

KARYA ILMIAH AKHIR

**KESIAPSIAGAAN LANSIA DALAM MENGHADAPI GEMPA
BUMI SETELAH DIBERIKAN PENYULUHAN
KESIAPSIAGAAN BENCANA DI RW 01
KELURAHAN PASIE NAN TIGO**



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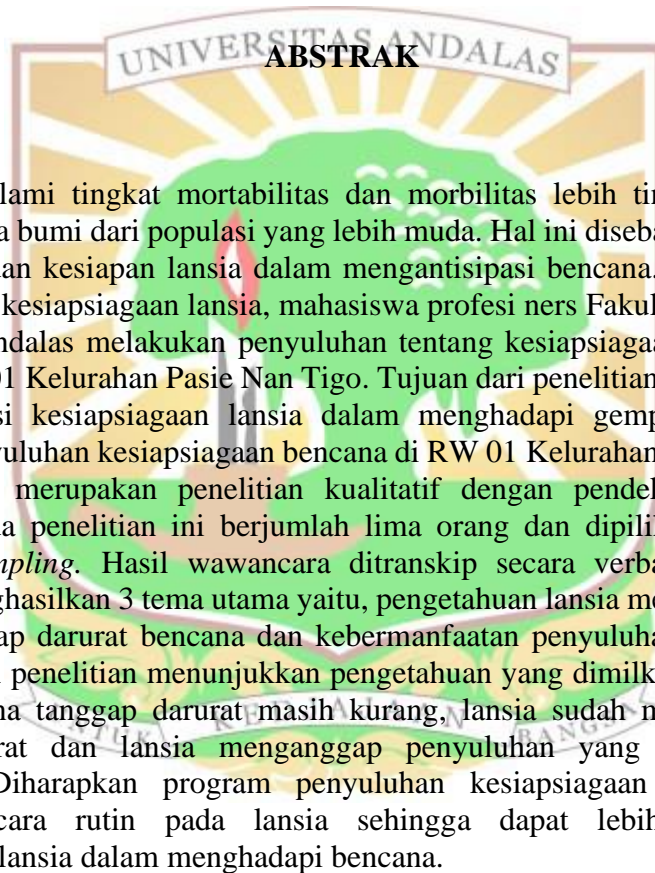
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**FAKULTAS KEPERAWATAN
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Kesiapsiagaan Lansia dalam Menghadapi Gempa Bumi setelah Diberikan
Penyuluhan Kesiapsiagaan Bencana di RW 01 Kelurahan Pasie Nan Tigo



Lansia mengalami tingkat mortalitas dan morbiditas lebih tinggi saat terjadi bencana gempa bumi dari populasi yang lebih muda. Hal ini disebabkan kurangnya pengetahuan dan kesiapan lansia dalam mengantisipasi bencana. Sebagai bentuk meningkatkan kesiapsiagaan lansia, mahasiswa profesi ners Fakultas Keperawatan Universitas Andalas melakukan penyuluhan tentang kesiapsiagaan bencana pada lansia di RW 01 Kelurahan Pasie Nan Tigo. Tujuan dari penelitian ini adalah untuk mengeksplorasi kesiapsiagaan lansia dalam menghadapi gempa bumi setelah diberikan penyuluhan kesiapsiagaan bencana di RW 01 Kelurahan Pasie Nan Tigo. Penelitian ini merupakan penelitian kualitatif dengan pendekatan deskriptif. Partisipan pada penelitian ini berjumlah lima orang dan dipilih dengan teknik *purposive sampling*. Hasil wawancara ditranskrip secara verbatim dan diolah sehingga menghasilkan 3 tema utama yaitu, pengetahuan lansia mengenai bencana, rencana tanggap darurat bencana dan kebermanfaatan penyuluhan kesiapsiagaan bencana. Hasil penelitian menunjukkan pengetahuan yang dimiliki lansia terutama tentang rencana tanggap darurat masih kurang, lansia sudah memiliki rencana tanggap darurat dan lansia menganggap penyuluhan yang diberikan telah bermanfaat. Diharapkan program penyuluhan kesiapsiagaan bencana dapat dilakukan secara rutin pada lansia sehingga dapat lebih meningkatkan kesiapsiagaan lansia dalam menghadapi bencana.

Kata Kunci : lansia, kesiapsiagaan, penyuluhan

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*Elderly Preparedness in Facing Earthquakes after being Provided with Disaster
Preparedness Counseling at RW 01, Pasie Nan Tigo Village*

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ABSTRACT*

The elderly experience higher rates of mortality and morbidity during an earthquake than the younger population. This is due to the lack of knowledge and readiness of the elderly in anticipating disasters. As a form of increasing elderly preparedness, nursing professional students at the Faculty of Nursing, Andalas University, conducted counseling on disaster preparedness for the elderly in RW 01, Pasie Nan Tigo Village. The purpose of this study was to explore the preparedness of the elderly in dealing with earthquakes after being given disaster preparedness counseling in RW 01, Pasie Nan Tigo Village. This research is a qualitative research with a descriptive approach. The participants in this study were five people and were selected by purposive sampling technique. The results of the interviews were transcribed verbatim and processed to produce 3 main themes, namely, knowledge of the elderly about disasters, disaster emergency response plans and the usefulness of disaster preparedness counseling. The results showed that the knowledge possessed by the elderly, especially about emergency response plans, was still lacking, the elderly already had an emergency response plan and the elderly considered the counseling provided to be useful. It is hoped that the disaster preparedness counseling program can be carried out regularly for the elderly so that it can further improve the elderly's preparedness in dealing with disasters.

Keyword : elderly, disaster preparedness, counseling

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