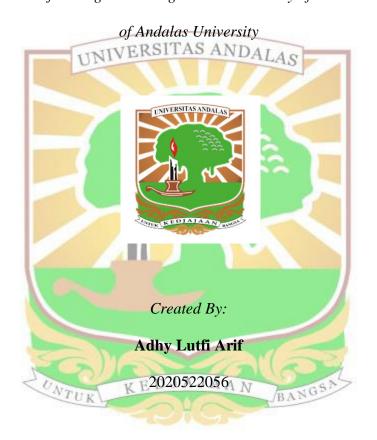
IMPACT OF JOB STRESS ON JOB PERFORMANCE OF HEALTH WORKER WITH WORK LIFE BALANCE AS MEDIATING VARIABLE

THESIS

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IMPACT OF JOB STRESS ON JOB PERFORMANCE OF HEALTH

WORKER WITH WORK LIFE BALANCE AS MEDIATING VARIABLE

ABSTRACT

The role of health professionals in a country is important to maintain health care

society. The needs of health worker significantly increase in-line with the demand

of the society towards improving quality of health. Increasing number of patients

from day to day demands jobs for health worker also to be increase. That condition

will be affecting the job stress level and the work life balance of the health worker

which in turn affects their job performance. In this research job stress and work life

balance found to significantly affect job performance of health workers, and job

stress found to significantly affect work life balance. This research also found the

mediation effect of work life balance on the correlation from job stress on job

performance.

Keyword: Job Stress, Work Life Balance, Job Performance.