

## DAFTAR PUSTAKA

- Abril, Victoria., Manuel-y-Keenoy, Begona., *et al.* (2013). Prevalence of overweight and obesity among 6- to 9-year-old schoolchildren in Cuenca, Ecuador:Relationship with physical activity, poverty, and eating habits. *Food and Nutrition Bulletin.* 30(4), 388-401.
- Andersen, R., Sabiston, C. (2010). Physical Activity for Obese Children and Adults Chapter 31. *Obesity Prevention.* 391-402.  
<https://doi.org/10.1016/B978-0-12-374387-9.00031-3>
- Badan Penelitiandan Pengembangan Kesehatan Kementrian Kesehatan RI. (2010). *Riset Kesehatan Dasar 2010 (RISKESDAS)*. Diakses:30 maret 2018.  
Dari [kesga.kemkes.go.id/images/pedoman/Riskesdas%202010%20Nasional.pdf](http://kesga.kemkes.go.id/images/pedoman/Riskesdas%202010%20Nasional.pdf)
- Badan Penelitiandan Pengembangan Kesehatan Kementrian Kesehatan RI. (2013). *Riset Kesehatan Dasar 2013 (RISKESDAS)*. Diakses: 30 maret 2018.  
Dari [www.depkes.go.id/resources/download/general/Hasil%20Riskesdas%202013.pdf](http://www.depkes.go.id/resources/download/general/Hasil%20Riskesdas%202013.pdf)
- Ball, K., Crawford., Owen, N. Too fat to exercise? Obesity as a barrier to physical activity. *Australian and new zealand journal of public health.* 24 (3), 331-333
- Barr, S. I., DiFrancesco, Loretta., Fulqonu, V. L. (2016). Association of breakfast consumption with body mass index and prevalence of overweight/obesity in a

nationally-representative survey of Canadian adults. *Nutrition Journal*. DOI 10.1186/s12937-016-0151-3

Beck, Amy, L., Tschann, Jeanne., *et al.* (2013). Association of beverage consumption with obesity in Mexican American children. *Public Health Nutrition*. 17(2), 338-344.

Beets, M. W., Cardinal, B. J., Alderman, B.L. Parental social support and the physical activity-related behaviors of youth: a review. *Health and Education Behavior*. 37(5), 621-644

Behrman, R.E., Kliegman, R., and Arvin, A.M., 2000. *Ilmu Kesehatan Anak Nelson volume 3 edisi 15*. Jakarta: EGC.

Bezzea, Ilana, N., Junior, Eliseu, V., *et al.* (2014). Away-from-home eating: nutritional status and dietary intake among Brazilian adults. *Public Health Nutrition*. 18(6), 1011-1017.

Biddle, Stuart, J.H., Petroine, Irene., Pearson, Natalie. (2013). Interventions designed to reduce sedentary behaviours in young people: a review of reviews. *British Journal of Sport Medicine*. 48, 182-186. DOI:10.1136/bjsports-2013-093078.

Boylan, S., Hardy, L.L., *et al.* (2017). Assessing junk food consumption among Australian children: trends and associated characteristics from a cross-sectional study. *Journal of Public Health*. DOI 10.1186/s12889-017-4207-x

Boylard, S., Hardy, L.L., *et al.* (2017). Assessing junk food consumption among Australian children: trends and associated characteristics from a cross-sectional study. *BMC Public Health*. 17, 299-308.



- Bray, J.A. (2017). Obesity and the Risk for Type 2 Diabetes. *Nutrition in the Prevention and Treatment of Disease (Fourth Edition)*.677-689.  
<https://doi.org/10.1016/B978-0-12-802928-2.00030-8>
- Brownson, R. C. , Hoehner, C.M., Day, K., *et al.* (2009). Measuring the Built Environment for Physical Activity. *American Journal of Preventive Medicine*. 36(4), 99-123
- Cao, Muqing., Zhu, Yanna., *et al.* (2015). Association between sleep duration and obesity is age- and gender-dependent in Chinese urban children aged 6–18 years: a cross-sectional study. *BMC Public Health*. 15(1029). DOI 10.1186/s12889-015-2359-0
- Dinas Kesehatan Kota Padang. (2016). *Profil Kesehatan Kota Padang Tahun 2016 Edisi 2017*. Diakses dari: <http://dinkes.padang.go.id/index.php/baca/artikel/191> tanggal 2 April 2018
- Doli, Jenita. (2017). *Metodologi Penelitian Keperawatan*. Yogyakarta: Pustaka Baru Press
- Dreher, Alfred. (2015). Obstructive Sleep Apnea in Normal-Weight and Obese Patients. *Modulation of Sleep by Obesity, Diabetes, Age, and Diet*. 127-135.  
<https://doi.org/10.1016/B978-0-12-420168-2.00015-6>
- Farimah, Y., Doi, A.R., Mamun, A.A. (2015). Longitudinal impact of sleep on overweight and obesity in children and adolescents: a systematic review and bias-adjusted meta-analysis. *International Association for The Study of Obesity*. doi: 10.1111/obr.12245.

- Fayet-Moore, Flavia., Kim, Jean., *et al.* (2016). Impact of Breakfast Skipping and Breakfast Choice on the Nutrient Intake and Body Mass Index of Australian Children. *Journal of Nutrient*. 8(8), 487- 499.
- Felső, R., Lohner, S., Hollódy, K., Erhardt, E., Molnár. (2017). Relationship between sleep duration and childhood obesity: systematic review including the potential underlying mechanisms. *Nutrition, Metabolism and Cardiovascular Disease*. 27(9), 751-761.
- Floriana, F., Kennedy, C. (2008). Promotion of physical activity in children. 20(1), 90-95. doi: 10.1097/MOP.0b013e3282f3d9f9.
- Gance-Cleveland, B., Schmiede, S., Aldrich, H., *et al.* (2018). Reliability and Validity of HeartSmartKids: A Survey of Cardiovascular Risk Factors in DOI: <https://doi.org/10.1016/j.pedhc.2018.01.003>
- Ginancar, Genis. (2009). *Obesitas Pada Anak*. Yogyakarta: Bentang Pustaka.
- Hasdianah. (2012). *Mengenal Diabetes Mellitus Pada Orang Dewasa dan Anak Anak Dengan Solusi Herbal*. Yogyakarta: Nuha Medika.
- Hearst, M.O., Shanafelt, A., Qiwang, M. (2016). Barriers, Benefits, and Behaviors Related to Breakfast Consumption Among Rural Adolescents. *Jurnal of School Health*. 86(3): 187–194.
- Herman, K.T., Sabiston, C.M., *et al.* (2014). Sedentary behavior in a cohort of 8- to 10-year-old children at elevated risk of obesity. *Prevention Medicine*. 60, 115-120.
- Hidayat, A.A. (2008). *Pengantar Kebutuhan Dasar Manusia*. Jakarta: Salemba Medika



Hills, Andrew, P., Andresen, L. B., Byrne, Nuala, M. (2011). Physical Activity and Obesity in Children. *British Journal of Sport Medicine*. 45, 866-870.

Hollis, J.L., Suherland, R., *et al.* (2016). Effects of a 'school-based' physical activity intervention on adiposity in adolescents from economically disadvantaged communities: secondary outcomes of the 'Physical Activity 4 Everyone' RCT. *International Journal of Obesity*. 40(10): 1486–1493.

Hong, S.A., Piaseu, Noppawan. (2017). Prevalence and determinants of sufficient fruit and vegetable consumption among primary school children in Nakhon Pathom, Thailand. *Nutrition Research and Practice*. 11(2), 130-138.

Hu, F.B. (2013). Resolved: there is sufficient scientific evidence that decreasing sugar-sweetened beverage consumption will reduce the prevalence of obesity and obesity-related diseases. *International Association for the Study of Obesity*. 14, 606-619 DOI: 10.1111/obr.12040

Hurlock, E. B. (2002). *Psikologi Perkembangan*. Edisi 5. Jakarta : Erlangga.

Hurlock, E. B. (2002). *Psikologi Perkembangan*. Edisi 5. Jakarta : Erlangga

International Food Policy Research Institute. (2014). *Global Nutrition Report 2014: Actions and Accountability to Accelerate the World's Progress on*

*Nutrition*. Diakses 30 Maret, 2018 dari

<http://globalnutritionreport.org/2014/11/13/global-nutrition-report-2014/>

Jain, Seema., Pant, Bhawna., *et al.* (2010). Obesity Among Adolescents of Affluent Public Schools in Meerut. *Indian Journal of Public Health*. 54(3), 158-160.

Jia, Meng. Wang, Chao., *et al.* (2012). Sugary beverage intakes and obesity prevalence among junior high school students in Beijing – a cross-sectional research on SSBs intake. *Asia Pacific Journal of Clinical Nutrition*. 21(3), 425-430.

Kelishadi, R., Haghdoost, A., Sadeghirad, B., Khajehkazemi, R.. (2014). Trend in the prevalence of obesity and overweight among Iranian children and adolescents: A systematic review and meta-analysis. *Jurnal of Nutrition*, 30(4), 393-400.

Keller, Amelie., Torre, Sophie, B.D. (2015). Sugar-Sweetened Beverages and Obesity among Children and Adolescents: A Review of Systematic Literature Reviews. *Childhood Obesity*. 11(4), 338-346.

Ledoux, T. A., Hingle, M. D., Baranowski, T. (2011). Relationship of fruit and vegetable intake with adiposity: a systematic review. *International Association for the Study of Obesity*. 12, e143-e150, doi: 10.1111/j.1467-789X.2010.00786.x.

Lee On., Lee, D. C., *et al.* (2016). Associations between Physical Activity and Obesity Defined by Waist-To-Height Ratio and Body Mass Index in the Korean Population. DOI: <https://doi.org/10.1371/journal.pone.0158245>

Li, S., Treuth, M. S., Wang, Y. (2009). How active are American adolescents and have they become less active?. *International Association for the Study of Obesity*. 11(12), 847-86.

- Lowry, Ricard., Lee, S.M., *et al.* (2013). Obesity and Other Correlates of Physical Activity and Sedentary Behaviors among US High School Students. *Journal of obesity*. DOI: <http://dx.doi.org/10.1155/2013/276318>
- Magee, Christopher., Caputi, Peter., Iverson, Don. (2013). Lack of sleep could increase obesity in children and too much television could be partly to blame. *Acta Paediatrica*. E27-E31.
- Mardeana, Ida. (2017). *Dasar-Dasar Ilmu Gizi Dalam Keperawatan*. Yogyakarta: Pustaka Baru Press.
- Millar, Lynee., Rowland, Bosco., *et al.* (2013). Relationship Between Raised BMI and Sugar Sweetened Beverage and High Fat Food Consumption Among Children. *Pediatric Obesity*. 22, E96-E103, doi:10.1002/oby.20665
- Mistry. S. K., Puthussery. S., (2015). Risk factors of overweight and obesity in childhood and adolescence in South Asian countries: a systematic review of the evidence. *Journal of Public Health*, 129(3), 200-209.
- Moore, F. F., Kim, Jean., *et al.* (2016). Impact of Breakfast Skipping and Breakfast Choice on the Nutrient Intake and Body Mass Index of Australian Children. *Journal of Nutrient*. DOI: 10.3390/nu8080487
- Mubarak, W.I dan Chayatin, N. 2008. *Kebutuhan Dasar Manusia "Teori dan Aplikasi dalam Praktek"*. Jakarta : EGC
- Musaiger, A.O., Al-Roomi, A., Bader, Z. (2014). Social, dietary and lifestyle factors associated with obesity among Bahraini adolescents. *Journal of Appetite*. 73,197-204.
- Notoatmodjo, S. (2010). *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta

Nursalam. (2013). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis*

*Edisi 3*. Jakarta: Salemba Medika

Olsen, N.J., Heitmann, B.L. (2009). Intake of calorically sweetened beverages and obesity. 10(1), 68-75. doi: 10.1111/j.1467-789X.2008.00523.x

Olson, J., Aldrich, H., Callahan, T. J., *et al.* (2015). Characterization of Childhood Obesity and Behavioral Factors. *Journal of Pediatric Health Care*, 30(5), 444-452.

Poti, Jennifer, M., Duffery, Kiyah, J., Popkin, Barry, M. (2013). The association of fast food consumption with poor dietary outcomes and obesity among children: is it the fast food or the remainder of diet?. *The American Society for Nutrition*. 99(1): 162–171.

Poti, Jennifer, M., Popkin, Barry, M. (2011). Trends in Energy Intake among US Children by Eating Location and Food Source, 1977-2006. *Journal of the American Dietetic Association*. doi: 10.1016/j.jada.2011.05.007

Potter, P.A., Perry, P.A. (2005). *Buku Ajar Fundamental Keperawatan Edisi 4*. Jakarta: Penerbit Buku Kedokteran ECG

Potti, J.M., Popkin, B.M. (2011). Trends in Energy Intake among US Children by Eating Location and Food Source, 1977-2006. *American Dietetic Association*. 1156-1164.

Riyanto, Agus. (2012). *Aplikasi Metodologi Penelitian Kesehatan*. Yogyakarta: Nuha Medika

Riyanto, Agus. (2012). *Penerapan Analisa Multivariate Dalam Penelitian Kesehatan*. Yogyakarta: Nuha Medika



- Rydell, Sarah, A., Harnack, Lisa, J., *et al.* (2008). Why Eat at Fast-Food Restaurants: Reported Reasons among Frequent Consumers. *Journal of the American Dietetic Association*. doi: 10.1016/j.jada.2008.09.008.
- Seburg, E.M., Crane. M.M., Sherwood, N.E. (2017). Behavioral Risk Factors for Overweight and Obesity: Diet and Physical Activity. *Nutrition in the Prevention and Treatment of Disease (Fourth Edition)*. 515-537
- Sharman, Satya, P., Chung, Hea, J., *et al.* (2016). Paradoxical Effects of Fruit on Obesity. *Journal of Nutrient*. 8(10), 633- 649.
- Strasburger, V. C. Policy Statement—Children, Adolescents, Obesity, and the Media. *American Academy Of Pediatrics*. 128(1), 201-208
- Su, T.T., Sim, Pei, Ying., *et al.* (2014). Association between self-reported physical activity and indicators of body composition in Malaysian adolescents. *Prevention Medicine*. 67, 100-105.
- Sugiyono. (2011). *Statistik Untuk Penelitian*. Bandung: Alfabeta
- Suglia, S.F., Kara, Seema., Robinson, W.R. (2014). Sleep Duration and Obesity among Adolescents Transitioning to Adulthood: Do Result Differ by Sex?. *The Journal of Pediatric*. 165(4)
- Supardi, Sudibyo. (2013). *Buku Ajar Metodologi Riset Keperawatan*. Jakarta: CV. Trans Info Medika.
- Swinburn, B. A. , Sacks, G., Hall, K. D., *et al.* (2011). The global obesity pandemic: shaped by global drivers and local environments. *The Lancet*, 378(9793), 804-814.

Torre, Sophie, B.D., Keller, Amelie., *et al.* (2015). Sugar-Sweetened Beverages and Obesity Risk in Children and Adolescents: A Systematic Analysis on How Methodological Quality May Influence Conclusions. *Journal of the Academy of Nutrition and Dietetics*. 116(4), 639-659.

Vasques, Catarina., Mota, Maria., *et al.* (2012). Prevalence of overweight/obesity and its association with sedentary behavior in children. *Portuguese Journal of Cardiology*. 31(12), 783-788.

Wagner, Shannon. (2018). Sleep Duration and Obesity in Children and Adolescents: Review. *Canada Journal of Diabetes*. DOI: 10.1016/j.cjcd.2018.06.006.

Webster-Gandy, J., Madden, A., Holdsworth, M. (2012). *gizi dan dietika edisi 2*. Jakarta: Buku Kedokteran EGC

Wilson, K.A., Miller, A.L., *et al.* (2014). Evaluation of a Sleep Education Program for Low-Income Preschool Children and Their Families. DOI: 10.5665/sleep.3774.

Wong, D.L., Marlyn. (2009). *Buku Ajar Keperawatan Pediatrik. Edisi 6*. Jakarta : EGC.

World Health Organization. (2016). *Obesity and Overweight*. Diakses pada tanggal 2 April 2018 dari <http://www.who.int/news-room/factsheets/detail/obesity-and-overweight>.

Zhao, Yaling., Wong, Liang., *et al.* (2017). Fast food consumption and its associations with obesity and hypertension among children: results from the



baseline data of the Childhood Obesity Study in China Mega-cities. *BMC Public Health*. 17, 933-943.

Zheng, Lijuan., Cordeiro, Lorraine, S., *et al.* (2017). The Association between Breakfast Skipping and Body Weight, Nutrient Intake, and Metabolic Measures among Participants with Metabolic Syndrome. *Journal of Nutrient*. 9(4), 384- 398.

