



UNIVERSITAS ANDALAS

**EVALUASI PELAKSANAAN PROGRAM INTERVENSI GIZI
SPESIFIK UNTUK PENCEGAHAN *STUNTING* PADA IBU
HAMIL DI PUSKESMAS TANJUNG PATI**



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FAKULTAS KESEHATAN MASYARAKAT

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UNTUK PENCEGAHAN STUNTING PADA IBU HAMIL DI PUSKESMAS
TANJUNG PATI**

xi + 104 halaman, 24 tabel, 4 gambar, 9 lampiran

ABSTRAK

Tujuan Penelitian

Tujuan penelitian ini adalah untuk mengevaluasi pelaksanaan program intervensi gizi spesifik untuk pencegahan *stunting* pada ibu hamil di Puskesmas Tanjung Pati.

Metode

Jenis penelitian kualitatif dengan pendekatan sistem. Data dikumpulkan melalui wawancara mendalam, observasi, dan telaah dokumen. Dipilih 6 informan di wilayah kerja Puskesmas Tanjung Pati berdasarkan *purposive sampling*. Pengolahan data menggunakan triangulasi sumber dan teknik. Rekaman hasil wawancara mendalam dibuat dalam bentuk transkrip dan analisis serta diinterpretasikan dalam bentuk hasil penelitian.

Hasil

SOP dan pedoman sudah ada. Jumlah tenaga pelaksana dan dana sudah cukup. Sarana dan prasarana penunjang program belum maksimal. Persiapan setiap program sudah dilakukan dengan baik. Pelaksanaan program masih ada yang belum sesuai dengan pedoman. Pencatatan dilakukan setiap selesai kegiatan dan dilakukan pelaporan kepada masing-masing koordinator pemegang program. Monitoring dan evaluasi dilakukan berjenjang, tapi masih belum berjalan dengan baik.

Kesimpulan

Pelaksanaan program masih belum maksimal sehingga perlu peningkatan pelatihan bagi semua petugas dan kader posyandu, kelengkapan sarana prasarana penunjang program, pelaksanaan serta promosi kesehatan kepada masyarakat terkait pentingnya program kelas ibu hamil dan suplementasi tablet tambah darah dalam mencegah kejadian *stunting*.

Daftar Pustaka : 45 (2008 – 2023)

Kata Kunci : Evaluasi, Kelas Ibu Hamil, Suplementasi, dan Tablet Tambah Darah

**FACULTY OF PUBLIC HEALTH
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**EVALUATION OF THE IMPLEMENTATION OF A SPECIFIC NUTRITION
INTERVENTION PROGRAM TO PREVENT STUNTING IN PREGNANT
WOMEN AT TANJUNG PATI HEALTH CENTER**

xi + 104 pages, 24 tables, 4 figures, 9 attachments

ABSTRACT

Objective

The purpose of this study was to evaluate the implementation of specific nutrition intervention programs for the prevention of stunting in pregnant women at Tanjung Pati Health Center.

Methods

Qualitative research with a systems approach. Data were collected through in-depth interviews, observation, and document review. Six informants were selected based on purposive sampling. Data processing used triangulation of sources and techniques. Recordings of in-depth interviews were transcribed and analyzed and interpreted in the form of research results.

Results

SOPs and guidelines already exist. The staff and funds are sufficient. The facilities and infrastructure supporting the program are not yet optimal. Preparation of each program has been done well. Program implementation is still not in accordance with the guidelines. Recording of programs is done and reporting is done by each program holder coordinator. Monitoring and evaluation is carried out in stages, but still not running well.

Conclusion

The implementation of the programs are still not optimal so it needs to be improved in terms of increasing training for all officers and cadres, completeness of program supporting infrastructure, implementation and increasing health promotion to the surrounding community about the importance of the pregnant women's class program and iron supplementation in preventing stunting.

Bibliography : 45 (2008 - 2023)

Keywords : Evaluation, Iron Tablets, Supplementation and Pregnant Women's Class