

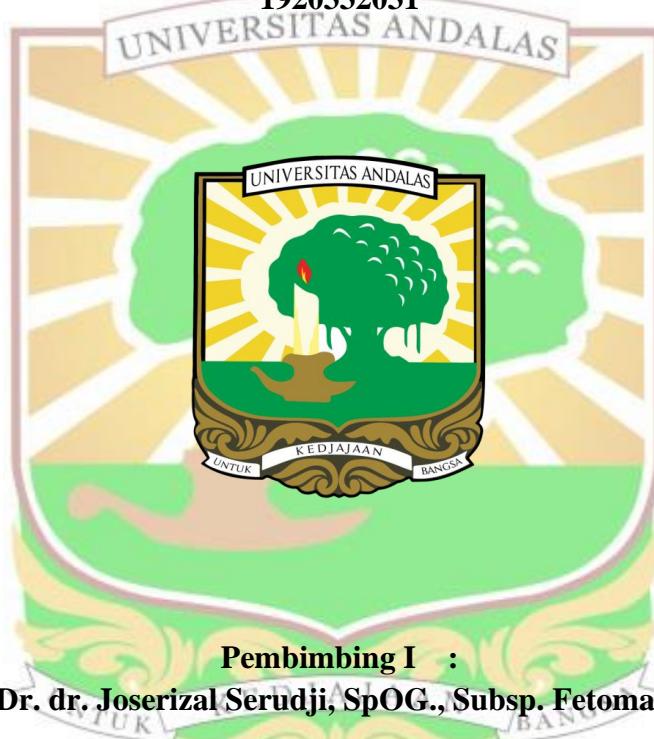
**IMPLEMENTASI PROGRAM PERENCANAAN PERSALINAN  
DAN PENCEGAHAN KOMPLIKASI (P4K)  
DI KOTA PADANG**

**TESIS**

**OLEH :**

**NABILA ALFINA**

**1920332031**



**Pembimbing I :**

**Dr. Dr. dr. Joserizal Serudji, SpOG., Subsp. Fetomaternal**

**Pembimbing II :**

**dr. Fika Tri Anggraini, M.Sc., PhD**

**PROGRAM STUDI KEBIDANAN PROGRAM MAGISTER  
FAKULTAS KEDOKTERAN  
UNIVERSITAS ANDALAS  
PADANG  
2023**

## **ABSTRAK**

### **IMPLEMENTASI PROGRAM PERENCANAAN PERSALINAN DAN PENCEGAHAN KOMPLIKASI DI KOTA PADANG**

**NABILA ALFINA**  
**1920332031**

Program Perencanaan Persalinan dan Pencegahan Komplikasi merupakan program untuk mengupayakan dan mempercepat penurunan AKI dan AKB, mencatat serta menandai setiap ibu hamil dengan stiker melalui kegiatan peningkatan akses dan kualitas pelayanan, membangun potensi masyarakat, khususnya kepedulian masyarakat untuk persiapan dan tindakan dalam menyelamatkan ibu dan bayi baru lahir.

Penelitian dilakukan dengan pendekatan kualitatif. Waktu dan lokasi penelitian Januari – Mei 2023 di Dinas Kesehatan, Wilayah Kerja Puskesmas Lubuk Kilangan, Puskesmas Lubuk Buaya dan Puskesmas Pegambiran. Komponen yang diteliti yaitu *input* (kebijakan, SDM, dana, sarana prasarana, pedoman/SOP), komponen proses (perencanaan, pelaksanaan, pencatatan pelaporan, monitoring evaluasi) dan komponen output (pencapaian target pelaksanaan).

Hasil penelitian komponen *input* menunjukkan, kebijakan belum mendukung terlaksananya program, jumlah SDM sudah mencukupi, dana pelaksanaan program Perencanaan Persalinan dan Pencegahan Komplikasi bersumber dari dana BOK, sarana prasarana telah memadai serta pedoman/SOP P4K belum tersedia disemua puskesmas. Komponen proses menunjukkan perencanaan P4K dirumuskan dalam bentuk *Planning Of Action* (POA). Pelaksanaan program Perencanaan Persalinan dan Pencegahan Komplikasi merupakan beberapa aspek belum berjalan dengan baik seperti penempelan stiker, tabulin, calon donor darah ibu hamil serta transportasi. Pencatatan pelaporan sudah berjalan dengan baik dan monitoring evaluasi program secara rutin dilakukan melalui evaluasi pelaporan bulanan. Komponen output didapatkan bahwa pelaksanaan sudah dilaksanakan oleh petugas kesehatan hanya saja belum secara maksimal dilihat dari beberapa poin pelaksanaan yang belum dilakukan.

Peneliti menyarankan untuk meningkatkan kegiatan sosialisasi dengan lintas sektor terkait untuk mendapatkan dukungan dalam pelaksanaan program Perencanaan Persalinan dan Pencegahan Komplikasi dan kepada pelaksana program untuk lebih mengintensifkan dalam pelaksanaan program.

**Kata Kunci :** Program P4K, AKI dan AKB, stiker P4K.

## **ABSTRACT**

### **IMPLEMENTATION OF DELIVERY PLANNING AND COMPLICATION PREVENTION PROGRAM IN PADANG CITY.**

**NABILA ALFINA  
1920332031**

*The Childbirth Planning and Complication Prevention Program is a program to strive and accelerate the reduction of MMR and IMR, record and mark every pregnant woman with a sticker through activities to improve access and quality of services, build community potential, especially community awareness for preparation and action in saving mothers and newborns.*

*The research was conducted with a qualitative approach. The time and location of the research were January–May 2023 at the Health Office, Lubuk Kilangan Health Center, Lubuk Buaya Health Center, and Pegambiran Health Center. The components studied were inputs (policies, human resources, funds, infrastructure, guidelines, or SOPs), process components (planning, implementation, recording, reporting, monitoring, and evaluation), and output components (achievement of implementation targets).*

*The results of the research on the input component show that the policy does not yet support the implementation of the program, the number of human resources is sufficient, the funds for implementing the Childbirth Planning and Prevention of Complications (P4K) program come from BOK funds, infrastructure facilities are adequate, and P4K guidelines and SOPs are not yet available at all puskesmas. The process component shows that P4K planning is formulated as planning of action (POA). Some aspects of the implementation of the Childbirth Planning and Complication Prevention program have not been running well, such as stickers, tabulins, prospective blood donors for pregnant women, and transportation. The recording of reporting has been running well, and monitoring of program evaluation is routinely carried out through monthly reporting evaluations. The output component found that the implementation has been carried out by health workers, but not maximally, as seen from several points of implementation that have not been done.*

*Researchers suggest increasing socialization activities with related cross-sectors to gain support in implementing the Childbirth Planning and Complication Prevention program and for program implementers to intensify program implementation.*

**Keyword :** P4K Program, MMR and IMR, P4K Sticker.