

FAKULTAS KESEHATAN MASYARAKAT  
UNIVERSITAS ANDALAS  
PADANG, 2019

**FAKULTAS KESEHATAN MASYARAKAT  
UNIVERSITAS ANDALAS**

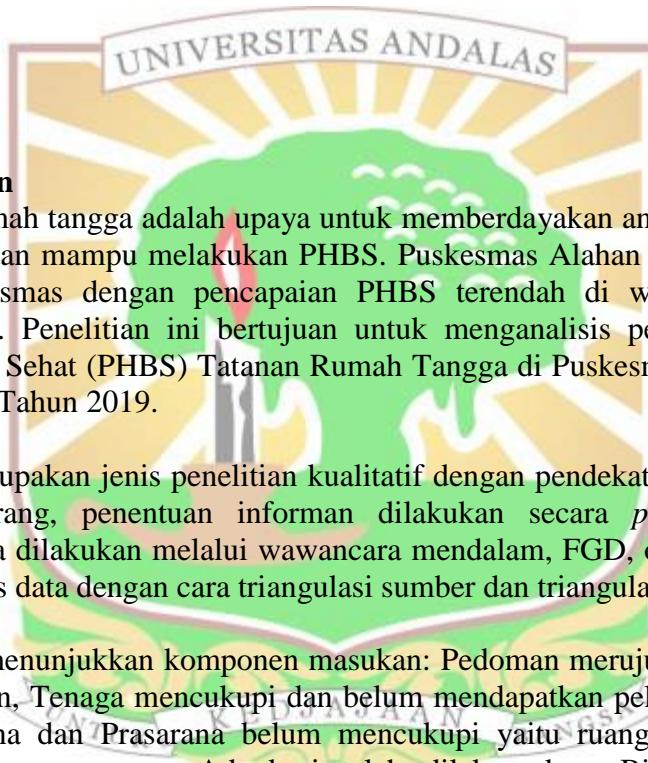
**Skripsi, 12 April 2019**

**NOVERLINA PUTRI NISAL, No. BP. 1511211017**

**ANALISIS PELAKSANAAN PERILAKU HIDUP BERSIH DAN SEHAT (PHBS)  
TATANAN RUMAH TANGGA DI PUSKESMAS ALAHAN PANJANG  
KABUPATEN SOLOK TAHUN 2019**

x + 85 halaman, 17 tabel, 3 gambar, 13 lampiran

**ABSTRAK**



**Tujuan Penelitian**

PHBS tatanan rumah tangga adalah upaya untuk memberdayakan anggota rumah tangga agar sadar, mau dan mampu melakukan PHBS. Puskesmas Alahan Panjang merupakan salah satu Puskesmas dengan pencapaian PHBS terendah di wilayah kerja Dinas Kabupaten Solok. Penelitian ini bertujuan untuk menganalisis pelaksanaan Perilaku Hidup Bersih dan Sehat (PHBS) Tatanan Rumah Tangga di Puskesmas Alahan Panjang Kabupaten Solok Tahun 2019.

**Metode**

Penelitian ini merupakan jenis penelitian kualitatif dengan pendekatan sistem, informan berjumlah 12 orang, penentuan informan dilakukan secara *purposive sampling*. Pengumpulan data dilakukan melalui wawancara mendalam, FGD, observasi dan telaah dokumen. Analisis data dengan cara triangulasi sumber dan triangulasi metode.

**Hasil**

Hasil penelitian menunjukkan komponen masukan: Pedoman merujuk kepada Peraturan Menteri Kesehatan, Tenaga mencukupi dan belum mendapatkan pelatihan, Dana belum mencukupi, Sarana dan Prasarana belum mencukupi yaitu ruangan khusus promosi kesehatan. Komponen proses: Advokasi telah dilaksanakan, Bina Suasana belum optimal, Pemberdayaan belum optimal dan kurangnya partisipasi masyarakat. Komponen Keluaran pelaksanaan Perilaku Hidup Bersih dan Sehat di Puskesmas Alahan Panjang belum mencapai target.

**Kesimpulan**

Pelaksanaan Perilaku Hidup Bersih dan Sehat di Puskesmas Alahan Panjang belum mencapai target. Diharapkan Puskesmas dapat meningkatkan kegiatan promosi kesehatan terkait PHBS tatanan rumah tangga.

**Daftar Pustaka** : 27 (2004 – 2018)

**Kata Kunci** : Perilaku Hidup Bersih dan Sehat (PHBS), tatanan rumah tangga

**FACULTY OF PUBLIC HEALTH  
ANDALAS UNIVERSITY**

**Undergraduate Thesis, April 12 2019**

**NOVERLINA PUTRI NISAL, No. BP. 1511211017**

**ANALYSIS OF THE IMPLEMENTATION CLEAN AND HEALTHY BEHAVIOR (PHBS) FOR HOUSEHOLD ORDER IN ALAHAN PANJANG PUBLIC HEALTH CENTRE IN KABUPATEN SOLOK 2019**

x+ 85 pages, 17 tables, 3 images, 13 attachments

**ABSTRACT**

**Research Purpose**

PHBS household order is an effort to empower household members, to be aware, willing, and able to do PHBS. Puskesmas Alahan Panjang is one of the public health centers with the lowest PHBS achievement in the working area of Kabupaten Solok Health Office. This study aims to analyze the implementation of Clean and Healthy Life Behavior (PHBS) of Household Arrangements in Alahan Panjang Health Center, Kabupaten Solok in 2019

**Method**

This research was a qualitative method by using an approach system, the total of research informant were 12 informants, the informant determinated by purposive sampling. Data collected by indepth interviews, FGD, observation, and documents review. Data analysed by triangulation sources and triangulation methods.

**Results**

The results of the study show the input component. The guideline refers to the Minister of Health Regulation, the staff is sufficient and has not received training, the funds are insufficient, the facilities and infrastructure are insufficient, namely the special room for health promotion. Component of process: Advocacy has been carried out, Development of Atmosphere is not optimally, Empowerment is not optimally and lack of community participation. The output component of the implementation of Clean and healthy Life Behavior in Alahan Panjang Health Center has not yet reached the target.

**Conclusion**

The implementation of Clean and Healthy Behavior at Alahan Panjang Health Center has not yet reached the target. It is hoped that the Puskesmas can improve health promotion activities related to PHBS in household settings.

**References** : 27 (2004-2018)

**Keywords** : Clean and Healthy Living Behavior (PHBS), household order