

DAFTAR PUSTAKA

- Almatsier S. 2003. Prinsip Dasar Ilmu Gizi. Jakarta : PT Gramedia Pustaka Utama.
- Allardt CJEL and Viljakainen HT. 2008. *25-Hydroxyvitamin D and Functional Outcomes in Adolescents*. The American Journal of Clinical Nutrition. 88(suppl):534S– 6S.
- Anderson JJB, Garner SC, Klemmar PJ. 2012. *Diet, Nutrients, and Bone Health*. Perancis: CRC Press
- Arunabh S, Pollack S, Yeh J, Aloia JF. 2003. *Body fat content and 25-hydroxyvitamin D levels in healthy women*. J Clin Endocrinol Metab. Jan; 88 (1): 157-61.
- Balitbangkes Depkes R.I. 2007. Laporan Riset Kesehatan Dasar Nasional tahun 2007. Jakarta.
- Balitbangkes Kementerian Kesehatan. 2010. Riset Kesehatan Dasar (Riskesdas 2010). Jakarta.
- Balitbangkes Kementerian Kesehatan. 2013. Riset Kesehatan Dasar (Riskesdas 2013). Jakarta.
- Barasi, M. 2007. *Nutrition at a Glance*. At a Glance: Ilmu Gizi. Jakarta: Erlangga.
- Departemen Gizi dan Kesehatan Masyarakat. 2007. Gizi dan Kesehatan Masyarakat. Raja Grafindo Persada. Jakarta.
- Draznin B, Sussman KE, Eckel RH, Kao M, Yost T, et al. (1988) Possible role of cytosolic free calcium concentrations in mediating insulin resistance of obesity and hyperinsulinemia. J Clin Invest 82: 1848-1852.
- Erdman JW, Mcdonald IA, Zeisel SH. 2012. *Present Knowledge in Nutrition, 10th Edition*. International Life Sciences Institutes: Willey- Black Well
- Escott S. 2008. Nutrition and Diagnosis- Related Care Sixth Edition. Amerika: Wolter Kluwar
- Feldman D, Pike JW, Adams JS. 2011. *Vitamin D- Volume I- Third Edition*. Elsevier

- Freitas DMO, Martino HSD, Ribeiro SMR, Alfenas RCG. 2012. *Calcium Ingestion and Obesity Control*. *Nutricion Hospitalaria*. 27(5):1758-1771
- Gallagher JC, Yalamanchili V, Smith LM. 2012. *The effect of vitamin D on calcium absorption in older women*. *J Clin Endocrinol Metab*. ;97(10):3550–3556.
- Geissler C and Powers H. 2005. *Human Nutrition 12 th Edition*. King's College London, London, UK
- Heaney RP, Davies M, Barger-lux MJ. 2001. *Calcium and Weight: Clinical Studies*. *Journal of the American College of Nutrition*. Vol. 21 no 2
- Heimbürger D and Jamy A. 2006. *Handbook of Clinical Nutrition 4 th Edition*. University of Alabama at Birmingham, Birmingham, AL.
- Hensen MC, Castracane VD. 2003. *Leptin and Reproduction*. New York : Springer Science and Business Media, LLC
- Kamycheva E, Joakimsen RM, Jorde R (2002) Intakes of calcium and vitamin D predict body mass index in the population of Northern Norway. *J Nutr* 132: 102-106.
- Keputusan Menteri Kesehatan RI. 2010. *Standar Antropometri Penilaian Status Gizi Anak*. Jakarta: Kemenkes RI.
- Khor GL, Chee WS, Shariff ZM, Poh KB, Arumagam M, Rahman JA, Theobald HE. 2011. *High Prevalence of Vitamin D Insufficiency and Its association with BMI for Age Among Primary School Children in Kuala Lumpur Malaysia*. *BMC Public Health*. 11: 95
- Koszowska AU, Nowak J, Dittfeld A, Puzoń AB, Kulpok A, and Szkodzińska BZ. 2014. Obesity, adipose tissue function and the role of vitamin D. *Cent Eur J Immunol*.; 39(2): 260–264.
- Lee SH, Kim SM, Park HS, Choi KM, Cho GJ. 2012. *Serum 25-Hydroxyvitamin D Levels, Obesity And The Metabolic Syndrome Among Korean Children*. *Nutr Metab Cardiovasc Dis*. Epub ahead of print.
- Low S, Chin MC, Deurenberg YM. 2009. *Review on Epidemic of Obesity*. Singapur : Ann Acad Med.
- Mann, J & Truswell, A.S. 2005. *Essensial of Human Nutrition*. Oxford University Press.P.65

- McCarty M.F., Thomas C.A. 2003. *PTH excess may promote weight gain by impeding catecholamine-induced lipolysis-implications for the impact of calcium, vitamin D, and alcohol on body weight*. Med. Hypotheses 61: 535–542.
- Muchtadi D. 2009. *Pengantar Ilmu Gizi*. Bandung: Alfabeta.
- Ortega RM, López-Sobaler AM, Aparicio A, Bermejo LM, Rodríguez-Rodríguez E, et al. 2009. *Vitamin D status modification by two slightly hypocaloric diets in young overweight/obese women*. Int J Vitam Nutr Res 79: 71-78.
- Ozkan B, Doneray H, Keskin H. 2009. *The effect of vitamin D treatment on serum adiponectin levels in children with vitamin D deficiency rickets*. J Clin Res Ped Endo 1: 262-265.
- Padmiari E, Hadi H. 2001. *Konsumsi Fast Food sebagai Faktor Resiko Obesitas pada Anak SD*. Medika. 29 : 159-165
- Puhl RM, Latner JD. 2007. *Stigma, obesity, and the health of the nation's children*. Psychol Bull. 133(4):557-580.
- Saliba W, Barnett-Griness O, dan Rennert G. 2012. *The Relationship Between Obesity and The Increase in Serum 25(OH)D Levels in Response to Vitamin D Supplementation*. International Osteoporosis Foundation and National Osteoporosis Foundation. DOI 10.1007/s00198- 012-2129-0.
- Sastroasmoro, Sadigdo. 2015. *Dasar-dasar metodologi penelitian klinis*. Jakarta : Binarupa aksara
- Scragg R, Holdaway I, Singh V, Metcalf P, Baker J, et al. 2005. *Serum 25-Hydroxyvitamin D3 Is Related To Physical Activity And Ethnicity But Not Obesity In A Multicultural Workforce*. Aust NZ J Med 25: 218-223.
- Sergeev IN. 2009. *1 α ,25-Hydroxyvitamin D3 Induces Ca²⁺-Mediated Apoptosis In Adipocytes Via Activation Of Calpain And Caspase-12*. Biochem Biophys Res Commun 384: 18-21.
- Shi H, Norman AW, Okamura WH, Sen A, Zemel MB (2001) *1 α ,25-hydroxyvitamin D3 modulates human adipocyte metabolism via nongenomic action*. FASEB J 15: 2751-2753.
- Soliman AT , De Sanctis V, Elalaily R, Bedair S, and Kassem I. 2014. *Vitamin D deficiency in adolescents*. Indian J Endocrinol Metab. 18(Suppl 1): S9–S16

- Tamer G, Mesci B, Tamer I, Kilic D, Arik S. 2012. *Is vitamin D deficiency an independent risk factor for obesity and abdominal obesity in women?* *Endokrynol Pol.*, 63:196–201
- Tzotzas T, Papadopoulou FG, Tziomalos K, Karras S, Gastaris K, et al. (2010) Rising serum 25-hydroxy-vitamin D levels after weight loss in obese women correlate with improvement in insulin resistance. *J Clin Endocrinol Metab* 95:4251-4257.
- Van Vliet-Ostapchouk JV, Snieder H., Lagou V. 2012. Gene-interaksi gaya hidup pada obesitas. *Curr. Nutrisci. Rep.* 1 (3): 184-196. [PubMed]
- Widodo, Dkk. 2006. *Pengaruh Pemberian Diet Tinggi Kalsium Terhadap Penurunan Berat Badan Pada Rattus Novergicus Galur Wistar.* *Jurnal Kedokteran Brawijaya* Vol. XXII.
- Widyaningtyas SA, Kartini A. 2013. *Hubungan Usia Menarche dengan Obesitas pada Remaja Putri di SMA Theresiana 1 Semarang.* *Semarang : Fakultas Kedokteran Universitas Diponegoro. Journal of Nutrition College.* 2 (1) : 10-17
- Wortsman J, Matsuoka LY, Chen TC, Lu Z, Holick MF. 2000. *Decreased Bioavailability of vitamin D in obesity.* *Am J Clin Nutr*;72:690–3.
- Yose M, Sarah M, Salenda Warouw, SuryadiN.N Tatura. 2015. *Hubungan Kadar 25-Hydroxivitamin dan High Molecular Weight Adiponetin Pada Remaja Obes.* *Manado : Bagian ilmu kesehatan anak Fakultas Kedokteran Universitas Sam Ratulangi.*

