

## DAFTAR PUSTAKA

- Abel, C. M., Aneesa, M.V., Rehman, A., Dhanush, S., Suriyaprakash, T.N.K., & Sineesh, J.P. (2020). Assessment of medication adherence patterns and various causes of non-adherence in long term therapies in a tertiary care hospital. *Journal Pharmacy and Technology* 2020; 13(5): 2420-2426. <http://dx.doi.org/10.5958/0974-360X.2020.00434.5>
- Abuse, S., Arbor, A., West, B. T., Wilens, T. E., Units, A. P., & Hospital, M. G. (2017). HHS public access. *Journal am acad child adolesc psychiatry*, 55(8), 1–16. <https://doi.org/10.1016/j.jaac.2016.03.011>.
- Adefolalu, A. O. (2018). Cognitive-behavioural theories and adherence: Application and relevance in antiretroviral therapy. *Southern African Journal of HIV Medicine*, 19(1), 1–7. <https://doi.org/10.4102/sajhivmed.v19i1.762>
- Agbor, V. N., Takah, N. F., & Aminde, L. N. (2018). Prevalence and factors associated with medication adherence among patients with hypertension in sub-Saharan Africa: Protocol for a systematic review and meta-analysis. *BMJ*, 5(1), 1–6. <https://doi.org/10.1136/bmjopen-2017-020715>
- Ahmed, S., Tariqujjaman, M., Rahman, M. A., Hasan, M. Z., & Hasan, M. M. (2019). Inequalities in the prevalence of undiagnosed hypertension among Bangladeshi adults: Evidence from a nationwide survey. *International Journal for Equity in Health*, 18(1), 1–12. <https://doi.org/10.1186/s12939-019-0930-5>
- Alemayehu, Z., Egeno, T., & Loha, E. (2019). The magnitude of hypertension and its risk factors in southern Ethiopia: A community based study. *PLoS ONE*, 14(8), 1–12. <https://doi.org/10.1371/journal.pone.0221726>

Al-Noumani, H., Wu, J. R., Barksdale, D., Sherwood, G., AlKhasawneh, E., & Knafl, G. (2019). Health beliefs and medication adherence in patients with hypertension: A systematic review of quantitative studies. *Patient Education and Counseling*, 102(6), 1045–1056.

<https://doi.org/10.1016/j.pec.2019.02.022>

Al-sharqawi, S., & Bayoud, T. (2018). *Medication adherence in chronic illness : do beliefs about medications play a role ?* Dovepress, 1687–1698.

Alkhamis, A. M., Alsalman, A. J., Al Khamis, M., Alkhamis, A., & Alotaibi, N. M. (2019). Prevalence of nonadherence to antihypertensive medications among adults attending primary healthcare clinics in Al-Hasa Region: A cross-sectional study. *Dr. Sulaiman Al Habib Medical Journal*, 1(1–2), 36. <https://doi.org/10.2991/dsahmj.k.190516.001>

Ampofo, A. G., Khan, E., & Ibitoye, M. B. (2020). Understanding the role of educational interventions on medication adherence in hypertension: A systematic review and meta-analysis. *Heart and Lung*, 49(5), 537–547. <https://doi.org/10.1016/j.hrtlng.2020.02.039>

Arlinghaus, K. R., & Johnston, C. A. (2018). *The Importance of creating habits and routine*. XX(X), 10–12. <https://doi.org/10.1177/1559827618818044>

Arnett, D. K., Blumenthal, R. S., Albert, M. A., Buroker, A. B., Goldberger, Z. D., Hahn, E. J., Himmelfarb, C. D., Khera, A., Lloyd-Jones, D., McEvoy, J. W., Michos, E. D., Miedema, M. D., Muñoz, D., Smith, S. C., Virani, S. S., Williams, K. A., Yeboah, J., & Ziaeian, B. (2019). ACC/AHA guideline on the primary prevention of cardiovascular disease: a report of the American College of cardiology/american heart association task force on clinical

practice guidelines. *in circulation*, 140 (11).

<https://doi.org/10.1161/CIR.0000000000000678>

Atolagbe, E. T., Sivanandy, P., & Ingle, P. V. (2023). Effectiveness of educational intervention in improving medication adherence among patients with diabetes in Klang Valley, Malaysia. *Frontiers in Clinical Diabetes and Healthcare*, 4, 1–11. <https://doi.org/10.3389/fcdhc.2023.1132489>

Ayu, N.R., Aran, M.R.B., Baba, W.N., Setiawati, W.B., Batubara, I.M., Vianitati, P & Firsty, L. (2021). *Keperawatan gerontik lansia dan permasalahannya*. Pamekasan: Duta Media Publishing.

Azadi, N. A., Ziapour, A., Lebni, J. Y., Irandoost, S. F., Abbas, J., & Chaboksavar, F. (2021). The effect of education based on health belief model on promoting preventive behaviors of hypertensive disease in staff of the Iran University of Medical Sciences. *Archives of Public Health*, 79(1), 1–8. <https://doi.org/10.1186/s13690-021-00594-4>

Badan Pusat Statistik. (2019, Maret 17). Riset kesehatan dasar provinsi sumatera barat tahun 2018. *Kemendes*. <https://repository.badankebijakan.kemkes.go.id/3906/1/LAPORAN%20RIS KESDAS%20SUMATRA%20BARAT%202018.pdf>

Badan Pusat Statistik. (2020, Desember 23 ). Survei angkatan kerja nasional (SAKERNAS). *BPS*.

<https://www.bps.go.id/publication/2020/12/23/d8b9a75ce826ddafbddb9657/booklet-survei-angkatan-kerja-nasional-agustus-2020.html>

Badan Pusat Statistik. (2021, Desember 21). Statistik penduduk lanjut usia 2021. *Katadata*. <https://databoks.katadata.co.id/datapublish/2022/05/30/ada-30->



juta-penduduk-lansia-di-indonesia-pada-2021

- Badanta-Romero, B., de Diego-Cordero, R., & Rivilla-García, E. (2018). Influence of religious and spiritual elements on adherence to pharmacological treatment. *Journal of Religion and Health*, 57(5), 1905–1917. <https://doi.org/10.1007/s10943-018-0606-2>
- Bakhshi, S., Heidari, S., Zanjirani, S., & Zakeri, M A. The effect of health belief model-based education on empowering cardiovascular patients for medication adherence. *Journal Nurse Midwifery Sci.* 2023;10(1):e134214. <https://doi.org/10.5812/jnms-134214>.
- Barker, S. (2019). *Keperawatan gerontik asuhan keperawatan pada lansia*. (Edisi 1). Yogyakarta: Rapha Publishing
- Bhagani, S., Kapil, V., & Lobo, M.D. (2018). Hypertension. *Medicine*, 1–7. <https://doi.org/10.1016/j.mpmed.2018.06.009>
- Biffi, A., Rea, F., Iannaccone, T., Filippelli, A., Mancina, G., & Corrao, G. (2020). Sex differences in the adherence of antihypertensive drugs: A systematic review with meta-analyses. *BMJ Open*, 10(7). <https://doi.org/10.1136/bmjopen-2019-036418>
- Black, J.M., & Hawks, J.H. (2014). *Keperawatan medikal bedah manajemen klinis untuk hasil yang diharapkan*. (Edisi 2). Jakarta: P.T. Salemba Emban Patria.
- Budiono & Pertami, S.B. (2018). *Konsep dasar keperawatan*. (Edisi 1). Jakarta: Bumi Medika.
- Burnier, M., & Egan, B. M. (2019). Adherence in hypertension: a review of prevalence, risk factors, impact, and management. *Circulation Research*,

124(7), 1124–1140. <https://doi.org/10.1161/CIRCRESAHA.118.313220>

Burnier, M., Polychronopoulou, E., & Wuerzner, G. (2020). Hypertension and drug adherence in the elderly. *Frontiers in Cardiovascular Medicine*, 7(1-9). <https://doi.org/10.3389/fcvm.2020.00049>

Calvo, E., Izquierdo, S., Castillo, R., César, E., Domene, G., Gómez, A. B., Guerrero, C., Andreu-Periz, L., Gómez-Hospital, J. A., & Ariza-Solé, A. (2021). Can an individualized adherence education program delivered by nurses improve therapeutic adherence in elderly people with acute myocardial infarction?: A randomized controlled study. *International Journal of Nursing Studies*, 120. <https://doi.org/10.1016/j.ijnurstu.2021.103975>

Dahlan, S. (2020). *Statistik untuk Kedokteran dan Kesehatan*. (Edisi 1). Jakarta: Salemba Medika.

Damayanti, M., Sofyan, O., Farmasi, A., & Yogyakarta, I. (2022). Hubungan tingkat pendidikan terhadap tingkat pengetahuan masyarakat di dusun sumberan Sedayu Bantul tentang pencegahan covid-19 bulan Januari. *Jurnal UGM*, Volume 18 (2), 220–226. <https://doi.org/10.22146/farmaseutik.v18i2.70171>

Delavar, F., Pashaeypoor, S., & Negarandeh, R. (2020). The effects of self-management education tailored to health literacy on medication adherence and blood pressure control among elderly people with primary hypertension: A randomized controlled trial. *Patient Education and Counseling*, 103(2), 336–342. <https://doi.org/10.1016/j.pec.2019.08.028>

Dhar, L., Dantas, J., & Ali, M. (2017). A systematic review of factors influencing medication adherence to hypertension treatment in developing countries.

*Epidemiology*, 211–250. <https://doi.org/10.4236/ojepi.2017.73018>

Efendi, Y., & Julianto, E. K. (2020). Pengaruh Self Help Group Terhadap

Kemampuan Keluarga Dalam Merawat Klien Skizofrenia Di Poli Jiwa Puskesmas Kalitidu. *Jurnal Ilmu Kesehatan MAKIA*, 10(2), 56–61.

<https://doi.org/10.37413/jmakia.v10i2.7>

Ekasari., Fatmasari, M., Made, N.R., & Hartini, T. (2018). *Meningkatkan kualitas hidup lansia konsep dan berbagai strategi intervensi*. (Edisi 1). Malang: Wineka Media.

Sari, E., & Mustikasari. (2020). Tanda dan gejala acute stress disorder terhadap korban bencana banjir. *Jurnal Ilmu Keperawatan Jiwa. Volume 3*(2).

<https://journal.ppnijateng.org/index.php/jikj/article/download/519/322/1906>

Fernández-Alvira, J. M., Fernández-Jiménez, R., de Miguel, M., Santos-Beneit,

G., Bodega, P., Hill, C. A., Carral, V., Rodríguez, C., Carvajal, I., Orrit, X., de Cos-Gandoy, A., Dal Re, M., Robledo, T., & Fuster, V. (2021). The

challenge of sustainability: Long-term results from the fifty-fifty peer group-based intervention in cardiovascular risk factors. *American Heart Journal*,

240 (81–88). <https://doi.org/10.1016/j.ahj.2021.06.006>

Fernandez-lazaro, C. I., Adams, D. P., Fernandez-lazaro, D., Juan, M., Caballero-

garcía, A., & Miron-canelo, J. A. (2018). Medication adherence and barriers among low-income, uninsured patient with multiple chronic conditions.

*Research in Social & Administrative Pharmacy*. 182 (76-84)

<https://doi.org/10.1016/j.sapharm.2018.09.006>



Ferreira-Santos, P., Aparicio, R., Carrón, R., Sevilla, M. Á., Monroy-Ruiz, J., & Montero, M. J. (2018). Lycopene-supplemented diet ameliorates cardiovascular remodeling and oxidative stress in rats with hypertension induced by angiotensin II. *Journal of Functional Foods*, 47(May), 279–287. <https://doi.org/10.1016/j.jff.2018.06.002>

Jayani, D. H. (2021, Desember 23). Rasio ketergantungan lansia di RI makin tinggi di 2021, beban generasi muda bertambah. *Databoks*. <https://databoks.katadata.co.id/datapublish/2021/12/23/rasio-ketergantungan-lansia-di-ri-makin-tinggi-di-2021-beban-generasi-muda-bertambah>

Garz, N. E., & Patricia, L. (2019). Original article reliability of the treatment adherence questionnaire for patients with hypertension validity and reability. *Enfemeria Nursing Research and Education*. 37(3). <https://doi.org/10.17533/udea.iee.v37n3e09>.

Gast, A., & Mathes, T. (2019). Medication adherence influencing factors — an ( updated ) overview of systematic reviews. *BMC*, 8(112). <http://doi.org/10.1186/s13643-019-1014-8>.

Gao, Z., Chen, Z., Sun, A., & Deng, X. (2019). Gender differences in cardiovascular disease. *Medicine in Novel Technology and Devices*, 4(56). <https://doi.org/10.1016/j.medntd.2019.100025>

Gavrilova, A., Bandere, D., Rutkovska, I., Šmits, D., & Mauri, B. (2019). Knowledge about disease, medication therapy, and related medication adherence levels among patients with hypertension. *Medicine*. 6(34-41) <https://doi.org/10.3390/medicina55110715>

Gebreyohannes, E. A., Bhagavathula, A. S., Abebe, T. B., Tefera, Y. G., & Abegaz, T. M. (2019). Adverse effects and non-adherence to antihypertensive medications in University of Gondar Comprehensive Specialized Hospital. *Clinical Hypertension*, 25(1), 1–9. <https://doi.org/10.1186/s40885-018-0104-6>

Guo, A., Jin, H., Mao, J., Zhu, W., Zhou, Y., Ge, X., & Yu, D. (2023). Impact of health literacy and social support on medication adherence in patients with hypertension: a cross-sectional community-based study. *BMC Cardiovascular Disorders*, 23(1), 1–10. <https://doi.org/10.1186/s12872-023-03117-x>

Gu, L., Wu, S., Zhao, S., Zhou, H., Zhang, S., & Gao, M. (2017). Association of social support and medication adherence in chinese patients with type 2 diabetes mellitus. *Environmental Research and Public Health*, 1–10. <https://doi.org/10.3390/ijerph14121522>

Gyasi, R. M., Phillips, D. R., & David, R. (2019). Explaining the gender gap in health services use among Ghanaian community-dwelling older cohorts. *Women and Health*, 59(10), 1089–1104. <https://doi.org/10.1080/03630242.2019.1587666>

Hagger, M.S. (2019). The reasoned action approach and the theories of reasoned action and planned behavior. *New York, NY: Oxford University Press*. doi: 10.1093/OBO/97801998228340-0240

Haidari, A., Moeini, M., & Khosravi, A. (2017). The impact of peer support program on adherence to the treatment regimen in patients with hypertension: A randomized clinical trial study. *Iranian Journal of Nursing*



and *Midwifery Research*, 22(6), 427–430.

[https://doi.org/10.4103/ijnmr.IJNMR\\_16\\_16](https://doi.org/10.4103/ijnmr.IJNMR_16_16)

Harahap, D. A., Aprilla, N., & Muliati, O. (2019). Hubungan pengetahuan penderita hipertensi tentang hipertensi dengan kepatuhan minum obat antihipertensi di wilayah kerja puskesmas kampa tahun 2019. *Jurnal Ners*, 3(2), 97–102. <http://journal.universitaspahlawan.ac.id/index.php/ners>

Hawthorne, D. M., & Gordon, S. C. (2020). The invisibility of spiritual nursing care in clinical practice. *Journal of Holistic Nursing*, 38(1), 147–155. <https://doi.org/10.1177/0898010119889704>

Park, H.Y., Seo, S.A., & Yoo, K. L. (2018). Medication adherence and beliefs about medication in elderly patients living alone with chronic diseases. *Dove Press*, 175–181

Isiguzo, G. C., Santo, K., Panda, R., Mbau, L., Mishra, S. R., Ugwu, C. N., Virani, S. S., Odili, A. N., & Atkins, E. R. (2022). Adherence clubs to improve hypertension management in nigeria: clubmeds, a feasibility study. *Global Heart*, 17(1). <https://doi.org/10.5334/gh.1109>

Jankowska-polańska, B. (2017). Selected factors affecting adherence in the pharmacological treatment of arterial hypertension. *Dovepress*, 7(363–371). <http://dx.doi.org/10.2147/PPA.S127407>

Kemendagri, Kemendikbud, Kemendiknas, Kemendikbudristek, Kementerian Kesehatan RI. (2019). Infodatin, Pusat Data dan Informasi Kementerian Kesehatan RI. *Kemendes* 1–5.

<https://pusdatin.kemkes.go.id/resources/download/pusdatin/infodatin/infodatin-hipertensi-si-pembunuh-senyap.pdf>

- Kennedy, G. A. (2019). The impact of personal and cultural beliefs on medication adherence of patients with chronic illnesses: A systematic review. *Dove Press, 13*(1019–1035). <https://doi.org/10.1457/0898010119889704>
- Kiely, K. M., Brady, B., & Byles, J. (2019). Gender, mental health and ageing. *Maturitas, 129*(76–84). <https://doi.org/10.1016/j.maturitas.2019.09.004>
- Kim, E. S., Kim, B. II, & Jung, H. I. (2019). Does the national dental scaling policy reduce inequalities in dental scaling usage? A population-based quasi-experimental study. *BMC Oral Health, 19*(1-8). <https://doi.org/10.1186/s12903-019-0881-7>
- Kim, S., Shin, D. W., Yun, J. M., Hwang, Y., Park, S. K., Ko, Y. J., & Cho, B. (2016). Medication adherence and the risk of cardiovascular mortality and hospitalization among patients with newly prescribed antihypertensive medications. *Hypertension, 67*(506–512). <https://doi.org/10.1161/HYPERTENSIONAHA.115.06731>
- Krishnamoorthy, Y., Sakthivel, M., Sarveswaran, G., & Eliyas, S. K. (2019). Effectiveness of peer led intervention in improvement of clinical outcomes among diabetes mellitus and hypertension patients—A systematic review and meta-analysis. *Primary Care Diabetes, 13*(158–169),. <https://doi.org/10.1016/j.pcd.2018.11.007>
- Kulkarni, A., Mehta, A., Yang, E., & Parapid, B. (2022). Older adults and hypertension: beyond the 2017 guideline for prevention, detection, evaluation, and. *American College of Cardiology, 14*(1–13). <https://www.acc.org/latest-in-cardiology/articles/2020/02/26/06/24/older-adults-and-hypertension>

- Kumar, K., & Misra, S. (2021). Sex differences in prevalence and risk factors of hypertension in India: Evidence from the National Family Health Survey-4. *PLoS ONE*, *16*(1–14). <https://doi.org/10.1371/journal.pone.0247956>
- Kurnia, I. D., & Rama, J. A. (2017). The effect of theory of reasoned action implementation on dietary and physical activity adherence in patients with diabetes mellitus type 2. *Atlantis Press*, *4*(23-31). <https://doi.org/10.2991/inc-17.2017.56>
- Kurniawati, N. D., Wahyuni, E. D., & Toulasik, Y. A. (2019). Family support improves hypertensive patient drug compliance. *Indian Journal of Public Health Research and Development*, *7*(21-28). <https://doi.org/10.5958/0976-5506.2019.02270.8>
- Kvarnström, K., Westerholm, A., Airaksinen, M., & Liira, H. (2021). Factors contributing to medication adherence in patients with a chronic condition: A scoping review of qualitative research. *Pharmaceutics*, *13*(7), 1–41. <https://doi.org/10.3390/pharmaceutics13071100>
- Landstad, B. J., Hedlund, M., & Kendall, E. (2020). Practicing in a person-centred environment—self-help groups in psycho-social rehabilitation. *Disability and Rehabilitation*, *44*(7), 1–10. <https://doi.org/10.1080/09638288.2020.1789897>
- Lee, Y., Yu, H. Y., You, M., & Son, Y. (2017). Impact of health literacy on medication adherence in older people with chronic diseases. *Collegian*, *24*(1), 11–18. <https://doi.org/10.1016/j.colegn.2015.08.003>
- Lestari, B., Mayangsari, E., & Nurdiana. (2019). *Farmakoterapi kardiovaskuler*. (Edisi 1). Malang: UB Press



- Levasseur, M. A., Ferrari, M., McIlwaine, S., & Iyer, S. N. (2019). Peer-driven family support services in the context of first-episode psychosis: Participant perceptions from a Canadian early intervention programme. *Early Intervention in Psychiatry*, 13(335–341). <https://doi.org/10.1111/eip.12771>
- Liu, Q., Wang, H., Liu, A., Jiang, C., Li, W., Ma, H., & Geng, Q. (2022). Adherence to prescribed antihypertensive medication among patients with depression in the United States. *BMC Psychiatry*, 22(1–9). <https://doi.org/10.1186/s12888-022-04424-x>
- Luthfa, I., Kuncoro, J., & Ardian, I. (2019). Peningkatan kemampuan management hipertensi berbasis kelompok swabantu. *Prosiding Seminar Nasional Unimus*, 2(1–9). <http://prosiding.unimus.ac.id>
- Maharianingsih, N. M., Rahem, A., & Aditama, L. (2018). Pengaruh patient decision aid terhadap knowledge, attitude, practice, dan tekanan darah pasien hipertensi di uptd puskesmas tabanan III. *Indonesian Journal of Clinical Pharmacy*, 7(4). <https://doi.org/10.15416/ijcp.2018.7.4.270>
- Mardiyah, S. (2022). *Konsep dasar keperawatan gerontik*. (Edisi 1). Sukoharjo: CV. Pradina Pustaka Group.
- Marhabatsar, N.S., & Sijid, A. (2021). Review: penyakit hipertensi pada sistem kardiovaskular. *Journal.UIN-Audin*, 8(45-52). <http://journal.uin-alauddin.ac.id/index.php/psb>
- Márquez-contreras, E., García-ramos, L. D. L., Martell-claros, N., Gil-guillen, V. F., Márquez-rivero, S., Pérez-lópez, E., Garrido-lopez, M. A., Farauste, C., López-pineda, A., Casado-martinez, J. J., Orozco-beltran, D., Quesada, J. A., & Carratalá-munuera, C. (2018). Patient education and counseling validation

of the electronic prescription as a method for measuring treatment adherence in hypertension. *Patient Education and Counseling*, 7(6).  
<https://doi.org/10.1016/j.pec.2018.04.009>

Maulidina, F. (2019). Faktor-faktor yang berhubungan dengan kejadian hipertensi di wilayah kerja Puskesmas Jati Luhur Bekasi Tahun 2018. *ARKESMAS (Arsip Kesehatan Masyarakat)*, 4(149–155).  
<https://doi.org/10.22236/arkesmas.v4i1.3141>

Nagai, N., Tani, H., Yoshida, K., Gerretsen, P., Suzuki, T., Ikai-Tani, S., Mimura, M., & Uchida, H. (2020). Drug attitude, insight, and patient's knowledge about prescribed antipsychotics in schizophrenia: A cross-sectional survey. *Neuropsychiatric Disease and Treatment*, 16, 781–787.  
<https://doi.org/10.2147/NDT.S240377>

Nganou-Gnindjio, C. N., Domning, H. G. K., Mfeukeu-Kuate, L., Hamadou, B., Kamdem, F., Bediang, G., Tankeu, A. T., Menanga, A. P., & Kingue, S. (2018). Effect of therapeutic group education on adherence and blood pressure control among uncontrolled hypertensive patients in Sub Saharan Africa. *World Journal of Cardiovascular Diseases*, 08(03).  
<https://doi.org/10.4236/wjcd.2018.83018>

Nies, M., & McEwen, M. (2019). *Keperawatan kesehatan komunitas dan keluarga*. (Edisi 9). Elsevier Singapore

Novianti, I., Salman, S., & Hilmi, I. L. (2022). Hubungan tingkat pengetahuan, sikap, dan dukungan keluarga terhadap kepatuhan minum obat penderita hipertensi di Puskesmas Batujaya. *Lambung Farmasi: Jurnal Ilmu Kefarmasian*, 3(2), 349–354.

Nugroho, W. (2020). *Keperawatan gerontik*. (Edisi 2). Jakarta: Penerbit Buku Kedokteran EGC

Nursalam. (2017). *Metodologi penelitian ilmu keperawatan pendekatan praktis*. (Edisi 3). Jakarta: Salemba Medika.

Olivine, A. (2022, April 09). What is a support group?. *Verywellhealth*. <https://www.verywellhealth.com/support-group-5205220>

Pan, J., Wu, L., Wang, H., Lei, T., Hu, B., Xue, X., & Li, Q. (2019). Determinants of hypertension treatment adherence among a Chinese population using the therapeutic adherence scale for hypertensive patients. *Medicine*, 1–7. <https://doi.org/10.1026/j.jgf.2018.06.0062>

Pan, J., Hu, B., Wu, L., & Li, Y. (2021). The effect of social support on treatment adherence in hypertension in China. *Patient Preference and Adherence*, 15(1953–1961). <https://doi.org/10.2147/PPA.S325793>

Paczkowska, A., Hoffmann, K., Kus, K., Kopciuch, D., Zaprutko, T., Ratajczak, P., Michalak, M., Nowakowska, E., & Bryl, W. (2021). Impact of patient knowledge on hypertension treatment adherence and efficacy: A single-centre study in Poland. *International journal of medical sciences*, 18(3), 852–860. <https://doi.org/10.7150/ijms.48139>

Pourmand, G., Doshmangir, L., Ahmadi, A., Noori, M., Rezaeifar, A., Mashhadi, R., Aziminia, R., Pourmand, A., & Gordeev, V. S. (2020). An application of the theory of planned behavior to self-care in patients with hypertension. *BMC Public Health*, 20(1), 1–8. <https://doi.org/10.1186/s12889-020-09385-y>

Purba EN, Santosa H, Siregar FA. The relationship of physical activity and obesity with the incidence of hypertension in adults aged 26-45 years in



Medan. *Open Access Maced J Med Sci.* 2019 Oct 14;7(20):3464-3468. doi: 10.3889/oamjms.2019.447. PMID: 32002075; PMCID: PMC6980830

P2PTM Kemenkes RI. (2019, April 06). Apa defenisi aktivitas fisik?. *Kemntrian Kesehatan Republik Indonesia*. <https://p2ptm.kemkes.go.id/infographic-p2ptm/obesitas/>

Rachmawati, W. C. (2019). *Promosi kesehatan dan ilmu perilaku*. (Edisi 1). Malang: Wineka Media.

Ramezankhani, A., Azizi, F., & Hadaegh, F. (2019). Associations of marital status with diabetes, hypertension, cardiovascular disease and all-cause mortality: A long term follow-up study. *Plos One*, 14(4), 1–15. <https://doi.org/10.1371/journal.pone.0215593>

Rangga, Y. P. P., & Gebang, A. A. (2022). Kontribusi faktor usia dan status perkawinan terhadap hipertensi pada wanita di indonesia. *Jurnal Keperawatan Dan Kesehatan Masyarakat*, 8(2), 31–36. <http://jkkmfikesunipa.nusanipa.ac.id/index.php/hlj-Unipa/article/view/79>

Relawati, A., & Saniatunnisa, S. (2021). The effect of self-help group on self-awareness of people with hypertension in Yogyakarta. *Macedonian Journal of Medical Sciences*, 9(261–266). <https://doi.org/10.1186/s13293-020-0306-7>

Rosińczuk, J., & Froelicher, E. S. (2018). Factors influencing adherence to treatment in older adults with hypertension. *Dovepress*, 235(2425). <https://doi.org/10.1146/annurev-psych-010419-050754>

Sabbatini, A. R., & Kararigas, G. (2020). Estrogen-related mechanisms in sex differences of hypertension and target organ damage. *Biology of Sex Differences*, 11(1), 1–17. <https://doi.org/10.1186/s13293-020-00306-7>

- Sahar, J., Riasmini, N. M., Kusumawati, D. N., & Erawati, E. (2017). Improved health status and life satisfaction among older people following self-help group intervention in Jakarta. *Gerontology and Geriatrics Research*, 56(4), 52-59. <https://doi.org/10.1155/2017/3879067>
- Schulz, R., Beach, S. R., Czaja, S. J., Martire, L. M., & Monin, J. K. (2020). Family caregiving for older adults. *Annual Review of Psychology*, 71(76-84), 635–659. <https://doi.org/10.1146/annurev-psych-010419-050754>
- Said, R. (2022). Analisis yang mempengaruhi kepatuhan minum obat hipertensi pada lansia di Puskesmas Padongko Kabupaten Barru. *Jurnal Kesehatan*, 13(2), 108–121. <https://doi.org/10.35907/bgjk.v13i2.227>
- Sari, N. W., Rahmanti, A., Keperawatan, A., Iv, K., & Sari, N. W. (2020). Efektifitas metode self-help group (SHG) terhadap tekanan darah pada lansia hipertensi. *Jurnal Keperawatan*, 03(4), 10–16. <https://doi.org/10.1155/2017/3879067>
- Segawa, H. K., Uematsu, H., Dorji, N., Wangdi, U., Dorjee, C., Yangchen, P., Kunisawa, S., Sakamoto, R., & Imanaka, Y. (2021). Gender with marital status, cultural differences, and vulnerability to hypertension: findings from the national survey for noncommunicable disease risk factors and mental health using who steps in Bhutan. *Plos One*, 16(8), 1–17. <https://doi.org/10.1371/journal.pone.0256811>
- Setiyorini, E. (2018). *Askep lansia dengan penyakit degeneratif*. (Edisi 1). Malang: Media Nusa Creative.
- Shahin, W., Kennedy, G. A., & Stupans, I. (2019). The impact of personal and cultural beliefs on medication adherence of patients with chronic illnesses: A

systematic review. *Patient Preference and Adherence*, 13(2), 1019–1035.  
<https://doi.org/10.2147/PPA.S212046>

Sukartini, T., Mulyasari, P., & Wahyuni, E.D. (2020). The relationship of family support and patients knowledge with the treatment adherence of hypertension patients. *Sys Rev Pharm* 2020;11(6):1108-1110

Son, M., Heo, Y. J., Hyun, H. J., & Kwak, H. J. (2022). Effects of marital status and income on hypertension: the korean genome and epidemiology study (KoGES). *Journal of Preventive Medicine and Public Health*, 55(6), 506–519. <https://doi.org/10.3961/jpmph.22.264>

Sun, J., Wang, X., Terry, P. D., Ren, X., Hui, Z., Lei, S., Wang, C., & Wang, M. (2022). Interaction effect between overweight / obesity and alcohol consumption on hypertension risk in China: a longitudinal study. <https://doi.org/10.1136/bmjopen-2022-061261>

Marcia, S., & Lancaster, J. (2019). *Public Health Nursing*. (9<sup>th</sup> ed). Kentucky: Elsevier.

Stuart, G.W, Keliat B., A., Pasaribu, J. (2016). *Prinsip dan praktik keperawatan kesehatan jiwa stuart*. (Edisi 1). Singapore: Elsevier.

Suseno, B. (2017). Karakteristik penderita hipertensi pada ibu rumah tangga warga desa pucang rw 02 Kecamatan Bawang Kabupaten Banjarnegara tahun 2016. *Medsains*, 3(02), 35–40.

Swarjana, I.K. (2022). *Konsep Pengetahuan, sikap, perilaku, persepsi, stress, kecemasan, nyeri, dukungan sosial, kepatuhan, motivasi, kepuasan, pandemi covid 19, akses layanan kesehatan*. (Edisi 1). Yogyakarta: Andi Offset.



Tan, C. S. (2020). Short communication The Need of Patient Education to Improve Medication Adherence Among Hypertensive Patients. *6*(1), 1–5. <https://doi.org/10.1155/2017/3879067>

Teshome, D. F., Bekele, K. B., Habitu, Y. A., & Gelagay, A. A. (2017). Medication adherence and its associated factors among hypertensive patients attending the Debre Tabor General Hospital, Northwest Ethiopia. *Integrated Blood Pressure Control*, *10*(3), 1–7. <https://doi.org/10.2147/IBPC.S128914>

Theofilou, P. (2022). Associated factors with adherence level of elderly patients with hypertension to the prescribed medication. *The Open Public Health Journal*, *15*(1), 1–6. <https://doi.org/10.2174/18749445-v15-e221220-2022-136>

TNP2K, Kemenkes RI, K. K., Kaur, D., Rasane, P., Singh, J., Kaur, S., Kumar, V., Mahato, D. K., Dey, A., Dhawan, K., Kumar, S., Bender, D. V., Krznarić, Ž., Usia, S. L., & Kemenkes RI, K. K. (2020). Situasi lansia di Indonesia dan akses terhadap program perlindungan sosial: *Kementrian Kesehatan RI*, *10*(2). [http://tnp2k.go.id/download/87694laporan studi lansia - analisis data sekunder.pdf](http://tnp2k.go.id/download/87694laporan%20studi%20lansia%20-%20analisis%20data%20sekunder.pdf)

Uchmanowicz, B., Jankowska, E. A., & Uchmanowicz, I. (2019). Self-reported medication adherence measured with morisky medication adherence scales and its determinants in hypertensive patients aged  $\geq 60$  years : A systematic review. *Frontiers in Pharmacology*, *10*(4), 1–11. <https://doi.org/10.3389/fphar.2019.00168>

Uddin, M. A., & Bhuiyan, A. J. (2019). Development of the family support scale ( FSS ) for elderly people. *MOJ Gerontology & Geriatrics*, 4(1), 17–20. <https://doi.org/10.15406/mojgg.2019.04.00170>

Ulfa, M. (2021). Pengaruh self help group terhadap pengetahuan pasien dengan penyakit kronis. *Media Husada Journal of Nursing Science*, 2(1), 51–62. <https://doi.org/10.33475/mhjns.v1i2.15>

Urruth, N., Tavares, L., Dâmaso, A., Ii, B., Serrate, S., Iii, M., & Sergio, P. (2016). Factors associated with low adherence to medicine treatment for chronic diseases in Brazil. *RSP*, 50(2), 1–11. <https://doi.org/10.1590/S1518-8787.2016050006150>

Violita, F., Thaha, I. L. M., Dwinata, I., & Susanna, D. (2018). Factors associated with medication adherence of patients with hypertension in Segeri's *Health Center*. *Knowledge E*, 4(1), 173–180. <https://doi.org/10.18502/cls.v4i4.2275>

Wang, M. Y., Shen, M. J., Wan, L. H., Mo, M. M., Wu, Z., Li, L. L., & Neidlinger, S. H. (2020). Effects of a comprehensive reminder system based on the health belief model for patients who have had a stroke on health behaviors, blood pressure, disability, and recurrence from baseline to 6 months: a randomized controlled trial. *Journal of Cardiovascular Nursing*, 35(2), 156–164. <https://doi.org/10.1097/JCN.0000000000000631>

Valdés González, Y., Campbell, N. R. C., Pons Barrera, E., Calderón Martínez, M., Pérez Carrera, A., Morales Rigau, J. M., Afonso de León, J. A., Pérez Jiménez, V., Landrove Rodríguez, O., DiPette, D. J., Giraldo, G., & Orduñez, P. (2020). Implementation of a community-based hypertension control program in Matanzas, Cuba. *Journal of Clinical Hypertension*, 22(2), 142–149. <https://doi.org/10.1111/jch.13814>

Xia, X., Zhou, C., He, X., Liu, C., Wang, G., & Sun, X. (2020). The relationship between estrogen-induced phenotypic transformation and proliferation of vascular smooth muscle and hypertensive intracerebral hemorrhage. *Annals of Translational Medicine*, 8(12), 762–762. <https://doi.org/10.21037/atm-20-4567>

Xiao M, Zhang F, Xiao N, Bu X, Tang X, & Long Q. (2019). Health-related quality of life of hypertension patients: A population-based cross-sectional study in Chongqing, China. *International Journal of Environmental Research and Public Health* [revista en Internet] 2019 [acceso 09 de junio de 2021]; 16(13): 1-12. *International Journal of Environmental Research and Public Health*, 16(13), 1–12. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6652141/pdf/ijerph-16-02348.pdf>

Xie, Z., Liu, K., Or, C., Chen, J., Yan, M., & Wang, H. (2020). An examination of the socio-demographic correlates of patient adherence to self-management behaviors and the mediating roles of health attitudes and self-efficacy among patients with coexisting type 2 diabetes and hypertension. *BMC Public Health*, 20(1), 1–13. <https://doi.org/10.1186/s12889-020-09274-4>

Yeung, D. L., Alvarez, K. S., Quinones, M. E., Clark, C. A., Oliver, G. H., Alvarez, C. A., & Jaiyeola, A. O. (2017). Low e health literacy flashcards & mobile video reinforcement to improve medication adherence in patients on oral diabetes, heart failure, and hypertension medications. *Journal of the American Pharmacists Association*, 57(1), 30–37. <https://doi.org/10.1016/j.japh.2016.08.012>



Yashawant, R., Nitesh, K., Shatrughan, P., Vijay, K., & Ankur, S. (2020). Medication Adherence: Assess Compliance and Associated Factors among Hypertensive Patients. *Journal of Hypertension and Management*, 6(1), 8–12. <https://doi.org/10.23937/2474-3690/1510048>

Zhang, L., Du, H., & Song, J. (2021). Effect of holistic nursing intervention combined with humanized nursing intervention on activities of daily living and limb movement ability of elderly patients with cerebral hemorrhage after surgery. *Evidence-Based Complementary and Alternative Medicine*, 2021. <https://doi.org/10.1155/2021/2480551>

Zhang, Y., Liu, S., Sheng, X., Lou, J., Fu, H., & Sun, X. (2019). Evaluation of a community-based hypertension self-management model with general practitioners. *Willey*, 4(3) 1–15. <https://doi.org/10.1002/hpm.2867>

Zhou, B., Carrillo-Larco, R. M., Danaei, G., Riley, L. M., Paciorek, C. J., Stevens, G. A., Gregg, E. W., Bennett, J. E., Solomon, B., Singleton, R. K., Sophiea, M. K., Iurilli, M. L. C., Lhoste, V. P. F., Cowan, M. J., Savin, S., Woodward, M., Balanova, Y., Cifkova, R., Damasceno, A., & Zuñiga Cisneros, J. (2021). Worldwide trends in hypertension prevalence and progress in treatment and control from 1990 to 2019: a pooled analysis of 1201 population-representative studies with 104 million participants. *The Lancet*, 398(10304), 957–980. [https://doi.org/10.1016/S0140-6736\(21\)01330-1](https://doi.org/10.1016/S0140-6736(21)01330-1)

Zhu, X., Kam, F., Wong, Y., Lai, C., & Wu, H. (2017). Development and evaluation of a nurse-led hypertension management model: A randomized controlled trial. *International Journal of Nursing Studies*. <https://doi.org/10.1016/j.ijnurstu.2017.10.006>

