

KARYA TULIS ILMIAH AKHIR

**ASUHAN KEPERAWATAN PADA PASIEN DENGAN CK GCS 12 +
INTRACEREBRAL HEMATOMA SERTA APLIKASI *MESSAGE*
MINYAK ZAITUN DI RUANGAN TRAUMA CENTER
RSUP DR. M DJAMIL PADANG**

KEPERAWATAN MEDIKAL BEDAH



**PROGRAM PROFESI NERS
FAKULTAS KEPERAWATAN
UNIVERSITAS ANDALAS**

2018

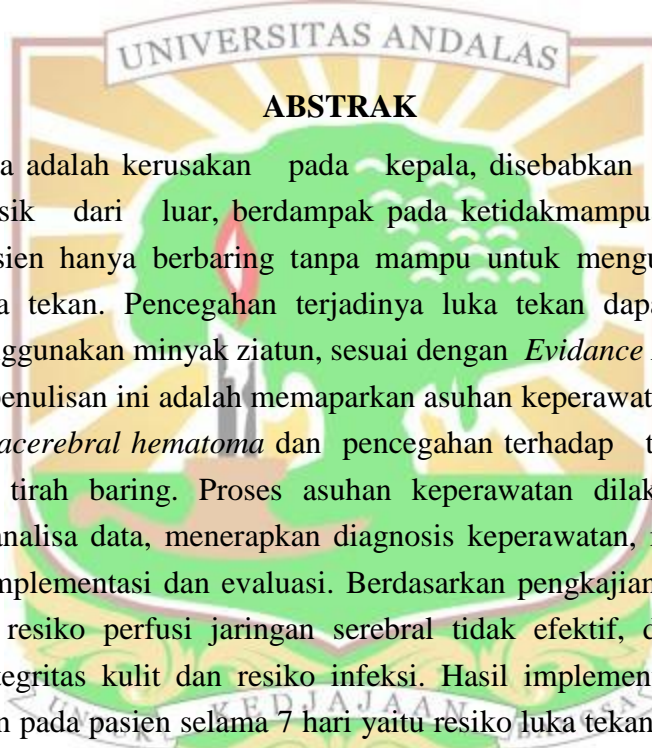
**PROGRAM STUDI PROFESI NERS
FAKULTAS KEPERAWATAN UNIVERSITAS ANDALAS
KARYA ILMIAH AKHIR, DESEMBER 2018,
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ABSTRAK

Cedera kepala adalah kerusakan pada kepala, disebabkan oleh serangan atau benturan fisik dari luar, berdampak pada ketidakmampuan untuk beraktivitas membuat pasien hanya berbaring tanpa mampu untuk mengubah posisi sehingga beresiko luka tekan. Pencegahan terjadinya luka tekan dapat dilakukan dengan *massage* menggunakan minyak zaitun, sesuai dengan *Evidence Base Nursing (EBN)*. Tujuan dari penulisan ini adalah memaparkan asuhan keperawatan pada pasien cedera kepala + *intracerebral hematoma* dan pencegahan terhadap terjadinya luka tekan pada pasien tirah baring. Proses asuhan keperawatan dilakukan dimulai dari pengkajian, analisa data, menerapkan diagnosis keperawatan, menyusun intervensi, melakukan implementasi dan evaluasi. Berdasarkan pengkajian, ditemukan masalah keperawatan resiko perfusi jaringan serebral tidak efektif, deficit nutrisi, resiko gangguan integritas kulit dan resiko infeksi. Hasil implementasi *massage* dengan minyak zaitun pada pasien selama 7 hari yaitu resiko luka tekan pada pasien semakin rendah dan tidak ditemukannya tanda dan gejala luka tekan. Pengkajian kejadian luka tekan berdasarkan tanda dan gejalanya yaitu kemerahan, melepuh, kulit mengelupas, luka, kulit keras, nyeri tekan, kulit hangat dan edema. Hasil pelaksanaan didapatkan bahwa minyak zaitun efektif diberikan pada pasien tirah baring lama untuk mencegah luka tekan.

Kata Kunci : *Massage*, Minyak Zaitun, Cedera Kepala, Luka Tekan

Referensi : 42 (1997-2017)

*PROFESSIONAL NURSE PROGRAM
NURSING FACULTY OF ANDALAS UNIVERSITY
FINAL SCIENTIFIC REPORT
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*NURSING CARE FOR PATIENT WITH HEAD INJURY GCS 12 + INTRACEREBRAL
HEMATOMA, AND APPLICATION OF MASSAGE USING OLIVE OIL
IN TRAUMA CENTRE ROOM M.DJAMIL HOSPITAL PADANG*

ABSTRACT



Head injury is a damage which caused by an attack or physical impact from the outside, which can reduce or change awareness and the impact of this is the inability to move so that the patient is just lying down without being able to change positions that affect physiological conditions, in integument system such as the occurrence of pressure ulcer. Prevention of the occurrence of pressure ulcer can be done by massage using olive oil, as reported on Evidence Base Nursing (EBN). The purpose of this paper was to describe nursing care plan of head injury + intracerebral hematoma and prevention of pressure ulcers in bed rest patients. The nursing care process is carried out starting from assessment, data analysis, applying nursing diagnoses, arranging interventions, implementation and evaluation. Based on the study, it were found that nursing problems are risk of ineffective cerebral tissue perfusion, deficit nutrition, risk of impaired skin integrity and risk of infection. The results of the implementation of massage using olive oil in patients for 7 days, the pressure ulcers in patients getting lower and no signs and symptoms of pressure ulcers were found. Assessment of the incidence of pressure ulcers based on the signs and symptoms of redness, blisters, flaking skin, wounds, hard skin, tenderness, warm skin and edema. The results of the implementation showed that effective olive oil was given to patients with long bed rest to prevent pressure sores.

Keyword: massage, olive oil, head injury, pressure ulcer

References: 42 (1997-2017)