantitatif, Kualitatif dan R&D (Edisi 2 ce)*. Bandung : Alfabeta.
- Ulina Mariani, B. (2017). Faktor-Faktor Personal Sebagai Prediktor Terhadap Resiliensi Perawat Di Rumah Sakit Penyakit Infeksi Prof. Dr. Sulianti Saroso. *The Indonesian Journal of Infectious Diseases*, 1(01), 14–21. <https://doi.org/10.32667/ijid.v1i01.3>
- Utami, C. T. (2017). Self-Efficacy dan Resiliensi: Sebuah Tinjauan Meta-Analisis. *Buletin Psikologi*, 25(1), 54–65. <https://doi.org/10.22146/buletinpsikologi.18419>
- Valentien, F., & Huwae, A. (2022). Religiusitas Dan Resiliensi Pada Perawat Di Timika Papua Di Masa Pandemi COVID-19. *Jurnal Psikologi Malahayati*, 4(2). <https://doi.org/10.33024/jpm.v4i2.6919>
- Wahyudi, A. (2020). Model Rasch: Analisis Skala Resiliensi Connor-Davidson Versi Bahasa Indonesia. *Advice: Jurnal Bimbingan Dan Konseling*, 2(1), 28. <https://doi.org/10.32585/advice.v2i1.701>
- Wang, L., Tao, H., Bowers, B. J., Brown, R., & Zhang, Y. (2018). Influence of Social Support and Self-Efficacy on Resilience of Early Career Registered Nurses. *Western Journal of Nursing Research*, 40(5), 648–664. <https://doi.org/10.1177/0193945916685712>
- Welembuntu, M., Gobel, I., & Sesebanua, J. I. (2020). Hubungan Pendidikan Status

Kepegawaian Dan Lama Kerja the Relationship Between Education Employment Status and Length of Work With the Performance of Nurses in Implementing.  
*Jurnal Ilmiah Sesebanua*, 4(1), 21–30.

WHO. (2022). *Kategori Umur Menurut WHO*.

Wihardja, H., Arif, Y. K., & Lina, R. N. (2021). Faktor - Faktor Yang Mempengaruhi Motivasi Kerja Perawat Pelaksana Dalam Merawat Pasien Covid-19 Di Rs X, Banten. *Jurnal Sehat Mandiri*, 16(1), 131–142.  
<https://doi.org/10.33761/jsm.v16i1.350>

Wu, R., Jing, L., Liu, Y., Wang, H., & Yang, J. (2022). Effects of physical activity on regulatory emotional self-efficacy, resilience, and emotional intelligence of nurses during the COVID-19 pandemic. *Frontiers in Psychology*, 13(December), 1–10. <https://doi.org/10.3389/fpsyg.2022.1059786>

Wulandari, Y. (2020). *Asuhan Keperawatan Di Rumah Sakit Swasta, Pelaksanaan*. 0706068202.

Yuyun, K. S. (2023). *RESILIENSI PERAWAT PUSKESMAS DALAM MENGHADAPI KONDISI PANDEMI COVID-19*. 5, 1–23.  
<https://doi.org/https://doi.org/10.31539/joting.v5i2.7471>

Zaini, M. (2021). Resiliensi Perawat Selama Masa Pandemi COVID-19. *Jurnal Keperawatan Jiwa (JKJ): Persatuan Perawat Nasional Indonesia*, 9(4), 779–786.