

DAFTAR PUSTAKA

- Abrahamian, H., & Lebherz-Eichinger, D. (2018). The role of psychosomatic medicine in intensive care units. *Wienermedizinische wochenschrift*, 168(3), 67–75. <https://doi.org/10.1007/s10354-017-0575-1>
- Alkatout, I., Mechler, U., Mettler, L., Pape, J., Maass, N., Biebl, M., Gitas, G., Laganà, A. S., & Freytag, D. (2021). The development of laparoscopy-a historical overview. *Frontiers in surgery*, 8, 799442. <https://doi.org/10.3389/fsurg.2021.799442>
- Arttawejkul, P., Reutrakul, S., Muntham, D., & Chirakalwasan, N. (2020). Effect of nighttime earplugs and eye masks on sleep quality in intensive care unit patients. *Indian journal of critical care medicine : peer-reviewed, official publication of indian society of critical care medicine*, 24(1), 6–10. <https://doi.org/10.5005/jp-journals-10071-23321>
- Balas MC, Weinhouse GL, Denehy L, Chanques G, Rochwerg B, Misak CJ, et al. Interpreting and implementing the 2018 pain, agitation/sedation, delirium, immobility, and sleep disruption clinical practice guideline. *Crit care med.* 2018;46:1464–70.
- Bani Younis, M. K., Hayajneh, F. A., & Alduraidi, H. (2019). Effectiveness of using eye mask and earplugs on sleep length and quality among intensive care patients: A quasi-experimental study. *International journal of nursing practice*, 25(3), e12740. <https://doi.org/10.1111/ijn.12740>
- Beck Edvardsen, J., & Hetmann, F. (2020). Promoting sleep in the intensive care unit. *SAGE open nursing*, 6, 2377960820930209. <https://doi.org/10.1177/2377960820930209>
- Black, J.M., & Hawks, J.H. (2014). *Keperawatan Medikal Bedah Manajemen Klinis Untuk Hasil Yang Diharapkan Edisi 8 Buku 2*. Jakarta: Salemba Medika.
- Black, J.M., & Hawks, J.H. (2014). *Keperawatan Medikal Bedah*. Edisi 8. Singapore : Elsevier.
- Brunner & Suddarth, (2013). *Buku Ajar Keperawatan Medikal Bedah Edisi 8 volume 2*. Jakarta EGC
- Carvalho OMC, Silva VM, Távora RCO, Araújo MV, Pinheiro FR, Sousa TM, et al. Ineffective airway clearance: accuracy of clinical indicators in asthmatic children. *Rev Bras Enferm*. 2015;68(5):862–868. doi: 10.1590/0034-7167.2015680514i.

- Castro, R.A., et al., Light and the outcome of the critically ill: an observational cohort study. *Crit Care*, 2012. 16(4): p. R132.
- Devlin, J. W., Skrobik, Y., Gélinas, C., Needham, D. M., Slooter, A. J. C., Pandharipande, P. P., Watson, P. L., Weinhouse, G. L., Nunnally, M. E., Rochwerg, B., Balas, M. C., van den Boogaard, M., Bosma, K. J., Brummel, N. E., Chanques, G., Denehy, L., Drouot, X., Fraser, G. L., Harris, J. E., Joffe, A. M., ... Alhazzani, W. (2018). Clinical practice guidelines for the prevention and management of pain, agitation/sedation, delirium, immobility, and sleep disruption in adult patients in the ICU. *Critical care medicine*, 46(9), e825–e873.
<https://doi.org/10.1097/CCM.0000000000003299>
- Elías, M. N., Munro, C. L., Liang, Z., Fortunatti, C. F. P., Calero, K., & Ji, M. (2020). Nighttime sleep duration is associated with length of stay outcomes among older adult survivors of critical illness. Dimensions of *Critical care nursing*, 39(3), 145–154. <https://doi.org/10.1097/DCC.0000000000000411>
- Elliott, R., Axelin, A., Richards, K. C., Vahlberg, T., & Ritmala-Castren, M. (2023). Sensitivity and specificity of proposed Richards-Campbell Sleep Questionnaire cut-off scores for good quality sleep during an ICU stay. *Journal of clinical nursing*, 32(11-12), 2700–2708.
<https://doi.org/10.1111/jocn.16348>
- Fang, C. S., Wang, H. H., Wang, R. H., Chou, F. H., Chang, S. L., & Fang, C. J. (2021). Effect of earplugs and eye masks on the sleep quality of intensive care unit patients: A systematic review and meta-analysis. *Journal of advanced nursing*, 77(11), 4321–4331. <https://doi.org/10.1111/jan.14914>
- Guyton AC, Hall JE, 2014. *Guyton dan Hall buku ajar fisiologi kedokteran edisi keduabelas*. Singapore : Elsevier Saunders
- Hayden, P., & Cowman, S. (2011). Anaesthesia for laparoscopic surgery. Continuing Education in Anaesthesia. *Critical care & pain*, 11, 177-180.
- Hu RF, Jiang XY, Hegadoren KM, Zhang YH. Effects of earplugs and eye masks combined with relaxing music on sleep, melatonin and cortisol levels in ICU patients: a randomized controlled trial. *Crit Care*. 2015 Mar 27;19(1):115. doi: 10.1186/s13054-015-0855-3. PMID: 25881268; PMCID: PMC4391192.
- Hu, R.F., et al., Non-pharmacological interventions for sleep promotion in the intensive care unit. *Cochrane database syst rev*, 2015(10): p. CD008808.
- Irwin M. R. (2015). Why sleep is important for health: a psychoneuroimmunology perspective. *Annual review of psychology*, 66, 143–172.
<https://doi.org/10.1146/annurev-psych-010213-115205>

- Kemenkes RI. (2011). *Pedoman Penyelenggaraan Pelayanan HCU Dan ICU Dirumah Sakit*. Jakarta: Direktorat Bina Upaya Kesehatan Rujukan
- Leong, R. W., Davies, L. J., Fook-Chong, S., Ng, S. Y., & Lee, Y. L. (2021). Effect of the use of *earplugs* and eye masks on the quality of sleep after major abdominal surgery: a randomised controlled trial. *Anaesthesia*, 76(11), 1482–1491. <https://doi.org/10.1111/anae.15468>
- Litton, E., Elliott, R., Ferrier, J., & Webb, S. A. R. (2017). Quality sleep using *earplugs* in the intensive care unit: the QUIET pilot randomised controlled trial. *Critical care and resuscitation : journal of the australasian academy of critical care medicine*, 19(2), 128–133.
- Locihová, H., Axmann, K., Padyšáková, H., & Fejfar, J. (2018). Effect of the use of *earplugs* and eye mask on the quality of sleep in intensive care patients: a systematic review. *Journal of sleep research*, 27.
- Magdy, D. M., Metwally, A., & Makhlof, H. A. (2019). Study of sleep quality among patients admitted to the respiratory intensive care unit. *Egyptian journal of bronchology*, 13(1), 114–119. https://doi.org/10.4103/ejb.ejb_10_18
- Makela, M., & Witt, K. (2005). How to read a paper: critical appraisal of studies for application in healthcare. *Singapore medical journal*, 46(3), 108–115.
- Mistraletti, G., Carloni, E., Cigada, M., Zambrelli, E., Taverna, M., Sabbatini, G., Umbrello, M., Elia, G., Destrebecq, A. L., & Iapichino, G. (2008). Sleep and delirium in the intensive care unit. *Minerva anestesiologica*, 74(6), 329–333.
- Nahirniak P, Tuma F. Adhesiolysis. [Updated 2022 Sep 19]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK563219/>
- Naik, R. D., Gupta, K., Soneja, M., Elavarasi, A., Sreenivas, V., & Sinha, S. (2018). Sleep quality and quantity in intensive care unit patients: a cross-sectional study. *Indian journal of critical care medicine : peer-reviewed, official publication of Indian Society of Critical Care Medicine*, 22(6), 408–414. https://doi.org/10.4103/ijccm.IJCCM_65_18
- Nursalam. (2011). *Manajemen Keperawatan : Aplikasi dalam Praktik Keperawatan Professional*. Edisi 3. Jakarta : Salemba Medika.
- Obanor, O. O., McBroom, M. M., Elia, J. M., Ahmed, F., Sasaki, J. D., Murphy, K. M., Chalk, S., Menard, G. A., Pratt, N. V., Venkatachalam, A. M., & Romito, B. T. (2021). The impact of *earplugs* and eye masks on sleep quality in surgical icu patients at risk for frequent awakenings. *Critical care medicine*, 49(9), e822–e832. <https://doi.org/10.1097/CCM.0000000000005031>

- Ouaïssi, M., Gaujoux, S., Veyrie, N., Denève, E., Brigand, C., Castel, B., Duron, J. J., Rault, A., Slim, K., & Nocca, D. (2012). Post-operative adhesions after digestive surgery: their incidence and prevention: review of the literature. *Journal of visceral surgery*, 149(2), e104–e114. <https://doi.org/10.1016/j.jviscsurg.2011.11.006>
- Potter & Perry. 2012. *Buku ajar fundamental keperawatan: konsep, proses, dan praktik edisi 4. Volume 2.* Jakarta : EGC
- PPNI. (2016). *Standar diagnosis keperawatan indonesia: definisi dan indikator diagnosis, edisi 1.* Jakarta:DPP PPNI.
- PPNI. (2018). *Standar intervensi keperawatan indonesia: definisi dan tindakan keperawatan, edisi 1.* Jakarta:DPP PPNI.
- PPNI. (2018). *Standar luaran keperawatan indonesia : definisi dan kriteria hasil keperawatan, edisi 1.* Jakaerta:DPP PPNI.
- Ritmala-Castren, M., Axelin, A., Richards, K. C., Mitchell, M. L., Vahlberg, T., & Leino-Kilpi, H. (2022). Investigating the construct and concurrent validity of the Richards-Campbell Sleep Questionnaire with intensive care unit patients and home sleepers. *Australian critical care : official journal of the Confederation of Australian Critical Care Nurses*, 35(2), 130–135. <https://doi.org/10.1016/j.aucc.2021.04.001>
- Rollo, E.; Della Marca, G.; Scala, I.; Buccarella, C.; Rozera, T.; Vollono, C.; Frisullo, G.; Broccolini, A.; Brunetti, V. Validation study of the richards-campbell sleep questionnaire in patients with acute stroke. *J. Pers. Med.* 2022, 12, 1473. <https://doi.org/10.3390/jpm12091473>
- Shih, C. Y., Wang, A. Y., Chang, K. M., Yang, C. C., Tsai, Y. C., Fan, C. C., Chuang, H. J., Thi Phuc, N., & Chiu, H. Y. (2023). Dynamic prevalence of sleep disturbance among critically ill patients in intensive care units and after hospitalisation: A systematic review and meta-analysis. *Intensive & critical care nursing*, 75, 103349. <https://doi.org/10.1016/j.iccn.2022.103349>
- Silva RS, Lima MOM, Bandeira WCO, Pereira AT, Sampaio AAC, Paixão GPN. Prevalent nursing diagnosis in patients hospitalized in intensive care unit: an integrative review. *Rev Enferm Contemp.* 2016;5(2):242–252. doi: 10.17267/2317-3378rec.v5i2.1023.
- Smeltzer, S.C. & Bare, B.G. 2013. *Buku ajar keperawatan medikal bedah brunner & suddarth, edisi 8.* Jakarta : EGC.
- Sousa VEC, Lopes MVO, Araújo TL, Rolim ILT, Nascimento RV, Oliveira TF. Clinical indicators of ineffective airway clearance for patients in the cardiac postoperative period. *Eur J Cardiovasc Nurs.* 2012;12(2):193–200. doi: 10.1177/1474515112443931.

- Syamsuhidayat, R., & Jong.(2011). *Buku ajar ilmu bedah edisi3*. Jakarta;EGC
- Taguchi, T., M. Yano, and Y. Kido, Influence of bright light therapy on postoperative patients: a pilot study. *Intensive Crit Care Nurs*, 2007. 23(5): p. 289-97.
- Wedjo, M. A. M. (2019). Asuhan Keperawatan Pada An. R. L dengan Apendisitis Dalam Pemenuhan Kebutuhan Aman Nyaman di Wilayah RSUD Prof. dr. W. Z. Johannes Kupang (Vol. 53).
- Weinhouse, G. L., Schwab, R. J., Watson, P. L., Patil, N., Vaccaro, B., Pandharipande, P., & Ely, E. W. (2009). Bench-to-bedside review: delirium in ICU patients - importance of sleep deprivation. *Critical care (London, England)*, 13(6), 234. <https://doi.org/10.1186/cc8131>
- Wijaya, A. S., & Yessie Mariza Putri. (2013). *KMB 2 keperawatan medikal bedah*. Jakarta: EGC
- Younis, M. B., & Hayajneh, F. A. (2018). Quality of sleep among intensive care unit patients: A literature review. *Critical Care Nursing Quarterly*, 41(2), 170–177. <https://doi.org/10.1097/CNO.0000000000000196>

