

KARAKTERISTIK PENDERITA SPONDILITIS TUBERKULOSIS DI RSUP DR M DJAMIL
PADANG PADA TAHUN 2018-2022



FAKULTAS KEDOKTERAN
UNIVERSITAS ANDALAS
PADANG
2023

ABSTRACT

CHARACTERISTICS OF TUBERCULOSIS SPONDYLITIS AT DR M DJAMIL GENERAL HOSPITAL, PADANG IN 2018-2022

By:

**Syihabuddin Hasan Kholili, Roni Eka Sahputra, Citra Manela, Noverial, Rudy Afriant,
Zurayya Fadila**

Tuberculosis spondylitis or called Pott's Disease is one of the extrapulmonary tuberculosis that is commonly found in society. Research with national data in Indonesia found that 5% of Indonesians are affected by this disease. The symptoms suffered by patients do not have distinctive characteristics so many patients come to hospital already with complications. This study aims to determine the characteristics of tuberculosis spondylitis patients at RSUP Dr. M. Djamil Padang in 2018-2022.

This is an observational descriptive study where the population is all medical record data of tuberculosis spondylitis patients at Dr M Djamil Padang General Hospital in 2018-2022 with as many as 112 samples. The results showed that the most tuberculosis spondylitis sufferers aged 19-44 years were 57 people (51%). The ratio of men and women was almost the same, namely 1.03:1. Married patients as many as 62 people (54%) where the most jobs were housewives. The most recent education was high school graduates as many as 62 people (55.35%). The most patient's body mass index is normal at 61 people (54.5%). The most ethnic group is the Minang tribe at 75 people (67%), and the history of the most anti-tuberculosis drugs is patients who have never received therapy at 63 people (56.3%).

The conclusion and suggestion based on this study is that most people with spondylitis occur in productive age who are married to housewives, high school graduates, have a normal BMI, are Minang and have never received anti-tuberculosis drug therapy. It is expected that the community, especially the productive age group, should immediately check themselves to the nearest health service if there is a history of long cough.

Keywords: Tuberculous spondylitis, tuberculosis, characteristics.

ABSTRAK

KARAKTERISTIK PENDERITA SPONDILITIS TUBERKULOSIS
DI RSUP DR M DJAMIL PADANG
PADA TAHUN 2018-2022

Oleh:

**Syihabuddin Hasan Kholili, Roni Eka Sahputra, Citra Manela, Noverial, Rudy Afriant,
Zurayya Fadila**

Spondilitis Tuberkulosis atau yang disebut *Pott's Disease* merupakan salah satu tuberkulosis ekstra paru yang banyak ditemukan di masyarakat. Penelitian dengan data nasional di Indonesia didapatkan 5% orang Indonesia terkena penyakit ini. Gejala yang diderita pasien tidak memiliki ciri yang khas sehingga banyak pasien datang ke rumah sakit sudah dengan komplikasi. Penelitian ini bertujuan untuk mengetahui karakteristik dari penderita spondilitis tuberkulosis di RSUP Dr. M. Djamil Padang pada tahun 2018-2022.

Penelitian ini merupakan penelitian deskriptif observasional. Populasi pada penelitian ini adalah seluruh data rekam medis pasien spondilitis tuberkulosis di RSUP Dr M Djamil padang pada tahun 2018-2022 sebanyak 112 sampel. Hasil penelitian didapatkan penderita spondilitis tuberkulosis paling banyak berusia 19-44 tahun sebanyak 57 orang (51%), perbandingan laki-laki dan perempuan hampir sama yaitu 1,03:1, penderita yang sudah menikah sebanyak 62 orang (54%), pekerjaan terbanyak merupakan ibu rumah tangga, pendidikan terakhir terbanyak adalah lulusan SMA sebanyak 62 orang (55.35%), indeks massa tubuh terbanyak adalah normal yaitu sebanyak 61 orang (54.5%), suku yang paling banyak adalah suku Minang yaitu sebanyak 75 orang (67%), dan riwayat obat anti tuberkulosis terbanyak adalah pasien yang belum pernah mendapatkan terapi yaitu sebanyak 63 orang (56,3%).

Kesimpulan dan saran berdasarkan penelitian ini adalah penderita spondilitis paling banyak terjadi pada usia produktif yang sudah menikah dengan pekerjaan ibu rumah tangga lulusan SMA memiliki IMT normal bersuku Minang dan belum pernah mendapatkan terapi obat anti tuberkulosis. Diharapkan agar masyarakat terutama kelompok usia produktif agar langsung periksa ke layanan kesehatan terdekat jika ada riwayat batuk lama.

Kata kunci : Spondilitis tuberkulosis, tuberkulosis, karakteristik.