

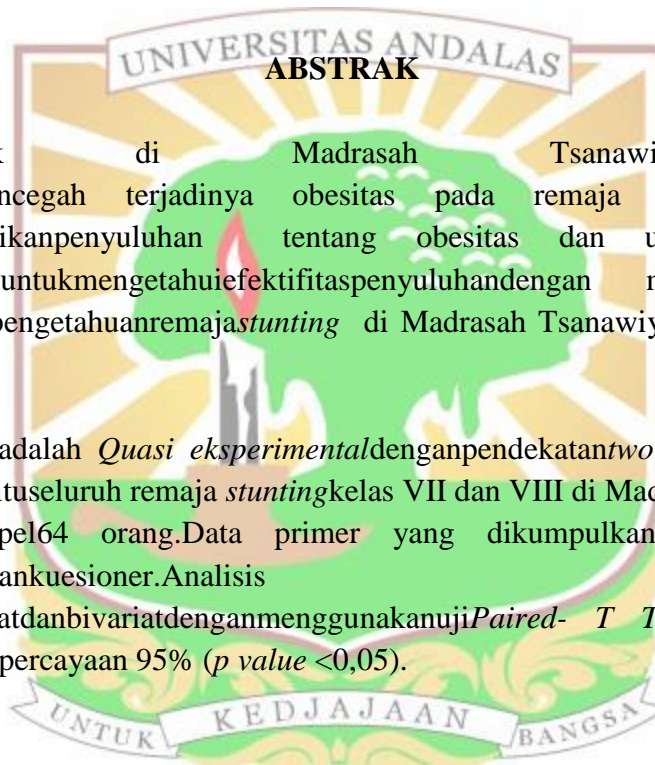
**PRODI S1 GIZI FAKULTAS KESEHATAN MASYARAKAT
UNIVERSITAS ANDALAS**

Skripsi, Juli 2016

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**EFEKTIFITAS PENYULUHAN MENGGUNAKAN MEDIA LEAFLET DAN SLIDE
SHARE TERHADAP TINGKAT PENGETAHUAN REMAJA STUNTING
TENTANG UPAYA PENCEGAHAN OBESITAS DI MADRASAH TSANAWIYAH
PAUH KAMBAR KABUPATEN PADANG PARIAMAN TAHUN 2016**

x+ 74halaman, 15tabel, 4gambar



Tujuan Penelitian

Prevalensianakpendek di Madrasah TsanawiyahPauhKambarsebesar 27%.Strategiuntukmencegah terjadinya obesitas pada remaja *stunting*salah satunya adalahdenganmemberikanpenyuluhan tentang obesitas dan upaya pencegahannya. Penelitianinibertujuanuntukmengetahuiefektifitaspenyuluhandengan media *leaflet*dan*slide share*terhadaptingkatpengetahuanremajastunting di Madrasah TsanawiyahPauhKambar Padang Pariamantahun 2016.

Metode

Desainpenelitian ini adalah *Quasi eksperimental*denganpendekatantwo group pre test – post testdesign.Populasiyaituseluruh remaja *stunting*kelas VII dan VIII di Madrasah Tsanawiyah Pauh Kamar dengansampel64 orang.Data primer yang dikumpulkan adalah pengetahuan respondenmenggunakankuesioner.Analisis data dengananalisisunivariatdanbivariatdenganmenggunakanuji*Paired- T Test*danIndependence T Test dengan derajatkepercayaan 95% (*p value* <0,05).

Hasil

Berdasarkan hasil uji statistik diperoleh rerata skor pengetahuan akhir pada kelompok media *leaflet* sebesar 16,84 dengan standar deviasi 5,12 dan nilai *p value* sebesar 0,043. Rerata skor pengetahuan akhir pada kelompok media *slide share* adalah 18,97 dengan standar deviasi 2,97 dengan nilai *p value* sebesar 0,000.

Kesimpulan

Terdapatefektifitaspenyuluhandengan media *leaflet* dan*slide share*terhadaptingkatpengetahuanremajastuntingtentangupayapencegahanobesitas

Daftar Pustaka : 38 (2002-2015)

Kata Kunci : Media *leaflet*, *slide share*, Pengetahuanremajastunting

**NUTRITION PROGRAM FACULTY OF PUBLIC HEALTH
ANDALAS UNIVERSITY**

Undergraduate Thesis, July 2016

YENIZAR DWI PUTRI, No. BP. 1411226028

**THE EFFECTIVENESS OUTREACH OF USING LEAFLET AND SLIDE SHARE
MEDIA TO THE LEVEL OF KNOWLEDGE ADOLESCENTS STUNTING ON
OBESITY PREVENTION EFFORT AT THE MADRASAH TSANAWIYAH PAUH
KAMBAR PADANG PARIAMANDISTRICT 2016**

x+72 pages, 15 tables, 4pictures

ABSTRACT

Research Purposes

The prevalence of short children in MTs PauhKambar by 27 % . Strategies to prevent obesity in adolescent stunting one of which is to provide education on obesity and prevention efforts . This study aims to determine the effectiveness of approach with leaflets and slide share to the knowledge level of stunting in adolescents MTs PauhKambar Padang Pariaman 2016

Method

The research design was quasi experimental with two group pre test - post test design. The Population is all adolescent stunting in VII and VIII class in MTs PauhKambar. The sample are 64 students. The primary sampling data were collected using a questionnaire respondents' knowledge . Data were analyzed using univariate and bivariate analysis using the test Paired-Independence T T Test and Test with a 95 % confidence level (p value < 0.05)

Result

Based on the statistical test results obtained mean knowledge score late in the leaflet media group at 16.84 with a standard deviation of 5.12 and p value of 0.043 . The score of knowledge end on slide share media group was 18.97 with a standard deviation of 2.97 with a p value of 0.000

Conclusion

There is a effectiveness approach with media leaflets and slide share to the level of knowledge about prevention of stunting adolescent obesity at the Madrasah Tsanawiyah Pauh Kamar Padang Pariaman district

References : 38 (2002-2015)

Keywords : leaflet and slide share, knowledges adolescent stunting