

DAFTAR PUSTAKA

- Agusti, R. D. C. W. & Leonardi, T. (2015). Hubungan antara kesepian dengan problematic internet use pada mahasiswa. *Jurnal Psikologi Klinis dan Kesehatan Mental*, 4(1), 9-13.
- Arnett, J. J. (2015). *Emerging adulthood: The winding road from the late teens through the twenties* (2nded). New York: Oxford University Press.
- Asosiasi Penyelenggara Jasa Internet Indonesia. (2016). *Penetrasi dan perilaku pengguna internet Indonesia: Survey 2016*. Jakarta: Polling Indonesia.
- Azwar, S. (2013). *Penyusunan skala psikologi* (Edisi 2). Yogyakarta: Pustaka Pelajar.
- Andangsari, E. W., Dhowi, B., Djunaidi, A., Fitriani, E., & Harding, D. (2017, November). Problematic internet use (PIU): The role of emotional factors on social media activities. In *Informatics and Computing (ICIC), 2017 Second International Conference* (pp. 1-6). IEEE.
- Beranuy, M., Oberst, U., Carbonell, X., & Chamarro, A. (2009). Problematic internet and mobile phone use and clinical symptoms in college students: The role of emotional intelligence. *Computers in human behavior*, 25(5), 1182-1187.
- Caplan, S. E. (2002). Problematic Internet use and psychosocial well-being: Development of a theory-based cognitive-behavioral measurement instrument. *Computers in Human Behavior*, 18(5), 553-575.
- _____. (2003). Preference for online social interaction: A theory of problematic internet use and psychosocial well-being. *Communication research*, 30, 625-648.
- _____. (2005). A social skill account of problematic internet use. *Journal of Communication*, 55(4), 721-736.
- _____. (2010). Theory and measurement of generalized problematic internet use: A two-step approach. *Journal of Computers in Human Behavior*, 26(5), 1089-1097.
- Caplan, S. E., Williams, D., & Yee, N. (2009). Problematic internet use and psychosocial well-being among mmorpg players. *Journal of Computers in Human Behavior*, 25(6), 1-8.
- Caplan, S., & High, A. (2011). Online social interaction, psychosocial well-being, and problematic internet use. Dalam Young, K. & Abreu C. N. (Ed.) *Internet*

- addiction: A handbook and guide to evaluation and treatment.* New Jersey: John Wiley & Sons, Inc.
- Ceyhan, A. A. (2011). University students' problematic internet use and communication skills according to the internet use purposes. *Educational Sciences: Theory and Practice*, 11(1), 69-77.
- Chun, J. (2016). Effects of psychological problems, emotional dysregulation, and self-esteem on problematic internet use among Korean adolescents. *Children and Youth Services Review*, 68, 187-192.
- Davis, R. A. (2001). A cognitive-behavioral model of pathological internet use. *Journal of Computer in Human Behavior*, 17, 187-195.
- Frangos, C. C., Frangos, C. C., & Sotiropoulos, I. (2011). Problematic internet use among greek university students: An ordinal logistic regression with risk factors of negative psychological beliefs, pornographic sites, and online games. *Cyberpsychology, Behavior, and Social Networking*, 14(1-2), 51-58.
- Gozali, A. (2015). Hubungan antara regulasi emosi dengan problematic internet use pada mahasiswa pengguna sns di Jakarta. *Skripsi*. Jakarta: Psikologi Universitas Bina Nusantara.
- Gross, J. J. (1998). The emerging field of emotion regulation: An integrative review. *Review of General Psychology*, 2(5), 271-299.
- _____. (2007). *Handbook of emotion regulation*. New York: Guilford Press.
- Gross, J. J. & John, O. P. (2003). Individual differences in two emotion regulation processes: Implications for affect, relationship, and well-being. *Journal of Personality and Social Psychology*, 85(2), 348-362.
- Gross, J. J. & Thompson, R. A. (2006). Emotion regulation: Conceptual foundations. Dalam Gross, J. J. (Ed.) *Handbook of emotion regulation* (pp.3-26). New York: Guilford Press.
- Hartaji, R. D. A. (2012). Motivasi berprestasi pada mahasiswa yang berkuliah dengan jurusan pilihan orang tua. *Naskah Publikasi*. Depok: Fakultas Psikologi Universitas Gunadarma.
- Hormes, J. M., Kearns, B., & Timko, C. A. (2014). Craving facebook? Behavioral addiction to online social networking and its association with emotion regulation deficits. *Addiction*, 109(12), 2079-2088.
- Hurlock, E. (2004). *Psikologi perkembangan*. Jakarta: Gramedia Pustaka.

- Jehopio, P. J., Wesonga, R., & Candia, D. A. (2017). Internet heavy usage and its influence on academic achievement of university students. *International Journal of Engineering Science*, 7(3), 5756-5762.
- John, O. P., & Gross, J. J. (2004). Healthy and unhealthy emotion regulation: Personality processes, individual differences, and life span development. *Journal of Personality*, 72(6), 1301-1334.
- Jones, S., & Fox, S. (2009). *Generations online in 2009*. Washington: PEW Research Center.
- Kaplan, A. M., & Haenlein, M. (2010). Users of the world, unite! The challenges and opportunities of social media. *Business Horizons*, 53(1), 59-68.
- Kim, J., LaRose, R., & Peng, W. (2009). Loneliness as the cause and the effect of problematic internet use: The relationship between internet use and psychological well-being. *CyberPsychology and Behavior*, 12(4), 451-455.
- LaRose, R., Lin, C.A., & Eastin, M.S. (2003). Unregulated internet usage: Addiction, habit, or deficient self-regulation? *Journal of Media Psychology*, 5, 225-253.
- Leo, J. A. D., & Wulfert, E. (2013). Problematic Internet use and other risky behaviors in college students: An application of problem-behavior theory. *Psychology of Addictive Behaviors*, 27(1), 133.
- Liu, T., & Potenza, M. N. (2007). Problematic Internet use: Clinical implications. *CNS spectrums*, 12(6), 453-466.
- Maryani, E., & Arifin, H. S. (2012). Konstruksi identitas melalui media sosial. *Journal of Communication Studies*, 1(1), 1-12.
- Morahan-Martin, J. (1999). The relationship between loneliness and internet use and abuse. *CyberPsychology and Behavior*, 2(5), 431-439.
- Morahan-Martin, J., & Schumacher, P. (2000). Incidents and correlates of pathological internet use among college students. *Computers in Human Behavior*, 16, 13–29.
- Nurazijah, S. M. (2017). Gambaran generalized problematic internet use pada mahasiswa universitas padjadjaran pengguna situs jejaring sosial. *Skripsi*. Bandung: Psikologi Universitas Padjadjaran.
- Odaci, H., & Kalkan, M. (2010). Problematic internet use, loneliness and dating anxiety among young adult university students. *Computers and Education*, 55(3), 1091-1097.

- Papalia, D. E., Olds, S. W., & Feldman, R. D. (2009). *Human development (11thed)*. New York: McGraw Hill.
- Pello, S. C., Adiningsih, S., & Soebarniati, S. (2016). Pengaruh penggunaan media sosial, musik, dan game terhadap ketergantungan ponsel pada pelajar di Kecamatan Oebobo Kota Kupang Nusa Tenggara Timur. *Jurnal Medika Majapahit*, 8(1), 22-33.
- Periantalo, J. (2016). *Penelitian kuantitatif untuk psikologi*. Yogyakarta: Pustaka Pelajar.
- Priyatno, D. (2013). *Analisis korelasi, regresi, dan multivariate dengan SPSS*. Jogjakarta: Gava Media.
- Reinaldo & Sokang, Y. A. (2016). Mahasiswa dan internet: Dua sisi mata uang? Problematic internet use pada mahasiswa. *Jurnal Psikologi*, 43(2), 107-120.
- Sarwono, S. W. (2012). *Psikologi remaja*. Jakarta: Rajawali Pers.
- Schreiber, L. R., Grant, J. E., & Odlaug, B. L. (2012). Emotion regulation and impulsivity in young adults. *Journal of Psychiatric Research*, 46(5), 651-658.
- Shapira, N. A., Lessig, M. C., Goldsmith, T. D., Szabo, S. T., Lazoritz, M., Gold, M. S., & Stein, D. J. (2003). Problematic internet use: Proposed classification and diagnostic criteria. *Depression and anxiety*, 17(4), 207-216.
- Sugiyono. (2013). *Metode penelitian kuantitatif, kualitatif, dan kombinasi (Mixed Method)*. Bandung: Alfabeta.
- Sugono, D. (2008). *Kamus Bahasa Indonesia*. Jakarta: Pusat Bahasa.
- Sutopo, Y. & Slamet, A. (2017). *Statistik inferensial*. Yogyakarta: Andi.
- Thompson, R. A. (1994). Emotion regulation: A theme in search of definition. *Monographs of the Society for Research in Child Development*, 59, 25-52.
- Young, K. & Abreu, C. N. (2011). *Internet addiction: A handbook and guide to evaluation and treatment*. New Jersey: John Wiley & Sons, Inc.
- Yu, J. J., Kim, H., & Hay, I. (2013). Understanding adolescents' problematic internet use from a social/cognitive and addiction research framework. *Computers in Human Behavior*, 29(6), 2682-2689.
- Yuhefizar. (2008). *10 jam menguasai internet: Teknologi dan aplikasinya*. Jakarta: Elex Media.