

ABSTRAK

HUBUNGAN PENGETAHUAN DAN SIKAP MENGENAI KESEHATAN REPRODUKSI DENGAN PERILAKU SEKSUAL SISWA SEKOLAH MENENGAH ATAS BERLATAR BELAKANG PENDIDIKAN UMUM DAN AGAMA DI SUMATERA BARAT

Berri Rahmadhoni, Syahredi SA, Hafni Bachtiar

Bagian Obstetri dan Ginekologi Fakultas Kedokteran
Universitas Andalas RSUP Dr. M. Djamil Padang

Tujuan: Untuk mengetahui hubungan pengetahuan dan sikap mengenai kesehatan reproduksi dengan perilaku seksual siswa sekolah menengah atas berlatar belakang pendidikan umum dan agama di Sumatera Barat.

Metode: Penelitian bersifat cross-sectional dengan sampel sebanyak 500 siswa sekolah menengah atas berlatar belakang pendidikan umum dan 500 siswa berlatar belakang pendidikan agama. Penelitian dilakukan mulai bulan April 2016 sampai Oktober 2016 dengan menggunakan kuesioner untuk menilai pengetahuan tentang kesehatan reproduksi, sikap, dan perilaku seksual siswa. Hubungan antara variabel-variabel dianalisis secara statistik dengan uji chi-square.

Hasil: Pada siswa sekolah berlatar belakang pendidikan umum, terdapat hubungan yang signifikan secara statistik antara pengetahuan tentang kesehatan reproduksi dan perilaku seksual, begitu juga antara sikap dan perilaku seksual. Namun pada siswa sekolah berlatar belakang pendidikan agama, tidak ditemukan hubungan yang signifikan secara statistik antara pengetahuan dan perilaku seksual, meskipun didapatkan hubungan yang signifikan secara statistik antara sikap dan perilaku seksual. Sikap negatif merupakan faktor dominan untuk melakukan aktivitas seksual pranikah (OR 19.5; 95% CI 2.29-167.51).

Kesimpulan: Aktivitas seksual pranikah pada siswa sekolah menengah atas berlatar belakang pendidikan umum dan agama sangat ditentukan oleh sikap mereka terhadap kesehatan reproduksi.

Kata Kunci: Kesehatan reproduksi, pengetahuan, sikap, perilaku seksual

ABSTRACT

CORRELATIONS BETWEEN REPRODUCTIVE HEALTH KNOWLEDGE, ATTITUDE, AND SEXUAL BEHAVIOR IN STUDENTS FROM CONVENTIONAL AND RELIGIOUS HIGH SCHOOLS IN WEST SUMATERA

Berri Rahmadhoni, Syahredi SA, Hafni Bachtiar

Department of Obstetrics and Gynecology Faculty of Medicine
Andalas University Dr. M. Djamil Central General Hospital Padang

Objective: To investigate the relationships between reproductive health knowledge, attitude, and sexual behaviour in students from conventional and religious high schools in West Sumatera.

Methods: This is a cross-sectional study involving 500 students from conventional high schools and 500 students from religious high schools. The study was conducted from April 2016 to October 2016 utilizing questionnaire to assess reproductive health knowledge, attitude, and sexual behaviour of the students. The association between variables was evaluated by chi-square test.

Results: In students from schools with conventional background, there was a significant correlation statistically between reproductive health knowledge and sexual behaviour as well as between attitude and sexual behaviour ($p < 0.05$). In students from schools with religious background, however, there was no significant correlation statistically between reproductive health knowledge and sexual behaviour ($p > 0.05$), though statistically significant correlation between attitude and sexual behaviour was found ($p < 0.05$). Negative attitude is the dominant factor in committing premarital sexual activity (OR 19.5; 95% CI 2.29-167.51).

Conclusion: Premarital sexual activities in students from conventional high school and religious high schools in West Sumatera are largely influenced by their attitude toward reproductive health.

Keywords: Reproductive health, knowledge, attitude, sexual behaviour