

**FAKULTAS KESEHATAN MASYARAKAT
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**ANALISIS KOLABORASI INTERPROFESI TENAGA KESEHATAN
DALAM PENANGANAN PASIEN RAWAT INAP *HIGH CARE UNIT* (HCU)
PENYAKIT DALAM RSUP DR. M. DJAMIL TAHUN 2016**

xii + 73 halaman, 14 tabel, 1 gambar, 12 lampiran

ABSTRAK

Tujuan

HCU merupakan unit pelayanan rumah sakit bagi pasien dengan kondisi stabil namun masih memerlukan pengobatan, perawatan, dan pemantauan secara ketat. Pelayanan di HCU Penyakit Dalam kurang optimal karena para tenaga kesehatan yang bertugas di unit tersebut juga bertugas di bagian lain. Tujuan penelitian ini untuk mengetahui informasi mengenai pelaksanaan kolaborasi interprofesi tenaga kesehatan dalam penanganan pasien rawat inap *High Care Unit* (HCU) Penyakit Dalam RSUP Dr. M. Djamil Padang 2016.

Metode

Penelitian ini menggunakan desain penelitian kualitatif dengan teknik penentuan informan yaitu *purposive sampling*. Informan dalam penelitian ini sebanyak 10 orang dengan pengumpulan data melalui wawancara mendalam, observasi, dan telaah dokumen. Data diolah melalui reduksi data, penyajian data, dan penarikan kesimpulan, setelah itu dilakukan triangulasi.

Hasil

Hasil penelitian didapatkan bahwa tenaga yang terlibat dalam penanganan pasien di HCU Penyakit Dalam terdiri dari dokter, perawat, ahli gizi, dan farmasi. Pembagian tugas dan *shift* masing-masing profesi sudah jelas, namun petugas gizi dan farmasi masih kurang karena masing-masing hanya satu orang yang bertugas. Sarana dan prasarana masih ada yang kurang. Proses perundingan interprofesi tenaga kesehatan hanya sering terjadi saat *visite*, diluar *visite* juga dilaksanakan rapat namun tidak rutin. Evaluasi dalam penanganan pasien sudah sesuai dengan ketentuan yang berlaku di rumah sakit yaitu dilakukan sekali sebulan oleh kepala ruangan.

Kesimpulan

Praktik kolaborasi interprofesi tenaga kesehatan terlaksana namun frekuensinya rendah karena yang rutin hanya terjadi saat *visite*. Selain itu masih ada kesalahpahaman mengenai tugas limbah dalam pelaksanaan penanganan pasien.

Daftar Puskataka : 22 (1996-2015)

Kata Kunci : Kolaborasi, Interprofesi, Tenaga Kesehatan

**FACULTY OF PUBLIC HEALTH
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**INTERPROFESSIONAL COLLABORATION OF HEALTH-CARE
WORKERS ANALYSIS ON HOSPITALIZED PATIENT TREATMENTS IN
HIGH CARE UNIT (HCU) OF INTERNAL DISEASE UNIT DR. M. DJAMIL
HOSPITAL PADANG IN 2016**

xii + 73 pages, 14 tables, 1 picture, 12 appendices

ABSTRACT

Objective

HCU is a care unit in hospital that is responsible to take care of patients who is in a stable condition yet still needs medications, treatments, and monitoring strictly. Treatments in High Care Unit (HCU) of Internal Disease hasn't on its best because the health care worker in charge there are responsible in another unit as well. The purpose of this study is to determine the implementation of health-care workers' interprofession collaboration on hospitalized patient treatments in High Care Unit (HCU) of Internal Disease Unit Dr. M. Djamil Hospital Padang in 2016.

Method

This study uses the qualitative research method and the informants' determination was done by purposive sampling technique. The number of informants in this study is 10 and the data collecting was done by in-depth interview, observation, and document analysis. The data was processed by data reduction, data presentation, and conclusion's drawing, which then followed by triangulation.

Result

Based on this study results, known that the health-care workers that involved on patient's treatments in HCU Internal Disease consists of doctors, nurses, nutritionist, and pharmacist. The description of duties and shifts for each profession is clear, but there is an personnel's insufficiency on nutritionist and pharmacist because there is only one staff per each profession in charge. There is also an insufficiency of facilities and infrastructures. The discussion process of the health-care workers as the form of interprofession only happens on patient's visit, there is also meetings outside of the visit activities' period, but aren't done regularly. The evaluations of patient's treatments were done once a month by the head of High Care Unit (HCU) which was implemented according to the policies that used in the hospital.

Conclusion

The interprofessional collaboration of the health-care workers happens, yet the frequency is still low because it only happens regularly on patient's visits. Besides, there is still a misconception about the overflowing duties during patient's treatment.

References : 22 (1996-2015)

Keyword : Collaboration, Interprofessional, Health-Care Workers