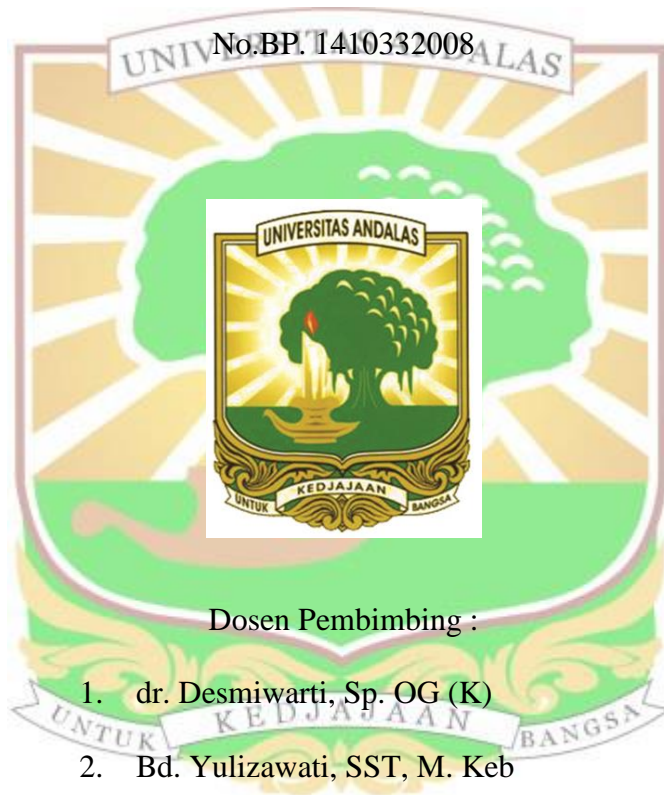


**PERBEDAAN USIA *MENOPAUSE* ANTARA AKSEPTOR KB SUNTIK
DEPOMEDROXYPROGESTERONE ACETATE (DMPA) DAN ALAT
KONTRASEPSI DALAM RAHIM (AKDR) DI WILAYAH
KERJA PUSKESMAS LUBUK BUAYA**

Oleh :

TIARA PARADISA

No.BP. 1410332008



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**PROGRAM STUDI S1 KEBIDANAN
FAKULTAS KEDOKTERAN UNIVERSITAS ANDALAS
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**BACHELOR OF MIDWIFERY PROGRAM
FACULTY OF MEDICINE
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TIARA PARADISA, No. BP. 1410332008

**THE DIFFERENCE OF MENOPAUSAL AGE BETWEEN DEPOMEDROXY
PROGESTERONE (DMPA) INJECTION ACCEPTORS AND
INTRAUTERINE DEVICES (IUD) ACCEPTORS IN
LUBUK BUAYA PUBLIC HEALTH CENTRE AREA**

xxi + 64 pages, 6 tables, 7 pictures, 10 appendices

ABSTRACT

Background and Objective

Menopause is the point in time when menstrual cycles permanently cease after having amenorrhea for 12 consecutive months which does not occur due to pathological conditions. There are many factors that affect women menopausal age, one of them is contraceptive use history. Contraception is divided into hormonal and non hormonal one. Lubuk Buaya is an area with highest DMPA injection and IUD acceptors in Padang. The aim of this research: to show the difference of menopausal age between DMPA injection acceptors and IUD acceptors in Lubuk Buaya Public Health Centre area

Method

This was analytical research with cross sectional method. The sample is divided into 2 groups (n1 = *Menopause* women with DMPA injection history, n2 = *Menopause* women with IUD history) and taken by using quota sampling. The collecting of data involves 70 respondents in Lubuk Buaya public health centre by using questionnaire. The data were analyzed by univariate and *T*-test bivariate analysis (≤ 0.05).

Result

Results showed 51.4% of respondents were 56-60 years old. The average history of contraceptive use 6 years for each groups. The result of bivariate analysis showed that there was a significant difference of menopausal age between DMPA injection acceptors and IUD acceptors ($p = 0.000$) with 3.2 years as mean difference.

Conclusion

There was a difference of menopausal age between DMPA injection acceptors and IUD acceptors. It's expected women to be more selective to choose contraceptive method by considering the long term effects that arise related to menopausal age and its phycological and physical problems on it.

References : 42 (1997 - 2017)

Key words : menopausal age, DMPA acceptors, IUD acceptors

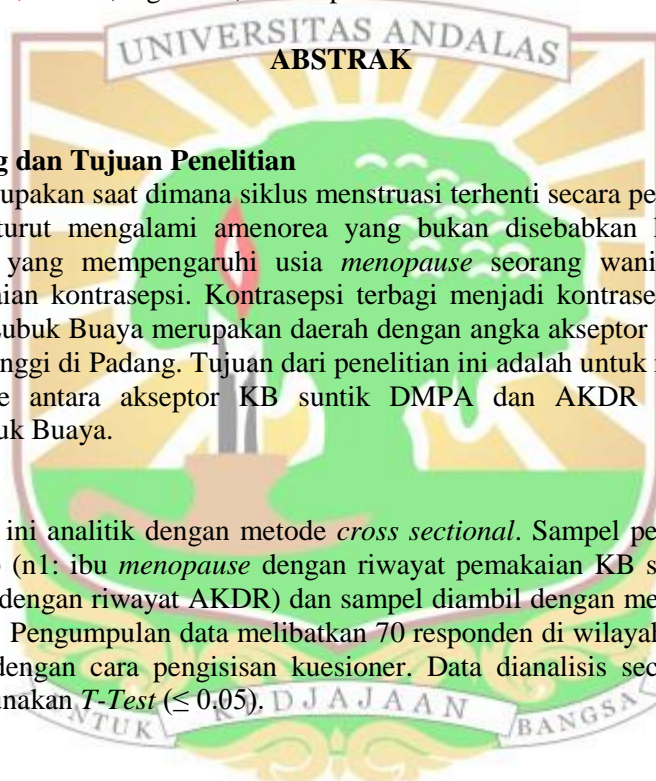
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xxi + 64 halaman, 6 tabel, 7 gambar, 10 lampiran



Latar Belakang dan Tujuan Penelitian

Menopause merupakan saat dimana siklus menstruasi terhenti secara permanen setelah 12 bulan berturut-turut mengalami amenorea yang bukan disebabkan keadaan patologi. Banyak faktor yang mempengaruhi usia *menopause* seorang wanita, salah satunya riwayat pemakaian kontrasepsi. Kontrasepsi terbagi menjadi kontrasepsi hormonal dan nonhormonal. Lubuk Buaya merupakan daerah dengan angka akseptor KB suntik DMPA dan AKDR tertinggi di Padang. Tujuan dari penelitian ini adalah untuk melihat perbedaan usia *menopause* antara akseptor KB suntik DMPA dan AKDR di wilayah kerja Puskesmas Lubuk Buaya.

Metode

Jenis penelitian ini analitik dengan metode *cross sectional*. Sampel penelitian ini dibagi kedalam 2 grup (n1: ibu *menopause* dengan riwayat pemakaian KB suntik DMPA; n2: ibu *menopause* dengan riwayat AKDR) dan sampel diambil dengan menggunakan teknik *quota sampling*. Pengumpulan data melibatkan 70 responden di wilayah kerja Puskesmas Lubuk Buaya dengan cara pengisian kuesioner. Data dianalisis secara univariat dan bivariat menggunakan *T-Test* (≤ 0.05).

Hasil

Hasil penelitian menunjukkan 51,4% responden berusia 56-60 tahun. Rerata lama pemakaian kontrasepsi pada 2 grup masing-masing 6 tahun. Hasil analisis bivariat menunjukkan terdapat perbedaan signifikan usia *menopause* antara akseptor KB suntik DMPA dan akseptor AKDR ($p = 0.000$) dengan rerata perbedaan 3.2 tahun.

Kesimpulan

Terdapat perbedaan usia *menopause* antara akseptor KB suntik DMPA dan akseptor AKDR. Diharapkan wanita untuk lebih selektif dalam memilih metode kontrasepsi dengan mempertimbangkan efek jangka panjang yang berhubungan dengan usia *Menopause* dan permasalahan psikologis maupun fisik yang muncul saat memasuki masa *Menopause*.

Daftar Pustaka : 42 (1997 - 2017)

Kata Kunci : usia *menopause*, akseptor DMPA, akseptor AKDR