

**PERBANDINGAN KEKUATAN OTOT DASAR PANGGUL  
ANTARA PRIMIPARA PASCA SEKSIO SESAREA ATAS  
INDIKASI DISTOSIA KALA II DAN PRIMIPARA PASCA  
SEKSIO SESAREA ELEKTIF MENGGUNAKAN  
ALAT PERINEOMETER**

**(TESIS)**

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## ABSTRACT

### MUSCLE STRENGTH OF THE PELVIC FLOOR MUSCLE COMPARISON BETWEEN PRIMIPAROUS AFTER SECAREAN SECTION ON INDICATION SECOND STAGE DYSTOCIA AND AFTER ELECTIVE SECAREAN SECTION USING PERINEOMETER

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**Objective** : To determine differences in pelvic floor muscle strength women after secarean section on indication of second stage dystocia and after elective secarean section.

**Methods** : This study is a cross sectional study in Pariaman Public Hospital from June to September in 2016. Obtained sample of 60 people made up of two groups : the mother secarean section three months after the indication of second stage dystocia and after elective cesarean section are meet the inclusion and exclusion criteria. The sampling technique is done by consecutive sampling. Data analysis was performed using univariate and bivariate using independent T test.

**Result** : The study found the average strength of pelvic floor muscles women after cesarean section on the indication of second stage dystocia 6,50 mmHg with a standard deviation of 1,13 and the mean strength of the pelvic floor muscles women after elective caesarean section 9,40mmHg with a standard deviation of 7,7. Statistical test result p value + 0.000 ( p value < 0,05 ).

**Conclusion** : There are differences in pelvic floor muscle strength of women after secarean section on the indication of second stage dystocia and after elective secarean.

**Keywords** : Muscle strength of pelvic floor muscle, secarean section on indication second stage dystocia, elective saecarean section.