

**HUBUNGAN PENGETAHUAN ORANG TUA DAN SIKAP ANAK DENGAN  
TINDAKAN PEMELIHARAAN PERSONAL HYGIENE ORGAN GENITALIA  
PADA REMAJA PUTRI DISABILITAS INTELEKTUAL  
DI SLB KOTA PADANG TAHUN 2023**



Skripsi

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## ABSTRACT

### **THE RELATIONSHIP BETWEEN PARENTAL KNOWLEDGE AND CHILDREN'S ATTITUDES WITH MEASURES TO MAINTAIN PERSONAL HYGIENE OF GENITAL ORGANS IN ADOLESCENT GIRLS WITH INTELLECTUAL DISABILITIES AT SLB KOTA PADANG IN 2023**

By

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*Personal hygiene measures for the genital organs need to be carried out because if they are not cared for properly they are easy to get infected. Intellectual disabilities experience difficulties in carrying out self-care, especially the genital organs and are still dependent on their parents, so they are susceptible to Reproductive Tract Infections (ISR). In Indonesia, the number of sufferers of ISR is 90,100 cases per 100,000 population per year. This study aims to determine the relationship between parental knowledge and attitudes related to the maintenance of personal hygiene of the genital organs of female adolescents with intellectual disabilities.*

*Quantitative research with a cross-sectional design, was conducted at Wacana Asih SLB, Padang YPPLB SLB, Padang N 1 SLB, and Padang N 2 SLB from January 2022-May 2023. The population of this study were parents and young women with intellectual disabilities at SLB Padang City as many as 92 people and a sample of 52 people who met the inclusion and exclusion criteria. Data were obtained by interview using chi-square analysis ( $p \leq 0.05$ ).*

*The results showed that 50.0% of the parents of young women with intellectual disabilities had sufficient knowledge, 65.4% of young women with intellectual disabilities had negative attitudes, and 51.9% lacked personal hygiene measures for the genital organs. The bivariate results showed a relationship between parental knowledge ( $p=0.004$ ) and attitude ( $p=0.000$ ) to personal hygiene measures for female adolescents with intellectual disabilities in SLB Padang City.*

*It was concluded that there is a relationship between parents' knowledge and children's attitudes with the maintenance of personal hygiene of the genital organs in young women with intellectual disabilities in SLB Padang City. It is recommended for parents who have children with intellectual disabilities, teachers in special schools, and health workers to be able to train and give directions regarding actions to maintain personal hygiene of the genital organs in children with intellectual disabilities.*

**Keywords:** *Personal Hygiene, Disabilities, Knowledge, Attitudes*

## ABSTRAK

### HUBUNGAN PENGETAHUAN ORANG TUA DAN SIKAP ANAK DENGAN TINDAKAN PEMELIHARAAN PERSONAL HYGIENE ORGAN GENITALIA PADA REMAJA PUTRI DISABILITAS INTELEKTUAL DI SLB KOTA PADANG TAHUN 2023

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Tindakan *personal hygiene* organ genitalia perlu dilakukan karena jika tidak dirawat dengan baik mudah terkena infeksi. Disabilitas intelektual mengalami kesulitan dalam melakukan perawatan diri khususnya organ genitalia dan masih bergantung pada orang tua, sehingga rentan terkena Infeksi Saluran Reproduksi (ISR). Di Indonesia jumlah penderita ISR adalah 90.100 kasus per 100.000 penduduk pertahun. Penelitian ini bertujuan mengetahui hubungan pengetahuan orang tua dan sikap terkait pemeliharaan *personal hygiene* organ genitalia remaja putri disabilitas intelektual.

Penelitian kuantitatif dengan desain *cross sectional*, dilakukan di SLB Wacana Asih, SLB YPPLB Padang, SLB N 1 Padang, dan SLB N 2 Padang dari bulan Januari 2022-Mei 2023. Populasi penelitian ini adalah orang tua dan remaja putri disabilitas intelektual di SLB Kota Padang sebanyak 92 orang dan sampel sebanyak 52 orang yang memenuhi kriteria inklusi dan eksklusi. Data diperoleh dengan wawancara menggunakan analisis *chi-square* ( $p \leq 0,05$ ).

Hasil penelitian menunjukkan 50,0% orang tua remaja putri disabilitas intelektual memiliki pengetahuan cukup, 65,4% remaja putri disabilitas intelektual memiliki sikap negatif, dan 51,9% tindakan *personal hygiene* organ genitalia kurang. Hasil bivariat terdapat hubungan antara pengetahuan orang tua ( $p=0,004$ ) dan sikap ( $p=0,000$ ) dengan tindakan *personal hygiene* organ genitalia remaja putri disabilitas intelektual di SLB Kota Padang.

Disimpulkan bahwa terdapat hubungan antara pengetahuan orang tua dan sikap anak dengan tindakan pemeliharaan *personal hygiene* organ genitalia pada remaja putri disabilitas intelektual di SLB Kota Padang. Disarankan kepada orang tua yang memiliki anak disabilitas intelektual, guru di SLB, dan tenaga kesehatan agar dapat melatih dan memberi arahan mengenai tindakan pemeliharaan *personal hygiene* organ genitalia pada anak disabilitas intelektual.

**Kata Kunci:** *Personal Hygiene*, Disabilitas, Pengetahuan, Sikap