

DAFTAR PUSTAKA

- Adicondro, N. and Purnamasari, A. (2011) 'Efikasi diri, dukungan sosial keluarga dan self regulated learning pada siswa kelas viii', *Humanitas*, 7(1), p. 21.
- Adriaanse, M. C. and Snoek, F. J. (2006) 'The psychological impact of screening for type 2 diabetes', *Diabetes/Metabolism Research & Reviews*, pp. 20–25. Available at: <http://search.ebscohost.com/login.aspx?direct=true&db=cin20&AN=2009277018&site=ehost-live>.
- Agudo, A. and Joint, F. (2005) 'Measuring intake of fruit and vegetables', *World Health Organization*. Available at: <https://extranet.who.int/iris/restricted/handle/10665/43144>.
- Ahyar (2010) *Konsep Diri dan Mekanisme Koping Dalam Aplikasi Keperawatan*. Available at: www.e-psikologi.com. (Accessed: 15 April 2015).
- Ajzen, I. (1991) 'The theory of planned behavior', *Organizational Behavior and Human Decision Processes*, 50, pp. 179–211. doi: 10.1016/0749-5978(91)90020-T.
- Allen, J., Gay, B., Crebolder, H., Heyrman, J., Svab, I. and Ram, P. (2005) 'The European Definition of General Practice/Family Medicine', *European Academy of Teachers in General Practice*, pp. 1–11. doi: 10.1016/S0895-4356(00)00274-2.
- American Diabetes Association (2012) 'Standards of Medical Care in Diabetes--2013', *Diabetes Care*, pp. S11–S66. Available at: <http://care.diabetesjournals.org/cgi/doi/10.2337/dc13-S011%5Cnpapers2://publication/doi/10.2337/dc13-S011>.
- American Diabetes Assosiation (2016) 'Standards of Medical Care in Diabetes - 2016', *Diabetes care*, 39(suplement 1), pp. 386–390. doi: 10.2337/dc14-S014.
- Armstrong, M. B. and Towle, H. C. (2001) 'Polyunsaturated fatty acids stimulate hepatic UCP-2 expression via a PPARalpha-mediated pathway.', *American journal of physiology. Endocrinology and metabolism*, pp. E1197-204. Available at: <http://www.ncbi.nlm.nih.gov/pubmed/11701434>.
- Bacha, F., Lee, S., Gungor, N. and Arslanian, S. a (2010) 'From pre diabetes to type 2 diabetes in obese youth: pathophysiological characteristics along the spectrum of glucose dysregulation', *Diabetes Care*, 33(10), pp. 2225–2231.
- Badan Penelitian dan Pengembangan Kesehatan (2013) 'Riset Kesehatan Dasar', 306.
- Badan Pusat Statistik (2010) 'Angka ketergantungan Penduduk Indonesia 2010-2035'. Available at: <http://www.bps.go.id/linkTabelStatis/view/id/1275>.
- Badan Pusat Statistik (2017) *Jumlah penduduk kota Bandar lampung berdasarkan*

kelompok umur dan jenis kelamin. Available at:
<https://bandarlampungkota.bps.go.id/statictable/2017/01/10/114/jumlah-penduduk-kota-bandar-lampung-dirinci-menurut-kelompok-umur-jenis-kelamin-dan-sex-ratio-tahun-2011-2015.html>.

- Ban, N. (2016) 'General physicians ' perceptions of family approach in Japan : a qualitative study', 24, pp. 88–93.
- Bandura (1998) 'Health promotion from the perspective of social cognitive theory', *Psychology & Health*, pp. 623–649. doi: 10.1080/08870449808407422.
- Bandura, A. (2015) 'Self - Efficacy : the Exercise of Control', pp. 3–9. doi: 10.1177/0957154X9400501708.
- De Benedetta, G., Bolognini, I., D'Ovidio, S. and Pinto, A. (2011) 'Cancer and anorexia nervosa in the adolescence: a family-based systemic intervention.', *International journal of family medicine*, 2011, p. 769869. doi: 10.1155/2011/769869.
- Bloom, D. E., Chen, S., McGovern, M., Prettnner, K., Candeias, V., Bernaert, A. and Cristin, S. (2015) 'Economics of Diseases in Indonesia', *World Economic Forum*, (April).
- BPJS Kesehatan (2014) *Optimalisasi Fungsi Utama Pelayanan Primer BPJS Kesehatan*.
- Brouns, F. (2015) 'WHO Guideline: "Sugars intake for adults and children" raises some question marks', *Agro Food Industry Hi-Tech*, 26(4), pp. 34–36. doi: 978 92 4 154902 8.
- Carr, D. and Umberson, D. (2013) *Social Psychology of Stress, Health and Coping*. Dordrecht: Springer Science.
- Cleland, C. L., Hunter, R. F., Kee, F., Cupples, M. E., Sallis, J. F. and Tully, M. A. (2014) 'Validity of the Global Physical Activity Questionnaire (GPAQ) in assessing levels and change in moderate-vigorous physical activity and sedentary behaviour', *BMC Public Health*, 14, pp. 1–11. doi: 10.1186/1471-2458-14-1255.
- Crouch, M. A. and Roberts, L. (Eds. . (1987) *The family in medical practice: A family systems primer*. Springer - Verlag.
- Dale, E. (2001) 'Audio visual methods in teaching.', p. 719.
- Davies, L. E. and Thirlaway, K. (2013) 'The influence of genetic explanations of type 2 diabetes on patients' attitudes to prevention, treatment and personal responsibility for health', *Public Health Genomics*, pp. 199–207. doi: 10.1159/000353459.
- Doherty, W. and Baird, M. (1999) 'The levels of family involvement model', in *National Council on Family Relation*. ed Tools f. National Council on Family Relations (NCFR), pp. 1–19.
- Fauci, A., Kasper, D. and Longo, D. (2008) *Harrison's Principle of Internal*

Medicine. Seventeenth. USA: McGraw-Hill Companies.

- Friedman, M. (2010) *Buku Ajar Keperawatan Keluarga Riset, Teori, dan Praktik*. 1st ed. Jakarta: EGC.
- Friedman, M. M., Bowden, V. R. and Jones, E. G. (2016) *Buku ajar keperawatan keluarga riset, teori dan praktik*. EGC.
- Galloway, D. A., Laimins, L. A., Division, B. and Hutchinson, F. (2016) 'HHS Public Access', 26(8), pp. 87–92. doi: 10.1016/j.coviro.2015.09.001.Human.
- Garrett-Mayer, E. (2006) 'Statistics in Psychosocial Lecture 8: Factor Analysis', *The Johns Hopkins University*, pp. 1–56.
- Gati, I. and Asher, I. (2001) 'The PIC model for career decision making', in *Contemporary models in vocational psychology: A volume in honor of Samuel H. Osipow*. New Jersey, US: Lawrence Erlbaum Associates Publishers, vi, 336 pp, pp. 7–54.
- Green, L. and Kreuter, M. (1991) *Health promotion planning: An educational and environmental approach*. Mayfield: Mountainview.
- Ham, M., Jeger, M. and Ivković, A. F. (2015) 'The role of subjective norms in forming the intention to purchase green food', *Economic Research-Ekonomska Istrazivanja*. Routledge, 28(1), pp. 738–748. doi: 10.1080/1331677X.2015.1083875.
- House, J. (1981) 'Work stress and social support'.
- Hsu, C.-C. and Sandford, B. A. (2005) 'The Delphi technique', *Dublin: National Children's Office*, 7(2), pp. 120–125. doi: 10.1576/toag.7.2.120.27071.
- Huisman, S., Maes, S., De Gucht, V. J., Chatrou, M. and Haak, H. R. (2010) 'Low goal ownership predicts drop-out from a weight intervention study in overweight patients with type 2 diabetes', *International Journal of Behavioral Medicine*, 17(3), pp. 176–181. doi: 10.1007/s12529-009-9071-3.
- Hull, R., Westermarck, G. and Kahn, S. (2004) 'Islet Amyloid A Critical Entity in the Pathogenesis of Type 2 Diabetes The Journal of Clinical Endocrinology & Metabolism Vol 89, No 8'. doi: 10.1210/jc.2004-0405.
- International Diabetes Federation (IDF) (2016) *diabetesatlas*. Available at: <https://twitter.com/IntDiabetesFed> (Accessed: 24 March 2016).
- Istiati (2010) *Hubungan fungsi keluarga dengan kecemasan pada lanjut usia*. Universitas Sebelas Maret.
- Kasl and Cobb (1966) 'Health behavior, illness behavior, and sick role behavior'. *environmental Health*, pp. 246–66.
- Katerndahl, D. and Parchman, M. (2013) 'Effects of family presence on the content and dynamics of the clinical encounter among diabetic patients', *Journal of*

Evaluation in Clinical Practice, pp. 1067–1072. doi: 10.1111/jep.12028.

- Kilkinen, A., Heistaro, S., Laatikainen, T., Janus, E., Chapman, A., Absetz, P. and Dunbar, J. (2007) 'Prevention of type 2 diabetes in a primary health care setting. Interim results from the Greater Green Triangle (GGT) Diabetes Prevention Project', *Diabetes Research and Clinical Practice*, 76(3), pp. 460–462. doi: 10.1016/j.diabres.2006.09.027.
- King, A. and Hoppe, R. B. (2013) "“Best practice” for patient-centered communication: a narrative review.', *Journal of Graduate Medical Education*, 5(3), pp. 385–93. doi: 10.4300/JGME-D-13-00072.1.
- Kinmonth, A. L., Wareham, N. J., Hardeman, W., Sutton, S., Prevost, a. T., Fanshawe, T., Williams, K. M., Ekelund, U., Spiegelhalter, D. and Griffin, S. J. (2008) 'Efficacy of a theory-based behavioural intervention to increase physical activity in an at-risk group in primary care (ProActive UK): a randomised trial', *The Lancet*, pp. 41–48. doi: 10.1016/S0140-6736(08)60070-7.
- Knowles, N. G., Landchild, M. a, Fujimoto, W. Y. and Kahn, S. E. (2002) 'Insulin and amylin release are both diminished in first-degree relatives of subjects with type 2 diabetes.', *Diabetes care*, 25(2), pp. 292–7. doi: 10.2337/diacare.25.2.292.
- Koloverou, E., Panagiotakos, D. B., Pitsavos, C., Chrysohoou, C., Georgousopoulou, E. N., Pitaraki, E., Metaxa, V. and Stefanadis, C. (2014) 'ORIGINAL DATA 10-year Incidence of Diabetes and Associated Risk Factors in Greece : the ATTICA study (2002-2012)', pp. 181–189. doi: 10.1900/RDS.2014.11.181.
- Lakerveld, J., Bot, S. D. M., Chinapaw, M. J. M., Knol, D. L., de Vet, H. C. W. and Nijpels, G. (2011) 'Measuring pathways towards a healthier lifestyle in the Hoorn Prevention Study: the Determinants of Lifestyle Behavior Questionnaire (DLBQ).', *Patient education and counseling*. Elsevier, 85(2), pp. e53-8. doi: 10.1016/j.pec.2011.01.014.
- Larasati, T., Raksanagara, A. and Wiramiharja, S. (2017) 'Perbaikan Gaya Hidup Pasien dengan Riwayat Keluarga Diabetes Melitus tipe 2 di Puskesmas', *JK Unila*, 1(3).
- Lee, E. C. (1994) 'General practice screening clinic for Bangladeshi families', *British Journal of General Practice*, 44(383), pp. 268–270.
- Maes, S. and P Karoly (2005) 'Self-regulation assessment and intervention in physical health and illness: A review.', *Appl Psychol Int Rev*, 54(2), pp. 267–299.
- Marvel, M. K., Schilling, R., Doherty, W. J. and Macaran A Baird (1994) 'Levels of Physician involvement with patient and their families a model for teaching and research', *Journal of Family Practice*, 39, pp. 535–544.
- McDaniel, S. H., Campbell, T. L., Hepworth, J. and Lorenz, A. (2003) *Family Oriented Primary Care*. Springer Science.

- Menteri Kesehatan Republik Indonesia (2014) 'Pedoman Gizi Seimbang Permenkes RI', *Pedoman Gizi Seimbang Permenkes RI*, pp. 1–96. doi: 10.1007/s13398-014-0173-7.2.
- Myers, M., SL, F., L, A., JL, H. and Koehly LM (2015) 'Talking About Type 2 Diabetes: Family Communication From the Perspective of At-Risk Relatives', *Diabetes Educator December*, pp. 716–728. Available at: <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=f ulltext&D=ovftq&AN=00003476-201512000-00008>.
- Notoatmojo, S. (2012) *Promosi kesehatan dan ilmu perilaku*. Jakarta: Rineka cipta.
- Novo Nordisk (2013) '(2013). The Blueprint for Change Programme No 5. Where economics and health meet: changing diabetes in Indonesia', (March), p. 28. Available at: http://www.novonordisk.com/images/Sustainability/PDFs/Blueprint-for-change-Indonesia--52383_Korr19.pdf.
- Oldham, G. and Hackman, J. (2005) 'How job characteristics theory happened', in KG, S. (ed.) *Handbook of management theory: The process of theory development*. UK: Oxford University Press, pp. 151–170.
- Perreault, L., Bergman, B. C., Playdon, M. C., Dalla Man, C., Cobelli, C. and Eckel, R. H. (2008) 'Impaired fasting glucose with or without impaired glucose tolerance: progressive or parallel states of prediabetes?', *American journal of physiology. Endocrinology and metabolism*, pp. E428–E435. doi: 10.1152/ajpendo.90354.2008.
- Phaneuf, R. M. (2014) 'The genogram, a means of enriching the interview: the principles', (I), pp. 1–9.
- Pijl, M. (2009) 'Impact of Communicating Familial Risk of', 32(4), pp. 3–5. doi: 10.2337/dc08-1049.Clinical.
- Price, S. A. and Wilson, L. M. (2005) *Patofisiologi : Konsep Klinis Proses-Proses Penyakit*. Secondth. Jakarta: EGC.
- Procidano, M. E. and Heller, K. (1983) 'Measures of perceived social support from friends and from family: Three validation studies', *American Journal of Community Psychology*, 11(1), pp. 1–24. doi: 10.1007/BF00898416.
- Qian, B., Wang, H., Men, X., Zhang, W., Cai, H., Xu, S., Xu, Y., Ye, L., Wollheim, C. B. and Lou, J. (2006) 'TRIB3 is implicated in glucotoxicity- and oestrogen receptor-stress-induced β -cell apoptosis', pp. 407–416. doi: 10.1677/JOE-08-0331.
- Rakel, R. E. and Rakel, D. P. (2016) *Textbook of Family Medicine*. Ninth. Philadelphia: Elviesier Saunders.
- Rasmun (2004) *Stress, Koping dan Adaptasi*. Jakarta: CV Sagung Seto.
- Riquelme-heras, H., Gutierrez-herrera, R. F., Gomez-gomez, C. and Martinez-lazcano, F. (2017) 'Comprehensive Care: A Daily Challenge for Family Physicians', pp. 389–392.

- Sakurai, M., Nakamura, K., Miura, K., Takamura, T., Yoshita, K. and Sasaki, S. (2013) 'Family history of diabetes , lifestyle factors , and the 7-year incident risk of type 2 diabetes mellitus in middle-aged Japanese men and women', 4(3), pp. 261–268. doi: 10.1111/jdi.12033.
- Saputri, M. A. . and Indrawati, E. S. (2011) 'Wening Wardoyo Jawa Tengah', *Psikologi Undip*, 9(1).
- Sarafino, E. (1994) *Health Psychology*. 2nd edn. Canada.
- Schoenborn, C. a (2007) *Health promotion and disease prevention., Vital and health statistics. Series 10, Data from the National Health Survey.*
- Skulmoski, G. J. and Hartman, F. T. (2007) 'The Delphi Method for Graduate Research', *Journal of Information Technology Education*, 6(1), pp. 1–21. doi: 10.1.1.151.8144.
- Stopford, R., Winkley, K. and Ismail, K. (2013) 'Social support and glycemic control in type 2 diabetes a systemati'. *patient educ coun*, pp. 549–58. doi: 10.1016/j.pec.2013.08.016.
- Stumvold, M., Goldstein, B. J. and Haeten, V. (2008) 'Pathogenesis of type 2 DM .', in *DM Type 2 Diabetes: Principles and Practice.*, pp. 13–27. Available at: http://www.dmaa.org/dm_definition.asp.
- Sugiyono (2012) *Metode penelitian kuantitatif kualitatif dan R&D*. Bandung: Alfabeta.
- Tabak, A. G., Herder, C., Rathmann, W., Brunner, E. J. and Kivim??ki, M. (2012) 'Prediabetes: A high-risk state for diabetes development', *The Lancet*, 379(9833), pp. 2279–2290. doi: 10.1016/S0140-6736(12)60283-9.
- Taherdoost, H., Sahibuddin, S. and Jalaliyoon, N. (2014) 'Exploratory factor analysis: Concepts and theory', *2nd International Conference on Mathematical, Computational and Statistical Sciences*, pp. 375–382.
- Tan, jonathan T., Tan, L. S. U. M., Chia, K. S., Chew, S. K. and Tai, E. S. (2008) 'A family history of type 2 diabetes is associated with glucose intolerance in a South East Asian population'. *Diabetes Research and Clinical Practice*, pp. 268–275.
- Tushuizen, M., Bunck, M. and Pouwels (2007) 'Pancreatic Fat Content and β -Cell Function in Men With and Without Type 2 Diabetes'. doi: 10.2337/dc07-0326.Additional.
- Umar, H. B. (2009) 'PRINCIPAL COMPONENTANALYSIS (PCA) dan Aplikasinya dengan SPSS *', *Jurnal Kesehatan Masyarakat UNAND*, 3(2), pp. 97–101.
- Vadheim, L., RD, L. N., Brewer, K., Kassner, D., Vanderwood, K., Hall, T., Butcher, M., RD, C. D. E., Helgerson, S., MD, M. P. H. and Harwell, T. (2010) 'Effectiveness of a Lifestyle Intervention Program Among Persons at High Risk for Cardiovascular Disease and Diabetes in a Rural Community.', *J Rural Health*, pp. 266–272. Available at:

<http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=ovftk&NEWS=N&AN=00005308-201006000-00009>.

- Waters, I. A. N., Watson, W. and Wetzel, W. (1994) 'Practical tools', *Canadian Family Physician*, 40, pp. 282–287.
- Werle, C. (2011) 'The Determinants of Preventive Health Behavior: Literature Review and Research Perspectives', *Working paper serie RMT*, WPS 11-15, pp. 1–14.
- WHO, W. H. O. (2010) 'Global recommendations on physical activity for health', *Geneva: World Health Organization*, p. 60. doi: 10.1080/11026480410034349.
- Wijdenes, M., Henneman, L., Qureshi, N., Kostense, P. J., Cornel, M. C. and Timmermans, D. R. M. (2013) 'Using web-based familial risk information for diabetes prevention: a randomized controlled trial', *BMC Public Health*. *BMC Public Health*, 13(1), p. 1. doi: 10.1186/1471-2458-13-485.
- Wild, S., Roglic, G., Green, A., Sicree, R. and King, H. (2004) 'Global Prevalence of Diabetes: Estimates for the year 2000 and projections for 2030', *Diabetes Care*, 27(5). doi: 10.2337/diacare.27.10.2568.
- Williams, K., Prevost, a T., Griffin, S., Hardeman, W., Hollingworth, W., Spiegelhalter, D., Sutton, S., Ekelund, U., Wareham, N. and Kinmonth, A. L. (2004) 'The ProActive trial protocol - a randomised controlled trial of the efficacy of a family-based, domiciliary intervention programme to increase physical activity among individuals at high risk of diabetes [ISRCTN61323766].', *BMC public health*, 4, p. 48. doi: 10.1186/1471-2458-4-48.
- Win, O. and Iba, Z. (2011) 'Bonus Demografi Modal Membangun Bangsa yang Sehat dan Bermartabat', *Majalah Ilmiah Unimus*, 2(Informasi Komunikasi dan Pengkajian IPTEK), pp. 18–24.
- WONCA (2011) 'THE EUROPEAN DEFINITION OF GENERAL PRACTICE / FAMILY MEDICINE WONCA EUROPE 2011 Edition 1', pp. 1–33. Available at: <http://www.woncaeurope.org/>.
- Yamauchi, K., Katayama, T., Yamauchi, T., Kotani, K., Tsuzaki, K., Takahashi, K. and Sakane, N. (2014) 'Efficacy of a 3-month lifestyle intervention program using a Japanese-style healthy plate on body weight in overweight and obese diabetic Japanese subjects: a randomized controlled trial', *Nutrition Journal*, 13, p. 108. doi: 10.1186/1475-2891-13-108.
- Yang, M. ying, Manlai You and Fei Chuan Chen (2005) 'Competencies and qualifications for industrial design jobs', *Design Studies*. elsevier, 26(2), pp. 155–189. doi: <http://dx.doi.org/10.1016%2Fj.destud.2004.09.003>.
- Zhang, L., Lai, E., Teodoro, T. and Volchuk, A. (2009) 'GRP78, but not protein-disulfide isomerase, partially reverses hyperglycemia-induced inhibition of insulin synthesis and secretion in pancreatic ??-cells', *Journal of Biological Chemistry*, pp. 5289–5298. doi: 10.1074/jbc.M805477200.

Zhou, Y. T., Shimabukuro, M., Koyama, K., Lee, Y., Wang, M. Y., Trieu, F., Newgard, C. B. and Unger, R. H. (1997) 'Induction by leptin of uncoupling protein-2 and enzymes of fatty acid oxidation.', *Proceedings of the National Academy of Sciences of the United States of America*, pp. 6386–6390. doi: 10.1073/pnas.94.12.6386

