



UNIVERSITAS ANDALAS

**ANALISIS PELAKSANAAN PROGRAM POSYANDU LANSIA
DI WILAYAH KERJA PUSKESMAS DANGUNG – DANGUNG**

TAHUN 2023

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FAKULTAS KESEHATAN MASYARAKAT

UNIVERSITAS ANDALAS

PADANG, 2023

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Skripsi, Juli 2023

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**ANALISIS PELAKSANAAN PROGRAM POSYANDU LANSIA DI
WILAYAH KERJA PUSKESMAS DANGUNG – DANGUNG TAHUN 2023**

xii+ 90 halaman, 16 tabel, 2 gambar, 8 lampiran

ABSTRAK

Tujuan Penelitian

Cakupan pelayanan kesehatan usia lanjut tahun 2022 Puskesmas Dandung - Dandung menduduki posisi 3 terendah di Kabupaten Lima Puluh Kota yaitu 12% disebabkan karena rendahnya kunjungan lansia ke Posyandu Lansia. Tujuan penelitian untuk menganalisis pelaksanaan program Posyandu Lansia di wilayah kerja Puskesmas Dandung – dangung.

Metode

Desain penelitian adalah kualitatif, dilakukan bulan Januari - Juli 2023. Teknik penentuan informan menggunakan purposive sampling berjumlah 12 orang. Pengumpulan data melalui wawancara mendalam, observasi, dan telaah dokumen. Data diolah melalui tahapan reduksi penyajian, dan penarikan kesimpulan, serta triangulasi sumber dan metode.

Hasil

Hasil penelitian input, pelaksanaan Posyandu Lansia belum optimal sesuai pedoman kebijakan. Dana pelaksanaan berasal dari BOK dan Nagari masih terbatas, SDM kader lansia belum tercukupi, sarana dan prasarana belum lengkap. Pada komponen proses, kegiatan pelayanan kesehatan terlaksana setiap bulan kecuali pemeriksaan laboratorium sederhana. Kegiatan PMT belum terlaksana karena keterbatasan dana. Kegiatan olahraga berupa senam lansia dan kegiatan non kesehatan berupa pengajian, menganyam dan menjahit. Pada komponen output, kegiatan Posyandu Lansia belum terlaksana secara optimal.

Kesimpulan

Pelaksanaan Posyandu Lansia di wilayah kerja Puskesmas Dandung - dangung masih belum optimal . Oleh karena itu disarankan kepada Puskesmas agar mengoptimalkan kader kesehatan sesuai peran dan fungsinya serta memberikan dukungan fasilitas dan dana dari donatur agar pelaksanaan Posyandu Lansia kedepannya bisa terlaksana dengan baik.

Daftar Pustaka : 40 (2010 - 2022)

Kata Kunci : Pelaksanaan, Posyandu Lansia, Puskesmas

**FACULTY OF PUBLIC HEALTH
ANDALAS UNIVERSITY**

**Undergraduate Thesis, July 2023
Mia Fitria, No.BP 1911213025**

**ANALYSIS OF THE IMPLEMENTATION ELDERLY HEALTH CARE AT
DANGUNG -DANGUNG PUBLIC HEALTH CENTER IN 2023**

xiii+ 90 pages, 16 tables, 2 figure, 8 appendices

ABSTRACT

Objective

Coverage of elderly health services in 2022 Dangung - Dangung Public Health Center is the 3rd lowest in Lima Puluh Kota Regency, namely 12% due to the low number of elderly visits to the Elderly Health Care. The purpose of the study was to analyze the implementation of the elderly Health Care program in the Dangung - dangung Public Health Center.

Method

The research design is qualitative, conducted from January to July 2023. The technique of determining informants using purposive sampling amounted to 12 people. Data were collected through indepth interviews, observation, and document review. Data were processed through the stages of presentation reduction, and conclusion drawing, as well as triangulation of sources and methods.

Result

The results of input research, the implementation of elderly health care has not been optimal according to policy guidelines. Implementation funds from BOK and Nagari are still limited, the human resources of elderly cadres are not sufficient, facilities and infrastructure are not complete. In the process component, health service activities are carried out every month except simple laboratory tests. PMT activities have not been carried out due to limited funds. Sports activities in the form of elderly gymnastics and non-health activities in the form of recitation, weaving and sewing. In the output component, elderly health care activities have not been carried out optimally.

Conclusion

The implementation of elderly health care in the working area of the Dangung-Dangung Public Health Center is still not optimal. Therefore, it is recommended that the Public Health Care optimize health cadres according to their roles and functions and provide support for facilities and funds from donors so that the implementation of elderly health care in the future can be carried out properly.

References : 40 (2010 - 2022)

Keyword : Implementation, ElderlyHealth Care, Public Health Center