

SKRIPSI

**GAMBARAN PERILAKU LANSIA TERHADAP PENCEGAHAN
COVID-19 DI WILAYAH PUSKESMAS LUBUK BUAYA
DI KOTA PADANG**

Penelitian Keperawatan Gerontik



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JUNI 2022

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**Gambaran Perilaku Lansia terhadap Pencegahan
COVID-19 di Wilayah Puskesmas Lubuk Buaya
di Kota Padang**

ABSTRAK

COVID-19 banyak memiliki dampak terutama pada lansia, dimana sembilan lima puluh persen kematian pada lansia yang berusia 60 tahun dan lebih dari lima puluh persen semua kematian pada lansia yang berusia 80 tahun ke atas. Banyaknya perilaku lansia yang masih mengabaikan anjuran protokol kesehatan merupakan salah satu faktor yang membuat lansia mudah terpapar COVID-19. Upaya pencegahan penting dilakukan untuk melindungi dan mengurangi penyebaran virus terhadap kelompok yang berisiko tinggi, karena angka kejadian lansia terkonfirmasi positif tiga belas persen dari total kasus terkonfirmasi. Penelitian ini bertujuan untuk mengetahui gambaran perilaku lansia terhadap pencegahan COVID-19 di Wilayah Kerja Puskesmas Lubuk Buaya di Kota Padang. Penelitian ini menggunakan metode deskriptif, sampel penelitian lansia di wilayah kerja Puskesmas Lubuk Buaya sebanyak 189 responden, dipilih melalui teknik *nonprobability sampling* dengan pendekatan teknik *purposive sampling*. Pengolahan data dianalisis dengan analisa univariat yaitu deskriptif statistik dalam bentuk distribusi frekuensi. Hasil penelitian menunjukkan 63,5% responden memiliki pengetahuan kurang baik. Kategori sikap 54,5% responden memiliki sikap negatif, kategori tindakan 51,3% responden memiliki tindakan kurang baik dan 67,2% responden memiliki perilaku kurang baik terhadap pencegahan COVID-19. Upaya yang dapat dilakukan untuk mencegah penularan virus COVID-19 dengan meningkatkan motivasi lansia dan melakukan demostntrasi protokol kesehatan kesehatan langsung ke lansia supaya lebih memahami apa yang harus dilakukan dimasa pandemik COVID-19.

Kata kunci: COVID-19, Lansia, Perilaku

Daftar Pustaka: 75 (2013-2021)

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***Overview of Elderly Behavior towards Prevention
COVID-19 in the Lubuk Buaya Health Center Area
in the City of Padang***

ABSTRACT

COVID-19 has a lot of impact, especially on the elderly, where ninety-fifty percent of deaths are in the elderly aged 60 years and more than fifty percent of all deaths are in the elderly aged 80 years and over. The large number of behaviors of the elderly who still ignore the recommendations of health protocols is one of the factors that make the elderly easily exposed to COVID-19. It is important to take preventive measures to protect and reduce the spread of the virus to high-risk groups, because the number of elderly confirmed positive cases is thirteen percent of the total confirmed cases. This study aims to describe the behavior of the elderly towards the prevention of COVID-19 in the Lubuk Buaya Health Center Work Area in Padang City. This study uses a descriptive method, the sample of the elderly research in the working area of the Lubuk Buaya Health Center as many as 189 respondents, selected through nonprobability sampling technique with a purposive sampling technique approach. Data processing was analyzed by univariate analysis, namely descriptive statistics in the form of a frequency distribution. The results showed that 63.5% of respondents had poor knowledge. The attitude category 54.5% of respondents had a negative attitude, the action category of 51.3% of the respondents had unfavorable actions and 67.2% of respondents had unfavorable behavior towards the prevention of COVID-19. Efforts can be made to prevent the transmission of the COVID-19 virus by increasing the motivation of the elderly and demonstrating health health protocols directly to the elderly in order to better understand what to do during the COVID-19 pandemic.

Keywords: COVID-19, Elderly, Behavior

Bibliography: 75 (2013-2021)