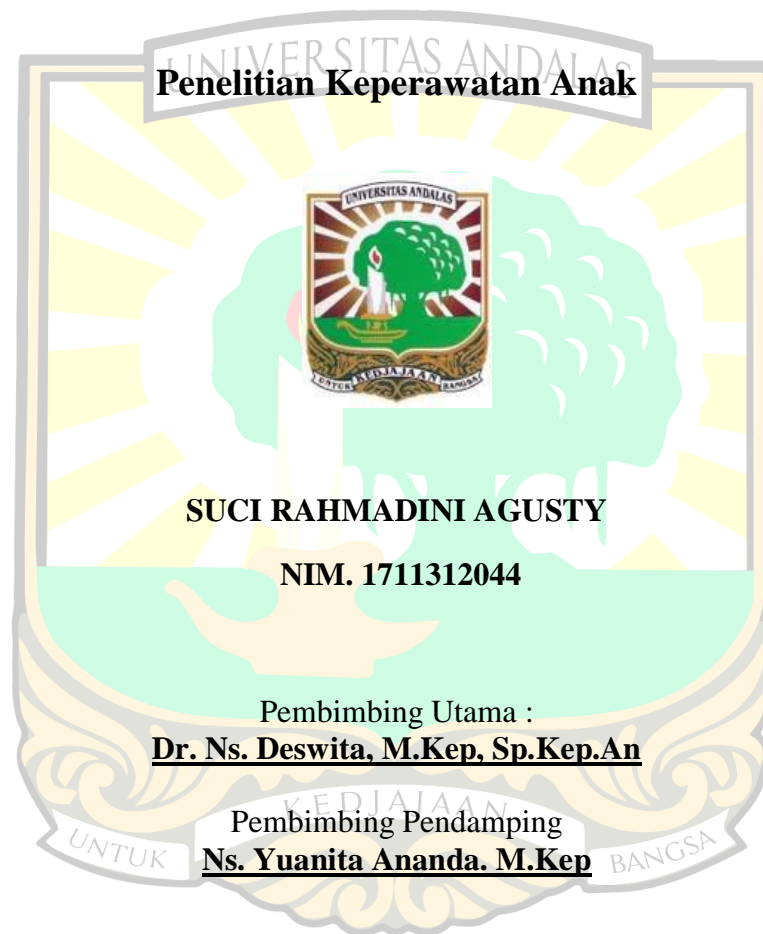


**SKRIPSI**

**HUBUNGAN STATUS GIZI DENGAN KUALITAS HIDUP ANAK  
LEUKEMIA LIMFOBLASTIK AKUT YANG MENJALANI  
KEMOTERAPI DI RSUP DR. M. DJAMIL  
PADANG**



**FAKULTAS KEPERAWATAN  
UNIVERSITAS ANDALAS**

**2022**

**FAKULTAS KEPERAWATAN  
UNIVERSITAS ANDALAS  
SEPTEMBER 2022**

Nama : Suci Rahmadini Agusty  
NIM : 1711312044

**Hubungan Status Gizi Anak Dengan Kualitas Hidup Anak Leukemia  
Limfoblastik Akut Yang Menjalani Kemoterapi  
Di RSUP Dr. M. Djamil Padang**

UNIVERSITAS ANDALAS  
**ABSTRAK**

Kanker merupakan salah satu masalah kesehatan dunia yang tak kunjung dapat terselesaikan. Leukemia Limfoblastik Akut (LLA) adalah salah satu jenis kanker dengan kasus terbanyak yang menyerang anak. Anak dengan LLA harus menjalani kemoterapi yang memiliki dampak pada status gizi dan kualitas hidupnya. Tujuan penelitian ini untuk mengetahui hubungan status gizi dengan kualitas hidup anak leukemia di RSUP Dr. M. Djamil Padang. Jenis penelitian yaitu penelitian kuantitatif dengan pendekatan *cross sectional study*. Instrumen penelitian berupa kuisioner demografi, kuisioner *Pediatric Quality of Life Cancer Module 3.0* (PedsQL™) dan antropometri area otot lengan tengah. Penelitian dilakukan di IRNA Kebidanan dan Anak RSUP Dr. M. Djamil dengan jumlah sampel 47 anak. Hasil uji statistik *chi – square* diketahui bahwa terdapat hubungan yang signifikan antara status gizi anak (0.001) dengan kualitas hidup anak leukemia. Tenaga kesehatan sebaiknya memberikan intervensi sesuai dengan dimensi – dimensi yang terganggu pada kualitas hidup seperti manajemen kecemasan, komunikasi terapeutik, terapi bermain, memberi menu makanan variatif yang disukai oleh anak, dan mengikutsertakan orang tua dalam segala tindakan yang bertujuan untuk memberi dukungan pada anak dan optimalisasi pengobatannya.

Kata Kunci : Status Gizi, Kualitas Hidup, Kemoterapi, LLA

Daftar Pustaka : 113 (2000 – 2022)

**FACULTY OF NURSING  
ANDALAS UNIVERSITY  
SEPTEMBER 2022**

Name : Suci Rahmadini Agusty  
Registered Number : 1711312044

***Relationship between Nutritional Status with Quality of Life for Children  
with Acute Lymphoblastic Leukemia Undergoing Chemotherapy  
at Dr. M. Djamil Hospital Padang***

UNIVERSITAS ANDALAS  
**ABSTRACT**

*Cancer is one of the world's health problems that cannot be solved. Acute Lymphoblastic Leukemia (ALL) is one of the most common types of cancer affecting children. Children with ALL must undergo chemotherapy which has an impact on nutritional status and quality of life. Parents have an important role in the upbringing of children and become a benchmark for how well children manage negative responses to their illness. The purpose of this study was to determine the relationship between parental characteristics and children's nutritional status with the quality of life of children with leukemia in Dr. M. Djamil Hospital Padang. The type of research is broadly investigated by quantitative research with a cross sectional study approach. The research instruments were demographic questionnaires, Pediatric Quality of Life Cancer Module 3.0 (PedsQL<sup>TM</sup>) questionnaires and anthropometry of the middle arm muscle area. The research was carried out at IRNA Obstetrics and Pediatrics, Dr. M. Djamil Hospital with a sample of 47 childrens. The results of the chi-square statistical test showed that there is a significant relationship between children's nutritional status (0.001) with quality life of a child with leukemia. Health workers should provide interventions according to the dimensions that are disturbed in quality of life such as anxiety management, therapeutic communication, play therapy, providing a varied diet that is liked by children, and involving parents in all actions aimed at providing support to children and optimizing the treatment.*

*Keywords: Nutritional status, quality of life, chemotherapy, ALL*

*Bibliography : 113 (2000 – 2022)*