



**UNIVERSITAS ANDALAS**

**ANALISIS IMPLEMENTASI STANDAR PELAYANAN  
MINIMAL PENYAKIT HIPERTENSI DI PUSKESMAS  
PADANG PASIR KOTA PADANG TAHUN 2023**

**Oleh :**

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**UNIVERSITAS ANDALAS**

**PADANG, 2023**

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**Skripsi, Juli 2023**

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xii + 76 halaman, 13 tabel, 1 gambar, 14 lampiran

**ABSTRAK**

**Tujuan Penelitian**

Pencapaian SPM Hipertensi di Puskesmas Padang Pasir belum mencapai target 100%, yaitu 7,8% (2021) dan 14,5% (2022). Penelitian ini bertujuan untuk mengetahui secara mendalam tentang Puskesmas Padang Pasir dalam melaksanakan Standar Pelayanan Minimal Hipertensi Tahun 2023.

**Metode**

Penelitian kualitatif dengan pendekatan studi kasus terdapat delapan informan. Penelitian dilakukan di Puskesmas Padang Pasir sejak Desember 2022-Juli 2023. Pemilihan informan melalui *purposive sampling*. Wawancara mendalam, observasi, dan telaah dokumen adalah teknik untuk memperoleh data. Analisis isi untuk menganalisis data, dan triangulasi untuk memastikan validitas data menggunakan teknik triangulasi metode dan sumber.

**Hasil**

Pelaksanaan SPM Hipertensi mempedomani Permenkes RI Nomor 4 Tahun 2019. Pelayanan kesehatan pengukuran tekanan darah kepada penderita hipertensi sudah dilakukan, namun belum maksimal dan menyeluruh disebabkan sarana-prasarana belum memadai, keterbatasan petugas, dan wilayah demografi yang luas. Edukasi kesehatan telah diberikan, namun belum menjangkau masyarakat secara menyeluruh karena terkendala pengumpulan audiens. Terapi farmakologi telah diberikan namun terkendala belum tercukupinya ketersediaan obat anti-hipertensi dan pasien belum rutin berobat. Faktor eksternal seperti kesadaran masyarakat menjadi kendala lain.

**Kesimpulan**

Pelaksanaan SPM Hipertensi perlu diperbaiki dari segi ketersediaan barang, sarana-prasarana, skrining, edukasi serta pemetaan sasaran. Diharapkan Puskesmas dapat melakukan pemetaan kembali terkait target sasaran, mengoptimalkan edukasi agar meningkatkan kesadaran masyarakat, meningkatkan kinerja tim.

**Daftar Pustaka** : 39 (2009-2023)

**Kata Kunci** : SPM, Hipertensi, Puskesmas

**FACULTY OF PUBLIC HEALTH  
ANDALAS UNIVERSITY**

**Thesis, July 2023**

**CHOSYATILLAH BUDIMAN, No.BP. 1911211023**

**ANALYSIS OF THE IMPLEMENTATION OF MINIMUM SERVICE STANDARDS  
FOR HYPERTENSION AT PADANG PASIR HEALTH CENTER IN PADANG CITY  
IN 2023**

xii +76 pages, 13 tables, 1 picture, 14 attachments

**ABSTRACT**

**Objective**

The achievement of the MSS for Hypertension at the Padang Pasir Health Center has not reached the target of 100%, namely 7.8% (2021) and 14.5% (2022). This study aims to find out in depth about the Padang Pasir Health Center's implementation of the 2023 Minimum Hypertension Service Standards.

**Method**

In qualitative research with a case study approach, there are eight informants. The research was conducted at the Padang Pasir Health Center from December 2022 to July 2023. The selection of informants was done through purposive sampling. In-depth interviews, observation, and document review are techniques for obtaining data. Content analysis to analyze the data and triangulation to ensure the validity of the data using method and source triangulation techniques.

**Result**

The implementation of the MSS for Hypertension is guided by RI Minister of Health Number 4 of 2019. Health services for measuring blood pressure for people with hypertension have been carried out but have not been optimal and comprehensive due to inadequate infrastructure, limited staff, and a large demographic area. Health education has been provided but has not yet reached the community as a whole due to constraints on gathering audiences. Pharmacological therapy has been given but is constrained by the insufficient availability of anti-hypertensive drugs, and the patient has not been treated routinely. External factors, such as public awareness, are another obstacle.

**Conclusion**

The implementation of the MSS for hypertension needs to be improved in terms of the availability of goods, facilities, screening, education, and target mapping. It is hoped that the Public Health Center can re-map related targets, optimize education to increase public awareness, and improve team performance.

**References** : 39 (2009-2023)

**Keywords** : Minimum Service Standard, Hypertension, Health Care