

DAFTAR PUSTAKA

1. WHO/SEARO. Noncommunicable diseases in the South-East Asia region. Situation and response. In India: WHO; 2011. <https://apps.who.int/iris/handle/10665/205578>
2. Rahmouni K, Correia MLG, Haynes WG, Mark AL. Obesity-associated hypertension: New insights into mechanisms. *Hypertension*. 2005;45(1):9–14.
3. Badan Litbangkes Depkes RI. Laporan Hasil Riset Kesehatan Dasar (RISKESDAS) Provinsi Sumatera Barat Tahun 2007. Jakarta; 2009.
4. Ibrahim MM. Subcutaneous and visceral adipose tissue: Structural and functional differences. *Obes Rev*. 2010;11(1):11–8.
5. Regional Office for the Western Pacific of the World Health Organization. World Health Organization, International Association for the Study of Obesity and International Obesity Task Force A 2000. The Asia Pacific perspective: Redefining obesity and its treatment. 2000. p. 8–45. <https://apps.who.int/iris/handle/10665/206936>
6. World Health Organization. Obesity and overweight [Internet]. 2018 [cited 2020 Jan 22]. Available from: <https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight>
7. World Health Organisation (WHO). Waist Circumference and Waist–Hip Ratio. Report of a WHO Expert Consultation. Geneva; 2008. <https://apps.who.int/iris/bitstream/10665/44583/1/9789241501491>
8. Hastuty YD. Perbedaan Kadar Kolesterol Orang Yang Obesitas Dengan Orang Yang Non Obesitas. *J Kedokt dan Kesehat Malikussaleh*. 2015;47–56.
9. World Health Organisation (WHO). Cardiovascular diseases (CVDs) [Internet]. 2017 [cited 2020 Jan 26]. Available from: [https://www.who.int/en/news-room/fact-sheets/detail/cardiovascular-diseases-\(cvds\)](https://www.who.int/en/news-room/fact-sheets/detail/cardiovascular-diseases-(cvds))
10. Alquraishi BRH, Rababah E. Lipid profiles and body mass index of young students in Jordan. *bioRxiv*. 2016;42697.
11. Veghari G, Sedaghat M, Joshghani H, Banihashem S, Moharloei P, Angizeh A, et al. Obesity and risk of hypercholesterolemia in Iranian northern adults. *ARYA Atheroscler*. 2013;9(1):2–6.
12. Wongkar MC, Kepel B, Hamel R. Hubungan status gizi dengan kadar kolesterol total pada masyarakat di kelurahan Bahu kecamatan Malalayang Manado. *J Keperawatan*. 2013;1(1):5.
13. Harahap TRA. Hubungan Antara Kadar Kolesterol Total dan Kadar Trigliserida dengan Indeks Massa Tubuh pada Pasien di Instalasi Patologi Klinik RSUP H. Adam Malik Medan Tahun 2011. 2011;
14. WHO Regional Office for Europe. Body mass index - BMI [Internet]. [cited 2020 Jan 25]. Available from: <http://www.euro.who.int/en/health-topics/disease-prevention/nutrition/a-healthy-lifestyle/body-mass-index-bmi>
15. Gonzalez-Campoy JM, Hurley DL, Garvey WT. Bariatric endocrinology: Evaluation and management of adiposity, adiposopathy and related diseases. *Bariatr Endocrinol Eval Manag Adiposity, Adiposopathy Relat Dis*. 2018;1–453.
16. Eknoyan G. Adolphe Quetelet (1796-1874) - The average man and indices of obesity. *Nephrol Dial Transplant*. 2008;23(1):47–51.
17. Ferrera LA, editor. Body mass index: New research. New York: Nova Publishers; 2005. 1–9 p.
18. Keys A, Fidanza F, Karvonen MJ, Kimura N, Taylor HL. Indices of relative weight and obesity. *J Chronic Dis*. 1972;25(6–7):329–43.

19. Misnadiarly. *Obesitas : Sebagai Faktor Risiko Beberapa Penyakit*. Jakarta: Yayasan Pustaka Obor Indonesia; 2007. 27–29 p.
20. Soetiarto F, Roselinda R, Suhardi S. Hubungan diabetes mellitus dengan obesitas berdasarkan indeks massa tubuh dan lingkaran pinggang data riskesdas 2007. *Bul Penelit Kesehat*. 2011;38(1):38.
21. Kantachuvessiri A, Sirivichayakul C, KaewKungwal J, Tungtrongchitr R, Lotrakul M. Factors associated with obesity among workers in a metropolitan waterworks authority. *Southeast Asian J Trop Med Public Health*. 2005;36(4):1057–65.
22. Shils ME, Shike M, editors. *Modern nutrition in health and disease*. 10th ed. Lippincott Williams & Wilkins; 2006. 1014–1015 p.
23. Setiawan M. Nutrisi Kadelai pada Obesitas dan Dismetabolik Sindrom. *Saintika Med*. 2012;6(2):1–7.
24. World Health Organization, Others. *Health and development through physical activity and sport*. 2003. <https://apps.who.int/iris/handle/10665/67796>
25. Abramowitz M. *Diseases and Disorder: Obesity*. Washington: Lucent Books; 2004. 1–112 p.
26. Trisna I, Hamid S. Faktor-faktor yang Berhubungan dengan Obesitas Sentral pada Wanita Dewasa (30-50 Tahun) di Kecamatan Lubuk Sikaping Tahun 2008. *J Kesehat Masy Andalas*. 2009;3(2):68–71.
27. Sudoyo AW, Setiyohadi B, Alwi I, Simadibrata M, Setiati S, editors. *Buku Ajar Ilmu Penyakit Dalam*. Jakarta: Interna Publishing; 2014.
28. Stunkard AJ. Socioeconomic status and obesity. In: *Ciba foundation symposium*. 1996. p. 174–81.
29. Liscum L. Cholesterol biosynthesis. In: Vance JE, Vance DE, editors. *Biochemistry of Lipids, Lipoproteins and Membranes*. 4th ed. Paris: Elsevier; 2008. p. 399–421.
30. Botham KM, Mayes PA. Metabolism of Lipids. In: Rodwell VW, Bender DA Botham KM, Kennely PJ, Weil PA, editors. *Harper's illustrated biochemistry*. 30th ed. New York: McGraw-Hill Education; 2017. p. 224–33.
31. Haryanto A, Sayogo S. Hiperkolesterolemia: Bagaimana Peran Hesperidin. *CDK-200*. 2013;40(1):12–5.
32. Lieberman MA, Peet A. *Marks' essentials of medical biochemistry : a clinical approach*. 2nd ed. Foreign Language Annals. Philadelphia: Wolters Kluwer; 2015. 516–525 p.
33. Arsana PM, Rosandi R, Manaf A, Budhiarta A, Permana H, Sucipta KW, et al. *Panduan pengelolaan dislipidemia di Indonesia*. Jakarta: Pb. Perkeni; 2015. 4–6 p.
34. Ompusunggu IJ. *Model Prediksi dan Sistem Skor Terjadinya Dislipidemia pada Penderita Hipertensi Dewasa Urban di Indonesia*. (Thesis). Universitas Indonesia; 2011.
35. Ujani S. Hubungan antara usia dan jenis kelamin dengan kadar kolesterol penderita obesitas rsud Abdul Moeloek Provinsi Lampung. *J Kesehat*. 2016;6(1):43–8.
36. Ganong WF. 1998. *Buku Ajar Fisiologi Kedokteran*. Ed. 17 Widjajakusuma MD., penerjemah. Jakarta : Penerbit Buku Kedokteran EGC. 2014. Terjemahan dari : *Review of Medical Physiology*.
37. Hall G., Guyton AC. 1997. *Buku Ajar Fisiologi Kedokteran*. Ed. 9. Setiawan I, penerjemah. Jakarta: Penerbit Buku Kedokteran EGC. Terjemahan dari: *Textbook of Medical Physiology*.
38. Soleha M. Kadar Kolesterol Tinggi Dan Faktor-Faktor Yang Berpengaruh Terhadap Kadar Kolesterol Darah. *J Biotek Medisiana Indones*. 2012;1(2):85–92.
39. Lipoeto NI. *Zat gizi dan makanan pada penyakit kardiovaskuler*. Padang: Universitas Andalas; 2006.
40. Soegih RR, Wiramihardja KK. *Obesitas: permasalahan dan terapi praktis*. Jakarta:

- Sagung Seto; 2009.
41. Kivimäki M, Head J, Ferrie JE, Shipley MJ, Brunner E, Vahtera J, et al. Work stress, weight gain and weight loss: evidence for bidirectional effects of job strain on body mass index in the Whitehall II study. *Int J Obes.* 2006;30(6):982–7.
 42. Santos AC, Lopes C, Guimaraes JT, Barros H. Central obesity as a major determinant of increased high-sensitivity C-reactive protein in metabolic syndrome. *Int J Obes.* 2005;29(12):1452–6.
 43. Klop B, Elte JWF, Cabezas MC. Dyslipidemia in obesity: mechanisms and potential targets. *Nutrients.* 2013;5(4):1218–40.
 44. Dahlan MS. Besar sampel dan Cara Pengambilan Sampel dalam Penelitian Kedokteran dan Kesehatan. Jakarta: Salemba Med; 2011.
 45. Khusna FH, Murbawani EA. Hubungan Indeks Massa Tubuh Dengan Rasio Trigliserida/ High-Density Lipoprotein pada Remaja. *J Nutr Coll.* 2016;5:85–91.
 46. Blüher M. Obesity: global epidemiology and pathogenesis. *Nat Rev Endocrinol.* 2019;15(5):288–98.
 47. Cooke PS, Naaz A. Role of estrogens in adipocyte development and function. *Exp Biol Med.* 2004;229(11):1127–35.
 48. Rahman I, Utami D. Hubungan Obesitas dengan Kadar Kolesterol pada Mahasiswa Kedokteran Universitas Malahayati. *J Med Malahayati.* 2014;1(4):185–91.
 49. Hilal Y, Acar TN, Koksal E, Gezmen KM, Akbulut G, Bilici S, et al. The association of anthropometric measurements and lipid profiles in Turkish hypertensive adults. *Afr Health Sci.* 2011;11(3):407–13.
 50. Octari C, Liputo NI, Edison E. Hubungan Status Sosial Ekonomi dan Gaya Hidup dengan Kejadian Obesitas pada Siswa SD Negeri 08 Alang Lawas Padang. *J Kesehat Andalas.* 2014;3(2):131–5.
 51. Al-Ajlan AR. Lipid profile in relation to anthropometric measurements among college male students in Riyadh, Saudi Arabia: a cross-sectional study. *Int J Biomed Sci IJBS.* 2011;7(2):112–9.
 52. Kumar V, Abbas KA, Fausto N, Mitchell RN. The Blood Vessel. In: Kumar V, Abbas KA, Fausto N, Mitchell RN, editors. *Robbins Basic Pathology.* 8th ed. USA: Saunders Elsevier; 2007. p. 347–9.
 53. Ofori EK, Angmortherh SK. Relationship between physical activity, body mass index (BMI) and lipid profile of students in Ghana. *Pan Afr Med J.* 2019;33:30.
 54. Nadiah I. Hubungan Indeks Massa Tubuh dengan Profil Lipid Pada Karyawan PT Telkom Padang. Universitas Andalas; 2015.

