

## CHAPTER V

### CLOSING

#### 5.1 Conclusion of the Research

The purpose of this study is investigated the correlation between extracurricular activities and academic achievement among high school students in senior high school 1 ( SMAN 1 ) Padang. Based on the findings, results and discussions, the conclusions of this study are :

1. There is positive and significant correlation between extracurricular activities and academic achievement among high school students in SMAN 1 Padang. From the data processed through one-way ANOVA, there is differences between students who actively participate and who are not in academic achievement. The descriptive analysis proved that the students who actively participate in extracurricular activities are getting high achievement compare to students who are not actively participate. The results also confirmed by some open questions, it shows that most students are getting positive impacts for their academic achievements, their achievement are increased, they can manage time well, they felt more motivated to study, they have spirit to fix the tasks and they more understand in some subjects.
2. Descriptive analysis also proved that the female and male students who actively participate in extracurricular activities had a high achievement compare to male and female students who are not actively participate in extracurricular activities.

## 5.2 Implications of the Research

### 1. For school parties (Students, teachers and headmasters)

From the results of this study, we can know that there is correlation between extracurricular activities and academic achievement. The result shows that the active students had higher achievement compare to non-active students, in additions, the findings proved that there are a lot of positive impacts of extracurricular on academic and social development. According to those results, the students should be more active in participating extracurricular activities, they should join extracurricular activities actively, because by joining the extracurricular activities the students will get a lot of positive impacts, such as be more motivated, productive and have more spirits in study and fix the tasks and can manage the time well.

Teachers and headmaster should improving, notice and developing the extracurricular programs. Because there are a lot of benefits of extracurricular itself. It affects the academic achievement, increasing social life and developed the soft skills of the students!

### 2. For Academics

Next study can develop this study. For example, the next study can doing the re-test with same model but with different samples to know the consistence of the result of study. Besides, additional variables can be developed for similar study to increase the understanding.

## 5.2 Limitations of the Research

The researcher aware that this study is not perfect, there are some limitations within this study, as follows :

1. The population of this study is only the students of Senior High School (SMAN 1) Padang.
2. The sample of this study is only 2nd grade students and 3rd grade students of SMAN 1 Padang, because the 1st grade students are not getting their academic achievement yet.
3. The variables in this study is limited. The researcher just use extracurricular activities and academic achievement as the variables.
4. The time to process the data is limited, only one and half months.

## 5.4 Recommendations of the Research

1. Education Institutions

The results of this study are expected to be used as the consideration, evaluation and input for another education institutions in managing the student's academic achievement related to the extracurricular activities.

The education parties should considered the importance and contribution of extracurricular activities. The education parties can develop the extracurricular program to push and manage the skills of them.

## 2. Academics

a. This study can be a references for further research to know the the correlation between extracurricular activities and academic achievement.

b. The variables of the research can be developed in the next study.

c. The populations of the research can be expand for the next study.

In this study, the populations is just the students in one school, for the next study, the populations can be expand to some schools.

d. Next research can used another instruments to find out the correlation between extracurricular activities and academic achievement.

