

DAFTAR PUSTAKA

1. Layton AM, Eady E, Zonboulis CC. Acne. In : Griffiths C, Barker J, Bleiker T, Chalmers R, Creamer D, editors. Rook's Textbook of Dermatology. 9th edition. Oxford : Blackwell Publishing; 2016. p.90.1-90.50.
2. Wasitaatmadja SM. Akne, erupsi akneiformis, rosasea, rinofima. Dalam: Djuanda A. Ilmu Penyakit Kulit dan Kelamin ed kelima. Jakarta. Balai Penerbit Fakultas Kedokteran Universitas Indonesia; 2008. h.254-260.
3. Smeltzer, Sussane C & Bare, Brenda G. Buku ajar keperawatan medikal bedah Brunner & Suddarth. Edisi 8 Vol. 2. Jakarta: EGC. 2002.
4. Kelompok Studi Dermatologi Kosmetik Indoenesia PERDOSKI. Pedoman tatalaksana akne di Indonesia. ed kedua. Jakarta : Centra Communcations; 2016.
5. Sukanto H, Marodiharjo S, Zulkarnain I. Akne Vulgaris. Buku pedoman diagnosis dan terapi. Edisi ketiga. Bagian/SMF Ilmu Kesehatan Kulit dan Kelamin RSU Dr. Soetomo. 2005. h.115-8.
6. Yessy Farina Salim, Satya Wydya Yenny, Sri Lestari. Profil akne vulgaris di Poliklinik Kulit dan Kelamin RSUP Dr M Djamil Padang Periode 2013-2015. Padang : Bagian Dermato-Venereologi / RSUP Dr M Djamil Fakultas Kedokteran Universitas Andalas; 2016.
7. Zanglein AL, Graber EM, Thiboutott DM, Strauss JS. Acne vulgaris and acneiform eruption. In: Wolff K, Goldsmith LA, Katz SI, Gilchrest BA, Paller AS, Leffell DJ, editors. Fitzpatrick's Dermatology in General Medicine. 7th ed. New York : McGraw Hill; 2008. p.690-702.
8. Moneam AA, Eddin WMN, Taqi AMGM, et al. The prevalence and factor affecting acne vulgaris among university students. European Journal of Pharmaceutical and Medical Research. 2016; 3(6):101-107.
9. Ghosh S, Chauduri S, Khumar V, et al. Profiling and hormonal therapy for acne in women. Indian Journal of Dermatology. 2015;59(2):107-115.
10. Zonboulis CC. Acne and sebaceous gland function. ClinDermatol. 2004; 22(5) : 360-366.
11. Bakry OA, Shazly RMA, Faragry SME, Kotb D. Role of hormones and blood lipids in the pathogenesis of acne vulgaris in Non-Obese and Non-Hirsute Females. Indian Dermatology Online Journal. 2014;5:S9-S16.

12. Guyton AC, Hall. Buku ajar fisiologi kedokteran. Edisi XI. Jakarta : EGC. 2008; h.1211-1225.
13. Manarisip, C.K, Billy, J.K, Sefty, S.R. Hubungan stres dengan kejadian akne vulgaris pada mahasiswa semester V (lima) Program Studi Ilmu Keperawatan Fakultas Kedokteran Universitas Samratulangi Manado. Jurnal keperawatan. Februari 2015; 3: 1.
14. BC, Melnik. Linking diet to acne metabolomics, inflammation, and comedogenesis : an Update. Clin Cosmet Investig Dermatol. 2015 Jul 15;8:371-88.
15. Kucharska A, Szmurlo A, Sinska B. Significance of diet in treated and untreated acne vulgaris. Postepy Dermatol Alergol. 2016;33(2):81-86.
16. Kwon HH, Yoon JY, Hong JS, et al. Clinical and histological effect of a low glycaemic load diet in treatment of acne vulgaris in Korean patients: a randomized, controlled trial. Acta Derm Venereol. 2012; 92(3): 241–246.
17. Katta R, Desai Samir P. Diet and dermatology : The role of dietary intervention in skin disease. Clin Dermatol. 2014 ; 7(7): 46–51.
18. Kang JX, Liu A. The role of tissue omega-6/omega-3 fatty acid ratio in regulating tumor angiogenesis. Cancer Metastasis Rev. 2013;32:201-3.
19. Cordaen, L, Lindenberg. S, Hurtado. M, Hill. K, Eaton.B, dan Miller. J.B. Acne vulgaris. Arch Dermatol. 2002; 138:1584-1590.
20. Siregar R. S. Atlas berwarna saripati penyakit kulit. Jakarta: EGC. 2006; h. 209-214.
21. John C.Hall,MD. Seborrheic dermatitis, acne, rosacea. In: Brian J.Hall, John C.Hall. Sauer's Manual of Skin Disease. 10th ed. USA: Lippincott Williams & Wilkins, a Wolters Kluwer; 2010. p.149-159.
22. Feldman S, Careccia RE, Barham KL, et al. Diagnosis and treatment of acne. American Family Physician. 2004; 69(9): 2123.
23. Knutsen-Larson, S, Dawson, AL, Dunnick, CA, & Dellavalle. Acne vulgaris : pathogenesis, treatment, and needs assessment. Dermatol Clin. 2012; 30(1): 99-106.
24. Almtsier, S. Prinsip dasar ilmu gizi. Jakarta : Gramedia Pustaka Utama. 2002.

25. Baliwati, Y. F. Pengantar pangan dan gizi. Cetakan I. Jakarta: Penerbit Swadaya; 2004. h. 89.
26. Santoso,S dan Ranti, A. Lies. Kesehatan dan gizi. Jakarta : Rineka Cipta; 2004.
27. Nurachmah, Elly. Nutrisi dalam keperawatan. Jakarta: Sagung Seto; 2001.
28. Khomsan, A. Pangan dan gizi untuk kesehatan. Jakarta : Raja Grafindo Persada; 2010. h.140-143.
29. Story M, Stang J. Nutrition assessment of pregnant adolescents. In: Story M, Stang J. eds. Nutrition and the pregnant adolescent : a practical reference guide. Minneapolis : Center for Leadership, Education and Training in Maternal and Child Nutrition, Division of Epidemiology, University of Minnesota. 2000.
30. Fahmida, Umi dan Drupadi HS Dillon. Handbook nutritional assessment. Jakarta : SEAMEO-TROPMED RCCN UI; 2007.
31. Goh W, Kallianpur K, Chow DA, et al. Chocolate and acne: how valid was the original study? Clin Dermatol. 2011;29(4):459–460.
32. Di Landro A, Cazzaniga S, Parazzini F, et al. GISED Acne Study Group. Family history, body mass index, selected dietary factors, menstrual history, and risk of moderate to severe acne in adolescents and young adults. J Am Acad Dermatol. 2012;67(6):1129–1135.
33. Ismail NH, Manaf ZA, Azizan NZ. High glycemic load diet, milk and ice cream consumption are related to acne vulgaris in Malaysian young adults: a case control study. BMC Dermatol. 2012;12:13.
34. Kwon HH, Yoon JY, Hong JS, et al. Clinical and histological effect of a low glycaemic load diet in treatment of acne vulgaris in Korean patients: a Randomized, Controlled Trial. Acta Derm Venereol. 2012;92(3):241–246.
35. Ghodsi SZ, Orawa H, Zouboulis CC. Prevalence, severity and severity risk factors of acne in high school pupils: a community-based study. J Invest Dermatol. 2009;129(9):2136-2141.
36. Siagian, A. Epidemiologi gizi. Jakarta: Erlangga; 2010.
37. Jayanti LD, Effendi YH, Sukandar D. Perilaku hidup bersih dan sehat (PHBS) serta perilaku gizi seimbang ibu kaitannya dengan status gizi dan kesehatan balita di Kabupaten Bojonegoro, Jawa Timur. J Gizi dan Pangan. 2011;6(3): 192–9.
38. Supariasa IDN. Penilaian status gizi. Ester M, editor. Jakarta: EGC; 2014.

39. Ottoboni F, Ottoboni A. The modern nutritional diseases and how to prevent them. 3rd ed. Nevada : Vincente Books Inc; 2004.
40. Lazon Z, Amitai D.B. Effect of insulin-like growth factor deficiency on the occurrence of acne. *Journal of European Academy of Dermatology and Venerology*. 2011; 25: 950-954.
41. Lipoeto NI, Agus Z, Oenzil F, et al. Dietary intake and the risk of coronary heart disease among the coconut-consuming Minangkabau in West Sumatra, Indonesia. *Asia Pasific Journal of Clinical Nutrition*. 2004;13(4):377-384.
42. Agus Riyanto. Aplikasi metodologi penelitian kesehatan. Yogyakarta : Nuha Medika; 2011.
43. Susila, Suyanto. Metodologi penelitian cross sectional. Klaten : Boss Script; 2014.
44. Tjekyan RMS. Kejadian dan faktor resiko akne vulgaris. *Media Med Ind* 2008;43(1):37-43.
45. Kusumoningtyas DS. Hubungan antara stres dengan timbulnya akne Vulgaris pada siswa-siswi kelas III SMAN 7 Surakarta (skripsi). Surakarta: Universitas Muhammadiyah Surakarta; 2012
46. Sulistia N. Perbandingan konsumsi lemak berdasarkan tingkat keparahan akne vulgaris pada siswa SMK Negeri 1 Kota Jambi (skripsi). Padang : Universitas Andalas; 2013.
47. Burris J, Rietkerk W, Woolf K. relationship of self-reported dietary factors and perceived acne severity in a cohort of New York young adults. *J AcadNutr Diet*. 2014; 114(3):384-92.
48. Reynolds R, Lee S , Choi J , et al. Effect of the glycemic index of carbohydrates on acne vulgaris. *MDPI nutrient journals*. 2010; 2: 1060-72.
49. Alshariff O, Albahloul S, Kharabah R, et al. Relationship between diet and acne among residents of Al-Madinah Al-Munawarah, Saudi Arabia. *IJAR*. 2017;5(2): 1299-1305.
50. Lipoeto N, Agus Z, Oenzil F. Contemporary Minangkabau food culture in West Sumatera, Indonesia. *Asia Pacific J Clin Nutr*. 2001; 10(1): 10-16.
51. Hardinsyah, Riyadi H, Napitupulu B. Kecukupan energi, protein, lemak, dan karbohidrat. Jakarta : Departemen Gizi FK UI; 2013.