

DAFTAR PUSTAKA

1. Zaenglein AL, Graber EM, Thiboutot DM. Fitzpatrick's dermatology in general medicine 7thEd: Acne Vulgaris and Acneiform Eruption. 2016.
2. Menaldi SLS, Bramono K, Indriatmi W, editor. Ilmu Penyakit Kulit dan Kelamin [Internet]. 7 ed. Jakarta: Badan Penerbit Fakultas Kedokteran Universitas Indonesia; 2016. Tersedia pada: www.bpfkui.com
3. Rajar UDM, Majeed R, Sheikh F, Sheikh I, Siddique AA, Kumar S. Scarring in acne patients — A study done at Isra University Hyderabad. Journal Of Pakistan Medical Association. 2009;59(8):525–7.
4. Fabbrocini G, Annunziata MC, D'Arco V, De Vita V, Lodi G, Mauriello MC, dkk. Acne Scars: Pathogenesis, Classification and Treatment. Dermatol Res Pract. 2010;2010:1–13.
5. Goodman GJ. Personal Review Post-acne scarring: A short review of its pathophysiology. Australasian Journal of Dermatology. Mei 2001;42(2):84–90.
6. Clark AK, Saric S, Sivamani RK. Acne Scars: How Do We Grade Them? Am J Clin Dermatol. 11 April 2018;19(2):139–44.
7. Yenny SW. Acne:Clinico-Epidemiological Study In DermatologyVenereology Outpatient Clinic Of Dr. M. Djamil Hospital Padang During January 2016 – December 2018. Int J Pharmtech Res. 2020;13(4):325–8.
8. Say YH, Heng AHS, Reginald K, Wong YR, Teh KF, Rawanan Shah SM, dkk. Modifiable and non-modifiable epidemiological risk factors for acne, acne severity and acne scarring among Malaysian Chinese: a cross-sectional study. BMC Public Health. 27 Desember 2021;21(1):601.
9. Thappa D, Adityan B. Profile of acne vulgaris-A hospital-based study from South India. Indian J Dermatol Venereol Leprol. 2009;75(3):272.
10. Kane A, Niang SO, Diagne AC, Ly F, Ndiaye B. Epidemiologic, clinical, and therapeutic features of acne in Dakar, Senegal. Int J Dermatol. Oktober 2007;46(s1):36–8.
11. National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) [Internet]. 2020 [dikutip 24 Januari 2023]. Acne. Tersedia pada: <https://www.niams.nih.gov/health-topics/acne>
12. American Academy of Dermatology [Internet]. [dikutip 24 Januari 2023]. 10 Skin Care Habits that Can Worsen Acne. Tersedia pada: <https://www.aad.org/public/diseases/acne/skin-care/habits-stop>
13. Vos A. Does early acne intervention provide more than just a reduction in the incidence of scars? A review of the literature. Our Dermatology Online. 19 Oktober 2021;12(4):402–5.
14. Harlim A. Tatalaksana Terbaru Akne dan Skar Akne. Simposium Anti Aging And Cosmetic Dermatology Update [Internet]. 2018 [dikutip 4 Januari 2023]; Tersedia pada: <http://repository.uki.ac.id/1644/>

15. Lestari RT, Gifanda LZ, Kurniasari EL, Harwiningrum RP, Kelana API, Fauziyah K, dkk. Perilaku Mahasiswa terkait Cara Mengatasi Jerawat. *Jurnal Farmasi Komunitas*. 2021;8(1):15–9.
16. Tan J, Beissert S, Cook-Bolden F, Chavda R, Harper J, Hebert A, dkk. Impact of Facial Atrophic Acne Scars on Quality of Life: A Multi-country Population-Based Survey. *Am J Clin Dermatol*. 27 Januari 2022;23(1):115–23.
17. Erdogan Y, Erturan I, Aktepe E, Akyildiz A. Comparison of Quality of Life, Depression, Anxiety, Suicide, Social Anxiety and Obsessive-Compulsive Symptoms Between Adolescents with Acne Receiving Isotretinoin and Antibiotics: A Prospective, Non-randomised, Open-Label Study. *Pediatric Drugs*. 8 Juni 2019;21(3):195–202.
18. WHOQOL User Manual Programme On Mental Health Division Of Mental Health And Prevention Of Substance Abuse World Health Organization [Internet]. 2012 [dikutip 24 Januari 2023]. Tersedia pada: <https://www.who.int/publications/item/WHO-HIS-HSI-Rev.2012.03>
19. Layton A, Dréno B, Finlay AY, Thiboutot D, Kang S, Lozada VT, dkk. New Patient-Oriented Tools for Assessing Atrophic Acne Scarring. *Dermatol Ther (Heidelb)*. 17 Juni 2016;6(2):219–33.
20. Rozzell KN, Carter C, Convertino AD, Gonzales M, Blashill AJ. The Dysmorphic Concern Questionnaire: Measurement invariance by gender and race/ethnicity among sexual minority adults. *Body Image*. Desember 2020;35:201–6.
21. Graham-Brorman R, Harman K, Johnston G. *Dermatology Lecture Notes*. 11 ed. Wiley-Blackwell; 2016. 54–62 hlm.
22. Goodman GJ. Management of Post-Acne Scarring. *Am J Clin Dermatol*. Januari 2000;1(1):3–17.
23. NHS (National Health Service) UK [Internet]. 2023 [dikutip 24 Februari 2023]. Complications-Acne. Tersedia pada: <https://www.nhs.uk/conditions/acne/complications/>
24. Slemp AE, Kirschner RE. Keloids and scars: a review of keloids and scars, their pathogenesis, risk factors, and management. *Curr Opin Pediatr*. Agustus 2006;18(4):396–402.
25. Patel L, McGrouther D, Chakrabarty K. Evaluating evidence for atrophic scarring treatment modalities. *JRSM Open*. 1 September 2014;5(9):205427041454013.
26. Wolfram D, Tzankov A, Pütlz P, Piza-Katzer H. Hypertrophic Scars and Keloids—A Review of Their Pathophysiology, Risk Factors, and Therapeutic Management. *Dermatologic Surgery*. Februari 2009;35(2):171–81.
27. Holland DB, Jeremy AHT, Roberts SG, Seukeran DC, Layton AM, Cunliffe WJ. Inflammation in acne scarring: a comparison of the responses

- in lesions from patients prone and not prone to scar. British Journal of Dermatology. Januari 2004;150(1):72–81.
28. American Society for Dermatologic Surgery (ASDS) [Internet]. 2018 [dikutip 24 Februari 2023]. Acne Scars. Tersedia pada: <https://www.asds.net/skin-experts/skin-conditions/acne-scars>
29. Holland DB, Jeremy AHT. The Role of Inflammation in the Pathogenesis of Acne and Acne Scarring. Semin Cutan Med Surg. Juni 2005;24(2):79–83.
30. Connolly D, Vu HL, Mariwalla K, Saedi N. Acne Scarring-Pathogenesis, Evaluation, and Treatment Options. J Clin Aesthet Dermatol. September 2017;10(9):12–23.
31. Goodman GJ, Baron JA. Postacne Scarring: A Qualitative Global Scarring Grading System. Dermatologic Surgery. Desember 2006;32(12):1458–66.
32. Sruthi. https://www.medicinenet.com/what_are_the_3_types_of_acne_scars/article.htm. 2021. What Are the 3 Types of Acne Scars?
33. Jacob CI, Dover JS, Kaminer MS. Acne scarring: A classification system and review of treatment options. J Am Acad Dermatol. 2001;45(1):109–17.
34. Riski H, Sasongko R. Penatalaksanaan Skar Akne (Acne Scar Management). Fakultas Kedokteran Universitas Airlangga/Rumah Sakit Umum Daerah Dr Soetomo Surabaya. Desember 2011;23(3):234–9.
35. Al-Attar A, Mess S, Thomassen JM, Kauffman CL, Davison SP. Keloid Pathogenesis and Treatment. Plast Reconstr Surg. Januari 2006;117(1):286–300.
36. Fakultas Kedokteran Universitas Airlangga Spesialis 1 Bedah Plastik Rekonstruksi & Estetik [Internet]. 2019 [dikutip 24 Februari 2023]. Keloid & Parut Hipertrofik. Tersedia pada: <https://spesialis1.bpre.fk.unair.ac.id/keloid-parut-hipertrofik.html>
37. Bouzari N, Davis SC, Nouri K. Laser treatment of keloids and hypertrophic scars. Int J Dermatol. Januari 2007;46(1):80–8.
38. Istiningdyah DA. Faktor-Faktor yang Mempengaruhi Terjadinya Skar Akne [Internet] [Semarang]: Universitas Diponegoro; 2012 [dikutip 11 Desember 2022]. Tersedia pada: http://eprints.undip.ac.id/37453/1/Deskanita_A_I-G2A008046-Lap_KTI.pdf
39. Murlisyarini S, Nahlia NL. Evaluasi Teknik Cross TCA 70% terhadap Skar Akne Atrofi pada Kulit Fitzpatrick Tipe IV. 2021 Sep.
40. Rohmah RN. Microneedling dengan Platelet-rich Plasma (PRP) untuk Skar Akne Atrofi. CDK Journal. 2021;48(9).
41. Chilicka K, Rusztowicz M, Szyguła R, Nowicka D. Methods for the Improvement of Acne Scars Used in Dermatology and Cosmetology: A Review. J Clin Med. 12 Mei 2022;11(10):2744.

42. Gozali MV, Zhou ; Bingrong, Luo D. Effective Treatments of Atrophic Acne Scars. Clinical and Aesthetic Dermatology [Internet]. 2015 [dikutip 23 Desember 2022];8(5). Tersedia pada: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4445894/pdf/jcad_8_5_33.pdf
43. Hession MT, Graber EM. Atrophic acne scarring: a review of treatment options. J Clin Aesthet Dermatol. Januari 2015;8(1):50–8.
44. Sibero HT. Full-Thickness Skin Grafts. Juke Unila. 2015;5(9).
45. Bikash C, Sarkar R. Topical management of acne scars: The uncharted terrain. J Cosmet Dermatol. 6 April 2023;22(4):1191–6.
46. Palmer A. <https://www.verywellhealth.com/what-causes-acne-scars-15517>. 2021. Causes of Acne Scars and How to Prevent Them.
47. Sanghvi S. <https://onlinedoctor.lloydspharmacy.com/uk/acne/acne-scars#preventing-acne-scars>. 2020. Preventing Acne Scars.
48. CDC Centers for Disease Control and Prevention [Internet]. 2018 [dikutip 24 Januari 2023]. HRQOL Concepts. Tersedia pada: <https://www.cdc.gov/hrqol/concept.htm>
49. Rapley M. Quality of Life Research: A Critical Introduction [Internet]. Vol. 13. Sage Publications; 2003 [dikutip 15 Januari 2023]. 1021–1024 hlm. Tersedia pada: <https://www.jstor.org/stable/4038910>
50. Nowak PF, Bożek A, Blukacz M. Physical Activity, Sedentary Behavior, and Quality of Life among University Students. Biomed Res Int. 18 Desember 2019;2019:1–10.
51. Estoque RC, Togawa T, Ooba M, Gomi K, Nakamura S, Hijioka Y, dkk. A review of quality of life (QOL) assessments and indicators: Towards a “QOL-Climate” assessment framework. Ambio. 11 Juni 2019;48(6):619–38.
52. Rencz F, Szabó Á, Brodszky V. Questionnaire Modifications and Alternative Scoring Methods of the Dermatology Life Quality Index: A Systematic Review. Value in Health. Agustus 2021;24(8):1158–71.
53. Chuah S, Goh C. The impact of post-acne scars on the quality of life among young adults in Singapore. J Cutan Aesthet Surg. 2015;8(3):153.
54. Syifa Muzalifa Nadobudskaya. Hubungan antara Kadar Hemoglobin dengan Kejadian Skar Akne pada Mahasiswa FK UPN Veteran Jakarta Tahun 2019. Skripsi thesis, Universitas Pembangunan Nasional Veteran Jakarta. 2020;
55. Agrawal DA, Khunger N. A Morphological Study of Acne Scarring and Its Relationship between Severity and Treatment of Active Acne. J Cutan Aesthet Surg. 2020;13(3):210–6.
56. Utami AN, Hikmawati D, Andarini MY. Gambaran Kejadian Acne Vulgaris Berdasarkan Faktor-Faktor yang Memengaruhinya pada Siswa dan Siswi Kelas XII SMAN 6 Bandung Periode Mei – Juni Tahun 2023.

- PharmacoMedic: Journal of Pharmacology and Medical Science. September 2023;1(1):23–30.
57. Lynn DD, Umari T, Dunnick CA, Dellavalle RP. The epidemiology of acne vulgaris in late adolescence. *Adolesc Health Med Ther*. 2016;7:13–25.
 58. Sutaria AH, Masood S, Saleh HM, Schlessinger J. Acne Vulgaris [Internet]. StatPearls Publishing, Treasure Island (FL); 2023 [dikutip 9 Januari 2024]. Tersedia pada: <https://www.ncbi.nlm.nih.gov/books/NBK459173/>
 59. Ludmann P. *Journal of American Academy of Dermatology* . 2023. Acne scars: Consultation and treatment.
 60. Nurutami A. Karakteristik Skar Akne pada Siswa Sekolah Menengah Atas Negeri 2, Sekolah Menengah Atas Negeri 3 dan Sekolah Menengah Atas Negeri 5 di Kota Mataram. S1 thesis, Universitas Mataram. 2019;
 61. Porwal S, Chahar Y, Singh P. A comparative study of combined dermaroller and platelet-rich plasma versus dermaroller alone in acne scars and assessment of quality of life before and after treatment. *Indian J Dermatol*. 2018;63(5):403.
 62. Skroza N, Tolino E, Mambrin A, Zuber S, Balduzzi V, Marchesiello A, dkk. Adult Acne Versus Adolescent Acne: A Retrospective Study of 1,167 Patients. *J Clin Aesthet Dermatol*. Januari 2018;11(1):21–5.
 63. Dréno B, Tan J, Kang S, Rueda MJ, Torres Lozada V, Bettoli V, dkk. How People with Facial Acne Scars are Perceived in Society: an Online Survey. *Dermatol Ther (Heidelb)*. 18 Juni 2016;6(2):207–18.
 64. Hartono LM, Kapantow MG, Kairupan TS. Pengaruh Menstruasi terhadap Akne Vulgaris. *e-CliniC*. 16 Maret 2021;9(2):305.
 65. Maryanto EP. Hubungan Penggunaan Produk Kosmetik Terhadap Kejadian Akne Vulgaris. *Jurnal Medika Hutama*. 1 Oktober 2020;2(1):304–7.
 66. Goodarzi A, Behrangi E, Ghassemi M, Nobari NN, Bazargan AS, Roohaninasab M. Acne Scar; A Review Of Classification and Treatment. *Journal of Critical Reviews*. 6 April 2020;7(7):1108–11.
 67. Hayashi N, Miyachi Y, Kawashima M. Prevalence of scars and “mini-scars”, and their impact on quality of life in Japanese patients with acne. *J Dermatol*. 28 Juli 2015;42(7):690–6.
 68. Yusharyahya SN. Mekanisme Penuaan Kulit sebagai Dasar Pencegahan dan Pengobatan Kulit Menua. *eJournal Kedokteran Indonesia*. 1 September 2021;9(2):150.
 69. Tan J, Beissert S, Cook-Bolden F, Chavda R, Harper J, Hebert A, dkk. Evaluation of psychological well-being and social impact of atrophic acne scarring: A multinational, mixed-methods study. *JAAD Int*. Maret 2022;6:43–50.
 70. Dreno B, Amici JM, Demessant-Flavigny AL, Wright C, Taieb C, Desai SR, dkk. The Impact of Acne, Atopic Dermatitis, Skin Toxicities and Scars

- on Quality of Life and the Importance of a Holistic Treatment Approach. Clin Cosmet Investig Dermatol. Juni 2021;Volume 14:623–32.
71. Waldman A, Maisel A, Weil A, Iyengar S, Sacotte K, Lazaroff JM, dkk. Patients believe that cosmetic procedures affect their quality of life: An interview study of patient-reported motivations. J Am Acad Dermatol. Juni 2019;80(6):1671–81.
 72. Salsabila DF, Qalbi AFS, Aziz AM, Etniko A, Rauf SKNT. Perbedaan Self-Esteem antara Mahasiswa Perguruan Tinggi Negeri dengan Perguruan Tinggi Swasta . JoPS: Journal of Psychological Students. 31 Mei 2022;1(1):45–56.
 73. Resmiya L, Misbach IH. Pengembangan Alat Ukur Kualitas Hidup Indonesia. Jurnal Psikologi Insight. 31 Desember 2019;3(1):20–31.
 74. Angelin AC, Ikhssani A. Gangguan Dismorfik Tubuh pada Remaja. Syifa' MEDIKA. September 2022;13(1):10–6.
 75. Ngaage M, Agius M. The Psychology of Scars: A Mini-Review. Psychiatr Danub. November 2018;30(Suppl 7):633–8.
 76. Rais FM. Hubungan Kepercayaan Diri dengan Perilaku Konsumtif Produk Kosmetik Pada Mahasiswi Fakultas Kedokteran dan Ilmu Kesehatan Universitas Jambi [Skripsi]. [Jambi]: Universitas Jambi; 2023.
 77. Syahida KB. Penggunaan Make Up terhadap Kepercayaan Diri Wanita Dewasa Awal (Study pada Mahasiswi Fakultas Ekonomi Bisnis Islam UIN Sunan Kalijaga Yogyakarta) [Skripsi]. [Yogyakarta]: Universitas Islam Negeri Sunan Kalijaga; 2021.
 78. Adly SI, Zola N. Kecenderungan Body Dysmorphic Disorder pada Remaja. JRTI (Jurnal Riset Tindakan Indonesia). Desember 2019;4(2):5962.
 79. Orth U, Erol RY, Luciano EC. Development of self-esteem from age 4 to 94 years: A meta-analysis of longitudinal studies. Psychol Bull. Oktober 2018;144(10):1045–80.
 80. Kartika K, Darmayanti H, Sapitri Y, Ts D, Yansyah A, Psikologi F, dkk. Prosiding The 5 th National Conference of Genuine Psychology (NCGP) 2022 Kebahagiaan dan Kecerdasan dalam Bingkai Psikologi Islam dan Postmodernisme Fakultas Psikologi UIN Raden Fatah Palembang Studi Deskriptif Self-Esteem pada Mahasiswa.
 81. Sandra, Lesmana CBJ, Aryani LNA, Wardani IAK. Mekanisme Koping Maladaptif Berkaitan dengan Proporsi Kecemasan: Studi Potong Lintang pada Mahasiswa Pendidikan Dokter. Jurnal Medika Udayana. April 2022;11(4):79–87.
 82. Neufeld A, Malin G. How medical students cope with stress: a cross-sectional look at strategies and their sociodemographic antecedents. BMC Med Educ. 25 Mei 2021;21(1):299.