

DAFTAR PUSTAKA

- Agustian, L. Sembiring, T. dan Ariani, A. 2009. *Peran zinkum terhadap pertumbuhan anak*. Sari Pediatri, Vol. 11, No. 4
- Ahmed, A.H. (2008). *Breastfeeding preterm infants: An educational program to support mothers of preterm infants in Cairo Egypt*. Pediatric Nursing, 34(2), 125-138.
- Ambarwati, R.E., Wulandari, D. 2009. *Asuhan Kebidanan Nifas*. Yogyakarta : Mitra Cendika Press.
- Andi, TA. Citrakesumasari dan Devinta, V. 2016. *Kosentrasi Mikronutrient Zink (Zn) Pada ASI Berdasarkan Determinan Ibu dan Bayi Di Puskesmas Kassi-Kassi*. MKMI, The Indonesian Journal of Public Health. Universitas Hassanudin.
- Almatsier, S. 2002. *Prinsip Dasar Ilmu Gizi*. Jakarta: PT Gramedia Pustaka Utama.
- _____. 2003. *Prinsip Dasar Ilmu Gizi*. Jakarta: PT Gramedia Pustaka Utama.
- _____. 2009. *Prinsip Dasar Ilmu Gizi*. Jakarta: PT Gramedia Pustaka Utama.
- _____. 2011. *Gizi Seimbang Dalam Daur Kehidupan*. Jakarta: PT Gramedia Pustaka Utama.
- Andrade, MTS. Ciampo, LAD. et.al. *Breast Milk Micronutrients in Lactating Mothers from Ribeirao Preto (SP), Brazil*. Scientific Research Journal, Food and Nutrition Science. 2014; 5: 1196- 1201.
- Alam, DS. Van Raaij, JMA. Hautvast, JGAJ. Yunus, I and Fuchs, GJ. 2003. *Energy stress during pregnancy and lactation: Consequences for maternal nutrition in rural Bangladesh*. J European Clinical Nutrition. 57: 151-156
- Alfian, H. Hari, MG. Niswah, M. Hani, FA. Lestari, DA. 2015. *Pengaruh Topografi terhadap komoditas pertanian*. Jakarta. Pascasarjana Universitas Indonesia
- Blincoe, A.J. 2005. *A Guide To Healthy Eating During Pregnancy*. British Journal Of Midwifery. 13 (3) 172-175.
- Butte, N.F., Lopez Alarcon, M.G., & Garza, C. 2002. *Nutrient adequacy of exclusive breastfeeding from the term infant during the first six months of life*. Geneva : WHO.
- Brown and FNB/IOM. 2004. *Chapter 1 Overview of zinc Nutrition. Food and Nutrition Bulletin*, vol. 25, no. 1 The United Nations University.

- Brown KH, Peerson JM, Rivera J, Allen LH. Effect of supplementation zinc on the growth and serum zinc concentration of pre pubertal children : a meta analysis of randomized controlled trials. *Am J Clin Nutr* 2002;75: hal. 1062 – 71.
- Clark, S.G.J., & Bungum, T.J. 2003. *The benefits of breastfeeding : An introduction for health educators*. Californian Journal of health promotion, 3 (1), 158-163.
- Charoenphandhu N. 2007. *Physical activity and exercise affect intestinal kalsium absorption : A Perspective Review*. *J. Sport Sci.Technol*; 7 (1) : 171-81
- Chaidir, MM. Citrakesumasari dan Devinta, V. 2016. *Kosentrasi Mikronutrient Kalsium (Ca) Pada ASI Berdasarkan Determinan Ibu dan Bayi Di Puskesmas Kassi- Kassi*. MKMI, The Indonesian Journal of Public Health. Universitas Hassanudin.
- Choua, G. Haloui, NE. Kari, KE, Aguenou, H and Mokhtar, N. 2014. *Amount of zinc transferred in breast milk to breastfed moroccan babies with normal or low birth weight at 1, 3 and 6 months after birth*. *International Journal of Child Health and Nutrition*, 3, 48-54
- Cholida, A. Woro, O. Budiono, I. 2015. *Profil Status Gizi Balita ditinjau dari Topografi wilayah tempat tinggal (studi di wilayah pantai dan punggung bukit Kabupaten Jepara)*. *Unnes Journal Of Public Health*.
- Cousins, RJ and Mc Mohan, RJ. 2000. *Integrative aspects of zinc transporters. zinc and health: Current status and future directions*. American Society for Nutritional Sciences
- Cunningham. 2015. *Obstetri Williams*. Jakarta : Buku Kedokteran EGC.
- Dahlan, S. 2013. *Besar sampel dan cara pengambilan sampel*. Jakarta: Salemba Medika
- _____. 2013. *Statistik Untuk Kedokteran dan Kesehatan Edisi 5*. Jakarta: Salemba Medika
- Dewey, K. 2001. *Guiding principles for complementary feeding of the breastfeeding child*. Washington : Pan America Health Organization World Health Organization.
- Dickson, AG and Goyet, C.1994. *Handbook of method for analysis of the various parameters of the carbon dioxide system in seawater, version 2*.
- Depkes .2005. *Piranti Lunak Nutri Clin versi 2.0 edisi kedua*, Subdit Gizi Klinis. Departemen Kesehatan Indonesia. Jakarta

- Depkes. 2011. *Strategi Nasional Penerapan Pola Konsumsi Pangan Aktifitas fisik untuk mencegah penyakit tidak melular*. Kementerian Kesehatan RI, Direktorat Jendral Bina Gizi dan Kesehatan Ibu dan Anak. Jakarta.
- Departemen Gizi Kesehatan Masyarakat FKM UI. *Gizi dan Kesehatan masyarakat. Edisi 1*. Jakarta: PT Raja Grafindo Persada.
- Dijkhuizen, MA. Wieringa, FT. West, CE. Muherdiyantiningsih and Muhilal. 2001. *Concurrent micronutrient deficiencies in lactating mothers and their infant in Indonesia*. Am J Clin Nutr 73:786-91.
- Dumrongwongsiri, O. Suthutvoravut, U. Chatvutinum, S. Phoonlabdacha, P. Sangcakul, A. Siripinyanond, A. Theiengmanee, U and Chongviriyaphan, N. 2015. *Maternal zinc status is associated with breast milk zinc concentration and zinc status in breastfed infants aged 4-6 months*. Asia Pac J Clin Nutr 24 (2):273-280.
- Groff JL, Gropper SS, Hunt SM. *Advanced nutrition and human metabolism. edisi ke 2 ; 1996 : hal. 368*. Grober, U. 2012. *Mikronutrien*. Jakarta: EGC
- Hendarto, A. dan Pringgadini. ASI. [online] 2013. [diakses 13 Maret 2017]. Diakses di: <http://idai.or.id/public-articles/klinik/asi/nilai-nutrisi-air-susu-ibu.html>
- Hambidge, KM and Krebs, NF. 2007. *Zinc deficiency: A special challenge*. The Journal Of Nutrition 134 (4):1101-1105
- Hamidah, S. Sartono, A. Kusuma, HS. 2016. *Perbedaan Pola Konsumsi Bahan Makanan Sumber Protein Keluarga di Daerah Pantai, Dataran Tinggi dan Dataran Rendah di Wilayah Kota Semarang*. BIMG, Indonesian Nutrition Student Journal, Vol.4 (2): 1-8
- Indonesian Pediatric Society. *Nilai Nutrisi Air Susu Ibu*. [online] 2012. [diakses 13 Maret 2017]. Diakses di: <http://www.idai.or.id/artikel/klinik/asi/nilai-nutrisi-air-susu-ibu>
- Ikatan Dokter Anak Indonesia (IDAI), 2013. *Nilai Nutrisi Air Susu Ibu*. Jakarta : Badan Penerbit Ikatan Dokter Anak Indonesia.
- Jauhari, A. 2013. *Dasar-dasar ilmu gizi*. Yogyakarta: Jaya Ilmu
- Joko, P.Dewi,P dan Susilowati, H. 2000. *Hubungan Kadar Zink Dalam Air Susu Ibu dengan Zink Darah Bayi di Daerah Perkotaan, Pedesaan dan Pantai*. Jurnal Panel Gizi Makan, Vol. 22: 90-94
- Khomsan,A. Anwar,S. Sukandar,D. Riyadi,H dan S.M, Eddy. 2006. *Studi Tetang Pengetahuan Gizi Ibu dan Kebiasaan Makan pada Rumah Tangga di Daerah Dataran Tinggi dan Pantai*. Jurnal Gizi dan Pangan, Vol 1: 23-28

- Krieck,S. Gorls,H. Westerhausen,M. 2010. *Mechanistic Elucidation Of the Formation Of the Inverse Ca (I) Sandwich complex and stability of aryl substituted phenylcalcium complexes*. Journal of the American Chemical Society.
- Kristiyansari, W. 2009, *ASI, Menyusui dan SADARI*, Yogyakarta: Nuha Medika.
- Laskey MA, Ann Prentice, Lisa A Hanratty, Landing MA Jorjou, Bakary Dibba, Sian R Beavan, and Tim J Cole. *Bone Changes After 3 Months of Lactation: Influence of Calcium Intake, Breast Milk output, and Vitamin D- Receptor Genotype 1-3*. Am J Clin Nutr. 2011; 67: 685-92.
- Lind, T. Lönnerdal, B. Stenlund, H. Ismail, D. Seswandhana, R. Ekström, EC and Persson, LA. 2003. *A community-based randomized controlled trial of iron and zinc supplement in Indonesian infants: interactions between iron and zinc*. Am J Clin Nutr.77:883-90
- ManKu, C., & Chow, S.K.Y. (2010). *Factors influencing the practice of exclusive breastfeeding among Hongkong Chinese women: A questionnaires urvey*. Journal of Clinical Nursing, 19, 2434–2445
- Maluwork,M. Tarekegn,B and Dejene, A.T. 2013. *Calcium, Magnesium, Iron, Zinc and Copper Compotition Of Human Milk From Populations With Cereal And 'Enset' Based Dietary*. Ethiopian Journal of Health Sciences.
- Murray RK. Granner. D. K., & Rodwell, V. W. 2003. *Biokimia Harper Edisi 25*. Jakarta. EGC
- Mann, J and Truswell, SA. 2002. *Essentials of human nutrition,second edition*. Oxford University press
- Mikhail WZA, Sabhy HM, El- sayed HH, Khairy SA, Salem HYHA, Samy MA. *Effect of nutritional status on growth pattern of stunted preschool children in Egypt*. Acad J Nutr 2013;2 (1) : 1-9
- Moehji. Sajimen. *Penanggulangan Gizi Buruk*. Jakarta: Sinar Santi; 2004
- Nugroho, T. 2011. *ASI dan Tumor Payudara*. Yogyakarta: Nuha Medika
- Nutriclub. 2018. *Manfaat Seng selama Hamil bagi Masa Depan Anak*. <https://www.nutriclub.co.id/kategori/kehamilan/kesehatan>
- Osredkar, J and Sustar, N. 2011. *Copper and Zinc, biological role and signifinance of copper/ zinc imbalance*. ISSN 2161- 0495 JCT.
- Paath, EF. 2005. *Gizi dalam kesehatan reproduksi*. Jakarta: EGC

Pollard, M. 2015. *ASI*. Jakarta: EGC

Poedjiadi, A. Dkk. 2009. *Dasar- Dasar biokimia*. Penerbit Universitas Indonesia (UI- Press). Jakarta.

Prentice A, dan Barclay DV. *Breast Milk Calcium and Phosphorus Concentrations of Mothers in Rural Zaire*. Europe J Clin Nutrition. 2006; 45: 611-7.

Ratnasari, J. dan Krisantini. 2007. *Galeri Tanaman Hias Bunga, Penebar Swadaya*. Bogor.

Riordan, J., & Wambach, K. (2010). *Breastfeeding and human lactation* (4th ed.). Sudbury Massachusetts: Jones and Bartlett Publishers.

Rosita, S. 2008. *ASI untuk Kecerdasan Bayi*. Yogyakarta : Ayyana

Riyadi,H. Khomsam,A. Dadang. Faisal,A. dan Eddy,S. *Studi tentang status gizi pada rumah tangga miskin dan tidak miskin*. Jurnal Gizi Indonesia.2006.

Schlenker ED 2003.*Minerals*.Dalam: Wiliam Sw, Schlenker ED, penyunting *Essential of Nutrition and Diet Therapy*.Edisi 8 Missouri: Mosby; 176- 81

Sediaoetama AD. 2008. *Ilmu Gizi*. Jakarta: Dian Rakyat; .h.187-9.

_____. 2009. *Prinsip dasar ilmu gizi*. Jakarta: PT Gramedia Pustaka Utama

_____. 2004. *Prinsip Dasar Ilmu Gizi*. Jakarta: PT Gramedia Pustaka Umum; .h.80-9.

_____. 2011. *Gizi seimbang dalam daur kehidupan*. Jakarta: PT Gramedia Pustaka Utama

Smolin, LA and Grosvenor, MB. 1994. *Nutrition: Science and applications*. Florida: Saunder College Publishing

Syafiq, A. Fikawati, S dan Karima, K. 2015. *Gizi ibu dan bayi*. Jakarta: PT Raja Grafindo Persada

Setyawati, T. 2013. *Pergeseran Pola Konsumsi Bahan Makanan Penduduk Indonesia Tahun 2002- 2011*. Malang, Jawa Timur.

Sayekti, A.A.S. 2001. *Faktor- faktor yang mempengaruhi permintaan beberapa Bahan Pangan Penting Dalam Pola Konsumsi Pangan Rumah Tangga di Indonesia*. Disertasi. Bandung. Pascasarjana Universitas Padjadjaran.

Shankar AH, Prasad AS. *Zink and imun Function The biological basis of altered resistance to infection*. Am J Clin Nutr. 2008; 68 (2): 447-63

Supariasa, I. 2012. *Penilaian status gizi*. Jakarta: EGC

Sudjana 2005. *Metoda Statistika*. Bandung: Tarsito

Tucker, L.J. MS, Anastasia. Adams, Troy. *Development and Validation of a Stages of Change Algorithm for Calcium Intake for College Female Students*. *J Am Coll Nutr* 2002 ; 2

Untoro, J. Karyadi, M. Wibowo, L. Erhardt, MW and Gross R. *Multiple micronutrient supplements improve micronutrient status and anemia but Not growth and morbidity of Indonesian infants: A randomized, double-blind, placebo-controlled trial. International research on infant supplementation: randomized controlled trials of micronutrient supplementation during infancy*. *J Nutr*. 2005;135:S639–45. 27.

Walker, F. Christa, L and Robert, E Black. 2007. *Micronutrients and Diarrheal Disease*. The Infectious Diseases Society of America.

World Health Organization. (WHO). 2002. *The Optimal Duration of Exclusive Breastfeeding: A systematic Review*. Geneva

WHO. (2011). *Exclusive breastfeeding for six months best for babies everywhere*. 2
Maret 2012. http://www.who.int/nutrition/topics/exclusive_breastfeeding_for_six_months_best_for_babies_everywhere/en/

Witjaksono, F. 2003. *Akibat kekurangan kalsium*. *Pediatrics* 2003. 111(6): 1672–1680

Yukika Fatmalasari. *Gizi Ibu Menyusui*. Fakultas Ilmu Kesehatan, Universitas Jenderal Soedirman; 2015.

