

DAFTAR PUSTAKA

- Altevogt, B. M., & Colten, H. R. (Eds.). (2006). *Sleep Disorders And Sleep Deprivation: An Unmet Public Health Problem.*
- Asmadi. (2008). *Teknik prosedural konsep & aplikasi kebutuhan dasar klien.* Jakarta: Salemba Medika
- Ayuningtias, I. (2020). Pengaruh aromaterapi lavender terhadap kualitas tidur lansia: Literature Review. Diambil dari <https://dspace.umkt.ac.id/handle/463.2017/3032>
- Bayhakki. (2013). *Seri asuhan keperawatan klien gagal ginjal kronik.* Jakarta: EGC
- Benetou, S., Alikari, V., Vasilopoulos, G., Polikandrioti, M., Kalogianni, A., Panoutsopoulos, G. I., ... & Panoutsopoulos, G. (2022). Factors associated with insomnia in patients undergoing hemodialysis. *Cureus*, 14(2). doi: 10.7759/cureus.22197
- Brunner & Suddarth.(2016). Keperawatan medikal bedah.Edisi 8.jakarta: EGC.
- Chu, G., Szymanski, K., Tomlins, M., Yates, N., & McDonald, V. M. (2018). Nursing Care Considerations For Dialysis Patients With A Sleep Disorder. *Renal Society of Australasia Journal*, 14(2), 52-58.
- Dewi, I. A. M., & Masfuri, M. (2021). Inhalasi aromaterapi lavender terhadap komplikasi hemodialisa pada pasien gagal ginjal kronis. *Jurnal Keperawatan Silampari*, 5(1), 348-362. Diambil dari <https://doi.org/10.31539/jks.v5i1.2956>
- Ezzat, H., & Mohab, A. (2015). Prevalence Of Sleep Disorders Among ESRD patients. *Renal Failure*, 37(6), 1013-1019. DOI: 10.3109/0886022X.2015.1044401
- Haryono, Rudy. (2013). *Keperawatan medikal bedah: Sistim perkemihan.* Yogyakarta : Rapha Publishing

- Hasbi, H. (2020). Pengaruh progressive muscle relaxation terhadap kualitas tidur pasien hemodialisa. *Jurnal Kesehatan Samodra Ilmu*. Diambil dari <https://doi.org/10.55426/jksi.v11i1.12>
- Haswita., & Sulistyowati, R. (2017). *Kebutuhan dasar manusia untuk mahasiswa keperawatan dan kebidanan*. Jakarta Timur: CV. Trans Info Media
- Kamil, A. R., & Setiyono, E. (2018). Symptoms Burden dan Kualitas Tidur Pada Pasien Hemodialysis. *Indonesian Journal of Nursing Sciences and Practice*, 1(1), 27-37.
- Knutson, K. L., Phelan, J., Paskow, M. J., Roach, A., Whiton, K., Langer, G., ... & Hirshkowitz, M. (2017). The national sleep foundation's sleep health index. *Sleep Health*, 3(4), 234-240. <https://doi.org/10.1016/j.slehd.2017.05.011>
- LeMone, Priscillia. (2016). *Buku ajar keperawatan medikal bedah*. Jakarta: EGC
- Maung, S. C., El Sara, A., Chapman, C., Cohen, D., & Cukor, D. (2016). Sleep disorders and chronic kidney disease. *World Journal of Nephrology*, 5(3), 224. doi: [10.5527/wjn.v5.i3.224](https://doi.org/10.5527/wjn.v5.i3.224)
- Menekli, T., & Durmaz, Y. Ç. (2021). Effect of lavender aromatherapy on pruritus, anxiety, and sleep quality of patients undergoing hemodialysis: a randomized controlled trial. *TMR Integrative Nursing*, 5(5). 163-165. <https://doi.org/10.53388/TMRIN2021163169>
- Mirghaed, M. T., Sepehrian, R., Rakhshan, A., & Gorji, H. (2019). Sleep quality in iranian hemodialysis patients : a systematic review and meta-analysis. *Iranian Journal of Nursing and Midwifery Research* Vol. 24(6), 403–409. doi: [10.4103/ijnmr.IJNMR_184_18](https://doi.org/10.4103/ijnmr.IJNMR_184_18)
- Mohamed, H. G., & Hafez, M. K. (2019). Effect of aromatherapy on sleep quality, fatigue and anxiety among patients undergoing hemodialysis. *Journal of Nursing and Health Science*, 8(5), 17-25. doi: 10.9790/1959-0805101725

Muttaqin, A & Sari, K. (2011). *Asuhan keperawatan gangguan sistem perkemihan*. Jakarta: Salemba Medika

Nigam, G., Camacho, M., Chang, E. T., & Riaz, M. (2018). Exploring sleep disorders in patients with chronic kidney disease. *Nature and Science of Sleep*, 35-43. <https://doi.org/10.2147/NSS.S125839>

Padila.(2012). *Keperawatan medikal bedah*. Yogyakarta: Nuha Medika.

Paul, R., & Anafi, R. C. (2017). Insomnia in Patients with Comorbid Medical Problems. *Clinical Handbook of Insomnia*, 199-219.

Potter , P., & Perry, A. (2017). *Fundamental of nursing* (9 ed.). Alih bahasa: Nggie, Adrina F., Marina. Jakarta: Salemba Medika.

Prabowo, E & Pranata, A E . (2014). *Asuhan keperawatan sistem perkemihan* . Yogyakarta: Nuha Medika

Ramadhian, M. R., & Zettira, O. Z. (2017). Aromatherapy lavender (lavandula angustifolia) dalam menurunkan risiko insomnia. *Jurnal Majority*, 6(2), 61-64. Diambil di: <https://juke.kedokteran.unila.ac.id/>

Ramar, K., Malhotra, R. K., Carden, K. A., Martin, J. L., Abbasi-Feinberg, F., Aurora, R. N., ... & Trott, L. M. (2021). Sleep is essential to health: an american academy of sleep medicine position statement. *Journal of Clinical Sleep Medicine*, 17(10), 2115-2119. <https://doi.org/10.5664/jcsm.9476>

Ricardo, A. C., Goh, V., Chen, J., Cedillo-Couvert, E., Kapella, M., Prasad, B., ... & Lash, J. P. (2017). Association Of Sleep Duration, Symptoms, And Disorders With Mortality In Adults With Chronic Kidney Disease. *Kidney international reports*, 2(5), 866-873. <https://doi.org/10.1016/j.ekir.2017.05.002>

Safruddin, S., Ahmad, M., & Rajab, A. P. (2016). Hubungan tingkat stres dengan kualitas tidur pada pasien gagal ginjal kronik yang menjalani terapi hemodialisa di rs universitas hasanuddin makassar. *Jurnal Ilmiah*

Kesehatan Sandi Husada, 4(2), 73-78.
<https://www.neliti.com/id/publications/286122/hubungan-tingkat-stres-dengan-kualitas-tidur-pada-pasien-gagal-ginjal-kronik-yan>

Sentürk, A., & Kartin, P. T. (2018). The effect of lavender oil application via inhalation pathway on hemodialysis patients' anxiety level and sleep quality. *Holistic Nursing Practice*, 32(6), 324-335. Doi 10.1097/HNP.0000000000000292

Setyaningrum, N., & Setyawan, A. (2023). Effectiveness of lavender aromatherapy on sleep quality and anxiety in patients who undergoing hemodialysis. *International Journal of Islamic and Complementary Medicine*, 4(1), 17-24. <https://doi.org/10.55116/IJICM.V4I1.45>

Suharyanto, T & Madjid. (2009). *Asuhan keperawatan pada klien dengan gangguan sistem perkemihan*. Jakarta: Trans Info Media

Suprapti, Erni.(2023). *Konsep keperawatan dasar*. Jambi: PT. Sonpedia Publishing Indonesia

Tim Pokja SDKI DPP PPNI. (2017). *Standar diagnosis keperawatan Indonesia definisi dan indikator diagnostik*. Edisi 1. Jakarta: DPP PPNI

Tim Pokja SDKI DPP PPNI. (2017). *Standar intervensi keperawatan Indonesia: definisi dan tindakan keperawatan*. Edisi 1. Jakarta: DPP PPNI

Tim Pokja SDKI DPP PPNI. (2017). *Standar luaran keperawatan Indonesia definisi dan kriteria hasil keperawatan*. Edisi 1. Jakarta: DPP PPNI