



UNIVERSITAS ANDALAS

**FAKTOR YANG BERHUBUNGAN DENGAN PERSONAL
HYGIENE PADA PENYANDANG DISABILITAS DI
PANTI SOSIAL BINA GRAHITA HARAPAN IBU
PADANG TAHUN 2023**

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FAKULTAS KESEHATAN MASYARAKAT

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xiii + 98 halaman, 30 tabel, 2 gambar, 8 lampiran

ABSTRAK

Tujuan Penelitian

Penyandang disabilitas memiliki keterbatasan intelektual yang menyebabkan penyandang disabilitas sulit merawat kebersihan diri. Pada tahun 2018 proporsi disabilitas di Sumatera Barat 32%. Penelitian ini bertujuan untuk mengetahui faktor yang berhubungan dengan personal hygiene pada penyandang disabilitas di Panti Sosial Bina Grahita Harapan Ibu Padang.

Metode

Penelitian kuantitatif dengan metode *cross sectional*. Populasi berjumlah 100 orang dan sampel 84 orang. Teknik pengambilan sampel *Simple Random Sampling*. Analisis data dilakukan secara univariat dan bivariat menggunakan uji *chi-square*.

Hasil

Sebagian besar (76,2%) penyandang disabilitas di Panti Sosial Bina Grahita Harapan Ibu Padang memiliki personal hygiene buruk. Hasil analisis bivariat terdapat hubungan pengetahuan ($p\text{-value} = 0,041$), sikap ($p\text{-value} = 0,001$), dan peran teman sebaya ($p\text{-value} = 0,017$). Tidak terdapat hubungan pada peran pembimbing ($p\text{-value} = 0,108$).

Kesimpulan

Terdapat hubungan personal hygiene dengan pengetahuan, sikap, dan peran teman sebaya. Tidak terdapat hubungan personal hygiene dengan peran pembimbing. Diharapkan kepada pihak panti dapat meningkatkan pemantauan terhadap pola kebersihan penyandang disabilitas secara berkala.

Daftar Pustaka : 55 (1945-2023)

Kata Kunci: Personal Hygiene, Penyandang Disabilitas, Tunagrahita

FACULTY OF PUBLIC HEALTH

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DIANA RAHMA CITRA, No.Bp 1911211021

FACTORS RELATED TO PERSONAL HYGIENE FOR PERSONS WITH DISABILITIES IN THE BINA GRAHITA HARAPAN SOCIAL INSTITUTION FOR IBU PADANG IN 2023

xiii + 98 pages, 30 tables, 2 images, 8 attachments

ABSTRACT

Objective

People with disabilities have intellectual limitations that make it difficult for them to maintain personal hygiene. In 2018, the proportion of people with disabilities in West Sumatera was 32%. This study aims to determine the factors associated with personal hygiene among individuals with disabilities at the Bina Grahita Harapan Ibu Padang social care facility.

Method

This is a quantitative study using a cross-sectional method. The population consists of 100 individuals, and the sample size is 4. The sampling technique used is simple random sampling. Data analysis is performed using univariate and bivariate analysis using the chi square test.

Result

The majority (76,2%) of individuals with disabilities at the Bina Grahita Harapan Ibu Padang social care facility have poor personal hygiene. The bivariate analysis result shows a relationship with knowledge (p-value = 0,041), attitude (p-value = 0,001), and peer role (0,017). And not a relationship between personal hygiene and caregiver role (p-value = 0,108).

Conclusion

There is a relationship between personal hygiene and knowledge, attitude, and peer role. Not a relationship between personal hygiene and caregiver role. It is hoped that the orphanage can increase monitoring of the hygiene patterns of persons with disabilities on a regular basis.

References: 55 (1945-2023)

Keywords: Personal hygiene, individuals with disabilities, intellectual disabilities