

DAFTAR PUSTAKA

- Ahdiah, A., F, F.H. & Istiana (2018) 'Hubungan Pengetahuan Dengan Kejadian Anemia Pada Remaja Putri Di Sma Pgr 4 Banjarmasin', *Homeostasis.*, 1(1), pp. 9–14.
- Akib, A. & Sumarmi, S. (2017) 'Kebiasaan Makan Remaja Putri yang Berhubungan dengan Anemia : Kajian Positive Deviance Food Consumption Habits of Female Adolescents Related to Anemia: A Positive Deviance Approach', *Amerta Nutrition*, 1(2), pp. 105–116. Available at: <https://doi.org/10.20473/amnt.v1.i2.2017.105-116>.
- Alaofe, H., Zee, J. & O'Brien, T. (2017) 'Dietary Iron and Iron Deficiency Anemia among Adolescents Girls from Benin', 55(3). Available at: <https://doi.org/https://doi.org/10.1016/j.respe.2017.01.030>.
- Almatsier, S. (2009) *Prinsip Dasar Ilmu Gizi*. Jakarta: Gramedia.
- Ansari, M.H., Heriyani, F. & Noor, M.S. (2020) 'Hubungan Pola Menstruasi dengan Kejadian Anemia pada Remaja Putri di SMPN 18 Banjarmasin', *Homeostasis*, d, pp. 209–216.
- Apriningsih, A. *et al.* (2019) 'Peranan Orang-Tua Dalam Meningkatkan Kepatuhan Siswi Minum Tablet Zat Besi Folat Di Kota-Depok', *Gizi Indonesia*, 42(2), p. 71. Available at: <https://doi.org/10.36457/gizindo.v42i2.459>.
- Arisman (2010) *Buku Ajar Ilmu Gizi Edisi 2 - Gizi Dalam Daur Kehidupan*.
- Aryani, R. (2010) *Kesehatan Remaja Problem dan Solusinya*. Jakarta: Salemba Medika.
- Astuti, R. & Rosidi, A. (2014) 'Kadar Hemoglobin Pada Siswi Pondok Pesantren Putri Kecamatan Mranggen Kabupaten Demak Jawa Tengah', *Prosiding Seminar Nasional & ...* [Preprint].
- Azizah, D.I. (2020) 'Asupan Zat Besi, Asam Folat, dan Vitamin C pada Remaja Putri di Daerah Jatinangor', *Jurnal Kesehatan Vokasional*, 4(4), p. 169. Available at: <https://doi.org/10.22146/jkesvo.46425>.
- Balci, Y.I. *et al.* (2012) 'Prevalence and risk factors of anemia among adolescents in Denizli, Turkey', *Iranian Journal of Pediatrics*, 22(1), pp. 77–81.
- Briawan, D. (2014) *Anemia : Masalah Gizi pada Remaja Wanita*. Jakarta: EGC.

- Cairo, R.C. de A. *et al.* (2014) 'Anemia por deficiencia de hierro en adolescentes; una revision de la literatura', *Nutricion Hospitalaria*, 29(6), pp. 1240–1249. Available at: <https://doi.org/10.3305/nh.2014.29.6.7245>.
- Cunningham, F.G. *et al.* (2010) *Williams Obstetrics*. 23rd edn. New York: Mc Graw Hill Medical.
- Dahlan, M.S. (2016) *Besar Sampel dalam Penelitian Kedokteran dan Kesehatan*. 4th edn. Jakarta: Salemba Medika.
- Dieniyah, P., Sari, M.M. and Avianti, I. (2019) 'Di Smk Analisis Kimia Nusa Bangsa Kota Bogor Tahun 2018', *Jurnal Kesehatan Masyarakat*, 2(2), pp. 151–158.
- Dinas Kesehatan Kota Padang (2019) 'Pencegahan dan Pengendalian Penyakit Menular', *Laporan Tahunan 2018*, pp. 135–136.
- Ekasanti, I. *et al.* (2020) 'Determinants of Anemia among Early Adolescent Girls in Kendari City', *Amerta Nutrition*, 4(4), p. 271. Available at: <https://doi.org/10.20473/amnt.v4i4.2020.271-279>.
- Fentie, K., Wakayo, T. and Gizaw, G. (2020) 'Prevalence of Anemia and Associated Factors among Secondary School Adolescent Girls in Jimma Town, Oromia Regional State, Southwest Ethiopia', *Anemia*, 2020. Available at: <https://doi.org/10.1155/2020/5043646>.
- Fitrianti, L. and Yunis Miko, T. (2015) 'Factors Associated with Anemia Among Adolescence Girls at SMAN 1 Telukjambe Kabupaten Karawang in 2015', *KnE Life Sciences*, 4(10), p. 454. Available at: <https://doi.org/10.18502/cls.v4i10.3751>.
- Fulkerson, J.A. (2018) 'Fast food in the diet: Implications and solutions for families', *Physiology and Behavior*, 193(October 2017), pp. 252–256. Available at: <https://doi.org/10.1016/j.physbeh.2018.04.005>.
- Greer, J.P. *et al.* (2019) *Wintrobe's Clinical Hematology*. 14th edn, *Wintrobe's Clinical Hematology*. 14th edn. Philadelphia: Wolters Kluwer.
- Grober, U. (2012) *Mikronutrien : Penyelesaian Metabolik, Pencegahan dan Terapi*. Jakarta: EGC.
- Guyton, A.C. (2006) *Buku Ajar Fisiologi Kedokteran*. Jakarta: EGC.
- Hall, J.E. and Guyton, A.C. (2011) *Guyton and Hall: Textbook of Medical Physiology*. 12th edn. Philadelphia: Saunders Elsevier.
- Hamed Mohamed, A. *et al.* (2018) 'Risk Factors and Nutritional Assessment among

Early Adolescent Girls with Iron Deficiency Anemia in Damanhour City', *An International Peer-reviewed Journal*, 52(6), pp. 79–95.

Handayani, E.Y. and Sepduwiana, H. (2019) 'Hubungan Pengetahuan Remaja dan Pendidikan Ibu terhadap Kejadian Anemia Pada Remaja Putri Di SMPN 02 Rambah Hilir Kabupaten Rokan Hulu', *Jurnal Martenity and Neonatal*, pp. 466–474.

Harahap, N.R. (2018) 'Faktor- Faktor Yang Berhubungan Dengan Kejadian Anemia Pada Remaja Putri', *Nursing Arts*, 12(2), pp. 78–90. Available at: <https://doi.org/10.36741/jna.v12i2.78>.

Hardiansyah and Supariasa, i D.N. (2017) *Ilmu Gizi : Teori dan Aplikasi*. Jakarta: EGC.

Hardisman (2021) *Tanya Jawab Metodologi Penelitian Kesehatan (Referensi Praktis Mahasiswa S1, S2, S3, PPDS dan Peneliti Pemula)*. Yogyakarta: Gosyen Publishing.

Hussein, A. and Ouda, A.M.. (2018) 'Life Style Risk Factors of Iron Deficiency Anemia among Adolescents Girls', *International Journal of Nursing Didactics*, pp. 18–28. Available at: <https://doi.org/10.15520/ijnd.v8i10.2326>.

Jalambo, M.O. *et al.* (2018) 'Prevalence and Risk Factors Analysis of Iron Deficiency and Iron DEficiency Anaemia among Female Adolescents in The Gaza Strip, Palestina.', 21(15), pp. 2793–2802. Available at: <https://doi.org/https://doi.org/10.1017/S1368980018001568>.

Jaswadi, J. (2020) 'Hubungan Sikap Dengan Kejadian Anemia Remaja Putri Di SMAN 9 Mataram', *JISIP (Jurnal Ilmu Sosial dan Pendidikan)*, 4(3), pp. 12–15. Available at: <https://doi.org/10.36312/jisip.v4i3.1144>.

Kaushansky, K. *et al.* (2016) *Williams Hematology*. 9th edn. New: Mc Graw Hill Education. Available at: <https://doi.org/10.1038/npg.els.0006094>.

Kenneth (2018) 'Williams Obstetrics, 25th Edition chapter27', Chapter 27.

Kumalasari, D. *et al.* (2019) 'Pola Menstruasi dengan Kejaidan Anemia pada Remaja', *Wellness And Healthy Magazine*, 1(2), pp. 187–192.

Kusuma, J.D. *et al.* (2022) 'Validating Accuracy of a Mobile Application against Food Frequency Questionnaire on Key Nutrients with Modern Diets for mHealth Era', *Nutrients*, 14(3). Available at: <https://doi.org/10.3390/nu14030537>.

Lazarus, H.M. and Schmaier, A.H. (eds) (2019) *Concise Guide to Hematology*. 2nd

edn, *Concise Guide to Hematology*. 2nd edn. USA: Springer. Available at: https://doi.org/10.1007/978-3-319-97873-4_39.

Listiana, A. (2016) 'Analisis Faktor-Faktor yang Berhubungan Dengan Kejadian Anemia Gizi Besi pada Remaja Putri di SMKN 1 Terbanggi Besar Lampung Tengah', *Jurnal Kesehatan*, 7(3), p. 455. Available at: <https://doi.org/10.26630/jk.v7i3.230>.

Luglio, H.F. *et al.* (2021) *Buku Ajar Nutrigenomik dan Nutrigenetik bagi Mahasiswa Gizi*. Jogjakarta: Gadjah Mada University Press.

Madhari, R.S. *et al.* (2020) 'High dietary micronutrient inadequacy in peri-urban school children from a district in South India: Potential for staple food fortification and nutrient supplementation', *Maternal and Child Nutrition*, 16(S3), pp. 1–14. Available at: <https://doi.org/10.1111/mcn.13065>.

Mahan, L.K., Escott-Stump, S. and Raymond, J.L. (2012) *Krause's Food and the Nutrition Care Process*. 13th edn. USA: Elsevier.

Mardalena, I. (2017) *Dasar-Dasar Ilmu Gizi Dalam Keperawatan: Konsep dan Penerapan Pada Asuhan Keperawatan*. Yogyakarta: Pustaka Baru Press.

Martini (2015) 'Faktor - Faktor yang Berhubungan dengan Kejadian Anemia pada Remaja Putri di Man 1 Metro', *Jurnal Kesehatan Metro Sai Wawai*, VIII(1), pp. 1–7.

Mehta, A.B. and Hoffbrand, V. (2014) *Hematology at a Glance*. 4th edn. Jakarta: Erlangga.

Melyani and Alexander (2019) 'Faktor-faktor yang Berhubungan dengan Kejadian Anemia pada Remaja Putri di Sekolah SMPN 09 Pontianak Tahun 2019', *Jurnal kebidanan-ISSN 2252-8121*, 9, pp. 394–403.

Mengistu, G., Azage, M. and Gutema, H. (2019) 'Iron Deficiency Anemia among In-School Adolescent Girls in Rural Area of Bahir Dar City Administration, North West Ethiopia', *Anemia*, 2019, pp. 1–9. Available at: <https://doi.org/10.1155/2019/1097547>.

Mirani, N., Syahida, A. and Khairurrozi, M. (2021) 'Prevalensi Anemia Defisiensi Besi pada Remaja Putri di Kota Langsa', *Media Publikasi Promosi Kesehatan Indonesia (MPPKI)*, 4(2), pp. 132–137. Available at: <https://doi.org/10.56338/mppki.v4i2.1486>.

Mitkari, K., Wadgave, H. and Haralkar, S. (2020) 'Anemia in school-going adolescent girls of age between 11 and 16 years in rural area - A cross-sectional study', *International Journal of Medical Science and Public Health*,

0(0), p. 1. Available at:
<https://doi.org/10.5455/ijmsph.2020.05060202021092020>.

- Moorthy, D. *et al.* (2020) 'The Impact of Nutrition-Specific and Nutrition-Sensitive Interventions on Hemoglobin Concentrations and Anemia: A Meta-review of Systematic Reviews', *Advances in Nutrition*, 11(6), pp. 1631–1645. Available at: <https://doi.org/10.1093/advances/nmaa070>.
- Murray, R.K., Granner, D.K. and Rodwell, V.W. (2006) *Biokimia HARPER*. 27th edn. Jakarta: EGC.
- Nelima, D. (2015) 'Prevalence and Determinants of Anaemia among Adolescent Girls in Secondary Schools in Yala Division Siaya District, Kenya', *Universal Journal of Food and Nutrition Science*, 3(1), pp. 1–9. Available at: <https://doi.org/10.13189/UJFNS.2015.030101>.
- Notoatmodjo, P.D.S. (2018) *Metodologi Penelitian Kesehatan*. Cet. 3. Jakarta: Rineka Cipta.
- Notoatmodjo, S. (2014) *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- Nurhayati, N., Perdani, A.L. and Trismiyana, E. (2019) 'Iron Deficiency Anemia and Current State of Knowledge Among Adolescent Girls, Lampung-Indonesia', *Malahayati International Journal of Nursing and Health Science*, 2(1), pp. 20–24. Available at: <https://doi.org/10.33024/minh.v2i1.878>.
- Oktalina, E. (2011) 'Kejadian Anemia Pada Remaja Putri di SMAN 1 Lubuk Sikaping Kabupaten Pasaman Tahun 2011', *Fakultas Kesehatan Masyarakat Universitas Indonesia*, pp. 1–60.
- Pibriyanti, K. and Zahro, L. (2020) 'Relationship between micronutrient and anemia incidence in adolencents at Islamic boarding school', *Hafidhotun Nabawiyah*, 8(3), pp. 130–135.
- Pibriyanti, K., Zahro, L. and Nabawiyah, H. (2021) 'Relationship between micronutrient and anemia incidence in adolencents at Islamic boarding school', *Jurnal Gizi dan Dietetik Indonesia (Indonesian Journal of Nutrition and Dietetics)*, 8(3), pp. 130–135. Available at: [https://doi.org/10.21927/IJND.2020.8\(3\).130-135](https://doi.org/10.21927/IJND.2020.8(3).130-135).
- Pop, V., Burz, C. and Cismaru, A. (2018) 'Iron Deficiency Anemia'. Available at: <https://doi.org/10.5772/intechopen.80940>.
- Sabrina, M. (2008) *Mengenal dan Memahami berbagai Gangguan Kesehatan Anak*. Yogyakarta: Katahati.

- Sadikin, M. (2002) *Biokimia Darah*. Jakarta: Widya Medika.
- Sari, H.P. *et al.* (2016) 'Anemia Gizi Besi pada Remaja Putri di Wilayah Kabupaten Banyumas', pp. 16–31.
- Saryono (2013) *Metodologi penelitian kualitatif dan kuantitatif dalam bidang kesehatan*.
- Sekhar, D.L. *et al.* (2015) 'Identifying factors predicting iron deficiency in United States adolescent females using the ferritin and the body iron models', *Clinical Nutrition ESPEN*, 10(3), pp. e118–e123. Available at: <https://doi.org/10.1016/j.clnesp.2015.03.001>.
- Setiadi, S.A.I.S.A.W. (2014) 'Buku Ajar Ilmu Penyakit Dalam Jilid 1 Edisi 6 / Editor, Siti Setiadi ...[et al.]'.
- Sholicha, C.A. and Muniroh, L. (2019) 'Correlation Between Intake of Iron, Protein, Vitamin C and Menstruation Pattern with Haemoglobin Concentration among Adolescent Girls in Gersik, Indonesia.', *Media Gizi Indonesia*, 14(2), p. 147. Available at: <https://doi.org/10.20473/mgi.v14i2.147-153>.
- Skolmowska, D. (2022) 'Effectiveness of Dietary Intervention with Iron and Vitamin C Administered Separately in Improving Iron Status in Young Women', pp. 1–19.
- Soedijanto, S.G.A., Kapantow, N.H. and Basuki, A. 2015 (2015) 'Hubungan Antara Asupan Zat Besi Dan Protein Dengan Kejadian Anemia pada Siswi SMP Negeri 10 Manado', *Jurnal Ilmiah Farmasi*, 4(4), pp. 327–332.
- Sompie, K.A., Mantik, M.F.J. and Rompis, J. (2015) 'Hubungan Antara Status Gizi Dengan Kadar Hemoglobin Pada Remaja Usia 12-14 Tahun', *e-CliniC*, 3(1). Available at: <https://doi.org/10.35790/ecl.3.1.2015.6756>.
- Sugiyono (2014) 'Metode Penelitian Kombinasi', in. Bandung: Alfabeta.
- Sugiyono (2019) *Metode Penelitian Kuantitatif Kualitatif*. Bandung: Alfabeta.
- Suryadinata, P.Y.A. *et al.* (2022) 'Faktor Risiko Yang Mempengaruhi Kejadian Anemia Defisiensi Besi : A Systematic Review', *Jurnal Medika Udayana*, 11(2), pp. 6–12.
- Tania, L.E. (2018) 'Hubungan Asupan Zat Besi, Protein Dan Vitamin C Dengan Kejadian Anemia Pada Remaja Putri Di Smk Yamas Jakarta Timur Tahun 2018', *Publikasi Kesehatan Masyarakat Indonesia*, 3(1), pp. 26–31.
- Tayel D. and Ezzat, S. (2015) 'Anemia and Its Associated Factors among

Adolescents in Alexandria, Egypt. *International Journal of Health Sciences and Research*'.

Tesfaye, M. *et al.* (2015) 'Anemia and iron deficiency among school adolescents: burden, severity, and determinant factors in southwest Ethiopia', *Adolescent Health, Medicine and Therapeutics*, 6, p. 189. Available at: <https://doi.org/10.2147/AHMT.S94865>.

Tura, M.R. *et al.* (2020) 'Prevalence of anemia and its associated factors among female adolescents in ambo town, west shewa, ethiopia', *Journal of Blood Medicine*, 11, pp. 279–287. Available at: <https://doi.org/10.2147/JBM.S263327>.

Wahyuni, S., Sari, S.A.K.M.A. and Rahmawati, D.K. (2019) 'Hubungan Asupan Lemak dan Zat Besi Dengan Kejadian Anemia Saat Menstruasi Pada Mahasiswa Di Asrama Kebidanan UNW Ungaran', *Pro Health Jurnal Ilmiah Kesehatan*, 1(1), pp. 25–30.

WHO (2018) 'Weekly iron and folic acid supplementation as an anaemia-prevention strategy in women and adolescent girls Lessons learnt from implementation of programmes among non-pregnant women of reproductive age', *World Health Organization*, p. 40.

WHO guidance helps detect iron deficiency and protect brain development (no date). Available at: <https://www.who.int/news/item/20-04-2020-who-guidance-helps-detect-iron-deficiency-and-protect-brain-development> (Accessed: 8 October 2022).

Wiafe, M.A., Apprey, C. and Annan, R.A. (2021) 'Knowledge and practices of dietary iron and anemia among early adolescents in a rural district in Ghana', *Food Science and Nutrition*, 9(6), pp. 2915–2924. Available at: <https://doi.org/10.1002/fsn3.2249>.

Wirth, J.P. *et al.* (2018) 'Micronutrient deficiencies, over-and undernutrition, and their contribution to anemia in azerbaijani preschool children and non-pregnant women of reproductive age', *Nutrients*, 10(10). Available at: <https://doi.org/10.3390/nu10101483>.

World Health Organization (2011) 'Prevention of iron deficiency anaemia in adolescents role of weekly iron and folic acid supplementation', *Role of Weekly Iron and Folic Acid Supplementation*, p. 50.

World Health Organization (2020) *WHO Guideline O Use of Ferritin Concentrations to Assess Iron Status in Individuals and Populations*.

Wulandari, T. (2017) 'Faktor-Faktor yang Berhubungan dengan Kejadian Anemia

pada Remaja Putri di SMK N 4 Padang Tahun 2017', *Analisis Standar Pelayanan Minimal Pada Instalasi Rawat Jalan di RSUD Kota Semarang*, 3, pp. 103–111.

Yerizel, E. (2014) *Biokimia: Lemak, Protein dan Karbohidrat*. 3rd edn. Padang.

