

**FAKULTAS KESEHATAN MASYARAKAT
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BERLY NISA SRIMAYARTI, No. BP. 1210333002

**ANALISIS PELAKSANAAN *HAND HYGIENE* PADA PERAWAT DALAM
MENEGAKKAN *PATIENT SAFETY* DI RUMAH SAKIT BEDAH “X” KOTA
PADANG**

xiii + 96 halaman, 17 tabel, 11 gambar

ABSTRAK

Tujuan

Salah satu cara menghindari penularan infeksi nosokomial dengan melaksanakan 5 momen *hand hygiene* dan 6 langkah *hand hygiene*. Berdasarkan studi pendahuluan persentase pelaksanaan *hand hygiene* pada perawat di Rumah Sakit Bedah “X” Kota Padang hanya 30% dengan target 75%. Penelitian ini bertujuan untuk menganalisis pelaksanaan *hand hygiene* pada perawat dalam menegakkan *patient safety* di Rumah Sakit Bedah “X” Kota Padang Tahun 2016.

Metode

Penelitian ini merupakan penelitian *mix method* dengan model *sequential*. Dilaksanakan bulan Desember 2015 sampai Mei 2016 di Rumah Sakit Bedah “X” Kota Padang. Teknik penentuan informan adalah *purposive sampling*. Metode pengumpulan data yaitu *indepth interview*, FGD, observasi dan telaah dokumen. Pengolahan data menggunakan reduksi, penyajian, dan penarikan kesimpulan. Sedangkan pengolahan data kuantitatif *editing, coding, entry* dan *cleaning*.

Hasil

Hasil penelitian didapatkan bahwa masalah pada *input* adalah belum adanya pelatihan kepada IPCLN terkait *hand hygiene* dan *hand rub* disetiap *bed* kamar pasien belum terealisasi tetapi sudah diajukan dalam program PPI. Masalah pada *process* adalah penghargaan khusus perawat yang patuh *hand hygiene* belum ada. Masalah pada *output* adalah pelaksanaan 5 momen *hand hygiene* dengan persentase tertinggi pada momen *After Body Fluid Exposure Risk* (AFE) yaitu (95%) dan terendah pada *Before Touching Patient* (BTP) yaitu (47%), dengan rata-rata melaksanakan *hand hygiene* (70,2%). Perawat yang melaksanakan 6 langkah *hand hygiene* hanya (5,6%) dengan persentase tertinggi yaitu melaksanakan 3 langkah *hand hygiene* (50%).

Kesimpulan

Hasil penelitian menunjukkan bahwa pelaksanaan *hand hygiene* pada perawat belum terlaksana sesuai standar yaitu (75%). Disarankan agar mengikutsertakan semua tim PPI dalam pelatihan, melengkapi sarana prasarana seperti *hand rub* disetiap *bed* pasien, memberikan penghargaan kepada perawat yang patuh *hand hygiene*, memberikan sanksi yang tegas.

Daftar Pustaka : 34 (2009-2015)

Kata Kunci : *Hand hygiene*, perawat, *patient safety*, rumah sakit.

**FACULTY OF PUBLIC HEALTH
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BERLY NISA SRIMAYARTI, No. BP 1210333002

**ANALYSIS OF HAND HYGIENE IN NURSES IN ENHANCING THE
PATIENT SAFETY IN HOSPITAL SURGICAL “X” KOTA PADANG**

xiii + 96 pages, 17 tabels, 11 images.

ABSTRACT

Objective

One way to avoid transmission of nosocomial infections by implementing five moments of hand hygiene and hand hygiene 6 steps. Based on the percentage of implementational predecessor study of hand hygiene in hospitals Surgical “X” Kota Padang only 30% of nurses who perform hand hygiene while the target was 75%. The purpose of this study is to analyze the implementation of hand hygiene in hospitals Surgical “X” Kota Padang in 2016.

Method

This study is a mix method with type sequential. conducted from December 2015 through May 2016. Mechanical determination of informants used in this research is purposive sampling. Data were collected through interviews, focus group discussions, observation and study of the document. Qualitative data processing using data reduction, data presentation, and conclusion. While processing quantitative are editing, coding, entry and cleaning.

Result

Results of research on the input is the absence of training to members IPCLN related to the implementation of hand hygiene and hand rub each bed room patients have not been realized but have been proposed in the PPI program. Problems in the process is a special award dutiful nurse hand hygiene does not exist. Problems in the output is the implementation of the five moments of hand hygiene with the highest percentage at the moment After Body Fluid Exposure Risk (AFE) that (95%) and the lowest in the moment Before Touching Patient (BTP) is (47%), with an average carry out hand hygiene namely (70.2%).

Conclusion

The results showed that the general implementation of hand hygiene in nursing has not been done according to the standard that is (75%). It is recommended that include all team members PPI in training, complementary facilities and infrastructure needed such as hand rub each bed patients, gave awards to nurses who dutifully hand hygiene, provides strict sanctions to nurses who are not obedient, it is expected to nurse the implementation of hand hygiene standards compliant SOP which five moments of hand hygiene with six steps.

Bibliography :34 (2003-2015)

Keywords : Hand hygiene, nurse, patient safety, hospital.