

HUBUNGAN *PARENTAL AUTONOMY SUPPORT* DAN *CAREER INDECISION* PADA SISWA SMK X

SKRIPSI

**Diajukan Untuk Memenuhi Salah Satu Syarat Untuk Mendapatkan
Gelar Sarjana Psikologi**



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THE RELATIONSHIP BETWEEN PARENTAL AUTONOMY SUPPORT WITH CAREER INDECISION AMONG STUDENTS IN SMK X

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ABSTRACT

In the realm of vocational education, students are categorized as adolescents, where one of their developmental tasks involves making decisions regarding their career paths. Nevertheless, a considerable number of vocational school students still grapple with uncertainty concerning their career choices, a condition commonly referred to as "career indecision." Among the numerous factors influencing adolescents' career decision-making processes, parental autonomy support plays a pivotal role. This support entails parents encouraging adolescents to independently make their choices while minimizing control. The primary objective of this research is to examine the relationship between parental autonomy support and career indecision among students at X Vocational High School. The study employs a quantitative research method with the Spearman's Rho analysis technique. The research cohort comprises 121 twelfth-grade students from X Vocational High School, selected through a total-sampling approach. Data collection is executed using the Promotion of Independence (PI) and Promotion of Volitional Functioning (PVF) measurement instruments, as well as the Career Decision Scale (CDS). The reliability coefficients for the Promotion of Independence (PI) and Promotion of Volitional Functioning (PVF) measurement tools are .742, and for the CDS, it is .779. The findings of this study reveal a significant negative correlation between parental autonomy support and career indecision. This is substantiated by the obtained significance value of .027 ($p < .05$) and a correlation coefficient of .201.

Keywords: Career Indecision, Parental Autonomy Support, Vocational High School Students

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ABSTRAK

Siswa SMK masuk ke dalam kategori remaja, dimana salah satu tugas perkembangannya adalah menentukan pilihan karir. Namun, masih banyak siswa SMK yang masih merasa bingung atas pilihan karirnya, kondisi ini biasa dikenal dengan *career indecision*. Banyak faktor yang mempengaruhi pengambilan keputusan karir pada remaja salah satunya adalah *parental autonomy support*, dimana orang tua mendukung remaja untuk menentukan pilihannya sendiri dan meminimalisir penggunaan kontrol. Penelitian ini bertujuan untuk melihat hubungan *parental autonomy support* dan *career indecision* pada siswa SMK X. Penelitian ini menggunakan metode kuantitatif dengan teknik analisis *Spearman's Rho*. Partisipan penelitian ini terdiri dari 121 orang siswa kelas XII SMK X. Pengumpulan data dilakukan dengan alat ukur *Promotion of Independence (PI)* and *Promotion of Volitional Functioning (PVF)* dan *Career Decision Scale (CDS)*. Reliabilitas pada alat ukur *Promotion of Independence (PI)* and *Promotion of Volitional Functioning (PVF)* adalah sebesar .742 dan alat ukur CDS adalah sebesar .779. Hasil penelitian ini menunjukkan bahwa terdapat hubungan negatif yang signifikan antara *parental autonomy support* dan *career indecision*. Hal ini dapat diketahui dari signifikansi yang diperoleh sebesar .027 ($p < .05$) dengan koefisien korelasi sebesar .201.

Kata Kunci: *Career Indecision, Parental Autonomy Support, Siswa SMK*