

DAFTAR PUSTAKA

- Abraham, S.B. *et al.* (2018) “Quality of life of dentists,” *European Journal of Dentistry*, 12(1), hal. 111–115. doi:10.4103/ejd.ejd.
- Alabdulwahab, S.S., Kachanathu, S.J. dan Alaulami, A.A. (2020) “Health - Related Quality of Life among Dentists in Middle - East Countries – A Cross - Sectional Study,” hal. 168–172. doi:10.4103/jiaphd.jiaphd.
- Algahtani, F.D. *et al.* (2021) “Assessment of the quality of life during covid-19 pandemic: A cross-sectional survey from the kingdom of saudi arabia,” *International Journal of Environmental Research and Public Health*, 18(3), hal. 1–12. doi:10.3390/ijerph18030847.
- Alrayes, N. *et al.* (2020) “Evaluation of Quality of Life among Dental Professionals by Using the WHOQOL-BREF Instrument in Eastern Province of Saudi Arabia,” *Scientific World Journal*, 2020. doi:10.1155/2020/5654627.
- Anggita, N. dan Masturoh, I. (2018) *Metodologi Penelitian Kesehatan*. Jakarta: Pusat Pendidikan Sumber Daya Manusia Kesehatan.
- Asbar, A. dan Mawarpury, M. (2018) “Hidup Berkualitas : (Studi Kasus Pada Perempuan Menopouse),” *Marwah: Jurnal Perempuan, Agama dan Jender*, 17(1), hal. 96. doi:10.24014/marwah.v17i1.4516.
- Azevedo, M.R. *et al.* (2012) “Gender differences in leisure-time physical activity,” *International Journal of Public Health*, 52(1), hal. 8–15. doi:10.1007/s00038-006-5062-1.
- Azis, A.A., Suroto, S. dan Siantoro, G. (2021) “Covid-19 Pandemic Impact Study on Student Learning and Physical Activities in MAN Kota Blitar,” *Budapest International Research and Critics in Linguistics and Education (BirLE) Journal*, 4(3), hal. 1006–1019. Tersedia pada: <http://www.bircu-journal.com/index.php/birle/article/view/2238>.
- Azizah, R. dan Hartanti, R.D. (2016) “Hubungan Antara Tingkat Stress Dengan Kualitas Hidup Lansia Hipertensi Di Wilayah Kerja Puskesmas Wonopringgo Pekalongan,” *Jurnal Universyty Reseach Coloquium*, hal. 261–278.
- Chamberlain, S.R. *et al.* (2021) “Post-traumatic stress disorder symptoms in COVID-19 survivors: online population survey,” *BJPsych Open*, 7(2), hal. 1–4. doi:10.1192/bjo.2021.3.
- Christianto, D.A. (2018) “Hubungan Aktivitas Fisik Terhadap Kejadian Obesitas Berdasarkan Indeks Massa Tubuh Di Desa Banjaroyo,” *Berkala Ilmiah Kedokteran Duta Wacana*, 3(2), hal. 78. doi:10.21460/bikdw.v3i2.97.
- Craft, B.B., Carroll, H.A. dan Lustyk, M.K.B. (2014) “Gender Differences in

- Exercise Habits and Quality of Life Reports: Assessing the Moderating Effects of Reasons for Exercise.,” *International journal of liberal arts and social science*, 2(5), hal. 65–76. Tersedia pada: <http://www.ncbi.nlm.nih.gov/pubmed/27668243%0Ahttp://www.ncbi.nlm.nih.gov/articlerender.fcgi?artid=PMC5033515>.
- Delbressine, J.M. et al. (2021) “The impact of post-covid-19 syndrome on self-reported physical activity,” *International Journal of Environmental Research and Public Health*, 18(11), hal. 1–11. doi:10.3390/ijerph18116017.
- Demeco, A. et al. (2020) “Rehabilitation of patients post-covid-19 infection: a literature review,” *Journal of International Medical Research*, 48(8). doi:10.1177/0300060520948382.
- Dinas Kesehatan Kota Padang (2022) *Data Pemantauan Covid-19 Kota Padang*. Tersedia pada: <https://dinkes.padang.go.id/covid19> (Diakses: 22 April 2022).
- Ekasari, M.F., Riasmini, N.M. dan Hartini, T. (2019) *Meningkatkan Kualitas Hidup Lansia Konsep dan Berbagai Intervensi*. malang: Wineka Media. doi:978-602-5973-27-7.
- Endarti, A.T. (2015) “Kualitas Hidup Kesehatan: Konsep, Model, dan Penggunaan,” *Jurnal Ilmiah Kesehatan*, 7(2), hal. 97–108. Tersedia pada: <http://lp3m.thamrin.ac.id/upload/jurnal/JURNAL-1519375940.pdf>.
- Fauzy, R. dan Fourianisyawati, E. (2016) “Hubungan antara Depresi dengan Kualitas Hidup pada Ibu Hamil Berisiko Tinggi The Relationship Of Depression With Quality Of Life In Pregnant Women At High Risk,” *Jurnal Psikogenesis*, 4(2), hal. 206–214.
- Hamrik, Z. et al. (2014) “Physical activity and sedentary behaviour in Czech adults: Results from the GPAQ study,” *European Journal of Sport Science*, 14(2), hal. 193–198. doi:10.1080/17461391.2013.822565.
- Hands, B. dan Parker, H. (2016) “Male and Female Differences in Health Benefits Derived from Physical Activity: Implications for Exercise Prescription,” *Journal of Womens Health, Issues and Care*, 5(4). doi:10.4172/2325-9795.1000238.
- Hasson, R. et al. (2021) “COVID-19: Implications for Physical Activity, Health Disparities, and Health Equity,” *American Journal of Lifestyle Medicine*, 0(0), hal. 1–14. doi:10.1177/15598276211029222.
- Istiqamah, D.I., Fitria Nugraha Aini dan Sulistyowati, E. (2021) “The Effects of Physical Activity Levels on Hypertension Prevalence in Communities in Malang Regency,” *Jurnal Kedokteran Komunitas*, 9(1), hal. 1–9.
- Jacob, D.E. dan Sandjaya (2018) “Faktor-faktor yang mempengaruhi kualitas hidup masyarakat Karubaga district sub district Tolikara propinsi Papua,” *Jurnal Nasional Ilmu Kesehatan (JNIK)*, 1(69), hal. 1–16.

- Kamal, M. *et al.* (2021) “Assessment and characterisation of post-COVID-19 manifestations,” *International Journal of Clinical Practice*, 75(3), hal. 1–5. doi:10.1111/ijcp.13746.
- Kandola, A. *et al.* (2019) “Physical activity and depression: Towards understanding the antidepressant mechanisms of physical activity,” *Neuroscience and Biobehavioral Reviews*, 107(September), hal. 525–539. doi:10.1016/j.neubiorev.2019.09.040.
- Karimi, M. dan Brazier, J. (2016) “Health, Health-Related Quality of Life, and Quality of Life: What is the Difference?,” *PharmacoEconomics*, 34(7), hal. 645–649. doi:10.1007/s40273-016-0389-9.
- Kementerian Kesehatan Republik Indonesia (2017) “Ayo bergerak lawan obesitas,” *Direktorat Pencegahan dan Pengendalian Penyakit Tidak Menular*, hal. 37. Tersedia pada: <http://p2ptm.kemkes.go.id>.
- Kementerian Kesehatan Republik Indonesia (2018) *Apa itu Aktivitas Fisik?* Tersedia pada: <http://p2ptm.kemkes.go.id/infographic-p2ptm/obesitas/apa-itu-aktivitas-fisik> (Diakses: 23 November 2021).
- Kholilah, A.M. dan Hamid, A.Y.S. (2021) “Gejala Sisa Penyintas Covid-19: Literatur Review,” *Jurnal Ilmu Keperawatan Jiwa*, 4(3), hal. 501–516.
- Kokandi, A.A., Alkhalfaf, J.S. dan Mohammedsaleh, A. (2019) “Quality of life in relation to the level of physical activity among healthy young adults at Saudi Arabia,” *Biomedical and Pharmacology Journal*, 12(1), hal. 281–287. doi:10.13005/bpj/1639.
- Kurniawan, Y. dan Susilo, M.N.I.B. (2021) “Bangkit Pascainfeksi: Dinamika Resiliensi pada Penyintas Covid-19,” *PHILANTHROPY: Journal of Psychology*, 5(1), hal. 131. doi:10.26623/phillyanthropy.v5i1.3326.
- Kusumo, M.P. (2021) *Buku pemantauan aktivitas fisik*.
- Malik, P. *et al.* (2022) “Post-acute COVID-19 syndrome (PCS) and health-related quality of life (HRQoL)—A systematic review and meta-analysis,” *Journal of Medical Virology*, 94(1), hal. 253–262. doi:10.1002/jmv.27309.
- McCaffrey, N. *et al.* (2016) “What Aspects of Quality of Life Are Important From Palliative Care Patients’ Perspectives? A Systematic Review of Qualitative Research,” *Journal of Pain and Symptom Management*, 52(2), hal. 318–328.e5. doi:10.1016/j.jpainsymman.2016.02.012.
- Melo-Oliveira, M.E. *et al.* (2021) “Reported quality of life in countries with cases of COVID19: a systematic review,” *Expert Review of Respiratory Medicine*, 15(2), hal. 213–220. doi:10.1080/17476348.2021.1826315.
- Mourady, D. *et al.* (2017) “Associations between quality of life, physical activity, worry, depression and insomnia: A cross-sectional designed study in healthy

pregnant women," *PLoS ONE*, 12(5), hal. 1–15. doi:10.1371/journal.pone.0178181.

Murtiwardhani, Y.E.H. dan Shoumi, A.B. (2019) "Pengaruh Lama Aktivitas Kerja Dokter Gigi di PUSKESMAS Kota Malang Terhadap Tingkat Risiko Terjadinya Musculoskeletal Disorder (MSDs)," *E-Prodenta Journal of Dentistry*, 3(2), hal. 58–66. Tersedia pada: <http://www.tjyybjb.ac.cn/CN/article/downloadArticleFile.do?attachType=PDF&id=9987>.

Nandasena, H.M.R.K.G. *et al.* (2022) "Quality of life of COVID 19 patients after discharge: Systematic review," *PLoS ONE*, 17(2 February), hal. 1–12. doi:10.1371/journal.pone.0263941.

Noviarini, N.A., Dewi, M.P. dan Prabowo, H. (2013) "Hubungan antara Dukungan Sosial dengan Kualitas Hidup pada Pecandu Narkoba yang sedang Menjalani Rehabilitasi," *Jurnal Fakultas Psikologi Individu yang memiliki kualitas hidup yang baik akan memiliki kesehatan ja*, 5, hal. 8–9. Tersedia pada: <file:///C:/Users/net/Downloads/957-2742-1-PB.pdf>.

de Oliveira, L.D.S.S.C.B. *et al.* (2019) "The effects of physical activity on anxiety, depression, and quality of life in elderly people living in the community," *Trends in Psychiatry and Psychotherapy*, 41(1), hal. 36–42. doi:10.1590/2237-6089-2017-0129.

Persatuan Dokter Gigi Indonesia Kota Padang (2022) "Data Dokter gigi Terkonfirmasi Covid-19." Padang.

Putra, A.E. *et al.* (2021) "Hubungan Antara Aktivitas Fisik Dengan Indeks Massa Tubuh Pada Mahasiswa Selama Masa Pembelajaran Jarak Jauh Akibat Pandemik Covid- 19," *Medika Hutama*, 02(01), hal. 402–406.

Salman, D. *et al.* (2021) "Returning to physical activity after covid-19," *The BMJ*, 372, hal. 1–6. doi:10.1136/bmj.m4721.

Saqib, Z.A. *et al.* (2020) "Physical activity is a medicine for non-communicable diseases: A survey study regarding the perception of physical activity impact on health wellbeing," *Risk Management and Healthcare Policy*, 13, hal. 2949–2962. doi:10.2147/RMHP.S280339.

van der Sar - van der Brugge, S. *et al.* (2021) "Pulmonary function and health-related quality of life after COVID-19 pneumonia," *Respiratory Medicine*, 176(November 2020), hal. 106272. doi:10.1016/j.rmed.2020.106272.

Satuan Tugas Penanganan Covid-19 (2022) *Peta Sebaran*. Tersedia pada: <https://covid19.go.id/peta-sebaran> (Diakses: 22 April 2022).

Sekarwiri, E. (2008) "Hubungan antara kualitas hidup dan sense of community pada warga DKI Jakarta yang tinggal di daerah rawan banjir," *Skripsi, Universitas Indonesia [Preprint]*.

- Simonelli, C. *et al.* (2021) “Measures of physical performance in COVID-19 patients: a mapping review: Physical performance in Covid-19 patients,” *Pulmonology* [Preprint]. doi:10.1016/j.pulmoe.2021.06.005.
- Singh, H. *et al.* (2020) “Impact of COVID-19 on Indian dentists: A cross sectional survey,” *Journal of Indian Academy of Oral Medicine and Radiology*, 32(4), hal. 360–365. doi:10.4103/jiaomr.jiaomr_111_20.
- Slimani, M. *et al.* (2020a) “The Relationship Between Physical Activity and Quality of Life During the Confinement Induced by COVID-19 Outbreak: A Pilot Study in Tunisia,” *Frontiers in Psychology*, 11(April), hal. 1–5. doi:10.3389/fpsyg.2020.01882.
- Slimani, M. *et al.* (2020b) “The Relationship Between Physical Activity and Quality of Life During the Confinement Induced by COVID-19 Outbreak: A Pilot Study in Tunisia,” *Frontiers in Psychology*, 11, hal. 1–5. doi:10.3389/fpsyg.2020.01882.
- Srilatha, A. *et al.* (2016) “Physical activity among dental health professionals in Hyderabad City: A questionnaire survey,” *Dental Research Journal*, 13(6), hal. 544–551. doi:10.4103/1735-3327.197038.
- Sykes, D.L. *et al.* (2021) “Post-COVID-19 Symptom Burden: What is Long-COVID and How Should We Manage It?,” *Lung*, 199(2), hal. 113–119. doi:10.1007/s00408-021-00423-z.
- Tabacof, L. *et al.* (2020) “Post-acute COVID-19 syndrome negatively impacts health and wellbeing despite less severe acute infection,” *medRxiv*, hal. 2020.11.04.20226126. Tersedia pada: <http://medrxiv.org/content/early/2020/11/06/2020.11.04.20226126.abstract>.
- Tabacof, L. *et al.* (2022) “Post-acute COVID-19 Syndrome Negatively Impacts Physical Function, Cognitive Function, Health-Related Quality of Life, and Participation,” *American journal of physical medicine & rehabilitation*, 101(1), hal. 48–52. doi:10.1097/PHM.0000000000001910.
- Tanriverdi, A. *et al.* (2021) “Extrapulmonary features of post-COVID-19 patients: muscle function, physical activity, mood, and sleep quality,” *Irish Journal of Medical Science* [Preprint], (0123456789). doi:10.1007/s11845-021-02667-3.
- Teles, M.A.B. *et al.* (2014) “Psychosocial work conditions and quality of life among primary health care employees: A cross sectional study,” *Health and Quality of Life Outcomes*, 12(1), hal. 1–12. doi:10.1186/1477-7525-12-72.
- Theofilou, P. (2013) “Quality of life: Definition and measurement,” *Europe's Journal of Psychology*, 9(1), hal. 150–162. doi:10.5964/ejop.v9i1.337.
- Utami, I.W., Susanto, R.S. dan Setyaningsih, H. (2020) “Manajemen Rumah Sakit dalam Pencegahan Bahaya Ergonomi pada Dokter Gigi,” *Higeia Journal of Public Health Research and Development*, 4(4), hal. 681–692. Tersedia pada:

<http://journal.unnes.ac.id/sju/index.php/higeia>.

- Warren, J.M. *et al.* (2010) “Assessment of physical activity - A review of methodologies with reference to epidemiological research: A report of the exercise physiology section of the European Association of Cardiovascular Prevention and Rehabilitation,” *European Journal of Cardiovascular Prevention and Rehabilitation*, 17(2), hal. 127–139. doi:10.1097/HJR.0b013e32832ed875.
- WHO (2012) “Global Physical Activity Questionnaire (GPAQ) Analysis Guide,” Geneva: World Health Organization, hal. 1–22. Tersedia pada: [http://scholar.google.com/scholar?hl=en&btnG=Search&q=intitle:Global+Physical+Activity+Questionnaire+\(GPAQ\)+Analysis+Guide#1](http://scholar.google.com/scholar?hl=en&btnG=Search&q=intitle:Global+Physical+Activity+Questionnaire+(GPAQ)+Analysis+Guide#1).
- Widyarman, A.S. *et al.* (2020) “COVID-19 Awareness Among Dental Professionals in Indonesia,” *Frontiers in Medicine*, 7(November), hal. 1–9. doi:10.3389/fmed.2020.589759.
- World Health Organization (2022) *WHO Coronavirus (COVID-19) Dashboard*. Tersedia pada: <https://covid19.who.int/> (Diakses: 22 April 2022).
- Zainuddin, M., Utomo, W. dan Herlina (2015) “Hubungan Stres dengan Kualitas Hidup Penderita Diabetes Mellitus Tipe 2,” *Jurnal Online Mahasiswa Program Studi Ilmu Keperawatan Universitas Riau*, 2(1), hal. 890–898. Tersedia pada: <https://www.neliti.com/publications/188387/>.
- Zdun-Ryżewska, A. *et al.* (2018) “Association between social support and quality of life in patients with affective disorders,” *European Journal of Psychiatry*, 32(3), hal. 132–138. doi:10.1016/j.ejpsy.2018.05.002.
- Zhu, S. *et al.* (2020) “Prevalence and risk factors of disability and anxiety in a retrospective cohort of 432 survivors of Coronavirus Disease-2019 (Covid-19) from China,” *PLoS ONE*, 15(12 December), hal. 1–17. doi:10.1371/journal.pone.0243883.