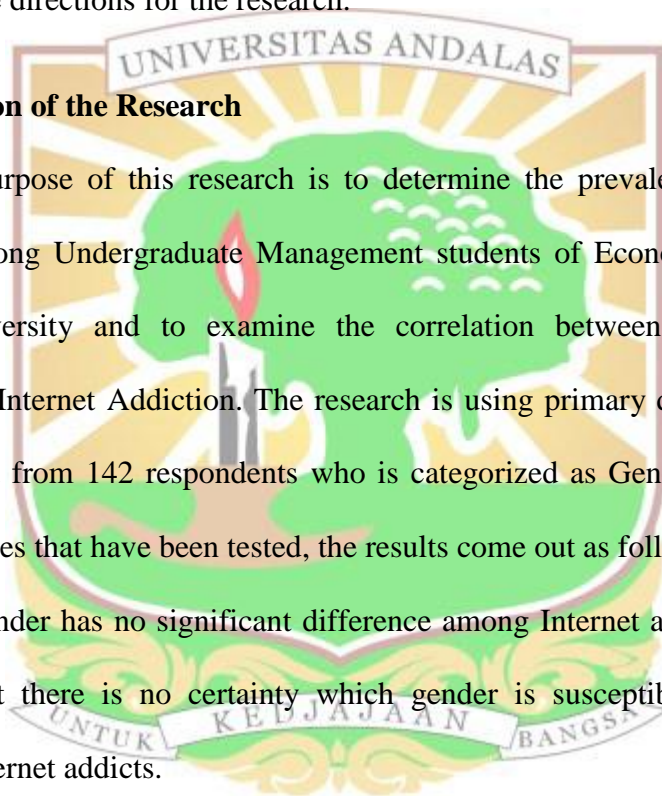# CHAPTER V

# CLOSING

This chapter provides conclusion from the findings and discussion that have already been presented on the previous chapter. This also contains the assessment of the potential limitation present in this study, the implication and the possible future directions for the research.

## 5.1 Conclusion of the Research

The purpose of this research is to determine the prevalence of Internet Addiction among Undergraduate Management students of Economic Faculty in Andalas University and to examine the correlation between extracurricular activities and Internet Addiction. The research is using primary data which have been collected from 142 respondents who is categorized as Generation Z. From three hypotheses that have been tested, the results come out as follows.

1.  Gender has no significant difference among Internet addicts. It means that there is no certainty which gender is susceptible in being an Internet addicts.

2.  Age has no significant difference among Internet Addicts. It means that no matter how old is someone, he or she may become an Internet addicts.

3.  The correlation between extracurricular activities and Internet Addiction is negative correlation. It means that the more someone

participates in extracurricular, the lower he or she will be addicted to the Internet.

Most of Undergraduate Management students of Economic Faculty in Andalas University has high PIUQ score even though most of the students are participating in extracurricular activities. This may be happened because the factor of them being a Generation Z who lived in a rapid technologies' development era where they have gain acknowledge about Internet at younger age or maybe because in the extracurricular activities they had a duty that related to Internet use. A further research is needed in order to know more about it.

## 5.2  Implication of the Research

This research is expected to give implications for the students and Management Department's administrator and lecturers.

The implication of this research for the students is that the result which showed the students are categorized in the Problems Present (PG) group even though they were already engaged in extracurricular activities will be a warning for the students to be more aware about their addiction to the Internet. They have to be more active in order to decrease their interaction with Internet. More active here means that they have to take a participation in the programs of the extracurricular activities, such as competition, events, and other similar activities. Not only that, they also have to start to use Internet wisely. The usage of Internet should not make them neglecting their other activities. They have to understand that Internet is a tool to help them in living, not a goal in living. Therefore, Internet shouldn't obstruct them from living a life.

The implication of this research for the Management Department's administrator and lecturers is that the administrator should motivate the students to participate in academic and non-academic competition or events, such as Program Kreativitas Mahasiswa (PKM), business competition, Student Exchange/ Mobility, etc. Actually, there are so many programs in university that will make students become more active and may help them to decrease their addiction to the Internet. However, they probably have less motivation to participate. With department's administrator and lecturers' motivation, it may help student in gaining more confidence to participate. Other than that, they may also fulfill they obligation as students in maintaining the good name of the Management Department by participating in meritorious activities.

## 5.3 Limitation of the Research

There are some limitations that researcher felt when doing this research, such as:

1. The difficulties in distributing the questionnaires and to take it back. Because researcher distributed the questionnaires at the final exam week, it is quite hard to take the questionnaires back because the students are busy in preparing for the test and move to other class for other test. Also, the class is a moving class, which means that the students are not always in the same class with each other. It made the questionnaires lost a lot.

2. The materials for this research is quite hard to be found because mostly the previous studies relate extracurricular activities with

academic achievement or Internet Addiction with academic achievement when actually this topic is an interesting topic to be researched.

## 5.4 Recommendation of the Research

The result of this research is expected to be improved by developing these things below in the future research.

1. For the next research, make sure that the questionnaires are all returned. This may be happened by not only using manual questionnaire, but also using online questionnaires.
2. For the next research, the sample and location of research can be expanded.
3. For the next research, try to develop the questionnaires more to make the explanation becomes more rich. The questions like how long a respondent use internet in a day, what is the intention of the respondents in using internet, and etc. can be added in order to get more reliable data.
4. For the next research, different variables can be added in order to create and found varieties of the result.
5. For the next research, since the result showed that the PIUQ score is still high even though the students are already participated in extracurricular experiences, the future researcher may added a Generation Y and X respondents as a comparation to make sure

whether being a Generation Z will higher the probability of being an Internet addicts.