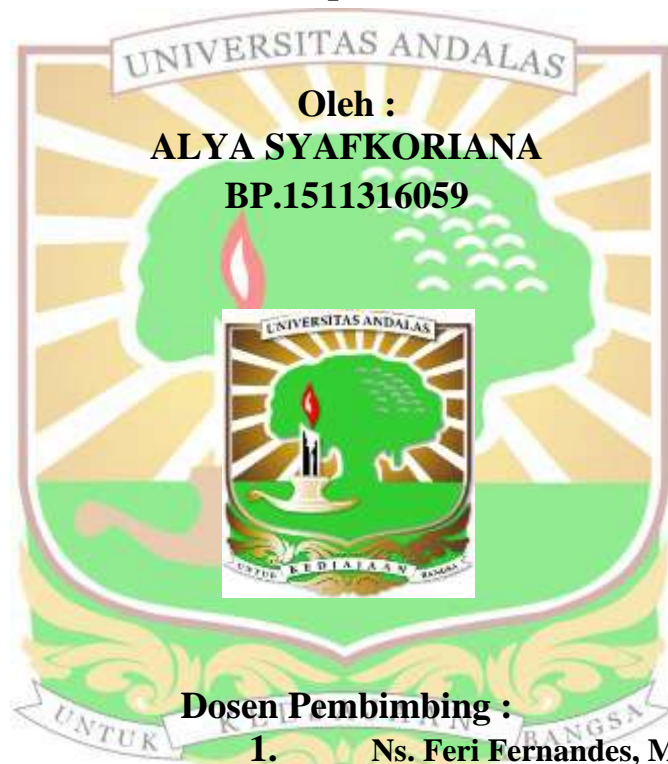


**SKRIPSI**

**HUBUNGAN KONFLIK PERAN GANDA DAN DUKUNGAN  
SOSIAL DENGAN STRES KERJA PERAWAT  
PELAKSANA DI RUANGRAWAT INAP  
RSUD DR. RASIDIN PADANG**

**Penelitian Keperawatan Jiwa**



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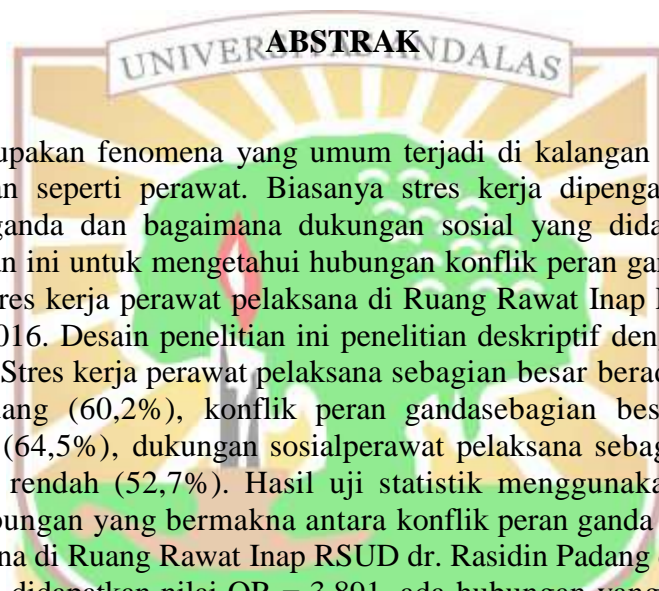
1. Ns. Feri Fernandes, M.Kep, Sp. Kep.J
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**FAKULTAS KEPERAWATAN  
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**Hubungan Konflik Peran Ganda dan Dukungan Sosial dengan Stres Kerja  
Perawat Pelaksana di Ruang Rawat Inap RSUD dr. Rasidin Padang**



Stres kerja merupakan fenomena yang umum terjadi di kalangan pekerja, termasuk tenaga kesehatan seperti perawat. Biasanya stres kerja dipengaruhi oleh adanya konflik peran ganda dan bagaimana dukungan sosial yang didapat oleh pekerja. Tujuan penelitian ini untuk mengetahui hubungan konflik peran ganda dan dukungan sosial dengan stres kerja perawat pelaksana di Ruang Rawat Inap RSUD dr. Rasidin Padang tahun 2016. Desain penelitian ini penelitian deskriptif dengan menggunakan *cross sectional*. Stres kerja perawat pelaksana sebagian besar berada dalam kategori stres kerja sedang (60,2%), konflik peran ganda sebagian besar berada dalam kategori tinggi (64,5%), dukungan sosial perawat pelaksana sebagian besar berada dalam kategori rendah (52,7%). Hasil uji statistik menggunakan uji *chi square* didapati ada hubungan yang bermakna antara konflik peran ganda dengan stres kerja perawat pelaksana di Ruang Rawat Inap RSUD dr. Rasidin Padang dengan nilai  $p < \alpha$  ( $p = 0,005$ ) dan didapatkan nilai  $OR = 3,891$ , ada hubungan yang bermakna antara dukungan sosial dengan stres kerja perawat pelaksana di Ruang Rawat Inap RSUD dr. Rasidin Padang dengan nilai  $p < \alpha$  ( $p = 0,002$ ). Diharapkan pihak rumah sakit dapat memberikan *reward* kepada perawat teladan sehingga memotivasi bagi perawat lain untuk lebih meningkatkan kinerjanya, dan melibatkan keluarga perawat dalam kegiatan dirumah sakit seperti *gathering family* sehingga keluarga lebih mengenal ruang lingkup kerja perawat.

Kata kunci : Dukungan Sosial, Konflik Peran Ganda, RSUD dr. Rasidin Padang, Stres Kerja

Daftar pustaka : 60 (2007-2016)

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***The Relation Between Dual-Role Conflicts and Social Support with Work Stress  
Among Registered Nurse in dr. Rasidin Hospital in Padang***

**ABSTRACT**

Work stress often experienced by workers in common and health workers like nurse as well. This has become a global phenomenon that occurs in countries with all sort of different levels of development. The aim of this research is to find the relation between dual-role conflicts and social support with work stress among registered nurse in dr. Rasidin Hospital in Padang in year 2016. The research design in this research is conducted using quantitative methodology with cross sectional approach. Research sample is consisting of 93 registered female nurses. Work stress faced by the respondents is on the middle level category (60.2%), while majority of dual-role conflict faced belong to high level category (64.5%). Social support enjoyed by the respondents is mostly categorized in low level category (52.7%). The result of statistical testing using chi square test has shown a significant relation between dual-role conflicts with work stress among registered nurse in dr. Rasidin Hospital in Padang, with the value of  $p < \alpha$  ( $p = 0,005$ ) and calculated value of  $OR = 3,891$ . Then there is also significant relation between social support with work stress among registered nurse in dr. Rasidin Hospital in Padang, with the value of  $p < \alpha$  ( $p = 0,002$ ). It is expected that the hospital could give rewards to nurses for nurses example to motivate others to improve its performance, and involving family caregivers in the hospital activities such as family gatherings so that families know more about the scope of work of nurses.

**Keywords** : Social Support, Dual-Role Conflict, dr. Rasidin Padang Hospital, Work Stressgg

**Bibliography** : 60 (2007-2016)