

DAFTAR PUSTAKA

1. Kementrian Kesehatan Republik Indonesia. Pusat data informasi kementrian kesehatan RI hipertensi. *Heal Educ Behav*. 2014;2(4):328-35.
2. Saleh M, Basmanelly B, Emil H. Hubungan tingkat stres dengan derajat hipertensi pada pasien hipertensi di wilayah kerja puskesmas Andalas Padang tahun 2014. *Ners J Keperawatan*. 2014;10(1):171.
3. World Health Organization (2015). GHO: Raised blood pressure. http://www.who.int/gho/ncd/risk_factors/blood_pressure_text/en/ – Diakses November 2018.
4. Kementerian Kesehatan Republik Indonesia. Hasil utama Riskesdas 2018. Indonesia; 2018.
5. Kementerian Kesehatan Republik Indonesia (2017). Tekan angka kematian melalui program indonesia sehat dengan pendekatan keluarga. <http://www.depkes.go.id/pdf.php?id=17061600003> – Diakses November 2018.
6. Dinas Kesehatan Kota Padang. Profil kesehatan kota padang 2018. Padang; 2018.
7. Ayada C, Toru U, Korkut Y. The relationship of stress and blood pressure effectors. *Hippokratia*. 2015;19(2):99-108.
8. World Health Organization (2018). The top 10 causes of death. <http://www.who.int/news-room/fact-sheets/detail/the-top-10-causes-of-death> – Diakses November 2018.
9. PAHO (2017). World Hypertension Day 2017: Know your numbers. https://www.paho.org/hq/index.php?option=com_content&view=article&id=13257:dia-mundial-de-la-hipertension-2017-conoce-tus-numeros&Itemid=42345&lang=en – Diakses November 2018.
10. Nicola M, Gabriele G, Stefano DPC, Javier FP, Federico M, Arcangeli G. Anxiety, stress-related factors, and blood pressure in young adults. *Front Psychol*. 2016;7:3-4.
11. Sara MEM. The impact of stress in quality of life at the patients with diabetes. *Eur J Psychol Res*. 2015;2(1):73-8
12. Nkporbu AK, Stanley PC, Ohaeri J. Pattern and prevalence of psychiatric comorbidity in patients with essential hypertension in Port Harcourt, Nigeria. *Am J Psychiatry Neurosci*. 2016;4(1):3-7.

13. Irene AK, Frances TO, Samuel AD. Mental health in hypertension: assessing symptoms of anxiety, depression and stress on anti-hypertensive medication adherence. *Int J Ment Health Syst.* 2014;8:25
14. Mamoon M, Najam N. Depression, anxiety, stress and demographic determinants of hypertension disease. *Pak J Med Sci.* 2014;30(6):1293-8.
15. Sunaryo. Psikologi untuk keperawatan. 2nd ed. Jakarta: EGC; 2013. p. 215.
16. Azizah R, Hartanti RD. Hubungan antara tingkat stres dengan kualitas hidup lansia hipertensi di wilayah kerja puskesmas Wonopringgo Pekalongan. 4th Univ Res Coloquium 2016. 2016;263-75.
17. Liliana CS, Cláudia BC, Ana IA. The influence of stress on the quality of life of hypertensive patients. *Eur J Couns Psychol.* 2013;2(2):3-13.
18. Saruna G, Praful P, Binaya KB, Shrestha N. Factors associated with health-related quality of life among hypertensive patients in Kathmandu, Nepal. *Front Cardiovasc Med.* 2017;4(69):1-15.
19. Xianglong X, Yunshuang R, Zumin S, Lingli L, Cheng C, Zhao Y. Hypertension impact on health-related quality of life: a cross-sectional survey among middle-aged adults in Chongqing, China. *Int J Hypertens.* 2016;4-7.
20. Baune BT, Aljeesh Y. The association of psychological stress and health related quality of life among patients with stroke and hypertension in Gaza Strip. *Ann Gen Psychiatry.* 2006;5(6):1.
21. Bullinger M, Quitmann J. Quality of life as patient-reported outcomes: Principles of assessment. *Dialogues Clin Neurosci.* 2014;16(2):137-45.
22. NHLBI (2018). High blood pressure (Also known as Hypertension). <https://www.nhlbi.nih.gov/health-topics/high-blood-pressure> – Diakses November 2018.
23. Smeltzer, Suzanne C, Bare BG. Buku ajar keperawatan medikal bedah. 8th ed. Jakarta: EGC; 2002.
24. Gunawan L. Hipertensi : Tekanan darah tinggi. Yogyakarta: Percetakan Kanisus; 2001.
25. Fen L, Dilare A, Xiang X, Xiao ML, Zhen YF, Chun FS, et al. Prevalence of isolated diastolic hypertension and associated risk factors among different ethnicity groups in Xinjiang, China. *PLoS One.* 2015;10(12):2.

26. National Heart Foundation of Australia (2016). Guideline for the diagnosis and management of hypertension in adults. Melbourne: National Heart Foundation of Australia; 2016. https://heartfoundation.org.au/images/uploads/publications/PRO-167_Hypertension-guideline-2016_WEB.pdf – Diakses November 2018.
27. National Heart, Lung and BI (2003). The seventh report of the joint national committee on prevention, detection, evaluation, and treatment of high blood pressure. United State; 2003. <https://www.nhlbi.nih.gov/files/docs/guidelines/express.pdf> – Diakses November 2018
28. World Health Organization. A Global Brief on Hypertension; 2013.
29. Suzanne O, Zaman MA, David A, Calhoun M. Pathogenesis of hypertension. Am Coll Physicians. 2003;139(9):761-2.
30. Gareth B, Gregory YHL, Eoin O. The pathophysiology of hypertension. BMJ. 2001;322(7291):2-16.
31. Yogiantoro M. Hipertensi esensial buku ajar ilmu penyakit dalam jilid II. 5th ed. Jakarta: Interna Publishing Pusat Penerbitan Ilmu Penyakit Dalam; 2010. p. 1079-102.
32. Hidayat DR. Ilmu perilaku manusia pengantar psikologi untuk tenaga kesehatan. Jakarta: Trans Info Media; 2009. p. 153-65.
33. Constantine T, Ioannis K, Eva K, George P. Sress, endocrine physiology and pathophysiology. South Dartmouth (MA): NCBI; 2016. p. 1-2.
34. Gerald CD, John M, Neale AMK. Psikologi abnormal. 9th ed. Jakarta: PT. Raja Gravindo Persada; 2006. p. 274-326.
35. Saam, Zulfan SW. Psikologi keperawatan. 1st ed. Jakarta: Rajawali Pers; 2012. p. 126-9.
36. Donsu JDT. Psikologi keperawatan: aspek-aspek psikologi dan konsep dasar psikologi teori perilaku manusia. Yogyakarta: Pustaka Baru Press; 2017. p. 242-56.
37. Dalami E. Konsep Dasar Keperawatan Kesehatan Jiwa. Jakarta: Trans Info Media; 2010. p. 28-35.
38. Kaushal KS, Ratan K. Stress, oxidative injury and disease. Indian J Clin Biochem. 2015;30(1):1.

39. Psychology Foundation of Australia (2018). Depression, Anxiety, Stress Scales (DASS). <http://www2.psy.unsw.edu.au/Groups/Dass/> – Diakses November 2018.
40. Crawford JR, Henry JD. The Depression Anxiety Stress Scales (DASS): Normative data and latent structure in a large non-clinical sample. *Br J Clin Psychol.* 2003;42:111-31.
41. Lovibond SH, Lovibond P. Manual for the Depression Anxiety Stress Scales. 2nd ed. Sydney: Psychology Foundation; 1995.
42. World Health Organization (2018). WHOQOL: Measuring quality of life. <http://www.who.int/healthinfo/survey/whoqol-qualityoflife/en/> – Diakses November 2018.
43. Karimi M, Brazier J. Health, Health-Related Quality of Life, and Quality of Life: What is the Difference?. *Pharmacoeconomics.* 2016;34(7):645-9.
44. Theofilou P. Quality of life: definition and measurement. *Eur J Psychol.* 2013;9(1):150-62.
45. Pradana IPW, Siluh N, Alit N. Hubungan kualitas hidup dengan kebutuhan perawatan paliatif pada pasien kanker di RSUP Sanglah Denpasar. *J Keperawatan.* 2013;1-8.
46. Tunas IK, Sagung CY, Putu AI, Rini N. Penilaian kualitas hidup pasien kanker serviks dengan kemoterapi paklitaksel–karboplatin di RSUP Sanglah. *J Farm Klin Indones.* 2016;5(1):36.
47. Stefanus MK, Junaiti SHP. Peningkatan kualitas hidup lanjut usia (lansia) di kota Depok dengan latihan keseimbangan. *J Keperawatan Indones.* 2018;21(2):112.
48. Mailani F. Kualitas hidup pasien penyakit ginjal kronik yang menjalani hemodialisa. *Ners J Keperawatan.* 2015;11(1):1-8.
49. Seshy T. SF-36 sebagai instrumen penilai kualitas hidup penderita tuberkulosis (TB) paru. *J UMY.* 2015;15(1):12-3.
50. Rifani M. Hubungan stres dengan kualitas hidup penderita sindroma dispepsia di Puskesmas Andalas. Universitas Andalas; 2016.
51. Yuli R Dyah A, Perwitasari A. Validasi kuesioner SF-36 versi Indonesia terhadap pasien hipertensi di puskesmas Yogyakarta. *J Farm Indones.* 2014;11(1):16-24.

52. Elvina M. Skoring kualitas hidup ibu post partum berdasarkan faktor-faktor demografi ibu yang diukur dengan kuesioner short form-36 (Tesis). Universitas Sumatera Utara, Medan; 2011.
53. Liliane L, Fernando MC. SF-36 total score as a single measure of health-related quality of life: Scoping review. *SAGE Open Med.* 2016;4:2.
54. Charlotte S, Eliza W, Janice H, Kathryn L, Patrick T, Lisa C, et al. A longitudinal study of the impact of chronic psychological stress on health-related quality of life and clinical biomarkers: protocol for the Australian Healthy Aging of Women Study. *BMC Public Health.* 2014;14(9):1-2.
55. Sastroasmoro S IS. Dasar-dasar metodologi penelitian klinis. Jakarta: Sagung Seto; 2014.
56. Dahlan S. Langkah-langkah membuat proposal penelitian bidang kedokteran dan kesehatan. Jakarta: Sagung Seto; 2012.
57. Narayani A/P Manoharan D. Hubungan antara stres dengan kualitas hidup pada pasien hipertensi di Rumah Sakit Umum Pusat Haji Adam Malik (RSUP HAM) Medan (Skripsi). Universitas Sumatera Utara; 2018.
58. Indriyani WN. Deteksi dini kolesterol, hipertensi, dan stroke. Jakarta: Millestone; 2009.
59. International Society for Pediatric and Adolescent Diabetes (2018). ISPAD Clinical Practice Consensus Guidelines 2018: Microvascular and macrovascular complications in children and adolescents. ISPAD Clin Pract Consens Guidel. https://cdn.ymaws.com/www.ispad.org/resource/resmgr/consensus_guidelines_2018/18.microvascular_and_macrova.pdf – Diakses Januari 2019.
60. Hurlock EB. Psikologi perkembangan, suatu pendekatan sepanjang rentang kehidupan. Jakarta: Erlangga; 1994.
61. Damanik ED. Pengujian reliabilitas, validitas, analisis item dan pembuatan norma Depression Anxiety Stress Scale (DASS): Berdasarkan penelitian pada kelompok sampel Yogyakarta dan Bantul yang mengalami gempa bumi dan kelompok sampel Jakarta dan sekitarnya yang tidak. Universitas Indonesia; 2006.
62. John E. Ware J. SF-36® Health Survey (Version 1.0). Australian Health Outcomes Collaboration (AHOC). 2005. <https://ahsri.uow.edu.au/content/groups/public/@web/@chsd/documents/doc/uow132411.pdf> – Diakses November 2018.

63. Melani F. Evaluasi kualitas hidup responden hipertensi menggunakan instrumen sf-36 : kajian faktor usia dan tingkat penghasilan di Kecamatan Kalasan, Sleman, DIY. Universitas Sanata Dharma; 2016.
64. Nazir KA, Kalim H RB. Penilaian kualitas hidup pasien pasca bedah pintas koroner yang menjalani rehabilitasi fase III. Penilai kualitas hidup pasien pasca bedah Pint koroner yang menjalani Rehabil fase III. *J Hasil Riset*. 2007;28(3):189-96.
65. Bushara SO, Noor SK, Ibraheem AA, Elmadhoun WM, Ahmed MH. Prevalence of and risk factors for hypertension among urban communities of North Sudan: Detecting a silent killer. *J Family Med Prim Care*. 2016;5(3):605-10.
66. Sinuraya RK, Destiani DP, Puspitasari IM, Diantini A. Tingkat kepatuhan pengobatan pasien hipertensi di fasilitas kesehatan tingkat pertama di Kota Bandung. *Jurnal Farmasi Klinik Indonesia*. 2018;7(2):124-33.
67. Fahkurnia W. Gambaran selfcare pada penderita hipertensi di wilayah kerja Puskesmas Gatak Kabupaten Sukoharjo (Skripsi). *Jurnal Universitas Muhammadiyah Surakarta*. Universitas Muhammadiyah Surakarta; 2017.
68. Choi HM, Kim HC, Kang DR. Sex differences in hypertension prevalence and control: Analysis of the 2010-2014 Korea National Health and Nutrition Examination Survey. *PlosOne*. 2017;12(5).
69. Sadhewa BA. Karakteristik penderita hipertensi di puskesmas II Kembaran Kabupaten Banyumas (Skripsi). *Universitas Muhammadiyah Purwokerto*; 2016.
70. Pradono J, Suparmi S, Sihombing N. Prevalensi dan determinan hipertensi kelompok umur 15-60 tahun di Kota Bogor, Prov. Jawa Barat. *Jurnal Ekologi Kesehatan*. 2013;12(3):171-9
71. Sedayu B, Azmi S, Rahmatini R. Karakteristik pasien hipertensi di bangsal rawat inap SMF Penyakit dalam RSUP DR. M. Djamil Padang tahun 2013. *Jurnal Kesehatan Andalas*. 2015;4(1).
72. Hanafi A. Gambaran gaya hidup penderita hipertensi di Kecamatan Sumowono Kabupaten Semarang (Skripsi). *Universitas Diponegoro*; 2016.
73. Sorlie PD, Allison MA, Avilés-Santa ML, Cai J, Daviglius ML, Howard AG, et al. Prevalence of hypertension, awareness, treatment, and control in the hispanic community health study/study of latinos. *Am J Hypertens*. 2014;27(6):793-800.

74. Sariana, Destriatania S, Febry F. Faktor-faktor risiko yang dapat dimodifikasi pada kejadian hipertensi di Desa Seri Tanjung Kecamatan Tanjung Batu. *Jurnal Ilmu Kesehatan Masyarakat*. 2015;6(3):202-10.
75. Sigarlaki HJO. Karakteristik dan faktor berhubungan dengan hipertensi di Desa Bocor, Kecamatan Bulus Pesantren, Kabupaten Kebumen, Jawa Tengah, Tahun 2006. *Makara Kesehatan*. 2006;10(2):78-88.
76. Widia MYGW, Sudhana IW. Gambaran faktor risiko hipertensi pada masyarakat pralansia di wilayah kerja Puskesmas Dawan I Periode Mei 2013. *E-jurnal Medika Udayana*. 2015;4(4).
77. Zhang L, Guo X, Zhang J, Chen X, Zhou C, Ge D, et al. Health-related quality of life among adults with and without hypertension: A population-based survey using EQ-5D in Shandong, China. *Sci Rep*. 2017;7(1):14960.
78. Fika Kharisyanti F. Status Sosial Ekonomi dan Kejadian Hipertensi. *J MKMI*. 2017;13(3).
79. Lacruz ME, Kluttig A, Hartwig A, Löer M, Tiller D, Greiser KH, et al. Prevalence and incidence of hypertension in the general adult population results of the CARLA-Cohort Study. *Medicini*. 2015;94(22):952.
80. Sartika. Hubungan tingkat stress dengan tingkat hipertensi pada dewasa madya di Niten Nogotirto Gamping Sleman Yogyakarta (Skripsi). Sekolah Tinggi Ilmu Kesehatan 'Aisyiyah Yogyakarta; 2014.
81. Ford CD, Sims M, Higginbotham JC, Crowther MR, Wyatt SB, Musani SK, et al. Psychosocial factors are associated with blood pressure progression among African Americans in the Jackson Heart Study. *Am J Hypertension*. 2016;29(8):913-24.
82. Ninh TH, Hoa TD, Ninh HL, Vishnu K, Moorin R. Quality of life among people living with hypertension in a rural Vietnam community. *BMC Public Health*. 2014;14:2.
83. Wang HM, Beyer M, Gensichen J, Gerlach Fm. Health-related quality of life among general practice patients with differing chronic diseases in Germany: Cross sectional survey. *BMC Public Health*. 2008;8:246.
84. Soni RK, Porter AC, Lash JP, Unruh ML. Health-related quality of life in hypertension, chronic kidney disease and coexistent chronic health conditions. *Adv Chronic Kidney Dis*. 2011;17(4):17-26.
85. Gultom AB, Siregar AH, Yahya SZ. Korelasi stress dan kualitas hidup pasien hipertensi. *J Kes Vo*. 2018;3(2).