

**PROGRAM STUDI S2 KEPERAWATAN
KEKHUSUSAN KEPERAWATAN JIWA
FAKULTAS KEPERAWATAN UNIVERSITAS ANDALAS**

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Studi Fenomenologi : Pengalaman Primipara Pada Praoperatif Saat Diputuskan Sectio Caesarea Darurat di RS X Bukittinggi Sumbar

xv + 87 halaman + 2 tabel + 6 skema + 13 lampiran

ABSTRAK

Primipara yang akan menjalani persalinan secara Sectio Caesarea (SC) dapat mempengaruhi kesiapan praoperatif saat diputuskan SC. Ketidaksiapan primipara dalam menghadapi praoperatif SC dapat meningkatkan resiko depresi postpartum. Penelitian kualitatif dengan pendekatan desain fenomenologi deskriptif yang bertujuan untuk mengeksplorasi pengalaman primipara pada praoperatif SC. Penelitian ini dilaksanakan pada bulan Januari - Juli 2016 di ruang Kebidanan, dengan jumlah partisipan sebanyak enam orang yaitu enam pasien SC darurat. Hasil penelitian ini dianalisis menggunakan metode Colaizzi. Etika yang diperhatikan dalam penelitian ini dengan menghormati prinsip etik penelitian dan keabsahan data memperhatikan kriteria: *credibility*, *transferability*, *dependability* dan *confirmability*. Hasil penelitian ini menghasilkan lima tema yaitu persepsi terhadap SC, respon pertama kali, mekanisme coping yang terbentuk, dukungan yang diterima dan harapan SC. Hasil penelitian ini dapat disimpulkan bahwa mekanisme coping dan dukungan yang diterima merupakan hal yang berharga bagi kesiapan primipara dalam menjalani praoperatif SC agar tetap membentuk coping yang adaptif. Saran untuk pelayanan kesehatan dapat lebih memberdayakan potensi dukungan sosial baik dalam atau luar keluarga dalam memberikan asuhan keperawatan psikososial agar ibu tidak jatuh pada kondisi maladaptif

Kata Kunci : Pengalaman, Primipara, Praoperatif SC

Referensi: 63 (1999-2016)

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Phenomenology Study: Experience primiparas In preoperative When Resolved Caesarea Section Emergency in Hospital x Bukittinggi West Sumatra

xii + 87 pages + 2 table + 6 scheme + 13 appendixes

ABSTRACT

Primiparous undergoing childbirth caesarea section (CS) may affect the readiness of preoperative when disconnected SC. Primiparas unpreparedness in the face of preoperative SC may increase the risk of postpartum depression. The qualitative research with descriptive phenomenology design approach that aims to explore the experience primiparas on preoperative CS. This research was conducted in January - July 2016 in obstetrics ward, with the number of participants are six patients of CS emergency. The research of this study were analyzed using Collaizi's method. Ethics are considered in this study with respect for the principles of ethics and validity of data. The research of this study resulted in five themes, namely CS of negative perception, first response, coping mechanisms are formed, the support received and hopes CS. The results of this study can be concluded that the coping mechanisms and support received is valuable for the readiness primiparas in undergoing preoperative CS, CS of perception, first of response, coping mechanisms that formed, support received and hopes of CS. The results of this study can be concluded that the coping mechanisms and support received is valuable for the readiness primiparas in undergoing preoperative CS, to maintaining an adaptive coping. Suggestions for health care can be more empowering potential of social support either within or outside the family in providing psychosocial nursing care so that mothers do not event the condition of maladaptive

Keywords: experiences, primiparas, preoperative CS

References : 63 (1991-2016)