



**UNIVERSITAS ANDALAS**

**EVALUASI PELAKSANAAN PROGRAM POSYANDU LANSIA  
DI RW 10 KELURAHAN KORONG GADANG WILAYAH  
KERJA PUSKESMAS KURANJI KOTA PADANG**



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**PRODI GIZI**

**FAKULTAS KESEHATAN MASYARAKAT**

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**Diajukan Sebagai Salah Satu Syarat Untuk Melaksanakan Penelitian Skripsi  
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**Skripsi, Agustus 2023**

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**EVALUASI PELAKSANAAN PROGRAM POSYANDU LANSIA DI RW 10  
KELURAHAN KORONG GADANG WILAYAH KERJA PUSKESMAS  
KURANJI KOTA PADANG**

xi + 63 halaman, 16 tabel, 2 gambar, 12 lampiran

**ABSTRAK**

**Tujuan Penelitian**

Kunjungan lansia pada posyandu RW 10 Korong Gadang mengalami penurunan dalam tiga bulan terakhir yaitu oktober sebesar 11%, november sebesar 4,6%, desember sebesar 3,4%. Tujuan penelitian ini adalah mengevaluasi pelaksanaan program posyandu lansia di rw 10 kelurahan korong gadang wilayah kerja puskesmas kurangi kota padang.

**Metode**

Jenis penelitian kualitatif dengan pendekatan sistem. Data dikumpulkan melalui wawancara mendalam, observasi, dan telaah dokumen. Dipilih 16 informan di RW 10 Korong Gadang dalam wilayah kerja Puskesmas Kurangi berdasarkan *purposive sampling*. Pengolahan data menggunakan triangulasi sumber dan metode. Hasil wawancara mendalam dibuat dalam bentuk transkrip dan analisis serta diinterpretasikan dalam bentuk hasil penelitian.

**Hasil**

Ketersediaan *input*: jumlah tenaga kesehatan masih belum memadai namun jumlah kader sudah cukup. Dana belum memadai. Sarana dan prasarana penunjang posyandu belum memadai. *Proses*: perencanaan dan pengorganisasian dilakukan sesuai SOP yang telah dibuat. Pelaksanaan kegiatan posyandu masih belum sesuai petunjuk teknis karena belum berjalannya kegiatan 5 meja, rendahnya partisipasi lansia, dan keterbatasan sarana prasarana. Monitoring dan evaluasi dilakukan setiap bulan setelah kegiatan dilaksanakan dibuat dalam bentuk pencatatan dan pelaporan. *Output*: pencapaian program posyandu lansia belum sesuai target.

**Kesimpulan**

Pelaksanaan program posyandu lansia di RW 10 Kelurahan Korong Gadang masih kurang baik sehingga perlu diperbaiki dari segi penambahan tenaga kesehatan, dana yang memadai, kelengkapan sarana prasarana penunjang kegiatan posyandu, serta meningkatkan edukasi pada lansia akan pentingnya posyandu untuk pemantauan kesehatan sesuai dengan petunjuk teknis pelaksanaan posyandu lansia.

**Daftar Pustaka** : 32 (1998-2023)

**Kata Kunci** : Evaluasi, Lansia, Puskesmas, Posyandu

**FACULTY OF PUBLIC HEALTH  
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**EVALUATION OF THE IMPLEMENTATION OF THE POSYANDU  
PROGRAM FOR THE ELDERLY IN RW 10 OF KORONG GADANG  
VILLAGE, KURANJI HEALTH CENTER WORKING AREA, PADANG  
CITY**

xi + 63 pages, 16 tables, 2 pictures, 12 attachment

**ABSTRACT**

**Objective**

Visitation of the elderly at the RW 10 Korong Gadang posyandu has decreased in the last three months, such as October with 11%, November with 4,6%, December with 3,4%. The purpose of this study was to evaluate the implementation of the elderly posyandu program in RW 10 Korong Gadang Village, Padang City.

**Method**

The research type is qualitative with a systems approach. Data were collected through in-depth interviews, observation and document review. Sixteen informants in RW 10 Korong Gadang in the Kuranji Health Center working area were selected based on purposive sampling. Data processing used triangulation of sources and methods. The results of in-depth interviews were transcribed and analyzed and interpreted in the form of research results.

**Result**

Input availability: the number of health workers is still inadequate but the number of cadres is sufficient. Funding is inadequate. Facilities and infrastructure supporting the posyandu are inadequate. Process: planning and organization are carried out according to the SOP that has been made. The implementation of posyandu activities is still not in accordance with technical guidelines because the 5 tables activities have not been carried out, the low participation of the elderly, and limited infrastructure. Monitoring and evaluation is carried out every month after the activities are carried out in the form of recording and reporting. Output: the achievement of the posyandu program for the elderly has not met the target.

**Conclusion**

The implementation of the posyandu program for the elderly in RW 10 Korong Gadang Village is still not well enough so that it needs to be improved in terms of additional health workers, adequate funding, completeness of supporting infrastructure for posyandu activities, and increasing education for the elderly about the importance of posyandu for their health monitoring in accordance with the technical guidelines for implementing posyandu for the elderly.

**References** : 32 (1998-2023)

**Keywords** : Evaluation, Elderly, Puskesmas, Posyandu