

SKRIPSI

**HUBUNGAN PERILAKU IBU HAMIL DENGAN KEBERSIHAN
RONGGA MULUT DI WILAYAH KERJA PUSKESMAS ALAI**



**FAKULTAS KEDOKTERAN GIGI
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RONGGAMULUT DI WILAYAH KERJA PUSKESMAS ALAI**



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ABSTRAK

Latar Belakang: Banyak ditemukan masalah terkait kesehatan gigi dan mulut selama masa kehamilan. Salah satunya disebabkan kurang baiknya perilaku dalam menjaga kebersihan rongga mulut selama kehamilan. **Tujuan:** Penelitian bertujuan untuk menganalisis hubungan antara pengetahuan, sikap, dan tindakan dengan kebersihan rongga mulut Ibu hamil di wilayah kerja Puskesmas Alai Kota Padang. **Metode Penelitian:** Penelitian ini merupakan penelitian analitik korelasi dengan desain *cross sectional* dan jumlah sampel sebanyak 41 orang. Instrumen penelitian berupa kuesioner untuk memperoleh data tingkat pengetahuan, sikap, dan tindakan kesehatan gigi dan mulut Ibu hamil. Pemeriksaan kebersihan rongga mulut Ibu hamil dinilai menggunakan indeks OHI-S. **Hasil:** Hasil penelitian menunjukkan rata – rata skor pengetahuan Ibu hamil sebesar 8,24 dan sebagian besar (56,1%) termasuk dalam kategori baik. Rata – rata skor sikap Ibu hamil sebesar 45,39 dan sebagian besar (60,98%) termasuk kategori cukup. Rata – rata skor tindakan Ibu hamil sebesar 6,78 dan sebagian besar (58,54%) termasuk kategori baik. Hasil analisis kebersihan rongga mulut Ibu hamil menunjukkan skor rata – rata 1,84 dengan sebagian besar (56,10%) termasuk dalam kategori baik. Hasil analisis *chisquare* antara pengetahuan dengan kebersihan rongga mulut Ibu hamil menunjukkan nilai $p = 0,05$, analisis antara sikap, tindakan dengan kebersihan rongga mulut Ibu hamil menunjukkan nilai $p = 0,051$ dan $p = 0,326$ berturut – turut. **Kesimpulan:** Penelitian menunjukkan adanya hubungan yang signifikan antara pengetahuan dengan kebersihan rongga mulut Ibu hamil, tetapi tidak menunjukkan adanya hubungan yang signifikan antara sikap, tindakan dengan kebersihan rongga mulut Ibu hamil.

Kata Kunci: Ibu hamil, Kebersihan Rongga Mulut (OHI-S), Perilaku



THE CORRELATION BETWEEN PRGENANT WOMEN BEHAVIOR AND ORAL HYGIENE IN THE WORKING AREA OF ALAI PUBLIC HEALTH CENTER

Enjelika Lifiedora

ABSTRACT

Background: There are many problems related to dental and oral health during pregnancy. One of the factors that cause these problems is the lack of maternal behaviour in maintaining oral hygiene during pregnancy. **Objective:** This study aimed to analyze the relationship between knowledge, attitudes, practices and oral hygiene of pregnant women in the working area of Alai Public Health Center, Padang City. **Research Methods:** This research was a correlation analytic study with a cross sectional design and the number of samples were 41 people. The research instrument was in the form of a questionnaire to obtain data on the level of knowledge, attitudes, also practices on dental and oral health of pregnant women. The oral hygiene examination of pregnant women was assessed using the OHI-S index. **Results:** The results showed that the average knowledge score of pregnant women was 8.24 and most of them (56.1%) were in the good category. The average score for the attitude of pregnant women was 45.39 and most of them (60.98%) were in the sufficient category. The average score for the practices of pregnant women was 6.78 and most of them (58.54%) were in the good category. The results of the analysis from the oral hygiene of pregnant women showed an average score of 1.84 with most of them (56.10%) were in the good category. The results of the chi-square analysis between knowledge and oral hygiene of pregnant women showed a p value of 0.05, the analysis between attitudes, practices and oral hygiene of pregnant women showed p values of 0.051 and 0.326, respectively. **Conclusion:** The study showed a significant relationship between knowledge and oral hygiene of pregnant women, but did not show a significant relationship between attitudes, practices and oral hygiene of pregnant women.

Keywords: Attitude, Oral Hygiene (OHI-S), Pregnant women

