

## DAFTAR PUSTAKA

1. Ahima, R.S., Filer, J.S. (2000). Adipose Tissue as an Endocrine organ. *Trends Endocrinol metab.* 11: 327-332
2. Alam *et al.* (2003). Energi Stres During Pregnancy and Lactation : Consequences for Maternal Nutrition in Rural Bangladesh. *Journal Clinical Nutrition.* 57 : 151-156.
3. Almatsier. (2001). Prinsip Dasar Ilmu Gizi. Gramedia Pustaka Utama. Jakarta.
4. Anstey, E.H., Jepit, C. (2011). Maternal Obesity and Breasfeeding. A Review of the evidence and Implication for Practice. *Clinical Lactation.* Vol. 2-3. 11-16
5. Alpers, D.H., Stenson, W.F., Taylor, B.E., Bier, D.M. (2008). *Manual of Nutritional Therapeutics.* 5<sup>th</sup> Ed. Philadelphia. USA.
6. Arisman. (2009). Gizi dalam Daur Kehidupan. Edisi 2. Jakarta : EGC
7. Babitha, B., & Kusuma, D. (2010). Nutritional Correlates Of Body Mass Index. New Delhi: Discovery Publishing Houe PVT.Ltd. Hal 87-92
8. Bray, G.A. (2004). Medical Consequenses of Obesity. *Journal Clin Endocrinol Metab.* 89 : 2583-2589
9. Butte, N.F., Hopkinson, J.M., Mehta, N., Moon, J.K., Smith, E.O. (1999). Adjusment in Energy Expenditure and Substrate Utilization during late Pregnancy and Lactation. *Am. Journal. Clin. Nutrition.* 299-307.
10. Blacburn, T.S. (2010). *Maternal Fetal & Neonatus Physiology.* UK : Elsevier Health Sciences.
11. Bowman, B.A, & Russell, R.M. (2001). *Present Knowledge in Nutrition.* 8<sup>th</sup> Ed. Ilsi Press Washington.
12. Bachour, P., Yafawi, R., Jaber, F., Choueiri, E., Abdel, R.Z. (2012). Effects of Smoking Mothers Body Mass Index and Parity number on lipid Protein and Secretary Immunoglobulin A Concentration Of Human Milk. *Breastfeed Med.* <http://doi.org/10.1089/bfm.2011.0038>.
12. Baker, L.J., Michael, G., Berit, L., Heitmann, Lauren. (2008). Breasfeeding Reduces Post partum Weight Retention. *Am. Journal Clinical Nutrition.* 88 : 1543-1551.
13. Coad, J., Dunstall, M. (2011). *Anatomy and phisiology for Midwifery.* 3<sup>th</sup> Ed. Uk : Elsevier. Ltd. 406-427

14. Cheng, H.R. (2016). Post Partum Weight Retention and its Related Factors in Tainase women : a pilot study. Global Nursing e Repository
15. Cuningham, F., Leveno, K., Bloom, L., Hauth, J.C., Rouse, D.J., & Spong, C.Y. (2012). Williams Obstetric 23<sup>th</sup> Ed. New York : Mcgraw-Hills Companies, inc. 680-683
16. Dahlan, M.S. (2009). Besar sampel dan cara pengambilan Sampel. Jakarta. Salemba Medika. Hal 77
17. Dahlan, M.S. (2011). Statistik Untuk Kedokteran dan Kesehatan. Edisi 5. Jakarta, Salemba Medika.
18. Dahlan, M.S. (2012). Langkah-Langkah Menbuat Proposal Penelitian Bidang Kedokteran dan Kesehatan. Jakarta. Sagung Seto.
19. Departemen FKM UI. (2009). Gizi dan Kesehatan Masyarakat. Grafindo Persada. Jakarta. Hal 7
20. Dinas Kesehatan Kota Padang. (2014). Profil Kesehatan Kota Padang Tahun 2014.
21. Fusch, G., Niels, R., Arum, C., Stephanie, F., Susanna, P. (2015). Rapid Measurement of Macronutrients in Breast Milk How Reliabele are Infared Milk Analyzers. Journal clinical Nutrition. 465-476. <http://dx.doi.org/10.1016/j.clnu.2014.05.005>.
22. Fruhbeck, G., Gomez. A.J., Murazabal, F.J., Burrell, M.A. (2001). The Adipocyte : a model for integration of endocrine and metabolic signaling in energy metabolism regulation. Am Journal Physiol Endocrinol Metab. 27-47
23. Fikawati, S., Ahmad, S., Khaula., S. (2015). Gizi Ibu dan Bayi. 1<sup>th</sup> Ed. Jakarta Rajawali Press.
24. Gallegher, D et al. (2000). Healthy Percentagr Body Fat Ranges : an approach for Developing Guidelines Based on BMI. Am Journal Clin Nutrition : 72 : 694-701.
25. Gayton, A.C., & Hall, J.E. (2006). Texbook of Medical Physiology. 11<sup>th</sup> Ed. Buku Ajar Fisiology Kedokteran. Jakarta : EGC.
26. Gidrewicz, Z., Tanis, R.F.(2014). A Systematic Review and Meta Analisis of the Nutrient Content of Preterm and term Breast milk. Biomed Central. Ltd. 1-10
27. Geissler, A.C., Powers, J.H. (2005). Human Nutrition. 8<sup>th</sup> Ed. Uk : Elsevier
28. Galban, C.J., Stefan, M., Frank, S., Mark. (2007). Age Related Changes in Skeletal Muscle as Detected by Diffusion Tensor Magnetic Resonance Imaging. Journal. Medical Sciences. 453-458

29. Hatsu, I., Mcdougald, D.M., Anderson, A.K. (2008). Effect of Infant Feeding on Maternal Body Composition. *Journal International Breastfeeding*. 3:18.<http://doi.10.1186/1746-4358-3-18>.
30. Heo, M. (2012). Persentase of Body Fat cutoff by sex, age, and race-ethnicity in the US adult Population from NHANES. *Journal American Society for Nutrition*.
31. Heyward, V. H. & Wagner, D.R. (2000). Measures of Body Composition in Blacks and Whites : Whites : a Comparative Review. *AM. Journal Clinical Nutrition*
32. Irawati, A. (2003). Pengaruh Status Gizi selama Kehamilan dan Menyusui terhadap Keberhasilan Pemberian ASI. *Penelitian Gizi dan Makanan (PGM)*. Vol. 26. No 2 : 10-19
33. Innis, S.M. (2007). Human Milk Maternal Dietary Lipids and Infant Development. *Proceeding of the Nutrition Society*. 66. 397-404. <http://doi.org/10.17/S0029665107005666>.
34. Janeckova. (2001). The Role of Leptin in Human Physiology and Pathophysiology. *Physiology Research*, 50 : 443-459
35. Jones, E., Bell, S., Shiva, S. (2012). An Audit of Preterm Nutritional Intake Using a Human Milk Analyser. Volume 8.
36. Kinnunen, I.T., Matti, p., Minna, A., Mikael, F., Elisabete, W., Ritta, L. (2007). Reducing postpartum Weight Retention a pilot trial in primary health care. Licensee Biomed Central. Ltd. *Nutrition Journal*. 1-9. [http : doi.10.1186/1475-2891-6-21](http://doi.10.1186/1475-2891-6-21).
37. Kent, J.C., Leon, R, Mitoulas, M.D., Cregan, Donna, T. (2006). Volume and Frekuensi of Breastfeeding and Fat Content of Breast Milk Throughout day. *Journal American Academy of Pediatrics*. 117-387. [www.pediatrics.org/cgi/doi/10.1542/peds.2005-1417](http://www.pediatrics.org/cgi/doi/10.1542/peds.2005-1417).
38. Laurence, R.A., Laurence, R.M. (2011). *Breastfeeding A Guide for the Medical Profession*. 7<sup>th</sup> Ed. Elsevier. 283-284
39. Lang, S. (2002). *Breastfeeding Special Care Babies*. 2<sup>th</sup> Ed. The Neonatal Nurses Association. Bailliere Tindall.
40. Miner, J.L. (2004). The Adipocyte as an endocrine Cell. *Journal. Sci*. 82 : 935-941.
41. Morris, C.J. (2013). *Pedoman Gizi : Pengkajian dan Dokumentasi*. Alih Bahasa Albertus. Jakarta : EGC

42. Mattson, S., & Smith, J.E. (2016). *Maternal Newborn Nursing*. 5<sup>th</sup> Ed. Uk : Elsevier
43. Mann, J., Truswell, A.S., (2002). *Essentials of Human Nutrition*. 2<sup>th</sup> Ed. Oxford. University Press.
45. Neville, M., & Morton, J. (2001). Physiology and Endocrine changes Underlying Human Lactogenesis II. *The Journal of Nutrition*
46. Nazzlee, N., Rakhshanda, B., Zahid, L Les, B. (2011). Maternal Body Composition and its Relationship to infant Breast Milk Intake in Rural Pakistan. *Journal. Food and Nutrition sciences*. 932-937.
47. Nikniaz, D., Mahdavi, R., Arefhoesseini, S.R., Sowti Khiabani, M. (2009). Association Between fat content of Breast Milk an Maternal Nutritional Status and Infants weight in Tabriz Iran. *Mal. Journal Nutrition*. 15 (1) : 37-44
48. Puskesmas Belimbing. Laporan Tahunan Pelaksanaan Program Pokok dan Pengembangan Puskesmas Belimbing Tahun 2015.
49. Position of the American Dietetic Association. (2001). Breaking the Barries to Breasfeeding. Available at : [http : // www. WHO. Int/child. Adolescent-health/new-publications/nutrition/who](http://www.WHO.Int/child.Adolescent-health/new-publications/nutrition/who).
50. Policy Statment. (2005). Breasfeeding and the Use of Human Milk. *Journal American Academy of Pediatrck*. Vol 115; 496
51. Quinn, E.A., Largado, Michael, P., Christopher, W.K. (2012). Predictors of Breast Milk Macronutrient Composition in Filipino Mothers. *American Journal of Human Biology*, [http : //doi.10.1002/ajhb.22266](http://doi.10.1002/ajhb.22266)
52. Reni, Y.A. (2014). *Payudara dan Laktasi*. Jakarta : Salemba Medika. Hal 41-43
53. Ranasinghe, C., Prassanna, G., Prasad, K., Nalinda, A., Sithira. (2013). Relationship Between Body Mass Indeks (BMI) and Body Fat Presentage estimated by Bioelectrical Impidance in a group of Srilancon adults : a cross sectional study. *BMC. Public Health*. 13 : 797
54. Pediatrics and Neonatology. (2014). Factors Affecting Human Milk Composition. *Journal Homepage*. 55. 421-422. [http: dx.doi.org/10.1016/j.pedneo.2014.06.003](http://dx.doi.org/10.1016/j.pedneo.2014.06.003).
55. RISKESDAS. (2010). Riset Kesehatan Dasar. Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI.
56. RISKESDAS. (2013). Riset Kesehatan Dasar. Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI.

57. Stump, S.E. (2008). Nutrition and Diagnosis Related care. Lippincott Williams & Wilkins
58. Roba, T.K., Thomas, P., Oconnor, Tefera, B. (2015). Seasonal Variation in Nutritional Status and Anemia among Lactating Mothers in two agro-ecological zones of rural Ethiopia : A Longitudinal Study. *Journal Nutrition*. 1214-1217. <http://dx.doi.org/10.1016/j..nut.2015.03.007>.
59. Rankin, J., Stables, D. (2010). *Physiology in Chilbearing*. 3<sup>th</sup> Ed. UK : Elsevier. Ltd. 726-730
60. Sastroasmoro, S. (2011). Pemilihan Subjek Penelitian. Dalam S. Sastroasmoro, & S. Ismael, *Dasar-Dasar Metodologi Penelitian klinis*. 2<sup>th</sup> Ed. Jakarta : Sagung Seto.
61. Supriasa. (2001). *Penilaian Status Gizi*. Penerbit Buku Kedokteran. Jakarta : EGC. Hal 191-195
62. Soliman, S.M., Abdelmohsen, M., Soliman, Mohamed, S., Bakr. (2014). Relationships Between Maternal Nutritional Status Quantity and Composition of Breast milk in Egypt. *African Journal of Agricultural Science and Tecnology*. Volume 2. 59-64.
63. Winarni. (2004). Association Between Breasfeeding behavior and Nutrition Status with Protein and Energy of Breastmilk Content. Tesis Universitas Diponegoro
64. Widodo. (2011). Cakupan Pemberian ASI Eksklusif : Akurasi dan Interpretasi Data Survey dan Laporan Program Gizi Indonesia. 34 (2) : 101-108
65. William, L, & Wilkin. (2006). *Modern Nutrition in Health and Desease*. 10<sup>th</sup> Ed. New York. London
66. WHO. (2002). *Community-Based Strategies for Breasfeeding Promotion and Support in Developing Countries*. Global Strategy for infant and Child Feeding.