

SKRIPSI

**HUBUNGAN PEMBERIAN ASI EKSLUSIF DENGAN
ERUPSI GIGI DESIDUI PADA ANAK USIA 6-36 BULAN DI
POSYANDU WILAYAH KERJA PUSKESMAS TANAH
GARAM**



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**THE RELATIONSHIP OF GIVING EXCLUSIVE
BREASTFEEDING WITH THE ERUPTION OF DECIDUOUS
TEETH IN INFANTS AGE 6-36 MONTHS AT INTEGRATED
SERVICE POST (POSYANDU) IN WORKING AREA OF TANAH
GARAM COMMUNITY HEALTH CENTER**

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ABSTRACT

Background of the study: Exclusive breastfeeding is only receives breastmilk without any addition of other liquids or foods before reaching 6 months of age, where exclusive breastfeeding is the best source of nutrition and contains important nutrients that affect on the growth and the development of teeth eruption in infants.

Objective : This study intended to find out the relationship of giving exclusive breastfeeding with the eruption of deciduous teeth in infants age 6-36 months at Integrated Service Post (Posyandu) in the working area of Tanah Garam Community Health Center.

Method : This study used observational analysis method with cross-sectional design. The sample taken by using Random Sampling technique in infants age 6-36 months at Integrated Service Post (Posyandu) in the working area of Tanah Garam Community Health Center as many as 95 infants. Data retrieval was carried out by interview using a questionnaire and then performed dental eruption examination. Data analysis used Chi-Square test.

Result: The result of univariate analysis obtained that most of infants age 6-36 months at Integrated Service Post (Posyandu) in the working area of Tanah Garam Community Health Center receive exclusive breastmilk and timing of teeth eruption on time. The result of bivariate analysis obtained p value $< 0,05$.

Conclusion: There is significant relationship between the giving of exclusive breastfeeding with the eruption of deciduous teeth in infants age 6-36 months at Integrated Service Post (Posyandu) in the working area of Tanah Garam Community Health Center.

Keywords: Exclusive breastfeeding, Eruption of deciduous teeth.

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ABSTRAK

Latar Belakang : ASI eksklusif adalah pemberian ASI saja tanpa tambahan cairan lain ataupun makanan tambahan lain, sebelum mencapai usia 6 bulan, dimana ASI eksklusif merupakan sumber gizi terbaik dan mengandung zat-zat gizi penting yang berpengaruh pada pertumbuhan dan perkembangan erupsi gigi pada bayi.

Tujuan : Tujuan penelitian ini adalah untuk mengetahui hubungan pemberian ASI eksklusif dengan erupsi gigi desidui pada anak usia 6-36 bulan di Posyandu wilayah kerja Puskesmas Tanah Garam.

Metode : Penelitian ini merupakan penelitian analitik observasional dengan desain *cross sectional*. Pengambilan sampel dengan teknik *Simple Random Sampling* pada anak usia 6-36 bulan pada Posyandu di Puskesmas wilayah kerja Tanah Garam sebanyak 95 orang. Pengambilan data dilakukan dengan wawancara menggunakan kuesioner dan selanjutnya dilakukan pemeriksaan erupsi gigi. Analisis data menggunakan uji *Chi-Square*.

Hasil : Hasil Analisa Univariat didapatkan sebagian besar anak usia 6-36 bulan di posyandu wilayah kerja puskesmas Tanah Garam mendapatkan ASI eksklusif dan waktu erupsi gigi yang tepat waktu. Hasil analisa bivariat didapatkan nilai $p < 0,05$.

Kesimpulan : Terdapat hubungan yang signifikan antara pemberian asi eksklusif dengan erupsi gigi desidui pada anak usia 6-36 bulan di posyandu wilayah kerja puskesmas Tanah Garam.

Kata Kunci : ASI eksklusif, Erupsi gigi desidui