

SKRIPSI

HUBUNGAN HARGA DIRI DENGAN KECENDERUNGAN BERPERILAKU *BULLYING* PADA REMAJA DI SMP NEGERI 28 KOTA PADANG

Penelitian Keperawatan Jiwa Komunitas



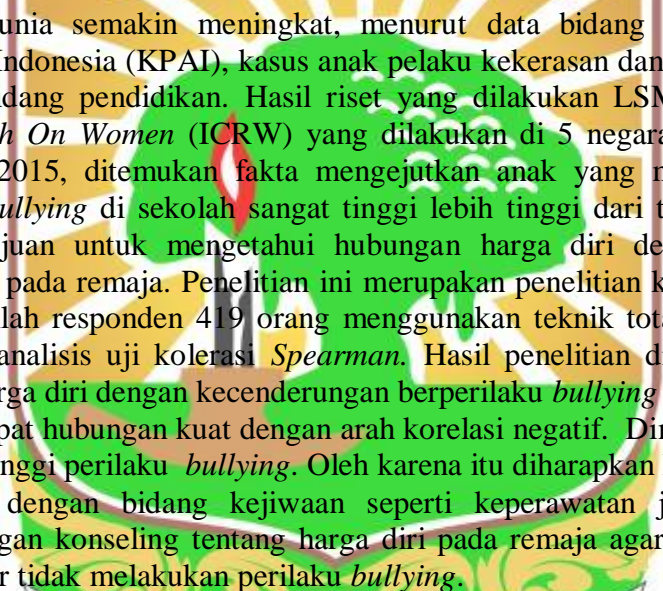
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DI SMP NEGERI 28 KOTA PADANG

ABSTRAK



Bullying di dunia semakin meningkat, menurut data bidang pendidikan Komisi Perlindungan Anak Indonesia (KPAI), kasus anak pelaku kekerasan dan *bullying* yang paling banyak terjadi di bidang pendidikan. Hasil riset yang dilakukan LSM *Plan International Center For Research On Women (ICRW)* yang dilakukan di 5 negara termasuk Indonesia dirilis awal Maret 2015, ditemukan fakta mengejutkan anak yang mengalami kekerasan termasuk perilaku *bullying* di sekolah sangat tinggi lebih tinggi dari tren di kawasan Asia. Penelitian ini bertujuan untuk mengetahui hubungan harga diri dengan kecenderungan berperilaku *bullying* pada remaja. Penelitian ini merupakan penelitian kuantitatif pendekatan *cross sectional*, jumlah responden 419 orang menggunakan teknik total sampling. Analisis data menggunakan analisis uji korelasi *Spearman*. Hasil penelitian didapat ada hubungan signifikan antara harga diri dengan kecenderungan berperilaku *bullying* ($p = 0,000$) (nilai $r : -0,614$), artinya terdapat hubungan kuat dengan arah korelasi negatif. Dimana semakin rendah harga diri semakin tinggi perilaku *bullying*. Oleh karena itu diharapkan kepada pihak sekolah dapat bekerjasama dengan bidang kejiwaan seperti keperawatan jiwa sehingga dapat memberikan bimbingan konseling tentang harga diri pada remaja agar dapat meningkatkan rasa percaya diri agar tidak melakukan perilaku *bullying*.

Kata kunci : Perilaku *bullying*, harga diri, remaja
Daftar Pustaka : 36 (2007-2018)

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**The Relationships Between Self Esteem and Tendency to Bullying Behavior
In a public Junior High School Padang City**

ABSTRACT

Inrowth and development during measurements of attraction based on peer acceptance and rejection, in relationships with peers it is not uncommon for power struggles to occur within peer groups, so it is not uncommon for bullying to occur among teenagers. Children who have low self-esteem can cause children to be aggressive with symptoms of which include likes to reprimand and criticize people, in various ways will seek attention from others, master their friends, boast of their strengths and cover their shortcomings. This study aims to determine the relationship between self-esteem and the tendency of bullying behavior in adolescents in SMP Negeri 28 Kota Padang. The study was conducted on April 4, 2019. This research is a quantitative study and uses a cross sectional approach, with the number of respondents 419 people using total sampling techniques. Data analysis using Spearman's correlation test analysis. The results showed that there was a significant relationship between self-esteem and the tendency of bullying behavior ($p = 0,000$) (r value: $-0,614$), meaning that there was a strong relationship with the direction of negative correlation. Where the lower the self-esteem the higher the bullying behavior. Therefore it is expected that the school can cooperate with psychiatric fields such as psychology so that it can provide counseling about emotional support and self-esteem in students in order to increase self-confidence.

Keywords : Bullying behavior, self-esteem, adolescence
Bibliografi : 36 (2007-2018)

